

The National Center of the Sexual Behavior of Youth™

Problematic Sexual Behavior - Cognitive-Behavioral Therapy™
Training and Technical Assistance Program

2023 ANNUAL REVIEW



From the Director



Gratitude

2023 brought NCSBY incredible growth enhancing our positive impact despite world strife and turmoil. Success is embedded in our own practices of healthy coping. I have found considerable solace in sharing gratitude.

In October of this year, I was quite surprised, humbled, and honored to receive the Lifetime Achievement Award from the Association of the Treatment and Prevention of Sexual Abuse (ATSA). The growth in recognition and understanding of children's sexual development and problematic sexual behavior as distinct and the need of interdisciplinary focus represents great progress in the field. I am humbled that I have been honored in this way. Notably, this award could not have been achieved without the incredible, talented, and dedicated team at NCSBY. **NCSBY's focus on creating better lives through better choices has rippling impact.** Together we have learned to respectfully listen to and learn from youth and their caregivers.

I am grateful for the supportive mentors and the lessons that provided the foundation of this work.

I am grateful for...

- **Dr. Diane Willis**, who taught that there is nothing magic about one hour a week. True change for children requires connecting with caregivers, extended family, school community, policy, and culture;
- **Dr. Barbara Bonner**, who emphasized that children with harmful sexual behavior are children first - even teens. Language matters and focusing on protective factors helps families return to a healthy track;
- **Dr. Mark Chaffin**, who emphasized the importance of science, critical thinking, and ethics as the foundation of what we do to prevent sexual violence;
- **Dr. Dolores Subia BigFoot**, who modeled the resilience of Indigenous teachings, storytelling, and humor, and culturally responsive care to address the impact of complex and historical trauma;
- **Dr. Bill Friedrich**, who questioned assumptions and was a role-model for integrated science and practice;

Where does NCSBY go from here? NCSBY is also thankful for the courageous and innovative work of colleagues. We will continue our mission building on and collaborating with amazing partners. We are committed to:

- Expand availability of trained clinicians to address PSB and enhance clinical tools (**NCA, NCAC, Drs. Brian Allen, David Kolko, etc.**);
- Stop labeling kids as being a risk level and instead integrate holistic assessments and promote protective factors (**Drs. Sue Righthand, Jim Worling and colleagues**);
- Know that change requires transforming the entire system approach to harmful sexual behavior and integrate public health approach to prevention and response (**Drs. Simon Hackett, Dale Tolliday and colleagues**);
- Prevent sexual harm before it starts (**Dr. Elizabeth Letourneau, Dr. Michael Seto, Jenny Coleman and their teams**);
- Directly face and dismantle the racist, sexist, anti LGBTQ+, and other discriminatory practices of our society and promote cultural responsive care (**Drs. Apryl Alexander, Tyffani Monford Dent, Rebecca Fix and colleagues**).

To do all of this work, we have to adopt and apply the International Rights of the Child to children and youth who have caused sexual harm.

We can have a world of **better lives** free of sexual violence if we all make **better choices** as citizens, professionals, caregivers and youth. **Be kind** - to the families you serve, to your coworkers and bosses, to the person checking you out at the store, be kind to yourself. Believe that others **have good intentions** and doing the best they can. Being kind doesn't excuse behavior- it recognizes the **human in the person**. I am proud of the work NCSBY does, and will continue to do moving forward to contribute to this effort.

Finally, I am grateful for my family who teach me about **identity, respect, and love**.

Thank you all for your work to prevent sexual violence. | **Jane F. Silovsky, Ph.D.**



Our Mission and Scope

The mission of the National Center on the Sexual Behavior of Youth (NCSBY) is to promote *better lives, through better choices* by youth, caregivers, and professionals for healthier responses to and prevention of problematic sexual behavior of youth.

The National Center on the Sexual Behavior of Youth through the University of Oklahoma Health Sciences Center (HSC) Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ (PSB-CBT™) Training and Technical Assistance Program (T/TA) provides national training and technical assistance to improve the accuracy, accessibility, and strategic use of accurate information about the nature, incidence, prevalence, prevention, treatment, and management of youth with problematic sexual behavior.

Our NCSBY and PSB-CBT™ Team

HSC Faculty & Staff

Jane F. Silovsky, PhD
NCSBY Director
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PSB-A Director
Tricia Gardner, PhD
PSB Senior Leader Facilitator
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PSB-S Training Director
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Natalie Gallo, M.Ed
PSB-A Lead Trainer
Ashley Galsky, PhD
PSB-A Trainer; CE-CERT Trainer
Julie Jones, MS
PSB-S Trainer; *retired 2023*
Amanda Mitten, MA
PSB-S Lead Trainer; TF-CBT Consultant;
CE-CERT Trainer
Erin Taylor, PhD
PSB-S Lead Trainer
Kate Theimer, PhD
PSB-S/A Trainer
Dionna Weixel, MS
PSB-S Trainer

