

# Hats for the Homeless

Hats for the Homeless is a service project sponsored by the *Omicron Delta Chapter of Sigma, Honor Society of Nursing*.

## Materials

Fleece, 1/2 yard (*makes 2 hats*)  
Scissors  
Measuring tape  
Masking tape



## No-Sew Fleece Hat

To prepare the 1/2 yard (18 inches) of fleece: note fleece will be 18 inches in length and approx. 60 inches in width.

- Trim off the salvage edges along both lengths of the fleece.
- Fold fleece in half lengthwise and cut along the fold to create 2 pieces of fleece, each now 18 inches in length and 30 inches in width.

### Step 1 – Measure and Cut the Fleece

- A. Fold the fleece lengthwise so you have 18 inches in length and the fold to your left for width.
- B. Measure the circumference of the child's head and add 6 inches to get total number of inches needed for width.
- C. Trim the fleece along the right edge (with fold on your left) so total width equals measurement of B above. This will be approximately 26 inches.
- D. You now have a fleece 18 inches in length by 13 inches from fold for width.



## Step 2 – Cut the Fringes

- Measure 3" in from the right side and mark with masking tape
- Measure 3" down from the top and mark with masking tape
- Cut out the 3" square where the 2 pieces of masking tape cross, then remove the masking tape from this corner
- Cut fringe every 1/2" across the top, using the masking tape as the stopping point
- Cut fringe every 1/2" across the right, using the masking tape as the stopping point



## Step 3 – Knot the fringes

- On the right side, tie each pair of fringes together (top layer to bottom layer).
  - Tie twice so it's in a firm knot.
- Work your way up the side of the hat.
- Remove the rest of the masking tape



## Step 4 – Create the Pom Pom on Top

- Gather all of the top fringe in one hand, leaving out the pair on the far right

Use that far-right pair to tie a knot around the fringe you just gathered.



## Step 5 – Cuff it up!

- Fold the bottom of the hat up two to three times to make a cuff.



No-Sew Hat Video Instructions..... <https://youtu.be/s4uMSOVmS28>