



**Dr Liz Westcott**  
Sigma Europe Coordinator

Welcome to the Europe Region Spring 2023 newsletter as we continue to celebrate our 100<sup>th</sup> Anniversary year. The focus for this edition is news from all of our Chapters. Chapters across Europe have contributed to giving us a great flavour of all of their past and future activities. There are details of the Sigma Europe Awards available to apply for this year. Also don't forget to nominate one of your Chapter members for the Four Biennial Nurse Member of the Biennium Awards. In your Chapter. Closing date 30<sup>th</sup> April.

We have had some fabulous presentations from our Chapters at our Regional Committee meetings. You Tube links are on the pages for Chi Delta, Omega Lambda and Omega Epsilon at Large Chapetrs. Please look out for our **research questionnaire on social media usage** out in next few weeks.

You will also find details of the **2024 Europe Region Biennial Conference** in Bournemouth UK 25-28<sup>th</sup> June 2024.

At the end of the newsletter you'll find details of upcoming Sigma events and useful websites too.



### Follow us on social media



**Dr Liz Westcott**  
Sigma Europe Coordinator  
[@lwestcott1](#) [@RegionSigma](#)



Sigma European Region



Sigma European Region

Website <https://europe.sigmanursing.org/home>



# News from Sigma Europe Awards Committee

European Recognition of Nursing Excellence in Research, Early Career Researcher Education, Practice  
Sigma Europe's Award & Recognition committee feels that it is important to recognize members' endeavors throughout the Biennium. Our fourth set of recognitions will give members the chance to honor a fellow member in these unprecedented times.

Sigma's European Recognition of Nursing Excellence is based on the dedication to fostering high professional nursing standards, recognizing excellent achievement, emerging leadership, and inspiring creative and dedicated work ongoing.

Recognitions will be conferred to nurses for their exceptional contributions in the fields of education, research and nursing practice.

Nominations for our 4th set of Recognitions for Nursing excellence will open on the 1st February 2023 & close 2nd of April 2023. Criteria are through this link <https://europe.sigmanursing.org/viewdocument/sigma-european-distinguished-recogn-1?CommunityKey=bf4088df-6021-4bfe-bdea-7145ea02f8e2>

## • Sigma's European Awards for Nursing Excellence 2024

• Sigma's European Awards for Nursing Excellence are based on the society's dedication to fostering high professional nursing standards, recognizing excellent achievement, emerging leadership, and inspiring creative work. Awards are conferred to nurses each biennium for their contributions in the fields of education, research and nursing practice. Criteria here for 2024

• <https://europe.sigmanursing.org/viewdocument/sigma-european-award-for-nursing-ex?CommunityKey=bf4088df-6021-4bfe-bdea-7145ea02f8e2&tab=librarydocuments&LibraryFolderKey=74297884-3643-43ba-bb8a-db66855d82d2&DefaultView=folder>

• Opening nominations 1st May till **1st November 2023**.

Thank you to the Sigma Europe Region Membership Involvement Committee and Alpha Alpha Gamma Chapter, Croatia for hosting the fab PhD Masterclass with Prof Alison Steven and Prof Amanda Clarke  
The presentations can be viewed on the Europe YouTube channel via this link  
<https://youtu.be/OUGK3cYN6YU>

Ph-D  
Masterclass 15<sup>th</sup>  
February 2023  
1-2pm (GMT)

'PROMOTING  
EXCELLENCE IN  
NURSING  
RESEARCH AND  
DISSEMINATION'

Professor Amanda Clarke -  
writing for publication and  
getting published. A pragmatic  
talk about publishing.  
An introduction for those  
reasonably new to academic  
writing. It will cover the basics of  
writing, such as finding a  
suitable journal and how to  
write for the 'audience', with lots  
of hints and tips.

Professor Alison Steven -  
Attending to the theoretical  
and why is it important to  
excellence in nursing  
research: a talk about  
theoretical congruence, its  
importance for quality in  
research, and research  
publishing.

**Sigma** EUROPE REGION

**Sigma**

**Bournemouth**



**7<sup>th</sup> Biennial  
European  
Conference**

**26–28 June 2024**



Planning for the **2024 Europe Region  
Biennial Conference** is going well.  
25-28<sup>th</sup> June 2024.

