

ALPHA THETA CHAPTER | AUGUST 2025

CHAPTER NEWSLETTER



Welcome!

We are excited to bring you this newsletter quarterly, where we highlight recent updates, and celebrate achievements. Our goal is to keep you informed, connected, and inspired as we continue building a stronger community together.

We also wanted to remind you to stay connected with us on social media. Follow us on Facebook at [Alpha Theta Chapter of Sigma at UF](#) and Instagram [@sigmanursing](#).

We encourage you to like, share, and interact with our posts to help us attract even more members to Sigma!

Thank you again for being a member of our chapter. Please let us know if you have any ideas for upcoming chapter events and activities.

Enjoy reading this newsletter!

Toni Lindsey
Chapter President

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A Message from your President

During my service as chapter president for Sigma Theta Tau/Alpha Theta (2022-2026), I have had the privilege of watching our chapter build a stronger foundation and achieve some important milestones along the way. We have a team of very talented and thoughtful officers and volunteers. We are happy to speak with you about how you can join the chapter. Our chapter is a wonderful place to learn more about leadership, service, and scholarship. We received our first Chapter Key Award in November 2023.



This was a great accomplishment for a chapter that was chartered nearly 63 years ago! Our chapter has worked very hard in the last two years, and we are hopeful we will be awarded our second chapter key soon.

Our second annual research and or nursing quality improvement project grants and awards will open in Fall 2025. Please watch for announcements about when it is time to apply if interested!

Some of the chapter events that you can participate in include, our Fall Open House at Spurriers (Visors), our fall induction ceremony, Founder's Day honoring Sigma Theta Tau's original six founders, and the application process to apply for a research grant or quality improvement project funding. We will host a fundraiser through Water.org to help bring sustainable water to those around the globe that otherwise would go without. Watch for upcoming announcements about events, achievements, and opportunities for scholarship.

In closing, our chapter is striving to meet the mission and vision of our senior organization, Sigma Theta Tau.

Warm Regards,
Toni Lindsey, DNP, RN, CNE, PEDS-BC
Alpha Theta Chapter President

A Message from your President Elect

Hello - I'm Dr. Melissa Brace. I'm an Assistant Clinical Professor in the College of Nursing. I have been a nurse for over 20 years, primarily in the adult ICU.

I was invited to be inducted into Sigma while I was a DNP student with Grand Canyon University in 2020. Due to the pandemic, there weren't as many opportunities to be involved with Sigma. Since coming to UF in 2023, all that has changed. Most recently, I was serving in our Chapter as webmaster and now as President-elect.

I have a vision for our Chapter that includes opportunities for growth in and outside of our community. I'm passionate about having you, our members, be the driving force for our Chapter.



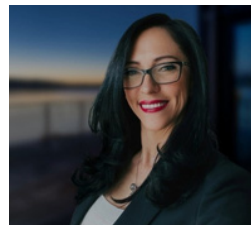
I welcome your ideas for how our Chapter can serve our local, national and international communities. As an organization that promotes and grows leadership in the Nursing community, it's important to me to foster those ideas that bring us together, build each other up with support, and become the leaders of today as healthcare continues to evolve.

Melissa Brace, DNP, APRN, FNP-C, CCRN
Alpha Theta Chapter President Elect

Celebrating excellence in nursing research

Sigma members Janet Northcote, PhDc, RN, Ragnhildur Bjarnadottir, PhD ,MPH, E. Mendy Dunn, PhD, RN, NE-BC and Alexandria Carey, PhD, MSN, MBA-HC, RN, CNE, CEN, CPEN, are presenting at the 2025 Florida Nurses Association Membership Assembly in St. Petersburg, FL.

Our excellent leaders are speaking on how to better equip and empower the next generation of nurse leaders.



Interact virtually with Sigma members around the world on The Circle

ENGAGE IN VALUABLE CONVERSATIONS

On The Circle, Sigma's online community, you can create networks of similar members based on location, area of expertise, certifications, and more. Think of The Circle as your go-to place to have your questions answered by fellow Sigma nurses, discover resources, participate in thoughtful discussions, increase your knowledge base, and volunteer with the organization.

On The Circle, be sure to:

- Check out our chapter website
- Access library resources
- Post questions or discussion topics
- Find volunteer opportunities
- Visit the Career Advice Forum
- Add other members as contacts

JOIN THE CONVERSATIONS

Thoughtful discussions are taking place in more than 15 Communities of Interest on The Circle!

Use these forums to have your questions answered, participate in topic-based conversations, and share your voice to guide the future of nursing.

FIND VOLUNTEER OPPORTUNITIES

Serving at the local, regional, or international level is a perfect way to gain experience and develop skills to assist you in your nursing career.

[Visit The Circle today!](#)

Upcoming Events

[Sigma - Alpha Theta Chapter - Open House](#)

Date: 2 October 2025

Time: 5 p.m.- 8 p.m.

Location: Spurrier's
4860 Steve Spurrier Way
Gainesville, FL 32608

[Founder's Day celebration & Water.org fundraiser](#)

Date: 2 October 2025

Time: 5 p.m.- 8 p.m.

Location: Spurrier's
4860 Steve Spurrier Way
Gainesville, FL 32608

[Fall Induction](#)

Date: 16 October 2025

Time: 6 p.m. - 8 p.m.

Location: UF Reitz Union



Read a journal article or attend a free webinar

Sigma has many benefits to help you learn and grow in your career.

JOURNALS

As a Sigma member, you receive free online access to two peer-reviewed and evidence-based journals, Journal of Nursing Scholarship (JNS) and Worldviews on Evidence-Based Nursing (Worldviews), which are published bimonthly and share the latest research and trends in nursing.

Access JNS and Worldviews online at [SigmaNursing.org/Journals](https://www.siganursing.org/Journals).

WEBINARS

Sigma offers several FREE webinars each month. If you aren't able to make a live webinar, recordings are available on Nursing Centered for you to watch on-demand.

Covering a variety of topics, like support for early career nurses, incivility, self-care, climate change, and avoiding burnout, many of Sigma's webinars are another great opportunity for free NCPD.

Sign up for a webinar at [SigmaNursing.org/Webinars](https://www.siganursing.org/Webinars).

Funding Opportunities

Alpha Theta Chapter Funding

Submit a proposal for special funding for your research or innovative projects in nursing that contribute to upholding the Sigma mission of improving healthcare everywhere. Preference is given to Sigma members.
Application will open Oct 1 - 31, 2025

Research Proposal:

Award: Up to \$4,000
Who: Nursing PhD
student/scientist seeking funding
for a research

Quality Improvement Initiative:

Award: up to \$500
Who: Qualified nurse/nursing student seeking
funding for hospital or clinic-based projects,
community interventions, poster
presentations, or DNP projects.

Get funding for your research project

Sigma is dedicated to funding research and creating a global community of nurses who lead in using knowledge, scholarship, service, and learning to improve the health of the world's people. Every year, Sigma sponsors and co-sponsors over 20 grants for nurse researchers.

First-time grant applicants are encouraged to apply for a Sigma small grant. These grants provide up to US \$5,000 to encourage nurses to contribute to advancing nursing through research.

For complete information, current deadlines, and applications for Sigma's grants, visit SigmaNursing.org/Grants or contact Sigma headquarters at 888.634.7575 (US/Canada toll-free), +1.317.634.8171 (International), or research@sigmanursing.org.

Research grants are made possible through donations to Sigma Foundation for Nursing's research fund.

