

Jenny Almanzar, LCSW-R

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Licensed clinical social worker, consultant, trainer, and program leader with extensive experience in childhood trauma, problematic sexual behaviors, evidence-based treatment models, clinical supervision, and cross-system collaboration. Recognized for developing specialized services, training multidisciplinary professionals, supporting statewide initiatives, and providing trauma-informed assessment and treatment to children, families, clinicians, agencies, and systems of care.

Core competencies: Clinical consultation and supervision; trauma-informed assessment and treatment; problematic sexual behavior treatment models; evidence-based practice implementation; professional training and facilitation; program development and leadership; contract and budget oversight; multidisciplinary collaboration; statewide systems consultation; and community education.

Experience

Fordham University — Sexual Abuse Dynamics and Interventions Facilitator

February 2026–Present

Facilitate training for caseworkers in the New York State Office of Children and Family Services on sexual abuse dynamics, trauma-informed intervention strategies, and clinical considerations for supporting children and families affected by sexual abuse.

Jenny Almanzar Consulting, LLC, Endicott, NY — Owner

August 2023–Present

Provide clinical consultation, supervision, training, assessment, and treatment for clinicians, agencies, children, and families impacted by childhood trauma and disruptive behaviors. Educate New York State Commissioners on the needs of youth with problematic sexual behaviors and support the development of a statewide complex-needs work group.

Children's Home, Binghamton, NY — Consultant of Specialized Services

May 2023–Present

Provide specialized assessment and treatment for youth with trauma histories and disruptive behaviors in community-based housing and campus residential settings. Train staff and community partners on trauma-informed strategies for meeting the needs of youth with complex behavioral health presentations.

National Center on the Sexual Behavior of Youth, Oklahoma City, OK — Trainer and Consultant

November 2020–Present

Serve as a master trainer for Problematic Sexual Behavior Cognitive Behavioral Therapy in school-age and adolescent treatment models and as a senior leader facilitator supporting implementation of the evidence-based model. Provide ongoing clinical consultation, senior leader support, and specialized training on assessment and treatment of youth with problematic sexual behaviors to military-based clinicians in the United States and overseas. Partnered with New York State Office of Children and Family Services to deliver a webinar series and consultation calls on meeting the needs of families impacted by problematic sexual behaviors.

Family and Children's Counseling Services—The Journey Project, Binghamton, NY — Director/Clinician

Director: June 2014–April 2023 | Clinician: July 2002–July 2014

Managed and supervised a family-based trauma treatment program serving families impacted by childhood sexual abuse across Broome and Tioga Counties. Led program development, community education, clinical supervision, evidence-based practice implementation, ethical and professional standards of care, service contracts, and program budgets. Provided assessment and individual, family, and group treatment to children and families impacted by childhood sexual abuse and to adults who had sexually offended.

Awards

Family and Children's Society Leadership Award, 2015

Iona College, Cum laude

Affiliations

ATSA Clinical Member

Former Co-Chair, Broome County Sexually Aggressive Youth Intervention Team (SAYIT)

Board Member, NYS Juvenile Justice Advisory Group
NYS Committee for Complex Needs of Children with PSB

Certifications

Trauma-Focused Cognitive Behavioral Therapy
Problematic Sexual Behavior Cognitive Behavioral Therapy (school-age and adolescent models)
Parent-Child Interaction Therapy
Advanced Training for Youth Needs and Progress Scale

Education

Hunter College—Silberman School of Social Work, New York, NY — *MSW, Advanced Standing Program*
August 2001–September 2002

Iona College, New Rochelle, NY — *Bachelor of Science*
August 1999–August 2001

Daemen College, Amherst, NY
August 1997–May 1999