HSC Consultants

Jenny Almanzar, MSW
PSB-S/A Trainer
Ariel Berman, PhD
PSB-P Trainer
Kate Drewry, MSW
PSB-S Trainer
Mandi Fowler, PhD
PSB-S Trainer
Julia Grimm, MSW
PSB-S/A Lead Trainer
Kelly Hagenbaugh, LSW
PSB-S Trainer
Karen Hill, MS
PSB-S Senior Leader Facilitator
Carrie Jenkins, MA
PSB-S/A Lead Trainer
Peggy Moulton, MSW
PSB-A Trainer
Ingrid Mürrle, MA
PSB-S Trainer; PSB-S Spanish Fidelity Lead
Erica Purcell, MS
PSB-S Trainer
Sue Righthand, PhD
Probation Contractor
Renee Roman, MSW
PSB-S/A Senior Leader Facilitator
Paul Shawler, PhD
PSB-S Trainer
Benjamin Sigel, PhD
PSB-S Trainer; TF-CBT Trainer
Clifford Ah'hin'ist Sipes
Youth Advisor
Roy Van Tassell, MS
TF-CBT Trainer
Tabitha Winter, MS
PSB-S Trainer
Stephanie Wolf, JD, PhD
PSB-S Trainer

Trainers in Training

Curtis Brownlee, MS
PSB-S Trainee
JaKarynn Conyers, MA
PSB-S Trainee
Nicole Croteau-Johnson, MA
PSB-S Trainee
Abe Hickey, MA
PSB-S Trainee
Jessica Hubbard, MSW
PSB-S Senior Leader Facilitator Trainee
Paxton Kelly, MSW
PSB-S Trainee
Courtney Landes, MSW
PSB-S Trainee
Michael McGrath
PSB-S Trainee
Rachel Maid, MS
PSB-S Trainee
Julie Ozier, MSW
PSB-S Senior Leader Facilitator Trainee
Lisa Pineda, MSW
PSB-S Trainee; PSB-S Spanish Fidelity
Le'Keldric Thomas, PhD
PSB-S Trainee

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1 Problematic Sexual Behavior Clinical Programs

Referrals 7/1/22 - 6/30/23

Team Spotlight



Briseida Bennett has worked with our PSB treatment program as a clinical therapist since joining our section in March 2023. She has her Master's Degree in Social Work from the University of Oklahoma and is a Licensed Master Social Worker.

With services provided by **Ashley Galsky, PhD** and **Briseida Bennett, MSW**, the PSB Program at the University of Oklahoma Health Sciences Center - Child Study Center are now offering **bilingual treatment for Spanish speaking families**. Within these Spanish speaking families, the child is mostly monolingual in English, while the caregiver(s) are monolingual in Spanish. Our team is able to do interpretation and translating content for the child and caregiver(s).

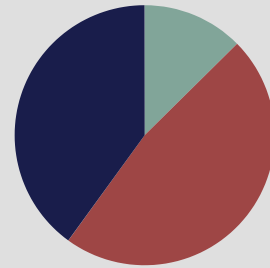
- PSB School-age (family modality) + TF-CBT
- PSB School-age (family modality) with Adaptations
- PSB Adolescent (family modality)
- PSB Preschool, School-age, & Adolescent Intakes



Julie Jones has been a clinician in the PSB-S program since 2008, and she made the decision to retire in October 2023 to go hiking, walking, and enjoy being a grandmother. Before her retirement, she was a crucial part of finalizing the 5th edition PSB-S manuals; without her guidance and perseverance, we may all still be working on them. We have truly enjoyed working alongside Julie and wish her all the best.

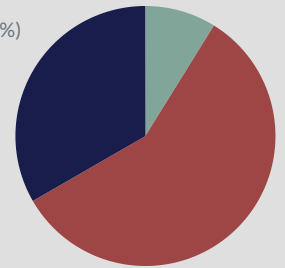
We've had the privilege of hosting visiting Professors from Japan this Fall. They were able to learn about our behavioral health, child welfare, and juvenile justice approaches, as well as observe trainings and treatment sessions.

- **Dr. Mayumi Mori** - Associate Professor in the **Department of Psychology at Doshisha University**
 - Research focuses on the assessment and treatment of PSB in minors.
- **Dr. Junko Fujioka** - Professor Emeritus at **Osaka University**
 - Interest in helping perpetrators to let go of PSB and lead better lives, thereby reducing the number of victims of sexual violence.
- **Dr. Nozomi Bando** - Specially Appointed Lecturer at **Osaka University**
 - Interest in effective interventions for individuals, families and communities to support development and growth of children and youth with delinquent behaviors and other adversities.

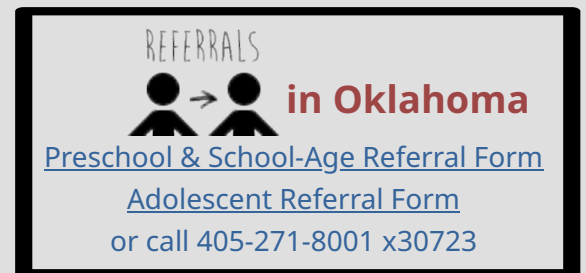


PSB-P (12.59%) PSB-S (47.41%) PSB-A (40%)

