A Phi Beta Kappa graduate of Vanderbilt University, Jeff began his career as a high school English teacher before following his father Rex Havens into the world of stand-up comedy, where he worked with some of the brightest lights in American comedy and honed the art of engaging audiences through laughter. But his impulse to teach never faded, and soon he began looking for an avenue to combine both of his passions into entertaining and meaningful presentations.

The result is Uncrapify Your Life!, How to Get Fired! and Becoming A More Annoying You!, and since their introduction Jeff has brought his unique, side-splitting, message-based lectures and keynote addresses to General Electric, Ford Motor Company, University of Wisconsin, Purdue, and hundreds of other corporations and colleges in the United States and Canada. Original, informative, hilarious and powerful, Jeff's speeches have transformed the way businesspeople and college students approach the idea of personal and professional growth. In the words of one conference attendee, “I laughed until I had tears in my eyes - and walked away feeling better about work than I have in years. The reverse psychology is a great way to get the point across, and he does a wonderful job of it.”