The title is **Promoting Global Nursing:  
Education, Research and Practice to  
meet tomorrow's health and care  
needs.**

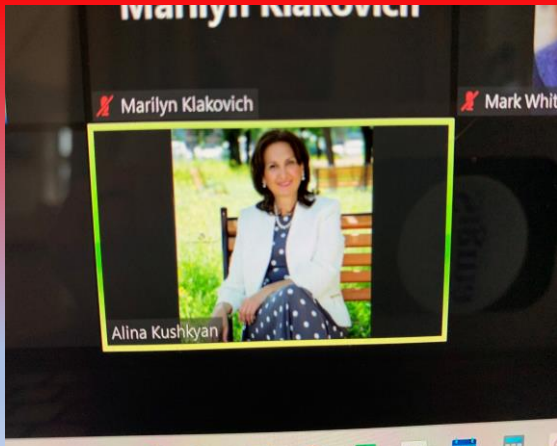
#### **Conference Themes**

1. Working together; across disciplines, boundaries and countries including co-production with service users, patients and families
2. Entrepreneurship: creativity, enterprise, and innovation
3. Inclusivity; working with socially excluded and vulnerable groups
4. Sustainable nursing; climate, resource, workforce
5. Nursing during times of conflict, crisis and disasters
6. Digital health

1st June Abstract portal open for submission  
15th September abstract portal closes  
1st December results of all submissions sent out  
1st February 2024 Conference Programme finalised



# Chi Delta Chapter, Armenia







# Alpha Alpha Gamma Chapter Croatia

New board members for the Croatian Alpha Alpha Gamma chapter of the international nursing organization Sigma, were elected at the regular session of the Assembly, held on April 13, 2022.

The trust for the new mandate was given to Snježana Čukljek, PhD for the position of president; Boris Ilić, B.Sc., MSN for the position of vice president, Biljana Kurtović, PhD for the position of secretary and Ana Marija Hošnjak, B.Sc., MSN for the position of treasurer.

In their speech, new board members thanked the current Vice President, Štefanija Ozimec Vulinec, prof., MSN, on a successful, persistent and enduring work on the establishment of the first Croatian chapter of Sigma as well as its current members on the continuous contribution to the development and recognition of nursing excellence and profession. During 2022, in June and November, induction ceremonies were held, and on these occasions, educational lectures were also held for our members.

In June, Benjamin Osmančević gave a lecture on Challenges in the work of emergency medical services during the COVID-19 pandemic, and in November, our new member Saša Balija prepared and gave a lecture on Triage in an integrated emergency hospital admission.



We are very proud that we were visited in July by Sigma President Dr. Kenneth Dion and CEO Dr. Elizabeth Madigan in Zagreb.

Our Alpha Alpha Gamma chapter co-hosted the 8th PhD Virtual Connect - Strengthening the sustainability & future growth of nursing research, which was held on November 30, 2022 via the Zoom platform. We were also co-organizers of 5 congresses of the Croatian National Association of Nursing (Hrvatskog nacionalnog saveza sestinstva), which took place on 17-18 November 2022 in Vodice, Croatia.



## CONGRATULATIONS TO OUR NEW BOARD MEMBERS



Snježana Čukljek  
*president*



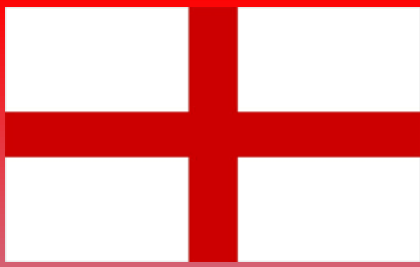
Boris Ilić  
*vice-president*



Biljana Kurtović  
*secretary*



Ana Marija Hošnjak  
*treasurer*



# Phi Mu Chapter England

We had a great presentation by Prof Mark Hayter on  
7th September, hosted by the Northern Hub



## *Sexuality in Nursing Care over 4 Decades: from non- existent to multi-dimensional*

Professor Mark Hayter, PhD, RN, FRCN, FAAN  
Head of Nursing, Manchester Metropolitan  
University  
Editor-in-Chief ; *Journal of Clinical Nursing*



Congratulations to Dr Liz Berragan  
<https://www.glos.ac.uk/staff/profile/liz-berragan/>

To be awarded the European Recognition of Nursing Excellence in Education 2022 is very exciting and drives me to continue working with students as partners in learning and research.

