



Mentee Goal Setting

This is an example for goal setting to be used by Sigma career mentees with their career mentors or coaches.

Make sure your goal(s) are specific, measurable, achievable, and realistic for your time frame. Divide your goal(s) into small achievable tasks.

Goal	Action Plan	Tracking
1		<input type="checkbox"/> Goal Met <input type="checkbox"/> Making Progress <input type="checkbox"/> No Progress
2		<input type="checkbox"/> Goal Met <input type="checkbox"/> Making Progress <input type="checkbox"/> No Progress
3		<input type="checkbox"/> Goal Met <input type="checkbox"/> Making Progress <input type="checkbox"/> No Progress
4		<input type="checkbox"/> Goal Met <input type="checkbox"/> Making Progress <input type="checkbox"/> No Progress