

### PSB-CBT-S Within-Agency Trainer Training Program – Time Estimates

#### TIME ESTIMATES FOR CANDIDATE TRAINING NEW PROVIDER FOR SITE PSB-CBT SCHOOL AGE PROGRAM

Tasks below are generally what is needed for a WATer to train one clinician who will be doing PSB assessments and treatment. Time estimates will vary depending on the site administrative requirements for trainees, the WATer's training plan for the PSB Program, and per trainee based on progress during training.

<b>Task</b>	<b>Frequency</b>	<b>Total Time Estimated (hours)</b>	<b>Misc. Notes</b>
Orientation to PSB Program	1h x 1 meeting	1	General overview of program philosophy, expectations, and logistics.
PSB didactic training	Variable	3 – 6	Delivered via group (presentation style) or individually; training on clinical modules could be condensed to shorten time (info addressed in weekly clinical training). Group delivery allows for training a variety of agency staff on the overview of children with PSB and the treatment program.
Assessment training overview	1.50h x 2 meetings	3	Based on separate training for caregiver and child portions of assessment; review processes, paperwork, and assessment strategies.
Assessment training – lead / observe	2-4 assessments	6-12	Trainee observes WATer do an assessment and then leads the next assessment while being observed by WATer. Estimate varies based on if intake done by one or two providers and time allotment for doing assessments.
On-going clinical training	.50h x 16-21 sessions (based on version of model)	8 - 11	In-depth training on clinical modules and sessions; could be included in weekly pre-group staffing meetings or done individually. Rounded up to the nearest hour.
Coding sessions for fidelity	9 sessions	14	Includes time child and caregiver sessions. Based on 90m sessions. If trainee is co-facilitator with WATer in sessions, then live coding should be every session and this time subtracted from the total time per Candidate. Rounded up to the nearest hour.
Delivery of feedback and ongoing supervision until fidelity is met	.50h x 9 sessions	5	If trainee is co-facilitator with WATer in sessions, then feedback should be provided every session. Rounded up to the nearest hour.
		<b>40 - 52</b>	<b>= TOTAL per TRAINEE</b>
		<b>25 - 31</b>	<b>= TOTAL ADDED TRAINER TIME per ADDITIONAL CANDIDATE</b>