To those who search for authentic opportunities to transform student learning, my message is: be courageous, embrace the unknown, and work with your students enabling them to take control of their learning. Above all, make healthcare learning a joyous and affirming experience of personal and professional discovery.

On 3 November 2022,  
we held an Induction  
ceremony for nursing  
students to the Phi Mu  
Chapter at  
Bournemouth  
University.

Congratulations to the  
17 student nurses at  
Bournemouth  
University inducted to  
the Phi Mu Chapter.



Chapter Leads from England, Scotland and Wales contributed to a research project initiated by the great late Prof Jan Dewing.

UK nurses' and midwives' experiences of healthful leadership practices during the COVID-19 pandemic:  
A rapid realist review

It has been recently published and please see the link for details  
<https://onlinelibrary.wiley.com/doi/10.1111/jonm.13790>

We had a great event hosted by the London and South Hub on 9 November 2022

Dr Michelle Boucher presented 'An exploration of how the timing of colostomy following spinal injury impacts on the individual'. Michelle completed this research as part of her doctoral studies at Bournemouth University which she completed in 2022.



# Alpha Beta Nu Finland

Currently, Alpha Beta Nu Chapter has 62 members!

Alpha Beta Nu Chapter had its first orientation meeting for new chapter members on November 28th, 2022, and the next orientation will be on February 7th, 2023. It has been great to notice that Chapter has excited and active members. Alpha Beta Nu Chapter members have been interested in conferences and participation of the chapter development. Many of the members have submitted abstracts to the 47th Biennial Convention November 2023 in San Antonio Texas, and some have also worked as grant reviewers. Governance committee's Communication Team has expanded by two new skilled members, which will boost Alpha Beta Nu's visibility.

Our vision is internationally and globally united, professional, inspired, and resilient nurse academics promoting excellent healthcare and leadership. Our aim is to engage members and grow the visibility of nursing leadership. Alpha Beta Nu will have next induction ceremonies on June 8th, 2023 (online) and on October 6th, 2023 in Kuopio (face to face).

Alpha Beta Nu, the first Sigma Chapter in Finland located at the Department of Nursing Science, University of Eastern Finland, was established and celebrated in a chartering ceremony on October 6th, 2022. We were pleased to have President of Sigma Nursing International, Dr Kenneth Dion, CEO, Dr Liz Madigan and European Region Coordinator, Dr Liz Westcott in our celebration.



Board of directors: Governance Committee Chair Tiina Syyrilä, Secretary Saija Sihvola, Leadership Succession Committee Chair Tarja Välimäki, Counsellor Marja Härkänen, Vice President Anu Nurmeksela, Governance Committee Member Krista Jokiniemi and President Tarja Kvist with Sigma leaders Kenneth Dion, Liz Madigan and Liz Westcott. Absent Treasurer Lauri Kuosmanen and Governance Committee Member Reeta Lamminpää.





# Omega Epsilon at Large Chapter, Ireland

Omega Epsilon at Large have been making great strides since hosting STTI 5th Biennial European Conference in June.