Families Served



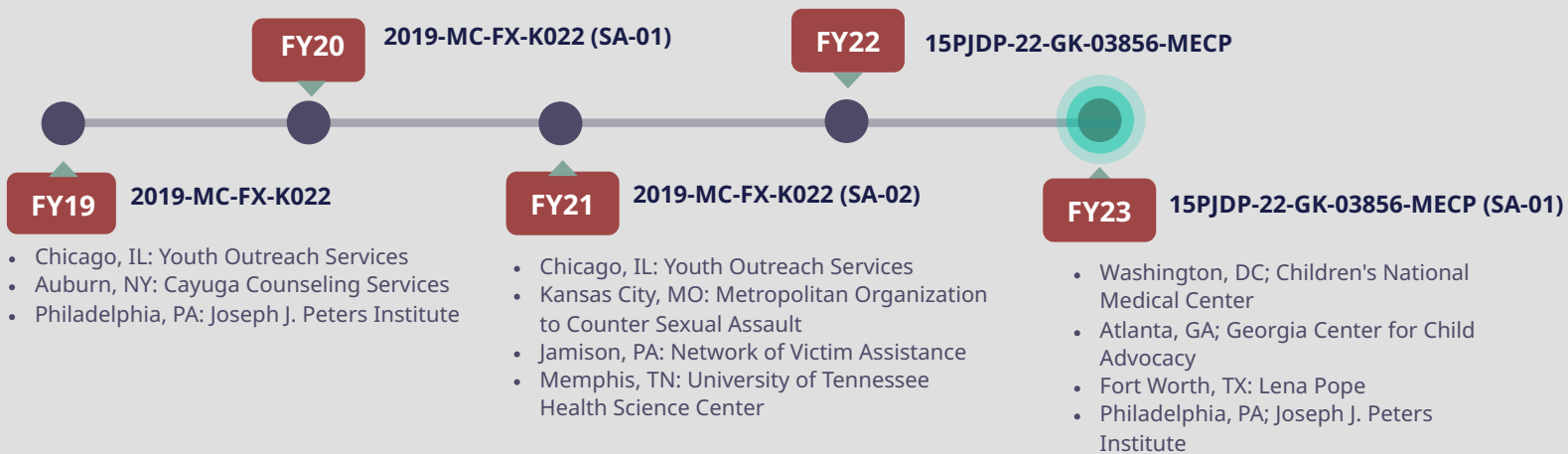
PSB-P (8.82%) PSB-S (57.84%) PSB-A (33.33%)



2 The Office of Juvenile Justice and Delinquency Prevention YSBP Cooperative Agreements

The University of Oklahoma Health Sciences Center is honored to be selected again for the 2023-2026 Training and Technical Assistance Program for **Supporting Effective Interventions for Youth with Problematic or Illegal Sexual Behavior**.

- Tuscaloosa, AL: University of Alabama
- Denver, CO: Savio House
- Hartford, CT: Saint Francis Hospital and Medical Center
- Atlanta, GA: Georgia Center for Child Advocacy
- Ewa Beach, HI: Child and Family Service
- Crown Point, IN: Crown Counseling
- Albany, NY: Saint Anne Institute
- Fort Worth, TX: Lena Pope
- Chicago, IL: Chicago Children's Advocacy Center
- Bismarck, ND: Dakota Children's Advocacy Center
- Paramus, NJ: Children's Aid and Family Services
- East Norriton, PA: Mission Kids Child Advocacy Center



As part of their OJJDP funded proposal, the **FY20 - Tuscaloosa, AL** team delivered a PSB-CBT™-S (7-14) statewide learning collaborative. Participation was open to agencies and individuals in private practice across the State. Four teams participated: **Butterfly Bridge Child Advocacy Center** in Clanton, **Southeast Alabama Youth Services** in Dothan, **System of Services** in Selma, and a team of private providers with **Cheaha Counseling and Consulting** as the lead agency in Oxford. These four teams provide coverage to more than 15 Counties in Alabama, many of which did not have PSB services prior to this learning collaborative. Eleven clinicians were trained and began working toward fidelity. Six individuals completed the senior leader track of the learning collaborative; representing juvenile probation, a child advocacy center, diversion programs and providers in private practice . Beginning October 2023, we are offering a learning collaborative to allow existing sites to train additional clinicians.



3 Office of Juvenile Justice and Delinquency Prevention & Department of Defense Cooperative Agreement



NCSBY has completed onsite training for **OCONUS** locations to support readiness to address PSB-CY. Each workshop gave a PSB overview designed for individuals who would benefit from learning the basic information about PSB, multidisciplinary response, and assessment and planning for readiness.

- Stuttgart, Germany
- Joint Region Marianas, Guam
- Naples, Italy
- Okinawa, Japan

NCSBY has also completed statewide trainings for **continental US** to support readiness to address PSB-CY.

- Fort Moore, Georgia
- San Antonio, Texas
- Fort Belvoir, Virginia



Through support from the DoD and OJJDP, the **NCTSN Academy** and NCSBY co-developed a new course (**Problematic Sexual Behavior in Children and Youth Course 2 - Advanced Clinical Training**) to improve the coordination of the community's response and the provision of trauma-informed support, services, and treatment for PSB-CY.

For questions regarding this project, email help@nctsnacademy.org

MILITARY ONE SOURCE

NCSBY has partnered with **Military OneSource** to provide podcasts on the topics of PSB-CY:

- [The Words We Use Matter](#) (Monroe)
- [Typical Sexual Development in Children and Youth](#) (Monroe)
- [Parental Response to PSB](#) (Gallo, Grimm)
- [What Should Parents Know](#) (Shawler)
- [Talking to your Kids about Healthy Sexual Development](#) (Grimm, Gallo)
- [Caregiver Engagement in Cases of PSB-CY](#) (Mitten, Weixel)
- [Prevention and Resilience](#) (Mitten)
- [How to Connect with your Teenager](#) (Roman)
- [Importance of Listening to Youth to Help Prevent PSB](#) (Monroe, Millington, Sipes)
- [Charlie Mike including Tip Sheets](#) (Coming Soon!)



