Arden began her career as a linguist working for the Japanese Ministry of Education, Culture, Sports, Science and Technology. From there she continued in Japan as a translator, interpreter, educator and procurement professional for various Japanese corporations including Murakami Ongaku Jimusho and Canon Corporation. She currently handles complex procurements relating to IT as well as general goods and services for the Virginia Alcoholic Beverage Control Authority (VA ABC). As a translator/interpreter and procurement professional, one of the most intriguing aspects of her work has been the study and execution of effective non-verbal communication both within and across cultures.

Arden holds a bachelor's degree in Linguistics and Japanese from Boston University, a Master of Science in Environmental Management and a Master of Business Administration from the University of Maryland, but her first love is music. Outside of work, Arden is heavily involved in local music organizations ranging from old-time Americana and bluegrass to Classical and Baroque. If you have ever travelled to destinations within Virginia's Historic Triangle (Colonial Williamsburg, Yorktown, and Jamestown, VA), you may see her in period costume playing the fiddle or banjo at taverns, museums, and theaters. She is also the proud mother of two teenage boys who share her love of music and stringed instruments.