

# Hats for the Homeless

Hats for the Homeless is a service project sponsored by the *Omicron Delta Chapter of Sigma, Honor Society of Nursing*.

## Knit Hat

### Materials

16" circular needle, size 6 or 7 or 8 to get gauge (5 stitches = 1")

1 set double-pointed needles, same size as above.  
(fits 21" head, adult-size).

### Notes

These patterns are for hats for children and adults.

Yarn type: worsted weight and machine washable and dry-able.

Directions are for sizes: Sm (kindergarten, grades 1 & 2), Med (grades 3 & 4) Lg (fits 21" head, adult-size).

This hat can be made into many different styles from the basic pattern. Be creative with color and pattern!



#1 – rolled brim hat



#2 – ribbed brim



#3 – ribbed hat

### Directions for all hats:

Cast on 80 (88, 96) sts. Join into the round, being careful not to twist sts.

Choose your edge:

- 1- Rolled brim: Knit every row for 6 1/2" (7 1/2", 8 1/2"), then go straight to Decreases.
- 2- Ribbed cuff: Work in either K2 P2 rib or K1 P1 for 4" (4 1/2", 5")
- 3- Ribbed Hat: Work in K2 P2 rib for 8" (9", 10"), then skip "body of hat" instructions and go straight to Ribbed Decreases.

### Body of hat:

After you have worked an edge option above, continue hat by knitting every row until hat measures

3" (3 1/2 ", 4") from end of ribbing (styles 2).

### Decreases:

For Styles 1 and 2 only

Row 1: \* K2tog, K6, place marker. Repeat from \* across row.

Row 2 and all even rows: Knit

Row 3: \* Slip marker, K2tog, K5. Repeat from \* across row.

Row 5: \* Slip marker, K2tog, K4. Repeat from \* across row.

Continue decreasing after markers on every odd row, switching to DPN's when the stitches are tight. When you get to (K2tog) across row, cut your yarn 12" from edge of work, thread through remaining stitches and pull tight. Weave in this end and you're done!

### For Style 3, Ribbed Decreases:

Row 1: \*K2, P2, K2, P2tog. Repeat from \* across row

Row 2 and all even rows: Continue in ribbing across row, Knitting the K sts and Purling the P sts

Row 3: \*K2, P2tog, K2, P1. Repeat from \* across row

Row 5: \*K2tog, P1, K2, P1. Repeat from \* across row

Row 7: \*K1, P1, K2tog, P1. Repeat from \* across row

Row 9: \*K2 tog across row

Row 10: \*K2 tog across row

Cut yarn, thread remaining stitches onto it and pull tight. You can add a pom pom at the top if you like!

*For video tutorial on how to move to DNP and finish off the cap,*

<https://www.youtube.com/watch?v=zLrFQIzC9sw>

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## Abbreviations

*K = knit*

*P = purl*

*K2tog = knit 2 sts together as 1*