In collaboration with **OneOp**, a **Sexual Behavior in Children and Youth (SBCY) Series** was developed for highlighting factors associated with children's sexual behavior and development. Additionally, a **Problematic Sexual Behavior of Children and Youth (PSB-CY) Clinical Assessment and Treatment Courses** was developed as a four course series focusing on evidence-based practices when clinically assessing, responding to, and treating PSB-CY.



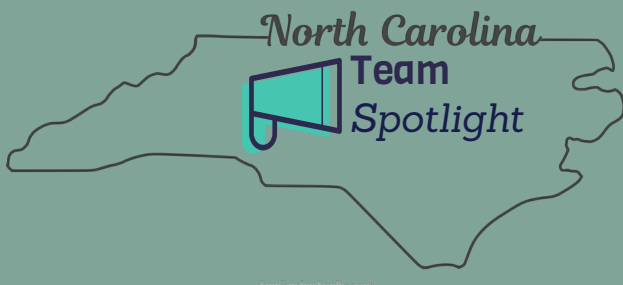
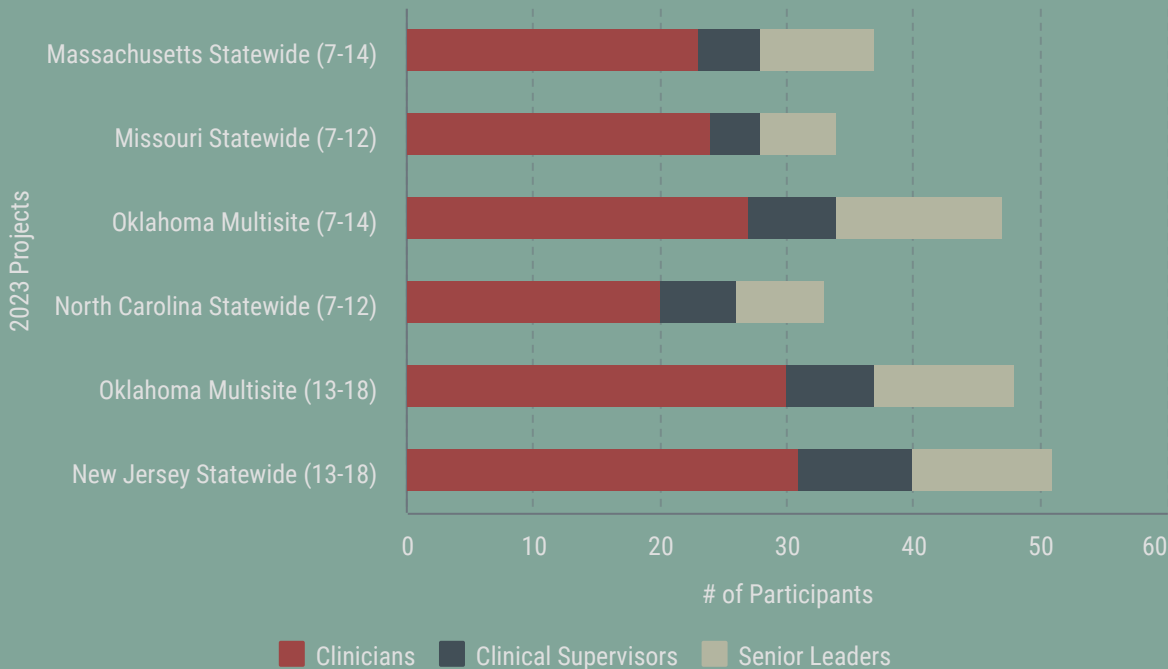
4 Training & Technical Assistance Program



With the COVID-19 Pandemic behind us, the PSB-CBT™ T/TA Program has been able to transition back to in-person/live training events for all of our Learning Collaboratives.



And that we did...with **6 Learning Collaboratives coming in HOT in 2023!**



North Carolina has been working on the state level to support delivery of services to youth who engage in PSB regardless of where in the state they reside. Clinicians providing PSB-CBT™ frequently provide case coordination and consultation for families outside of the family's dedicated weekly clinical sessions. In order for this time to be protected and predictability available to clinicians, it is critical that compensation factor in this needed service. NC has supported this effort by securing an enhanced case rate from a few of their managed care organizations for the delivery of PSB-CBT™ via the group modality for both Adolescent and School-age families. The goal is to expand this case rate across all 11 Medicaid managed care providers.

During 2022 and 2023, NC completed their participation in the Adolescent Learning Collaborative and began a second round of training in the School-Age Learning Collaborative. 43 clinicians across 13 agencies are either in training or have completed training during this timeframe, of those: 32 are in training or completed/met fidelity from the school-age model and 16 have completed/met fidelity in the adolescent model. This represents service capacity for the western region (2 agencies), piedmont region (6 agencies), and eastern region (5 agencies) of the state.

