

Curtis Brownlee, MS, LCMHC

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SUMMARY

An accomplished Mental Health Therapist with over 16 years of clinical experience serving diverse populations ranging from ages 3 and up. A trauma informed provider with remarkable clinical knowledge, who has masterfully woven this knowledge, counseling techniques, and evidenced based models into practice with great success. Strong leadership qualities and problem-solving skills are evident, along with the ability to bring insightful feedback to clients and co-workers.

LICENSURE & EDUCATION

- Licensed Professional Counselor (#10165), Current. *NC State Board of Licensed Professional Counselors*
- Master of Science in Community Agency Counseling, Dec 2009. *NC A & T State University*
- Bachelor of Arts in Psychology, June 2006. *NC A & T State University*

CERTIFICATIONS & TRAININGS

- Problematic Sexual Behavior Training 2020/2021
- TF-CBT Rostered Clinician (NC Child Treatment Program 2015/2016 Cohort)
- CPT Quality Provider (2015/2016 Cohort)
- *Cognitive Processing Therapy Learning Collaborative.*
Durham NC. Patricia A Resick, Ph.D. 2015 – 2016.
- *Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) – Focusing on Children in Foster Care and the Child Welfare System Learning Collaborative.*
Durham, NC. Dana Hagele, MD, MPH and Dr. Lisa Amaya –Jackson, MD, MPH. 2015 -2016.
- *DBT Conference: Practice –Based Intensive Dialectical Behavior Therapy Training. Web – Based.* Lane Pederson, Psy.D. 5/6/2014 – 5/9/14.
- *Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) – Focusing on Children in Foster Care and the Child Welfare System Learning Collaborative, Trauma Informed Support Track*
Burlington NC, 2011 - 2012

PROFESSIONAL EXPERIENCE

- **Center for Child and Family Health**
Currently providing group therapy and individual treatment for children and their families with problematic sexual behaviors. Currently conducting group therapy and individual sessions.
- **Outpatient Therapist**
2018-Present. Private Practice (ICARE Counseling Services)
Conduct individual and family sessions, use evidenced based models including but not limited to TF-CBT and CPT, provide school-based therapy, facilitate Comprehensive Clinical Assessments and Trauma Informed Clinical Assessments, formulate clinical diagnoses using DSM –V, develop treatment, crisis and discharge plans, utilize electronic health record to document client information and progress, provide on-call crisis management

services, facilitate weekly staff consultation meetings. Providing clinical consultation to therapist during staffing meetings.

- **Outpatient Therapist (Office Based)**

2016 – 2018. *Youth Haven Services (formally Pride of NC)*.

Conduct individual and family sessions, use evidenced based models including but not limited to TF-CBT and CPT, provide school based therapy, facilitate Comprehensive Clinical Assessments and Trauma Informed Clinical Assessments, formulate clinical diagnoses using DSM –V, develop treatment, crisis and discharge plans, utilize electronic health record to document client information and progress, provide on-call crisis management services, facilitate weekly staff consultation meetings.

- **Lead Therapist (Juvenile Crime Prevention Council -JCPC)**

2015 – 2016. *Carter's Circle of Care*.

Grant funded JCPC program therapist. Provided outpatient therapy - individual and family sessions – to adjudicated teenage boys and girls in the community setting, attended court hearings, attended family planning meetings, and provided clinical consultation to judges and lawyers involved in treatment for the identified client.

- **Outpatient Therapist /Director (Day Treatment Program)**

2015 – 2016. *Carter's Circle of Care*.

Provided TF-CBT to identified clients. Developed processes and structure for Day Treatment Program's daily operation, facilitated trainings and in-service to assist staff and teachers with developing needed skills for managing difficult behaviors, assisted teachers in problem solving challenges hindering client progress.

- **Outpatient Therapist (Community Based)**

2015 – 2016. *Carter's Circle of Care*.

2014 – 2015. *Family Preservation Services of NC*.

Provided trauma informed treatment. Conducted individual outpatient therapy –individual and family sessions– in the home setting to address mental health needs and promote recovery through evidenced based practices – TF-CBT and CPT. Facilitated Comprehensive Clinical Assessments, administered and interpreted various screening instruments, referred as clinically appropriate, participate in interdisciplinary team meetings, and facilitate case consultation with colleagues.

- **Intensive In – Home Team Lead / Therapist**

2012 – 2014. *Family Preservation Services of NC*.

Provided therapy for an intense population of children, adolescents and families with mental health disorders, ranging from the ages of 3-18, conducted family sessions and individual sessions, supervised qualified professionals, and completed Comprehensive Clinical Assessments.

- **Targeted Case Manager**

2011 – 2012. *Triumph, LLC*.

Worked to link adults and children to needed resources within the community and assisted with making necessary referrals to aid in treatment needs.

- **Intensive In-Home Specialist**

2007 - 2012. *Triumph, LLC*.

Provided services for children, adolescents and families with a variety of mental health disorders, taught coping strategies, daily living skills, and parenting skills to prevent out of home placement and/or promote reunification.

- **Community Support Specialist**

2006 - 2007. *Triumph, LLC*.

Utilized various interventions to help client's build coping skills, taught daily living and life skills to empower clients to reach their full potential at home and in the community.

TRAINING FACILITATION

- "Mental Health Awareness", *Guilford County Schools*, 2018.
- "Learning about Trauma Symptoms", *Children's Hope Alliance*, 2018.
- "Learning to Manage Difficult Behaviors in Children and Adolescents", *Children's Hope Alliance*, 2017.

VOLUNTEER EXPERIENCE

- 2011 – Present. *Guilford County Schools Mentor*, Greensboro, NC. Provide mentor services for children in the community along with training and guidance for parents regarding mental health in children.
- 2003 – Present. *Community Child Mentor*, Asheville, NC. Provide academic support and mentoring services to children identified through YMCA and Asheville City Schools as needing guidance or mentoring; specifically those exposed to trauma in the Asheville community.
- 2002 – Present. *New Mount Olive Missionary Baptist Church*, Asheville, NC. Facilitate children's groups and mental health training for youth.