

in this issue >>>

- ❖ Educational Offerings
- ❖ Spring Induction Ceremony
- ❖ Celebrate Nursing Event information
- ❖ Research & Scholarship opportunities
- ❖ Member position openings



A Quarterly Insight into our chapter

SPRING 2018

Nu Rho-at-Large

Bryan College of Health Sciences----Nebraska Wesleyan University----Union College

current topics >>>

Society Mission:

"Advancing world health and celebrating nursing excellent in scholarship, leadership, and service."

Society Vision:

"To be the global organization of choice for nursing."

Membership:

Sigma has more than 135,000 active members that reside in more than 90 countries. With roughly 520 chapters, Sigma supports the learning, knowledge, and professional development of nurses who strive to make a difference in global health.

For more information, log onto
<https://www.sigmanursing.org/>

Inspire others to do great things.



President's Message

Congratulations to all our newest inductees!

Congratulations to all our newest inductees. You should be very proud of being invited to join Sigma. Not every nurse is extended this invitation, so you may consider yourself special in this way.

As I think back, I recall my invitation to join what was then called Sigma Theta Tau International. I was excited and proud. It seemed expensive, as a starving student, but I pulled the cash together because I knew this was important. Sigma stands for excellence in nursing and has since its inception. To be invited as a part of Sigma told me that my commitment to excellence in nursing had been recognized.

Now that you are a new member, what can you do with your membership? Well, I hope you bragged a bit about being invited. If not, go ahead and let folks know how great it is to be a part of Sigma. I do. Then you should think about how you can become active with your chapter.

Here's some exciting news – we love having new people at our meetings and welcome our newest members to apply for open board positions. There are a few open, and you could help fill our needs while helping build your resume. Take a look in this newsletter to see what might fit you and ask a Sigma member for more information. We can't wait to include you in our activities.

Now that you have your membership and an idea of what you can do with it, be sure to come to meetings. We will let you know when they are and look forward to seeing you there. On behalf of all those in Sigma – Welcome and see you soon! ~~Kathy Williams~~

Save the Date!

June 25th 5:00p to 6:00p

Come join us for our 2nd educational event of the year! In June, Jan Madsen will present her research related to training health care providers in rural areas about dealing with maternal and newborn death. Jan has prepared an interactive learning session that encompasses role playing and active teaching strategies she has found beneficial to



assist health care providers. This research was found during Jan's educational endeavor while obtaining her Master's degree. She currently works at Bryan Health, in the continuing education department as a clinical educator. Please join us at the Jack Huck SCC Continuing Education Center to hear about her research. Location is 301 S. 68th Street Place, Lincoln, NE 68510.

Spring Induction Ceremony >>>

Spring 2018 Induction- What a Success!

On March 26th, the newest members of the Nu-Rho at Large Chapter of Sigma Theta Tau were inducted. The event, held at Union College Heartland Hall, was shared with the newest members' family and friends, Sigma's board members, and college Deans. Special thanks to Ann Lif for a marvelous collection of photos. Additional photos of the event can be found on the Circle. Click this [link](#) for direct connection.



Celebrate Nursing Event

April 23rd, 2018

5:00pm to 8:00pm

SCC- Jack Huck Building



The event date is nearing! Celebrate nursing with NNA- Lincoln Area Mutual Interest Group & Sigma Theta Tau International Gamma Pi & Nu Rho-at-Large.

When: Monday, April 23rd, 5p-8p

Where: Southeast Community College
Jack Huck Continuing
Education Center
301 South 68th Street Place,
Lincoln, NE 68510

To start the event, there will be poster presentations co-sponsored by STTI Gamma Pi & Nu Rho-at-Large. Students and nurses plan to present information regarding newly found research, evidence-based practice projects, and other topic interests in nursing. Join us in providing them with our support!

Following the presenting, dinner will be served. After dinner, there will be a presentation by a few keynote speakers.

Presenters:

- Rita Hill, MSN, OR Vascular Team Nurse, Florida Hospital, Orlando, FL
- Shelly Amberry, MSN, RN, Director of Nursing Jennie Melham Medical Center in Broken Bow, NE
- Molly Goodman, MSN, RN, Nurse Unit Manager at Bryan College of Health Sciences, Lincoln, NE
- Farrah Rosentreader, MSN, RN, Telehealth and Systems Nurse at Jennie Melham Medical Center in Broken Bow, Lincoln, NE

Total of 1.75 CNE will be provided
Must register by April 17th, 2018

Cost:

- \$10 for pre-licensure students
- \$ 17 for current ANA/NNa members
- \$ 25 for non-ANA/NNa members

Online registration at:
www.nebraskanurses.org



*Research & Scholarship
Opportunities >>>*

Would you like an opportunity to apply for a Research Grant? Research grants can award a recipient up to \$599! Applications are accepted on a rolling basis. Applicants must be a current member (dues paid) of the Nu Rho Chapter.

*Wanting more
information?*

Contact: Dr. Linda Hardy, Research Chair

By mail at: Nebraska Wesleyan University
Burt Hall 313
5000 St. Paul Ave.
Lincoln, NE 68504

By email at: lhardy@nebrwesleyan.edu

Membership Opening Positions >>>

Are you thinking about joining a prestigious nursing group? Well, Sigma Theta Tau, Nu Rho-at-Large Chapter is for you!



