2019 New Hampshire Young Engineer of the Year

Heidi Caprood, E.I.T.

Heidi Caprood, E.I.T. has been selected by NHSPE's 2019 Young Engineer of the Year. ACEC NH nominated Heidi for this prestigious award based on her engineering accomplishments and her impressive contributions to the local and world community. Heidi's engineering career began at Sanborn Head in Concord, New Hampshire when she joined the firm almost six years ago. Since then she has contributed to approximately 100 environmental assessment and remediation projects for private and public-sector clients. She was recently promoted to Project Manager.

In 2017, she received the Environmental Business Council of New England's Ascending Leader award and was part of the team that received the Overall Winner of the 2017 ACEC-NH Engineering Excellence Award for the Broad Street Parkway redevelopment project in Nashua, New Hampshire. "Heidi is a team player and natural leader among leaders," said Sanborn Head President Barret Cole, P.G. "I've truly enjoyed seeing her grow in her engineering career and develop her leadership skills. Her passion for her profession is undeniable."

Heidi is a strong believer in giving back to the community and to those less fortunate around the world. In 2015, she co-founded the Engineers Without Borders New Hampshire Professional Chapter and has been serving as the chapter's president since that time. She is devoted to providing clean and sustainable drinking water and has traveled to Uganda three times since 2016 as part of a team to install five drinking water wells in remote villages. "Heidi's passion for the clean water project in Uganda has motivated the chapter to do great things," said Sanborn Head Project Director Jennifer Sanborn, P.E. "She cares about the people that live there and works tirelessly to keep the chapter on track and moving forward. Heidi is using her skills as an engineer to help people in a very direct and meaningful way, and I think that's something we should all aspire to as engineers."