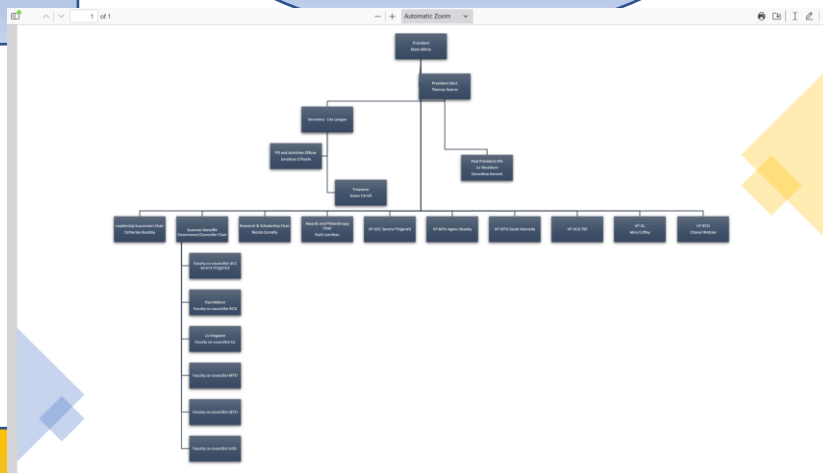
- VP for RCSI – Dr. Chanelle Watson
- VP for UL – Prof Alice Coffey
- VP for SETU – Dr. Sara Kennedy
- VP for MTU – Dr Agnes Sheehy
- VP for UCC – Dr. Serena Fitzgerald
- Chair of Awards & Philanthropy – Dr. Ruth Lernihán
- Chair of Research – Dr. Nicola Cornally
- Chair of Governance – Dr. Suzanne Denieffe
- Chair of Leadership – Dr. Catherine Buckley



We have elected a new President Dr. Mark White and President Elect Prof. Thomas Kearns. We have also moved to ensure that as we are a chapter at large we have Vice Presidents or Chairs representing every academic or service entity. (See Organogram).

The board has a new Secretary Ms. Lisa Langan, Dr Dawn Farrell continues as Treasurer and Mr. Jonathon O’Keeffe continues in Public Relations.

Our Chapter has applied to SIGMA to include University College Dublin into our Chapter at Large model and we are very much looking forward to their incorporation and planned induction ceremony and have made provisions to incorporate Vice Presidents or Chairs into our management structure when incorporation is finalised. More on this in the next newsletter.



The Chapter also held a very successful a strategy planning day on 13th February to agree strategic objectives and to develop action plans for the coming year. So all in all starting the New Year full of productivity and planning.







# Omega Lambda Chapter, Israel

Dalit Wilhelm RN, PhD, president of Omega Lambda chapter, is happy to share the latest data: as for today, we are 69 active members, 35 members from universities and nursing schools, 9 different institutions out of 23 in Israel, 34 nurse leaders from 10 different health organization, hospitals and community centers. Year 2020: 90 members, 70% renewal 30% new members – that was a new concept for many of the members, year 2021: 82 members 70 % renewal 30 % new members, year 2022: 70 members 86% renewal, 14 % new members. We will continue to work for growth and development of our chapter in Israel



Abby Kra-Friedman RN, PhD, successfully defended her doctoral study entitled "Determinants of reproductive freedom among Israeli women ages 18-50: A mixed methods study". She graduated with honors from Duquesne University in Pittsburgh, PA, USA, in the accelerated 3-year Phd program with a concentration in transcultural nursing. Dr. Kra-Friedman currently serves as the head of undergraduate women's health at the Henrietta Szold School of Nursing at the Faculty of Medicine at Hebrew University and Hadassah Ein Keren in Jerusalem, Israel. She also serves on the global health policy subcommittee at the International Council of Nurses Nurse Practitioner/Advanced Practice Nursing Network, volunteers at the Israel Midwives Association, and helps immigrant nurses get Israeli licenses and join the nursing workforce



Prof. Efrat Shadmi, in a meeting with Masar students from Rothschild Partnerships program talked about the leading roles of nurses and the curriculum in the nursing department at the University of Haifa, which is the leader in international rankings among all nursing departments in Israel. Particularly gratifying was the fascinating discussion that developed on the issue of the shortage of nurses, compared to the lack of standards, the difference between "gender" roles for women and men, and the paths of professional development, including a Master's degree with clinical expertise



Prof. Anna Zisberg had an amazing way to start a new year! Visiting the President House and receiving an appointment from the President of Israel Izac Herzog, as a member of the advisory committee for the State Presidential Scholarship for Scientific Excellence and Innovation. This year the scholarships will be awarded in the field of "factors, processes and mechanisms that affect the lives of the older adults", including Holocaust survivors. This prestigious scholarship in Israel this year highlights the important topic of aging.