Additionally, during the 2023 launch of new learning collaboratives, NC had 4 clinicians selected to join the clinical training team and 2 senior leaders selected to join the senior leader training team.

5 Advanced Trainings

Advanced TF-CBT for PSB Training



This year our trainers provided three trainings on *Implementing Trauma-Focused Cognitive Behavioral Therapy for Preschool and School-age Children with Problematic Sexual Behaviors Related to Trauma*:

- February 20-21, 2023 - National Symposium on Sexual Behavior of Youth (Pre-Symposium Seminar; in-person)
 - 11 trainees
- June 7, 2023 - NCA Leadership Conference (Post-Conference Seminar; virtual)
 - 37 trainees
- September 7-8, 2023 - Scholarships provided by NCTSN; virtual
 - 40 trainees

Advanced 13-14 Training



Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ for Youth Ages 13-14 and Juvenile Justice is designed for agencies with an established PSB-CBT™ program with therapists fully trained to fidelity in the school-age model that need the adaptation for older youth.

- January 26-27, 2023 - Massachusetts Statewide; in-person
 - 7 trainees
- May 4-5, 2023 - virtual
 - 14 trainees

Advanced Preschool Training



Advanced Training on Treatment for Preschool Children with Problematic Sexual Behavior is designed for therapists fully trained to fidelity in the school-age model that will learn basic skills relevant for children ages 3-6 and their caregivers.

- October 18-19, 2023 - Scholarships provided by NCTSN; in-person
 - 9 trainees



Within-Agency Trainer (WATer) Training



Within-Agency Trainers are individuals who have satisfactorily completed specialized training in the instructions and supervision of therapists in the PSB-CBT™ treatment model in which they were trained. They are able to independently provide PSB-CBT™ training within the sponsoring agency to therapists employed or selected by the agency.

- April 6, 2023 (School-Age Model; virtual)
 - 6 trainees
- September 18, 2023 (Adolescent Model; virtual)
 - 12 trainees
- October 5, 2023 (School-Age Model; virtual)
 - 11 trainees
- December 11, 2023 (Inaugural Conjoint WATer Meeting; virtual)
 - 40 registered

6 National Symposium on Sexual Behavior of Youth

Be a Voice, Not an Echo
February 21-23, 2023

The goal of the symposium is to equip professionals with the understanding and skills to support healthy sexual development and to identify problematic sexual behavior early and intervene effectively. With **over 300 professionals**, including Psychiatrists, Psychologists, Social Workers, Counselors, Marriage/Family Therapists, Physicians, Nurses, Juvenile Justice and Court Professionals, Law Enforcement, Judicial and Family Court Judges, and Allied Professionals, in attendance from five countries (**United States, Australia, Canada, Japan, and Malaysia**) and representation from 33 states. The NSSBY had tracks on topics such as, **Treatment, Technology and Electronics, Special Populations, Multidisciplinary Teams, Caregivers, Public Policy, Prevention, and Research.**

This year we closed out the NSSBY with a youth panel discussing *Youth Experiences in Navigating Systems elated to their Problematic Sexual Behavior*, where the NSSBY participants left hearing impactful commentary of youth views of engagement and barriers that families face when engaging in treatment.



Opening Plenary Speaker

Tyffani Monford Dent, Psy.D.

Diversity and Equity in Work with Youth with Problematic Sexual Behavior



Mark J. Chaffin Lecture and Luncheon Speaker

Apryl Alexander, Psy.D.

Trauma Informed-Care and Dismantling the Abuse-to-Prison Pipeline



Recipients of the 2023 Distinguished Awards

Annalise Gunn

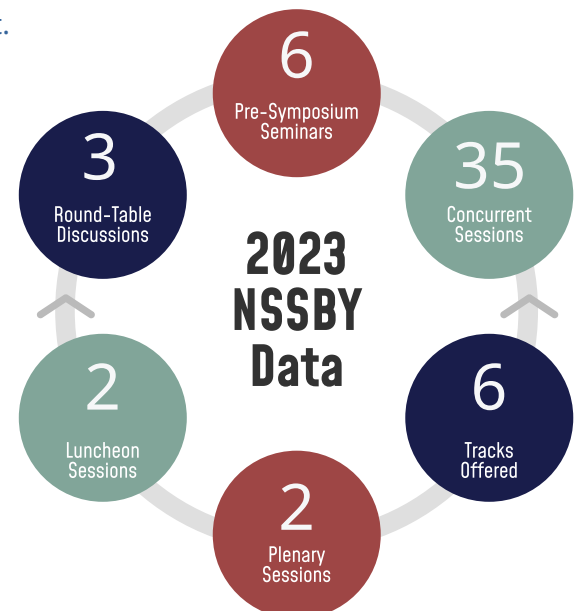
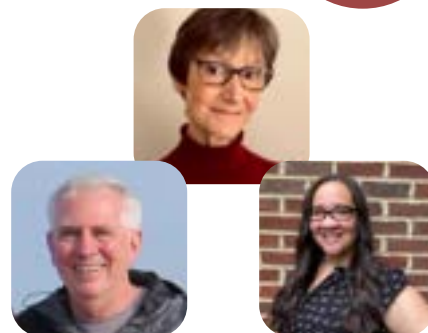
Dee Norton Child Advocacy Center, Charleston, SC

