

### Nu Rho at-Large Chapter

#### **Summer Newsletter 2023**

# **Thoughts from the President**



Another fantastic year of Nu Rho Chapter at Large was completed after we had our Annual Business Meeting at the end of June. Dr. Charlotte Liggett presented on the Development of Compassionate Care in Pre-licensure Baccalaureate Student Nurses, and we had an excellent supper being able to socialize with members. Last week we submitted our Annual Chapter Report, and wow, we have been busy. So glad it is now summer.

Summer reminds me of all the vacations many people take, or maybe it's a busy summer attending all the kids' sports activities. What did you do this summer? I was able to take a trip up to Duluth, Minnesota, and travel to the North Shore of Lake Superior. What beautiful sites and trails to walk. My family is also very busy with softball, if that is my husband, myself, or my daughter playing t-ball. However, my family enjoys being outdoors, whatever that may be. Hopefully, your summer was filled with things you love and enjoy, and you were able to take some time for you to rejuvenate before the kids go back to school or, if you are an educator, returning to work. Even one day of rejuvenation can decrease stress and improve morale allowing you to provide better care to your patients and families. So, if you haven't already, take at least a day to do something to rejuvenate. Happy Summer!

Nu Rho Chapter at Large- President Krystal Davis Ed.D, RN

## Put these chapter activities on your calendar:

- 30<sup>th</sup> Nebraska Collaborative Event- October 10<sup>th</sup> from 6-8pm.
  - 47<sup>th</sup> Biennial Convention November 11-15, 2023
    - Chapter anniversary March 2024



#### **Induction of New Members**

Welcome to our new members of Nu Rho Chapter at Large. Our in-person induction took place Monday, March 27<sup>th,</sup> 2023, at 7:00 p.m. at the Heartland Hall of College View Seventh Day Adventist Church.

# Nebraska Wesleyan University

### **Bachelor of Science in Nursing**

Shantel Koranda Brooklyn Sailer Sara Speedy

# Master of Science in Nursing and Master of Science in Nursing/Master of Science in Business Administration

Anna Becker Samantha Burchart Carolyn Cotton AnnaMarie Griffiths Victoria Hunter

## **Union College**

### **Bachelor of Science in Nursing**

Ava Adams Hannah Butler Emily Grimes Jordyn Harrison Jeremy Kolb Riley McClellan Analisa Peterson Madeline Purzycki Gracey Witt



Congratulations to Dr. Sue Schuelke and Dr. Krystal Davis as they presented their research at the Midwest Nursing Research Society Annual Research Conference in March on Immersive Virtual Reality. This study was funded by Nu Rho Chapter at Large.



# Welcome our 2023-2024 Nu Rho Chapter at Large Board Members

President: Dr. Krystal Davis (2022-2024)

Vice-Presidents: Dr. Brittney Fritzinger (NWU 2023-2025) & Dr. Larinda Fandrich

(Union 2022-2024)

Counselors: Dr. Rebecca Randa (Union 2023-2025) & Dr. Rebecca Voight (NWU 2022-

2024)

Secretary: Dr. Charlotte Liggett (2023-2025)
Treasurer: Dr. Kristi McGuire (2023-2025)
Governance Chair: Jenny Eilts (2021-2023)

Governance Committee Members: Dr. Rebecca Randa (2023-2025) & Kathy Feagler

(2022-2024)

Leadership Succession Chair: Dr. Peggy Behrens (2022-2024)

Leadership Succession Committee Members: Dr. Kristi McGuire (2022 -2024) &

AnnaMarie Griffiths (2023-2025)

Newsletter/Publicity: Jeri Brandt (2022-2024)
Research Chair: Dr. Linda Hardy (2022-2024)

Awards/Recognition: Dr. Kristine Follett (2022-2024)

Webmaster: Dr. Krystal Davis (2022-2024)

Membership Involvement- Trista Ybarra (2023-2025)

If you are interested in being a part of the board or more active in Nu Rho Chapter at Large, please contact Dr. Peggy Behrens, <a href="mailto:pbehrens@nebrwesleyan.edu">pbehrens@nebrwesleyan.edu</a> or Trista Ybarra, <a href="mailto:Trista.ybarra@ucollege.edu">Trista.ybarra@ucollege.edu</a>. Please let us know how we can better serve you!

## **Sigma Online Nursing Continuing Professional Development Courses (FREE)**

## Did you know...

Sigma develops <u>online nursing continuing professional development (NCPD) courses</u> to help you thrive as a nurse with many of them FREE. Covering topics like incivility and bullying, healthcare leadership, how to publish your work, human trafficking, sexual assault, and more, Sigma's peer-reviewed and evidence-based courses are some of the best offerings for nurses.



The Nebraska Nurses Association invites you to attend the NNA Annual Conference to be held at the Cornhusker Marriott Hotel in Lincoln on October 6 and 7, 2023. The conference theme is **Developing Nurse Leaders across the Healthcare Continuum.** NNA members receive a discounted rate to attend but all nurses are welcome! Register NOW for the 2023 NNA Annual Convention.

If you are not already a <u>NNA member</u> sign up now. Benefits include from certification discounts to networking opportunities; membership benefits your career and your lifestyle. And because ANA champions nursing at state and federal level, you can rest assured that your interests are always protected.

- Advance your career with free development resources and webinars;
- Stay current with the most up-to-date nursing news;
- Save money with big discounts on CE, certification, publications and more;
- Network and connect with Registered Nurses (RN) for support and advice;
- Make your voice heard with opportunities to tell policymakers what you think; and
- Receive state nurse association member benefits.

Hope to see many of you there!

Linda Hardy, PhD, RN, NNA President

### Jeri Brandt named Tutor of the Year for Lincoln Literacy

Congratulations, Dr. Brandt! After retiring from Nebraska Wesleyan, Brandt started teaching in the Certified Nursing Prep Course for immigrants and refugees offered through Lincoln Literacy. She also assists students who are enrolled in the Medication Assistant course.