Flora Haim RN, MA, is a member of the Executive Development Program at Klalit Community Health Services, a member of the Bio-design program in Israel on behalf of the Technion and Microsoft. Flora is establishing a start-up to prevent re-hospitalizations for patients with heart failure. Flora, a senior nurse in the Continuing Care Unit is bringing to the fore the needs and the journey of repeated hospitalizations of the patient with heart failure in the community, in hospitals and in the Continuing Care Unit or inpatient institutions. Flora graduated the Management Leadership Course in Health Systems and serves as an Innovation Project Coordinator



Reham Dyab RN, PhD, had the opportunity to be part of the Stanford Bio-design innovation course, which was a partnership between Stanford, Technion and Rambam hospital. Her motivation stemmed from the fact that since nurses are the largest sector and producers of information in the medical file nurses make the most extensive use of diverse technologies on a daily basis (from blood pressure to Operating room). Given that, Reham wanted to learn innovation and translation of our wide knowledge into technological solutions for unmet needs of the patients. Reham recommends to anyone who is interested in technologies and innovation, to take part in such a course in order to leverage the practice of nursing globally

Kochav Bennaroch RN, PhD, a researcher of insomnia and mood among hospital nurses, is happy to announce the opening of the 3rd national course of Cognitive Behavioral Therapy for Insomnia (CBTI) in Israel. CBTI is the first choice, evidence based therapy for Insomnia- the most common sleeping problem worldwide and especially among nurses. Kochav, who serves as the coordinator of the course and a member of the steering committee for its establishment, is the first Israeli nurse who graduated the advanced training for insomnia therapy and the Fellowship Program in Sleep Medicine at Penn University. Since then, she promotes sleep health education and teaching in the field of insomnia and CBTI among Israeli clinicians: nurses, doctors, psychologists etc. She is a member of the Israeli and European Societies for Sleep Research and participates in the European Working Group for Insomnia and CBTI. Dr. Bennaroch would be happy to promote nurses' sleep health throughout diverse collaborations with Sigma Theta Tau chapters



Alpah Alpha Beta Chapter, Italy





# Phi Xi Chapter, Portugal



Rafael Bernardes, Phi Xi member had been awarded as Membership of the Faculty of Nursing and Midwifery, RCSI (Ireland).

Phi Xi Chapter has considered in its annual activity plan the attribution of a financial support for the scientific development of its members.

To do so, it is only necessary to apply for it. This year two grants were awarded. Congratulations to Paula Saraiva and Rafael Bernardes.



The Phi Xi chapter, with Nursing School of Coimbra, organised a workshop to promote nurses' well-being: eat, rest and love. The increasing complexity of care and the expected quality standards are affecting professional performance and organisational involvement. Many nurses are leaving the profession and it has been very difficult to recruit fairly new nurses. Therefore, it is urgent to care for nurses by promoting occupational contexts that protect nurses' physical and mental health, but also provide conditions to reconcile their personal and professional life. It was a very interesting event where nurses shared their difficulties, but also shared coping strategies and learned some strategies to relax

Professor Pedro Parreira, chapter PHI XI member, obtained the academic title of aggregate in the scientific area of Health and Well-Being Sciences and Technologies - Specialty in Nursing, which was granted by the University of Évora (UÉ), after two days of public examinations (February 16 and 17) that demonstrated the quality of the candidate's academic, professional, scientific and pedagogical curriculum. Congratulations Professor Pedro!





# Omega Xi Scotland



Filipa Venurta visited us in July from the Phi Xi Chapter in Portugal to share her person-centred research with us. We thoroughly enjoyed hosting Filipa and would love to have other Sigma member visit us. Please get in touch if you are interested!

Also in July, Omega Xi funded 7 members to attend Sigma's 33rd International research congress in Edinburgh. Congratulations to our members who were awarded funded place.

And congratulations to Kristina Mountain, Karen Rennie, Fiona Gilmour and Freya Collier- Sewell who all presented at Sigma Research Congress. We thoroughly enjoyed the conference, and meeting friends and colleagues from Europe and beyond!



