

# Newsletter Winter 2024

## Message from Nu Rho President

Dear Nu Rho Members,

As we move toward another year, post-pandemic, I am increasingly impressed with the value of nurses at the bedside, in management positions, and in educational roles. The pandemic proved how valuable and absolutely necessary nurses are to the health of the populations we serve. And because I have recently had a family member cared for by great nurses, I know this from a personal perspective as well. No matter what role you currently hold in nursing, please know that your efforts create value and bring goodness into our world. Thank you.

As a member of Sigma Theta Tau, International (STTI), you are even more valuable because you have proven your commitment to excellence. Your membership means you care deeply about the care being delivered, courses being taught, and management provided. STTI seems to be one of our greatest assets as we chose to provide the very best.

It is important for you to know how STTI benefits you and the work you do. Please access their [website](#) and you will find countless benefits. Here are just a few:

- Free and discounted nursing continuing development courses- both articles and webinars
- Free access to advisors and mentors for career support
- Free job board to find excellent nursing positions
- Free subscriptions to Sigma's top-ranked journals
- Invaluable conversation in the online member community, The Circle
- Discounts on event registration

Depending on your needs, STTI might potentially bring +\$1,500 in benefits to you. Please take some time to access the [Sigma website](#) so you can take advantage of these exceptional opportunities.

**Dr. Charlotte Liggett, President Nu Rho Chapter-at-Large**

**DEVELOPING  
NURSE  
LEADERS IS  
WHAT WE DO.**

Join us in changing lives and  
advancing healthcare.



**Here are a few  
other places to stay  
connected:**



[Click HERE for  
Nu Rho's  
Facebook  
page.](#)



[Click HERE for  
our Nu Rho at  
Large Sigma  
Circle page](#)

## MEET YOUR NU RHO AT LARGE BOARD MEMBERS



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Dr. Charlotte  
Liggett



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Gabriel



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# **Sigma Theta Tau International Honor Society of Nursing**

## **Nu Rho-at-Large Chapter**

Nebraska Wesleyan University

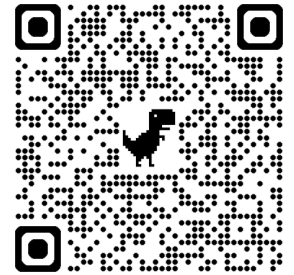
### **Research Grant Opportunity**

Grants of up to \$599 awarded

Great opportunity to conduct a pilot study or support graduate degree Projects/dissertations.

Applications accepted on a rolling basis

Applicant must be a current member (dues paid) of the Nu Rho at Large chapter



**Complete [requirements and application](#) by scanning the QR code or clicking above.**

Contact the Research Chair with questions and submit completed Grant Application materials to:

Peggy Behrens: pbehrens@nebrwesleyan.edu

See other [Sigma International research grant and award opportunities.](#)

## OPEN BOARD POSITIONS

Are you looking to advance your leadership skills or wanting to know more about Sigma? Become a Nu Rho at Large Board member! We are looking for the following position. For more information, contact [krystall.davis@unmc.edu](mailto:krystall.davis@unmc.edu) for further details.

- **Publicity /Newsletter**

## SCHOLARSHIPS

Nu Rho at Large is offering a **\$599** scholarship for graduate students. Complete the [Nu Rho at Large Advance Degree Scholarship application form](#).

Sigma also offers a scholarship for nursing students– [Helene Fuld Trust Scholarship](#). All applications must be submitted via the online submission system. Call for Applications will open 1 January 2025 and are due 1 April 2025.

## AWARDS



### [Nurse Excellence Award](#)

Do you know a nurse who is outstanding and should be recognized for a career that exemplifies nursing professional excellence? Please nominate that nurse for this prestigious award by completing [this form](#). The award is typically granted at the Nu Rho

## SAVE THE DATE: NU RHO AT LARGE INDUCTION CEREMONY

**MARCH 24, 2025**

Save the for Nu Rho at Large Induction ceremony on March 24, 2025. Details to come. If interested in volunteering to help with set up or take down, please contact Dr. Rebecca Randa at [Rebecca.randa@uau.edu](mailto:Rebecca.randa@uau.edu).



**Need financial assistance to cover the cost of your membership fees?**

[Learn more about the Edith Membership Subsidy](#)



Know someone who should join Nu Rho who isn't a member of Sigma. They could join as a Nurse leader!

[Apply now as a Nurse Leader](#)