

PSB-CBT-S Within-Agency Trainer Training Program – Time Estimates

The OU PSB-CBT Within Agency Trainer (WATer) training course is available to approved WATer Candidates and is no less than approximately five months or more than eight months.

TIME ESTIMATES FOR CANDIDATE TO PARTICIPATE IN WATer TRAINING

Time estimates below are what would be required for a Candidate to complete the WATer training course. If more than one Candidate from the site participates in the training course, then the time estimate for the task, “Creating training PowerPoint,” would potentially decrease slightly per Candidate if more than Candidate is involved. None of these estimates include time participating in the PSB clinical program, training trainees for the program, or presenting on PSB.

Task	Frequency	Total Time Estimated (hours)	Misc. Notes
Prep for WATer Training		2	Complete application, review training requirements, and determine recording logistics.
In-person Didactic training		8	Core elements of training others in PSB-CBT
Bi-monthly site calls (4 months)	1h x 8 calls	8	Consultation to assist development of training plan and materials, and reviewing fidelity coding sheets and feedback notes and delivery. This estimate could be shared with another Candidates at site.
Create training PowerPoint	2h x 6 assignments	12	This estimate could be shared with another Candidates at site.
Coding sessions for fidelity	2h x 4 sessions	8	Includes time for potentially 2 additional recordings, if needed.
Delivery of fidelity feedback to trainee	0.50h x 4 sessions	2	Includes time for potentially 2 additional sessions, if needed.
Presentation/training	2h x 1 event	2	Could co-train/present with other Candidate.
		42	= TOTAL per CANDIDATE at ONE SITE