In September, we welcomed Sigma members from all over the globe to our speed networking event. Thanks to everyone who came, we loved connecting with you and that is what Sigma is all about! We marked Sigma founders day on the 5th of October by giving 100 minutes of service to our local community and raising money for Poppy Scotland. Well done to our members for volunteering their time and raising funds for charity.



In October we had a Star Gazing event to celebrate the life of our friend and the first Omega Xi President, Professor Jan Dewing. Thank you to everyone who has shared their condolences. We miss Jan greatly.

Here are details of our upcoming events:

- 22nd February: Joanne Bosanquet from FoNS
- 29th March: Freya Collier- Sewell on racism and mental health nursing
- 26th April: Liz Westcott speaking on Sigma's European region and volunteer opportunities
- 31st May: Acknowledging international nurses' day with Sheryl Garriques-Lloyd
- 28th June: Filipa Ventura on Person-centred research

You are very welcome to attend any of these events and we would love to have you there. Please also follow us on twitter @OmegaXiChapter for more details of chapter activities.

We were delighted to have President Kenneth Dion lead our induction event in November and present on Sigma's organisational call to action Be Bold. Thank you Ken for an inspirational



# Tau Omega Chapter Sweden



## International Nurse's day



### Students and registered nurses self-reported professional competence in a global world

Tau Omega Chapter, Institute of Health and Care Sciences, Sahlgrenska Academy,  
University of Gothenburg, Sweden

Room: 2119, House 2, Arwid Wallgrens Backe, or via Zoom link:

<https://gu-se.zoom.us/j/63360392909?pwd=d0tyekYzd0d1MndrMzkyVU15UFAyUT09>

Meeting ID: 633 6039 2909, Passcode: 626470



**Date:** Friday May 12, 2023

**Time:** 3.00 PM – 4.00 PM

(Amsterdam, Berlin, Rome,  
Stockholm, Vienna)

**Speakers:**

Prof. Margret Lepp

Prof. Jan Nilsson



**Margret Lepp** (RN, RNT, PhD) is Professor Emerita at the Institute of Health and Care Sciences, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden. She is Professor at Østfold University College, Halden, Norway and at Inland Norway University of Applied Sciences, Elverum, Norway. She is Adjunct Professor at the School of Nursing and Midwifery, Griffith University, Australia, and at the Faculty of Medicine, Public Health and Nursing, Universitas Gadjah Mada, Yogyakarta, Indonesia. She has an international reputation in drama in education and applied theatre in professional health care education. Her main research areas are within care pedagogics, learning and drama, health care professionals' competence development, internationalization, and conflict management. She is one of the founders of ENNA (European Network Nursing Academies). Email: [margret.lepp@gu.se](mailto:margret.lepp@gu.se)

**Jan Nilsson** (RN, RNT, PhD) is Professor in nursing science at Karlstad University, Karlstad, Sweden and at Inland Norway University of Applied Sciences, Elverum, Norway. He is one of the founders of the NPC Research Project and he is the President since 2015. He has more than ten years of professional experience from public health work and disaster management work in Africa, Middle East and in Asia. His field of research is within care pedagogics and health care professionals' competence and competence development with focus on emergency- and prehospital care. He is the project leader of the CABNEI-project (Capacity Building in Nursing Education in Indonesia). The project is co-funded by the Erasmus+ Programme of the European Union. Email: [jan.i.nilsson@kau.se](mailto:jan.i.nilsson@kau.se)





## Rho Chi Chapter The Netherlands

Last year the Rho Chi at-Large chapter has held several events for our members, some online events with presentations of for example a Chief Nursing Information Hospital in one of our Hospitals. Next to that we've also visited Dublin as well as Edinburgh this year. At both conferences we were able to present the chapter with a poster presentation in Dublin and an oral presentation with the state of the art of Nursing Leadership research in the Netherlands.

At the end of the year in December we've had our annual symposium at the Academy of the University of Utrecht, together with the Johanna Diepeveen-Spekenbrink Foundation



For 2023, we're looking forward to our national biennial symposium which we organise with the Alumni Association Nursing Science Netherlands and our Science in Practice department of our national Nursing Association. This time the theme will be about 'Nursing Care of the (near) Future'.



