

Upsilon Beta
NEWSLETTER
Volume #1



ANNUAL INDUCTION & POSTER PRESENTATION

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MEMBER SPOTLIGHT

The Leadership Succession Committee has approved two new leadership interns. We would like to highlight our first leadership intern: Lian Lumba.

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COMMUNITY PARTNER

Paul Leon began his healthcare career 27 years ago at County USC Medical Center on the front lines of the trauma unit, before moving to become critical care administrator.

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Upsilon Beta Chapter

<http://upsilonbeta.nursingsociety.org/home>



13TH ANNUAL

Induction & Poster Presentation

On Saturday, April 13, 2019, our 13th Annual Induction and Poster Presentation was held at Knott's Berry Farm Hotel. Nearly 100 people attended the ceremony, including 25 inductees, who each received a cord and certificate to celebrate their achievement and to welcome them into our chapter. All attendees had the opportunity to view 32 educational posters on display during the event, as well as take part in a fundraising raffle containing an assortment of items charitably donated to Upsilon Beta.

The ceremony also recognized the chapter's outgoing board members for their outstanding service to Upsilon Beta over the past year, and the incoming board members were introduced as well. We were also excited to introduce this year's leadership interns: **Lian Lumba** and **Frances Akumbulo**. These two outstanding individuals were selected for their enthusiasm and accomplishments. We are thrilled at their potential to be part of our chapter's leadership in a greater capacity in the years to come.

As an educational event, we were fortunate to feature a keynote presentation by **Paul Leon, BSN, RN, PHN**, who founded the **Illumination Foundation** to break the cycle of homelessness. Paul shared his story and his first-hand experience reaching out to this vulnerable population. His journey, even before founding the organization in 2007, was both informative and inspirational, and it highlighted the powerful impact that nursing leaders can have in shaping lives and communities.



MEMBER SPOTLIGHT

Lian Lumba



The Leadership Succession Committee has approved two new leadership interns. We are proud to highlight our first leadership intern: Lian Lumba.

Lian received two professional

degrees from Cal State Fullerton; she earned her BSN in 2009 as well as an MSN in Nursing Leadership in May of 2019. Lian currently works as a Staff Educator in Ambulatory Services at Kaiser Permanente Downey Medical Center. She is an active member in the American Nurses Association (ANA) and serves on several professional development councils within her organization. More than a decade ago, she was also a founding member of CSUF's Nursing Students' Association (NSA). In Lian's own words: *"I am a true nurse scholar at heart. I believe in the Sigma mission of celebrating nursing excellence in scholarship, leadership, and service. I hope to one day become an effective nurse leader in my organization."*

With her proven commitment to learning and professional leadership, Lian Lumba is a talented and vibrant young voice with a promising future ahead of her. We are excited to have her join the internship program, and we hope you will all welcome her to Upsilon Beta!

"I am a true nurse scholar at heart. I believe in the Sigma mission of celebrating nursing excellence in scholarship, leadership, and service. I hope to one day become an effective nurse leader in my organization."

What is a leadership intern?

A leadership intern program is a mentoring program created to provide the nursing honor student an opportunity to develop leadership skills. These skills will be developed as the intern participates in chapter events and board meetings gaining a sense for the responsibilities of a chapter leader. The intern is responsible to assist with planning and implementation of special events, attend online, chapter, and or regional events, provide support for Upsilon Beta activities, and to outreach to other students on campus to educate them regarding the rewards of STTI membership. Graduate students (masters or doctoral) may apply annually through Upsilon Beta by providing their resume and a brief essay on why they would like to be a leadership intern and how this would improve both their practice and their leadership skills.

Did You Know?