We get together at different planned events and just have a great time sharing stories, encouraging each other, and enjoying learning opportunities.

For more information on [how to join](#), contact our Membership Ambassador, Ann Lif at 402-481-2018 or ann.lif@bryanhealth.org

*Research Grants
at Sigma >>>*

Contribute to the advancement of nursing through research---apply for a grant today! Grants are currently being accepted for April, May, & June.

Discover Sigma's wide array of resources to assist researchers found at: <https://www.sigmanursing.org/advance-elevate/research>

BECOME A MEMBER

Want to get more involved with the Nu Rho Chapter?

Consider running for the following board positions:

- . Leadership Succession
- . Secretary
- . Research Chair (appointed)
- . Awards & Recognition
- . President Elect

All positions are 2-year terms running June 2018-June 2020

For more information, contact Erin Pulec, our Leadership Succession Counselor, at ebpulec@gmail.com

For a list of our current members, click [here](#) to find out.

Being a board member for this chapter is so rewarding! Besides networking with other professionals, partaking in the development of volunteer opportunities, and being a part of a team, being a board member has an array of advantages.

Serving on the board is a leadership position that boosts a person's professional growth and development. Being surrounded by influential people plays a pivot role in this growth. While networking with others, your strength, knowledge, and confidence will soar! Join today and gain an opportunity to make a difference in our community and with the nursing profession!



Scholarships, Nominations, & Chapter Key Award

For more information, contact:

Krystal Davis, MSN, RN
Chair Persons of Awards & Recognition
krystal.davis@ucollege.edu
402-486-2600 ext. 2396

Forms & Applications:

[Nursing Excellence Award
Nomination Form](#)

[\\$599 Nu Rho Scholarship
Application Form](#)

The Nu Rho-at-Large Chapter is offering a **\$500 scholarship** & our annual leadership award to two deserving members of Nu Rho!

All applications are due May 1st, 2018.

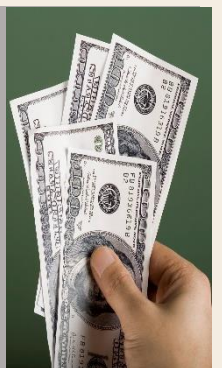
Scholarship recipients must be members of STTI Nu Rho chapter-at-large. Membership demonstrates that you are a high achieving member of our profession. Allow us as an organization to honor you by contributing to your continuing professional development!

Nursing Excellence Award nominees must be members of STTI Nu Rho chapter-at-large. A nomination for this prestigious honor society award is achievements and for the contributions to our profession.

Treasurer's Report

Latest from chapter headquarters and the STTI Foundation according to a letter dated 3/20/18: Nu Rho-at-Large Chapter has five new members since last November (inducted) and 81 renewing members totaling \$1616.50 in membership fees. Members who need to be recognized for donations at or above \$60 were Sue Gabriel and Nancy Ruth Leibold. Vieth Maxine Louise also donated \$20. A hearty thank-you to all three for their philanthropic spirit!

For a full treasurer report- click [here](#). ~Jodi Jenkins~



final thoughts...

We hope that you like the new format of our newsletter! We want to provide you with the most current, up-to-date information in a concise manner. As a chapter, we have decided to delete our Facebook page and take full advantage of Sigma's "Circle". Please visit this website to find previous newsletters, event information, and other great things our Chapter is doing.



Check out the Nu Rho-at-Large website! Our goal is to provide our members with a site to network with other chapter members, upload photos, share documents, participate in discussions, and to learn about upcoming chapter events.

Nu Rho aims to:

- ✚ Increase utilization of chapter social network by all members.
- ✚ Strengthen the leadership succession plans using mentors and educational opportunities.
- ✚ Strengthen involvement of new and non-active members by dissemination of knowledge with focus on evidence-based practice.

✚ Provide at least one community volunteer activity to address the health and wellness needs of the community

For more information on how to access the Circle, contact Ashley Kennedy, at ashley.kennedy@bryanhealth.org. In our previous newsletter, there is a detailed description guide on how to access the Circle.

coming soon >>>

In The Next Issue

- ❖ Volunteer Event- Getting students involved!
- ❖ Educational Opportunities
- ❖ Welcome our Newest Members!

Citation of pictures for this newsletter can be found [here](#).

Save the date

Nu Rho-at-Large Chapter Upcoming Meetings & Events

| Date/Time | Event | Location |
|---------------------------------------|---|--|
| April 23 rd , 2018 (5p-8p) | Celebrate Nursing Event | SCC, Jack Huck Continuing Education Center |
| May 21 st , 2018 (4p-5p) | Board Meeting | BCHS, Room #200 |
| June 25 th , 2018 (4p-6p) | Board Meeting & Educational Event (after the meeting) | SCC, Jack Huck Continuing Education Center |
| July 2018 | No meeting | |
| August 27 th , 2018 | Board Meeting, Officer Transition | BCHS, Room #200 |
| September 24 th , 2018 | Board Meeting | BCHS, Room #200 |