

## Registration Information

WellSpan employees should contact their supervisor/manager to register.  
Non-WellSpan participants must register by completing the registration form and return it with the registration fee postmark by April 8, 2016 to:

### Diane Sargeant

Organizational Learning & Development  
WellSpan Health  
1135 Edgar St., Suite 101  
York, PA 17403

- Checks to be made payable to *WellSpan Health*.
- Email is required for confirmation
- The email confirmation will be emailed by April 15<sup>th</sup>. Please bring the confirmation email with you.
- Business Casual Attire – NO JEANS
- Participants are encouraged to dress in layers to account for fluctuations in room temperature.

Please contact Barbara Buchko, DNP, RNC-MNN, Director of EBP/Nursing Research at WellSpan Health, for more information: 717.851.2434 or [bbuchko@wellspan.org](mailto:bbuchko@wellspan.org)

A block of rooms has been reserved at the Wyndham Garden York until 3/21/2016, at a reduced rate of \$85.00 + tax per night (Thursday and Friday). Call (717) 846-9500 to reserve a room in the WellSpan Health Conference group.

## Objectives

1. Describe the process of steering an evidence-based practice project from idea to publication.
2. Discuss strategies that support successful projects by building teamwork and improving communication between colleagues.
3. Value our individual role in improving the quality and safety of patient care through collaboration in research and evidence-based practice.

### Gerry Altmiller, EdD, APRN, ACNS-BC



Dr. Altmiller is an associate professor of nursing at The College of New Jersey, an adult clinical nurse specialist for the Einstein Healthcare Network in Philadelphia and a consultant and member of the strategic

advisory board for Quality and Safety Education for Nurses (QSEN) Institute.

# EBP and Nursing Research: The Gateway to Quality and Safety

Friday, April 22, 2016  
8:30 a.m. to 4 p.m.

Wyndham Garden York  
2000 Loucks Road, York, PA 17404

#### SPONSORED BY:



#### CONTRIBUTING PARTNERS INCLUDE:



## Registration

- ETA member \$45.00
- Hanover Hospital \$45.00  
Call Janelle Hummer at 717-316-7119 to register
- Memorial Hospital \$45.00  
Call Sue Gordon at 717-849-5334 to register
- YCP Undergraduate Nursing Student \$45.00  
Call Norma Beyer at 717-815-6475 to register
- WellSpan Health employee  
Contact your manager/supervisor
- York College of PA \$45.00
- All other attendees \$90.00

Name:

Address:

Phone:

\*Email:

- Check box if we may include your email for a networking reference list
- CEs available. This activity will be submitted to the PA State Nurses Association (PSNA) for approval to award contact hours.

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York, PA 17404

**Sponsored by:**  
WellSpan Health

**Contributing Partners:**  
Hanover Hospital  
Memorial Hospital  
Sigma Theta Tau International Honor Society of Nursing, ETA Chapter  
York College of Pennsylvania

This activity will be submitted to the PA State Nurses Association for approval to award contact hours. PA State Nurses Association is accredited as an approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Agenda

- 8:00 a.m. Registration and continental breakfast
- 8:30 a.m. Welcome
- 8:45 a.m. **Gerry Altmiller, EdD, APRN, ACNS-BC; "The Gateway to Quality and Safety"**

- 9:45 a.m. **Poster Presentations**  
**Or**  
**Breakout Session 1:**  
Nancy Newton, MeD, CFRE, CGMS;  
"Demystifying Grants: From Good Idea to Great Grant-Funded Projects"  
**Or**  
**Breakout Session 2:**  
Stacy Lutter, D.Ed., RN-BC; "Getting Tuned into QSEN and What's In It For Me (WIIFM)"

- 10:30 a.m. Break
- 10:45 a.m. Carol Ann Esche, DNP, MA, RN, NE-BC and Janet Limmer, BSN, RN; "Implementing Bedside Shift Report: An Evidence-Based Practice Initiative"
- 11:10 a.m. Rebekah Hill, BSN, RN, CCRN; "Targeted Temperature Management Post Cardiac Arrest: Current Recommended Practice Updates 2015"
- 11:35 a.m. Amy E. Seitz Cooley, MS, RN, ACNS-BC; "Multifaceted Education to Improve Nurses' Recognition and Management of Delirium"
- 12:00 p.m. Lunch
- 12:45 p.m. Kim Ferrara, MS, RN-BC; "De-escalation Training for Medical-Surgical Nurses in the Acute Care Setting"
- 1:10 p.m. Mary Louise Kanaskie, PhD, RN-BC, AOCN and Cindi Snyder, MSN, RN; "Factors Influencing Registered Nurses and Nursing Assistants Use of Mechanical Lift Devices"

- 1:35 p.m. **Poster Presentations**  
**Or**  
**Breakout Session 1:**  
Lisa Ruth-Sahd, D.Ed., RN, CCRN, CEN; Charlotte Wool, Ph.D., RN and Kathy Shelly Mierzwa, BSN, RN-BC; "Pearls for Publication: Tips for Getting Your Article Accepted"  
**Or**  
**Breakout Session 2:**  
Kelli Masters DNP, RN, CCRN; "Moving QSEN into Clinical Practice: Innovative Service-Academic Projects"

- 2:20 p.m. Break
- 2:35 p.m. Kimberly S. Urenko, BSN, RN, ONC; "Increasing the Quality of Medication Education for Hospitalized Patients"
- 3:00 p.m. Student presentations
- 3:25 p.m. Awards and evaluations