Free CEUs are available to Sigma members. Check out the available Courses:

- Reducing Agitation in Elders with Dementia – Online Course
- An Evidence-Based Approach to Reducing Cardiac Telemetry Alarm Fatigue - Online Course
- Providing Excellent Palliative Care - Online Course

COMMUNITY PARTNERS

Paul Leon, BSN, RN, PHN, began his career in healthcare 27 years ago in County USC Medical Center's trauma unit. After advancing to Director of Critical Care, he eventually found himself relocating to the Orange County (OC) Department of Public Health, where he spent three years conducting extensive research on the effectiveness of case management and medical care in impoverished communities. During this time, he built a multi-disciplinary public and private coalition in OC, and he played an instrumental role in the conception and development of the Comprehensive Health Assessment Team for the Homeless (CHAT-H) and the Mobile Unit Teams (MUT). To this day, these programs continue to bring targeted, essential healthcare services to the vulnerable populations of OC by critically addressing the individual-, family-, community-, and system-levels of practice.

In 2007, Paul founded the Illumination Foundation, a rapidly growing nonprofit organization with a mission to end the cycle of homelessness. By shedding light on the chronic and intergenerational patterns which produce and perpetuate homelessness, the Illumination Foundation has succeeded in not only providing stable housing but also delivering key medical, social, and behavioral health services to individuals and families.



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PRESIDENT'S HIGHLIGHTS

It is the season of joy and we are getting busier each day as the holidays draw near. It is also getting busy at our hospitals and clinics as people get more sick because of the weather vacillations. While this is all happening, I ask all our members to reflect on both that were done and left undone for this year. There will always be things that we will be unable to do even for the length of a year. However, what is more important is to be grateful that we are all still here to continue the work and mission that has been given to us.

What is significant to note is that it is the year that we achieved a great milestone for our chapter. As we ushered in the Biennium of 2019, we submitted our very first entry to the prestigious CHAPTER KEY AWARD and we won. Not to be overshadowed, we also won ALL THE THREE SHOWCASE FOR REGIONAL EXCELLENCE AWARDS from the 2017-2019 Presidential Call for Action, CONNECT, COLLABORATE and CATALYZE. All of these achievements have been posted on our chapter website <https://www.upsilonbeta.sigmanursing.org> and our social media FaceBook page.

As your current President, I am privileged to receive the award in-behalf of our chapter and serve as convention delegate for Biennium 2017-2019. This was the second time that I have attended the Biennial Convention and it continues to inspire my commitment and dedication to the work of STTI Honor Society of Nursing (Sigma Nursing). I was excited to strike a conversation with Dr. Carol J. Huston, STTI Past President during her book signing event, "Road to Leadership," at the Sigma Marketplace. I was delighted to be a participant of the Speed Connect event where I had the chance to meet the incoming STTI President, Richard Ricciardi and my STTI mentor and friend, Mary Graiver of Michigan. I also participated at the Region 2 Coordinating Council meeting with Pamela Fuller presiding. There is a newly elected Region 2 coordinator and she is Susan Opas, formerly with UCLA and Kaiser Foundation. I also learned innovative and research-based tidbits from the different poster and podium presentations. I was also invited to a photo shoot for the Sigma Marketplace. Watch out for that in the next newsletter.

This year will never be complete without you, the members of our chapter. You are the reason why the chapter exists. With the newsletter back after many years of absence, we hope it becomes a media to tell you stories about the benefits of membership but more importantly provide joy and inspiration as you read through written by fellow members like you. We wish you and your family a Merry Christmas and a Prosperous New Year!



The Upsilon Beta Chapter President, Ronaldo Verian receiving the Chapter Key Award 2017-2019 from STTI President, Beth Baldwin-Tigges and STTI CEO, Elizabeth Madigan on November 18, 2019 in National Harbor, Maryland.

2019-2020 EXECUTIVE BOARD MEMBERS

President	Ronaldo Verian
Vice President	Victoria Morrison
Secretary	Ellen Gruwell
Treasurer	Marya Weil
Faculty Counselors	Kristina Fortes Beverly Quaye
Past Presidents	Wendy Escobedo Carol Metoyer

2019-2020 COMMITTEE CHAIRS & MEMBERS

Governance Chair	JoAnne Von Kostka
Governance Members	Jessica Lee Cherry Macalino
Leadership Succession	Rachel McClanahan
Membership	Demetra Bastas
Publicity	Cherry Macalino
Research	Deanna Jung