Distinguished Professional Award

Mary 'Tib' Campise, Williams 'Bill' Huleatt, Jr., and Sharise Eldredge

The United States Department of Defense, Washington, DC

Distinguished Service Award



Exhibitors



Damsel in Defense



SSM Health

Stephanie's Selections





NSSBY 2023

Photos



7 News & Highlights

Publications

- Munday, P., Dopp, A. R., Slemaker, A., Beasley, L. O., **Silovsky, J. F.**, Eisenberg, D. (2023). Qualitative economic evaluation of psychosocial interventions: How looking beyond the numbers helps illuminate programmatic costs and benefits. *Qualitative Psychology*. <https://doi/10.1037/qup0000240>
- **Taylor, E. K.**, Miller, M., Ciesar, E., Ralston, E., Shields, J., Hartwick, C., Sidoli, G., **Silovsky, J. F.** (2023). Innovative Responses to Problematic Sexual Behavior of Youth: Children's Advocacy Centres in North America. *Work Contemporary and Innovative Practices in Child and Youth Advocacy Centre Models*. Presses de l'Universite du Quebec.
- **Theimer, K.**, Miller, M., Owen, K., **Taylor, E.**, & **Silovsky, J.** (2023). Impressions of Child Advocacy Center Leaders: How Problematic Sexual Behavior in Children and Adolescents is Perceived by Community Professionals. *Child Abuse and Neglect*, 146, 106456. <https://doi.org/10.1016/j.chiabu.2023.106456>
- **Van Tassell, R.**, **Schmidt, S. R.**, Risch, E. C., **Mitten, A.** (In Press). Beyond Self-Care: Understanding and Mitigating Secondary Trauma in Child Service Systems. In R.W. Denby & C. Ingram (Eds.). *Child and Family Serving Systems: A Compendium of Policy and Practice. Volume V: Inter-professional Workforce Supervision and Development*. Child Welfare League of America.

Recognitions

- **Jane F. Silovsky, PhD** was presented with the **2023 Lifetime Significant Achievement Award** from the Association for the Treatment and Prevention of Sexual Abuse (ATSA).
- **Tricia Gardner, JD** was inducted into the **Post Adjudication Review Board Hall of Fame** at the Oklahoma Conference on Child Abuse and Neglect.



Resources Now Available

5th Edition School-Age PSB-CBT™ Treatment Manual Revision



With the significant contributions from **KD Diamond** and **Linda Donahue** for the illustrations and organization of the 5th Edition, the PSB-CBT™ program has been able to further enhance the usability of these manuals for the clinicians and engagement of the families served.

NCSBY also partnered with **KD Diamond** on illustrations for our Know-Go-Tell curriculum, Sexual Behavior Rules, STOP Steps, Turtle Steps, and Feeling Faces.

Caregiver Newsletter



The **Caregiver Partnership Board** developed this guide to share support after discovering a PSB has occurred.

PSB Flip Guides



NCSBY partnered with **Quick Series Publishing** to develop this flip-guide to address many of the questions parents and professionals have about normative sexual behavior and PSB-CY. Available by request.

8 NCSBY Team Retreat

We were excited to contract with **Dr. James Worling, PhD, C.Psych**, to provide a day-long workshop on **Changing Perspectives: Focusing on Strengths and Protective Factors in Our Work with Adolescents Who Have Engaged in Sexually Abusive Behavior**. The discussion examined emerging research regarding protective factors, how strengths and protective factors are critical with respect to assessment and treatment, and how they can be used to facilitate positive change.



We were also able to invest time for our amazing team by providing continuing education opportunities, and team work on communication, values, safe spaces, conflict resolution and building trust. We partnered with **Dr. Natasha Mickel** to facilitate this work.