We've inducted 7 new members during the December event which was a great opportunity to network again after a long time, which was really appreciated by our members.

Also we were able to issue the Friend of Nursing Award again this year! The award was given to professor Helianthe Kort, who always has an eye for nurses and the value of the nursing profession during her whole career. So, 2022 has again been a fruitful year for our chapter.





# Upsilon Xi Chapter Wales

The chapter, though small, has a very active and diverse membership. We have 34 active members from different continents in the world.

Recruitment: The chapter continued to recruit members and inducted new members from Slovenia, Rwanda, Ghana, Croatia, India and the Czech Republic. The chapter also had some members volunteering to serve in various leadership positions.



Membership fees: the chapter provided discounted membership fees to enable nurses from lower-income countries to join the chapter. As part of celebrating the 100th anniversary of Sigma, we offered six discounted membership fees to undergraduate and postgraduate nursing students at Swansea university and to date, have received a couple of applications.

Presentations: the chapter provided a presentation as part of the centenary celebrations to nursing students at Swansea university to raise awareness of Sigma and the benefits of membership and promote the six nursing scholarships. We also attended the 8th PhD conference in Zagreb (Croatia) organized by the Alpha Alpha Gamma chapter of the Sigma & Sigma European Region.

Scholarly events: The chapter has sustained a programme of scholarly events over the year and has participated in the Sigma International Research Congress in Edinburgh in July 2022, where a member provided a presentation on some of the research being conducted by Chapter members. In May, we combined our induction ceremony with celebrating International Nurse's Day and Professor Angie Kydd provided a presentation on the Horizon 2020 EuroAgeism project. In October, we celebrated the 100th anniversary of Sigma's founding with a presentation by Sue Tranka, the Chief Nursing Officer for Wales on her priorities and the future of nursing in Wales. In December, we had Professor Alan Finnegan's presentation on Research and the Military Veteran. We had all our scholarly events via Zoom to enable our members who are far and near to attend and feel very much part of the Chapter.

AGM: we ended the year 2022 with an AGM on the 7th of December 2022. Members shared cultural experiences of Christmas celebrations and had lots of fun. Plans for the year 2023 were also discussed. For example, the chapter hopes to organize at least three scholarly events.

Moving forward: Plans are progressing well for the 7th European Regional Conference being hosted by Phi Mu Chapter in Bournemouth, England on the 26th-28th of June 2024. We remain a small but active chapter looking forward to recruiting new members. The retention of members remains good.

