

The University of Oklahoma Health Sciences Center
Problematic Sexual Behavior – Cognitive-Behavioral Therapy™ Program
Learning Collaborative Participation – Team Requirements Criteria

For the **group treatment modality**, teams consist of **at least 4 clinicians** and a supervisor, while the **family therapy modality**, teams consist of **at least 2 clinicians*** and a supervisor. Participating teams will also need to include **at least 1 Senior Leader**.

All members of the team are expected to:

- Complete pre-work assignments through the [Learning Center](#).
- Attend and actively participate in three in-person Learning Sessions, each 2-3 days in length, and one virtual Learning Session at the end of the training period.
- Completion of at least **one year** (12 months) of conducting PSB-CBT™ treatment with a minimum of **four families in the group modality**, or **six months with two families in the family modality**.
- Participate in various learning activities and utilization of the Learning Center to help integrate learning during “action periods”.
- Actively participate in consultation calls in the context of an active Learning Collaborative at minimum 80% attendance (i.e., Bimonthly clinical consultation calls – Clinical Track; Monthly Senior Leader calls – Senior Leader Track).

Clinician is defined as an individual expected to meet full fidelity and provide PSB-CBT™ treatment or clinical services to youth with PSB within their organization and/or local mental health community.

- Example(s): Clinical Therapist (including LPC, LCSW, LMFT), Clinical Psychologist, and Student, Intern, and/or Postdoctoral Fellow in the behavioral health field.
- Cost: \$4,500 per clinician providing group treatment; \$5,500 per clinician providing family treatment

Supervisor is defined as an individual who will be providing clinical supervision of the PSB-CBT™ treatment program. This individual may work towards full fidelity in the model but is not a requirement.

- Cost: \$2,500 per supervisor; however, if supervisor will be meeting full fidelity, cost will be \$4,500 if providing group treatment; \$5,500 if providing family treatment.

Senior Leader is defined as those having administrative responsibility within their organization and/or local mental health community with the authority to make systematic changes (policies, procedures, budgeting) to support the implementation of PSB-CBT™ within their organization and/or in their community. If the Child Advocacy Center (CAC) has partnered with another agency to provide direct services, Senior Leaders from both the CAC and the service agency are required to participate. This individual may participate in a dual-role and work towards full fidelity in the model but it not a requirement.

- Example(s): CEO, President, Vice President, Executive Director, Clinical Director, Service Area Director, Director of Behavioral Health, etc.
- Cost: \$2,500 per senior leader; however, if senior leader will be meeting full fidelity, cost will be cost will be \$4,500 if providing group treatment; \$5,500 if providing family treatment.

*While the ideal scenario would consist of at least 2 clinicians providing the family modality, some smaller agencies have been successful with 1 clinician initially participating in the PSB-CBT™ Learning Collaborative with their Senior Leader, and also working towards [PSB-CBT™ Within-Agency Trainer](#) for sustainability.