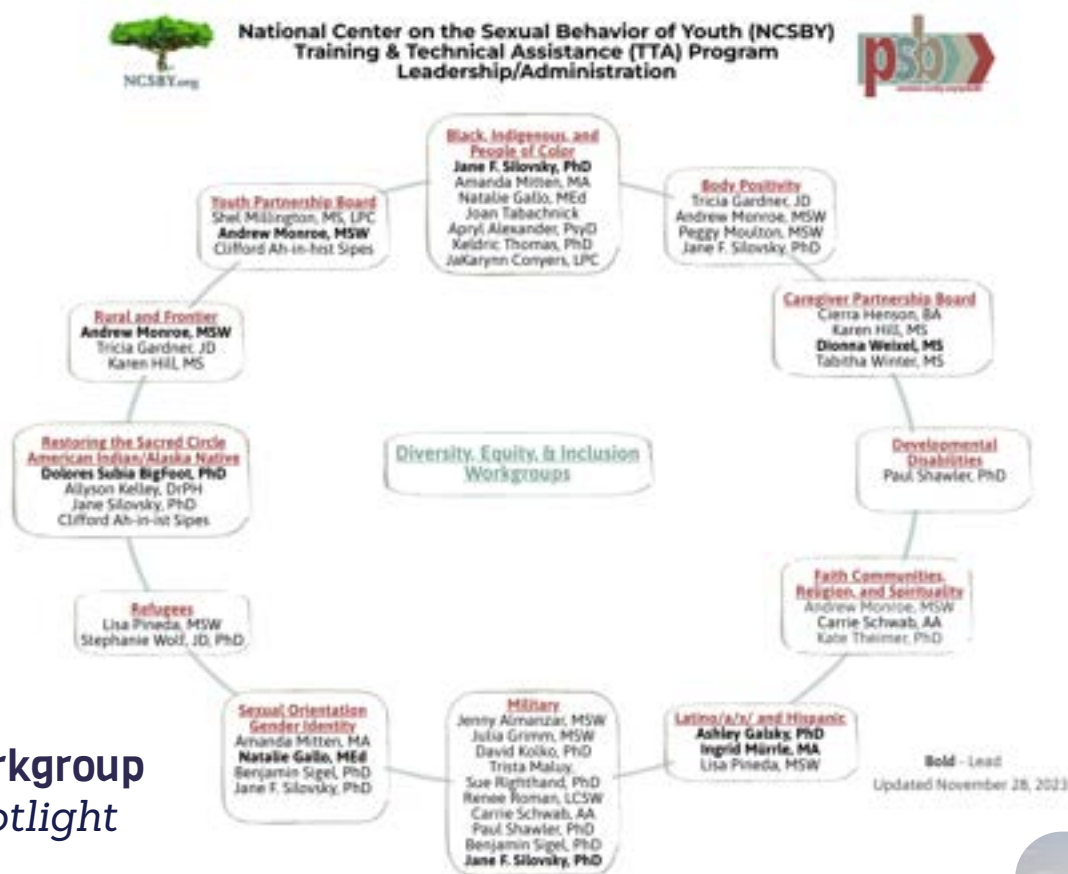


During this team retreat, we set short-term and long-term goals for NCSBY's, as well as assigned team leads to carry-out the goals. Since the retreat in May we have made progress on reaching some of those goals, and planning for implementing others.



9 Workgroup Collaborations

NCSBY is focused on developing and disseminating resources for culturally responsive practices and services that address implicit bias and systematic racism, and integrating diversity, equity, and inclusion through our workgroups on special populations.



Workgroup Spotlight

Rural & Frontier

We have kicked off hosting quarterly calls for people interested in or already working with youth with PSB in rural and frontier communities, in hopes to create a network of support for providers, MDT members, and stakeholders to share what their communities are doing and to gain knowledge from other participants.

Topics discussed on the calls have been about benefits and challenges that come from working and/or living in our rural communities, as well as having guests, **Geoff Sidoli** and **Amelia Siders** share resources on telehealth and PSB from their respective agencies.

- Benefits included strong relationships and informal support networks as well as strong stakeholder buy-in.
- Challenges discussed were transportation, lack of resources (including internet access), intergenerational trauma and ability to guarantee confidentiality.
- Topics that people would like to learn more about include innovative ways to implement EBTs in rural/frontier communities, providing sex education in smaller communities, social media and PSB, addressing stigmas of PSB in rural/frontier communities, making social connections, multigenerational caregiving, and cultural applications of PSB-CBT.
- Participants hope that this call can create a space to share resources and talk about cases with providers that recognize resources in rural communities look different than our urban cores.

We hope these calls will help determine what is most helpful for our rural/frontier providers and what our other calls can do to help support certain requests.

[**Click Here for More Info**](#)

10 Media Resources

Connected Community

We have launched the **NCSBY Connected Community** where you can find webinars, podcasts, discussion boards and other related topics on PSB.

Get started and join the community now!

connect.ncsby.org/home



Getting Started

Connected Community

Learning Center

First Time
User

First Time
User

Learning Center

The **Learning Center** is designed for PSB-CBT™ trainees to have elevated resources related to intensive clinical training through the PSB-CBT™ T/TA Program.

The Learning Center gives trainees instant access to their training material, while connecting with peers.

Guests will also have opportunities to register for events.

learn.ncsby.org



[Instagram.com/NCSBY](https://www.instagram.com/NCSBY)



[Facebook.com/NCSBY](https://www.facebook.com/NCSBY)

Better Lives Through Better Choices

The mission of the National Center on the Sexual Behavior of Youth is to promote better lives, through better choices by youth, caregivers, and professionals for healthier responses to and prevention of problematic sexual behavior of youth. NCSBY provides national training and technical assistance to improve the accuracy, accessibility, and strategic use of accurate information about the nature, incidence, prevalence, prevention, treatment, and management of youth with problematic sexual behavior.

Learn More About NCSBY



Coming Soon!

NCSBY.org

NCSBY has contracted with **Neumeric Technologies Corporation** for an updated web design with new features and functionality. We have been in communication with our engagement committees to ensure their voices are represented throughout the website. The new and improved website features highlighted sections for **Military, American Indian and Alaska Native Tribes, and Youth communities**, and well as searchable resources.

Parents/Caregivers

Find the information you need for your child in our sections discussing problematic sexual behavior, its treatment, and impact in our Children and Adolescent sections.

Parents/Caregivers >

Professionals

Gain state of the art information to better understand and address problematic sexual behavior of youth.

Professionals >

Youth

Learn accurate information about healthy relationships and sex education. Find support for making better choices.

Youth >

Military

Access resources developed for military personnel to address problematic sexual behavior in youth and children.

Military >

American Indian and Alaska Native Tribes

See how communities restore the sacred circle by supporting healthy development of youth and responding to PSB of youth to promote healing.

