

Registration Information

WellSpan employees should contact their supervisor/manager to register.

Non-WellSpan participants must register by completing the registration form and return it with the registration fee postmarked by April 5, 2018 to:

Barbara Buchko

WellSpan York Hospital
Emig Research Center
1001 S. George St.
York, PA 17405

- Checks to be made payable to *WellSpan Health*.
- An email confirmation will be sent by April 12th. Please bring the email with you.
- Email is required for confirmation.
- Business casual attire – NO JEANS.
- Participants are encouraged to dress in layers to account for fluctuations in room temperature.

Please contact Barbara Buchko, DNP, RNC-MNN, Director of EBP/Nursing Research at WellSpan Health, for more information:
717.851.2434 or bbuchko@wellspan.org

A block of rooms has been reserved at the Wyndham Garden York until March 21, 2018 at a reduced rate of \$109.00 + tax for Wednesday night (April 18, 2018). Call (717) 846-9500 to reserve a room as an attendee of the WellSpan Health Conference group.

Objectives

1. Identify data sources available today that can be used to drive patient care improvements.
2. Evaluate the quality and usefulness of identified data sources to improve patient care.
3. Describe 3 ways nurses can utilize data at the bedside to embed evidence based decision making in clinical care delivery.
4. Recognize future trends for data use and analysis in healthcare and the potential application to your practice setting.

Patricia P. Sengstack DNP, RN-BC, FAAN

Dr. Sengstack is an Associate Professor with Vanderbilt University School of Nursing and the Nursing Informatics Executive for Vanderbilt University Medical Center. She



is the past president of the American Nursing Informatics Association and the former Deputy CIO and Chief of Clinical Informatics at the NIH Clinical Center in Bethesda, MD



EBP and Nursing Research: Harnessing Healthcare Information to Transform Patient Care

Thursday, April 19, 2018

7:30 a.m. to 4 p.m.

Wyndham Garden York
2000 Loucks Road, York, PA 17404

SPONSORED BY:



COLLABORATIVE PLANNING PARTNERS:



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COLLEGE OF SCIENCE
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Sigma Theta Tau International
Honor Society of Nursing®



Registration

WellSpan Health employee
Contact your manager/supervisor to register
through your entity.

- Sigma, Eta Eta and Xi Chi member \$55.00
(must provide membership number below)
Member number: _____
- Eastern Mennonite University, \$55.00
Millersville University, and
York College of Pennsylvania
(Faculty and currently enrolled student)
- All other attendees \$80.00

Name: _____

Address: _____

Phone: _____

*Email: _____

- Check box if we may include your email for a
networking reference list

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2000 Loucks Road
York, PA 17404

Sponsored by:
WellSpan Health

Collaborative Planning Partners:
Eastern Mennonite University
Millersville University
Sigma chapters, Eta Eta and Xi Chi
York College of Pennsylvania

This activity will be submitted to the Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver by the American Nurses Credentialing Center's Commission on Accreditation.

Agenda

- 7:30 a.m. Registration and continental
breakfast
- 8:15 a.m. Welcome
- 8:30 a.m. **Patricia P. Sengstack DNP, RN-BC,
FAAN; "Strengthening the Data to
Knowledge Connection to Drive
Improvements in Clinical Care"**

- 9:40 a.m. **Poster Presentations
Breakout Session 1:**
Joseph C. Hess, PhD, MHA, MS, RN;
"Jumping in the Deep End of Data:
Identifying What Data You Need to
Answer a Question"
- Or**
- Breakout Session 2:**
Kelly A. Kuhns, PhD, RN; "Surveys,
Instruments, and Tools -- Oh My!
Collecting Quality Data"

- 10:45 a.m. Break
- 11:00 a.m. Michelle Vonstein, BSN, RN and
Cristina McMillan, BSN, RN, PCCN;
"Effect of a Scheduled Nursing
Intervention on Thirst and Dry Mouth
in the Intensive Care Unit"
- 11:25 a.m. Rebecca D. Hartley, MSN, RN, CPAN,
NEA-BC; "SSI Prevention: Best Practice
Emphasis for Better Outcomes in
Spine Surgery"
- 11:50 a.m. Lunch
- 12:40 p.m. Michelle E. DeFabio, MS, RN, ACNS-
BC; "Mindfulness Based Stress
Reduction (MBSR): Improving Job
Satisfaction and Decreasing Stress
and Burnout in Nurses"
- 1:05 p.m. Felicia M Rohrbaugh, MSN, RN, CNM;
"Motivational Interviewing Delivered
by Phone to Reduce Relapse Rates
and Improve Treatment Retention in
Postpartum Women with an Opiate
Use Disorder"
- 1:40 p.m. **Poster Presentations
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"Jumping in the Deep End of Data:
Identifying What Data You Need to
Answer a Question"
- Or**
- Breakout Session 2:**
Kelly A. Kuhns, PhD, RN; "Surveys,
Instruments, and Tools -- Oh My!
Collecting Quality Data"
- 2:45 p.m. Break
- 3:00 p.m. Melody A. Seitz, Ph.D., RNC-OB;
"Impact of Nurse Fatigue and Nursing
Handoffs on Patient and Nurse
Safety"
- 3:25 p.m. Student group presentation
- 3:45 p.m. Awards and evaluations