

Volunteer Appreciation – Carol Copeland, Strategic Planning Task Force



Q: Tell us about yourself and where you work.

A: I am an HTL (ASCP) and I work at Lexington Medical Center in West Columbia, SC in the clinical lab. I enjoy all aspects of the lab, but the most interesting is IHC.

Q: What have been your challenges and highlights over the past few years?

A: I'm really working to find my niche in histology. I would like to say my main focus is immunohistochemistry. I am working towards taking the QIHC but am also considering teaching in a histology program.

Q: How has volunteering helped you build upon your successes and/or addressed your challenges?

A: Volunteering with the NSH keeps me up-to-date with the latest news in histology. It provides the chance to network and meet new

like-minded people. Having discussions with other NSH members allows me to grow in the field and reminds me to be a life-long learner.

Q: What advice do you have for others who would like to volunteer?

A: Go for it! You are helping others, a great organization, and yourself all while meeting new people and learning!

Q: How did you become involved in the field of histology (what drew you to the field)?

A: I have always been passionate about the medical field in general and helping people overcome diseases and get back to living a full life, so when a friend asked me if I was interested in seeing what took place in a pathology/histology lab I jumped at the opportunity. I was a 7th-grade science teacher at the time, but I did not feel teaching middle school science was where I wanted to stay. I was impressed by the histotechs working diligently to prepare slides for the pathologists and their dedication to patient care.

Q: What important skills should people have if they wish to pursue a career in histology?

A: Attention to detail, teamwork, inner motivation, personal drive, ability to stick to a schedule, lifelong learner.

Q: What is your favorite aspect of your job?

A: Knowing that each slide is helping that individual (patient) get one step closer to recovery and back to living their best life. That I am saving a life, one slide at a time. And I like that I am behind the scenes.



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Q: When you are not at work, what are your passions/hobbies?

Mountain climbing, hiking, running, and yoga!

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