American Indian and Alaska Native Tribes >

11 Funding Sources & Partners

New Grant Spotlight

Erin K. Taylor, PhD (Principal Investigator) and Jane F. Silovsky, PhD

(Co-Investigator) were awarded a NCTSN Category II grant titled **Stronger Together: Attachment, Resilience, & Support (STARS): Helping Children and Youth Reach Their Full Potential**, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA); grant #H79SM085083, December 31, 2022 - December 31, 2026. \$600,000.00

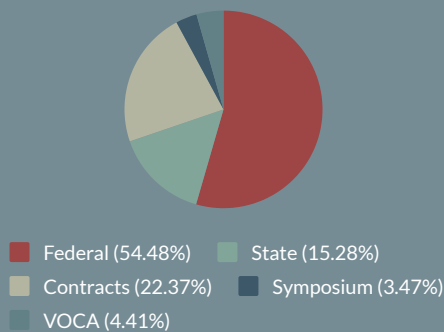


This project seeks to promote resilience of children impacted by trauma by expanding the evidence-based treatment workforce through training, consultation, and technical assistance in EBTs (PSB-CBT™; PCIT; TF-CBT) to ameliorate the behavioral sequelae of trauma, with advanced trainings to fill identified gaps in standard training. The STARS team is composed of EBT and module developers, nationally recognized trainers and consultants who have made significant impacts in their areas of expertise.

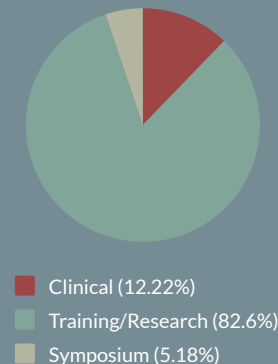
The HSC STARS team also has extensive expertise in service provision to children and families impacted by trauma, with infrastructure to conduct large-scale trainings, implementation, technical assistance and rigorous evaluation. Members will participate fully in NCTSN activities and works groups to further the Network's mission. Through the STARS program, the outcomes of children who have experienced trauma can be brighter.

Funding & Expenses

FY22-23 Training & Research Funding



FY22-23 Expenses



Partners



12 Upcoming Events & Activities

Culturally Responsive Toolkit

NCSBY has partnered with Dr. Apryl Alexander and The University of Oklahoma's ETeam to create a professional toolkit for Culturally Responsive Care when addressing PSB of youth. The toolkit will be informed by a series of focus groups, including youth, caregivers, and professionals, in military, rural, and Tribal communities, and MDT/CAC members.

PSB-CBT™ Roster

Rostered PSB-CBT™ Therapists are individuals who have received appropriate training in the evidence-based treatment model and are considered qualified to provide PSB-CBT™ services to children with problematic sexual behavior, their victims, and their caregivers. Rostered PSB-CBT™ Therapists will be included on a **public PSB Roster** for a three-year period, after which time they would need to complete re-rostering requirements. The PSB-CBT™ Roster Committee will launch the application early in 2024!



National Symposium on Sexual Behavior of Youth

SAVE THE DATE - February 25-27, 2025

Embassy Suites Hotel & Conference Center
Norman, Oklahoma

Key Dates

January 8, 2024 - Call for Proposals

April 30, 2024 - Proposals Due

July 15 - December 31, 2024 - Earlybird Registration

[Join our Listserv](#) and don't miss any information!

JEDI Lunch & Learn Workshops

Through the NCTSN Category II grant, our team members are participating in a **Justice Equity Diversity & Inclusion** virtual workshop series hosted by **Dr. Natasha Mickel, La'Chanda Stephens-Totimeh, and Dr. Dolores Subia BigFoot**, consisting of care-based discussions with pre-readings, providing participants with time for individual reflection and group discussions. Children's books will also be recommended related to each topic.

Topics Include:

- Historical Implications;
- Equity;
- Gaining Insight into Bias and Addressing Hidden Narratives;
- American Indians, Historical Trauma, and Resilience; and
- Exploring Intricacies of Community Nuances and Population Understanding

2024-25 Training Calendar

[Click Here for School-Age Info](#)

Missouri Statewide

Oklahoma Multisite (NCTSN Scholarship Available)

Military Personnel

Massachusetts Statewide

[Click Here for Adolescent Info](#)

Oklahoma Multisite

North Carolina Statewide

Advanced Trainings

Please visit our [homepage](#) and select the Advanced Training tab for the appropriate training for more details.

February 25-27, 2025
Embassy Suites by Hilton - Norman, Oklahoma

The National Symposium on Sexual Behavior of Youth

"Be Curious, Not Judgmental."

Save the Date

Quote said to be
authored by
Poet Walt Whitman.

Steve Johnson
graphic used with
Piktochart
membership
powered by Pexels.

The National Symposium on Sexual Behavior of Youth's goal is to equip professionals with the understanding and skills to support healthy sexual development and to identify problematic sexual behavior early and intervene effectively.

Our shared goal with you is to promote healthy relationships and effectively prevent, identify, monitor, educate, and treat problematic sexual behavior of youth.

Better lives through better choices.

Key Dates

January 8, 2024 - Call for Proposals

April 30, 2024 - Proposals Due

July 15, 2024 - Earlybird Registration Opens



Scan QR code to Subscribe to the NSSBY Listserv or go to
<https://connect.ncsby.org/nssby/home> for more information.
Questions? OU-NCSBY@ouhsc.edu



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