# Sigma Europe Awards and Recognition Table 2023-2024



EUROPE REGION

Name of Award		Timescale for submission	When awarded	Who administers the award
<b>1</b>	<b>Sigma Europe Awards</b>			
A	<p>Sigma's European Awards for Nursing Excellence for</p> <ul style="list-style-type: none"> <li>education</li> <li>research</li> <li>nursing practice</li> </ul> <p>Includes a € 600 stipend to travel to the Europe Biennium conf and free registration and a slot to present their work.</p>	<p><b>Advertised Jan 2023</b>  <b>Opening 1<sup>st</sup> May 2023</b>  <b>Closing date 1<sup>st</sup> Nov 2023</b></p> <p><b>Decision by Jan 2024</b></p>	<p>Jan 2024  Presented in June 2024  At the 8<sup>th</sup> Europe Region Biennial Conf  At the Gala Dinner</p>	Europe Awards and Recognition Committee
B	<p>Sigma European Research grant</p> <p>Two grants of € 3000 awarded</p>	<p><b>Advertised January 2023</b>  <b>Opens 1<sup>st</sup> June 2023</b>  <b>&amp; Closes 1<sup>st</sup> Nov 2023</b></p>	<p>Jan 2024  Presented in June 2024  At the 8<sup>th</sup> Europe Region Biennial Conf</p>	Europe Awards and Recognition Committee
C	<p>Sigma European <b>Distinguished Awards</b> for Nursing Excellence</p> <ul style="list-style-type: none"> <li>Education</li> <li>Clinical Practice</li> <li>Early Career Researcher</li> <li>Research</li> </ul> <p>Applications can be made for both these awards and the Region Recognition Award</p>	<p><b>Advertised 1<sup>st</sup> February 2023 &amp; close 2<sup>nd</sup> of April 2023.</b></p>	<p>Presented online at International Nurses Day celebrations in May 2023</p>	Europe Awards and Recognition Committee
<b>2</b>	<b>Biennial Region Recognition Awards</b>	<b>Timescale for submission</b>	<b>When awarded</b>	<b>Who administers the award</b>
A	Each President will get a Recognition Award for their service for 2021-23	NA	July 2023	Regional Coordinator
B	<p>Each Chapter can award a Nurse Member of the Biennium 2021-23 Regional Recognition Award for</p> <ol style="list-style-type: none"> <li>Education</li> <li>Research</li> <li>Practice</li> <li>Contribution to the Chapter.</li> </ol> <p>One overall winner from each Chapter will be given free membership for 1 year funded by The Europe Development Fund.</p>	<p>Chapter to advertise the awards to their members.  Adverts to go on the Sigma Europe website and The Circle.  1<sup>st</sup> February – 28<sup>th</sup> February  Nominations to be submitted and sent to the nominated Committee  Reminder to members to submit nominations.  1<sup>st</sup> March – 30<sup>th</sup> April  Committee review nominations  1<sup>st</sup> – 30<sup>th</sup> May</p>	1 <sup>st</sup> June 2023	Each Chapter
C	Each European Committee Chair will get a Recognition Award 2021-23	NA	July 2023	Regional Coordinator
D	All Chapters who submit evidence to the Regional Coordinator by 1 <sup>st</sup> July 2023 that they have acted upon the Sigma Call to Action 'Be Bold' will be awarded a Recognition Award	May / June 2023	July 2023	Regional Coordinator
E	All Chapters who submit evidence to the Regional Coordinator by 1 <sup>st</sup> July 2023 they have met the 'Sustainability Challenge' will gain a Recognition Award	May / June 2023	July 2023	Regional Coordinator
F	Key Europe members who organised the Sigma Europe Biennium Conference 2022 will be awarded a Recognition Award	NA	July 2023	Regional Coordinator

# Upcoming events



**Sigma Europe  
Making Connections  
Staying  
Connected**



Country	Chapter Name	Website address
Armenia	Chi Delta	<a href="https://chidelta.sigmanursing.org/home">https://chidelta.sigmanursing.org/home</a>
Croatia	Alpha Alpha Gamma	<a href="https://alphaalphagamma.sigmanursing.org/home">https://alphaalphagamma.sigmanursing.org/home</a>
England	Phi Mu	<a href="https://phimu.sigmanursing.org/home">https://phimu.sigmanursing.org/home</a>
Finland	Alpha Beta Nu	<a href="https://alphabetanu.sigmanursing.org/home">https://alphabetanu.sigmanursing.org/home</a>
Ireland	Omega Epsilon at Large	<a href="https://omegaepsilon.sigmanursing.org/home">https://omegaepsilon.sigmanursing.org/home</a>
Israel	Omega Lambda	<a href="https://omegalambda.sigmanursing.org/home">https://omegalambda.sigmanursing.org/home</a>
Italy	Alpha Alpha Beta	<a href="https://alphaalphabeta.sigmanursing.org/home">https://alphaalphabeta.sigmanursing.org/home</a>
Portugal	Phi Xi	<a href="https://phixi.sigmanursing.org/home">https://phixi.sigmanursing.org/home</a>
Scotland	Omega Xi	<a href="https://omegaxi.sigmanursing.org/home">https://omegaxi.sigmanursing.org/home</a>
Sweden	Tau Omega	<a href="https://tauomega.sigmanursing.org/home">https://tauomega.sigmanursing.org/home</a>
The Netherlands	Rho Chi at large	<a href="https://rhochi.sigmanursing.org/home">https://rhochi.sigmanursing.org/home</a>
Wales	Upsilon Xi at-Large	<a href="https://upsilonxi.sigmanursing.org/home">https://upsilonxi.sigmanursing.org/home</a>