

Proud member of



INDEPENDENT CHOICE

May 2022

"Mornings in May, echoed with the call of cuckoos, sunlight glowed through fresh green canopies of trees."

-Meeta Ahluwalia



Late July
Organic Salsa
(selected varieties)



\$2⁹⁹

15.5 oz



Nixie
Organic Sparkling Water
(selected varieties)

\$3⁹⁹

8 ct



Simple Mills
Almond Flour Crackers
(selected varieties)

\$3⁷⁹

4.25 oz



Food For Life
Organic Ezekiel 4:9® Bread
(selected varieties)

\$3⁹⁹

24 oz



Muir Glen
Organic Pasta Sauce
(selected varieties)

2/\$6

25.5 oz



Beyond Meat
Beyond Sausage
(selected varieties)

\$6²⁹

14 oz



Bubbies
Sauerkraut

\$5⁷⁹

25 oz



Wild Planet
Albacore Wild Tuna
(selected varieties)

\$3⁴⁹

5 oz



Zevia
Zero Calorie Soda
(selected varieties)

\$3⁹⁹

6 ct



The Mountain Valley
Spring Water

\$1⁷⁹

1 lt



Santa Cruz Organic
Organic Lemonade
(selected varieties)

\$2²⁹

32 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of May.



Celebrate Mexican culture with Siete's heritage-inspired foods—tortillas, tortilla chips, quesos, hot sauce, and more! Made with nourishing ingredients like cassava flour, almonds, avocado oil, and whole vegetables. There's something for everyone at the table.



Siete
Grain Free Taco Shells

\$4²⁹

12 ct



Siete
Grain Free Tortillas
(selected varieties)

\$6⁷⁹

8 ct



Siete
Grain Free Tortilla Chips
(selected varieties)

\$3⁷⁹

5 oz

Annie's
Organic Mac & Cheese
(selected varieties)



2/\$5

6 oz

Explore Cuisine
Organic Legume Pasta
(selected varieties)



\$3²⁹

8 oz

Lotus Foods
Rice Ramen
(selected varieties)



\$1²⁹

2.8 oz

Garden of Eatin'
Taco Shells



\$2⁷⁹

12 ct

Ancient Harvest
Organic Polenta
(selected varieties)



\$2²⁹

18 oz

Muir Glen
Organic Tomatoes
(selected varieties)



5/\$5

14.5 oz

Bionaturae
Organic Tomato Paste



\$1⁷⁹

7 oz

Rao's Homemade
Pasta Sauce
(selected varieties)



\$5⁷⁹

24 oz

Cadia
Organic Mayonnaise



\$3⁷⁹

16 oz

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**Spectrum
Organic Extra Virgin
Olive Oil**

\$8⁷⁹

25.4 oz



**Dr. Bronner's
Regenerative Organic
Coconut Oil**

\$6⁹⁹

14 oz



**Crofter's Organic
Organic Premium Fruit Spread
(selected varieties)**

\$4⁷⁹

16.5 oz



**Food Should Taste Good
Tortilla Chips
(selected varieties)**

2/\$4

5.5 oz



**From The Ground Up
Cauliflower Crackers
(selected varieties)**

2/\$6

4 oz



**Primal Kitchen
Organic Unsweetened
Ketchup**

\$4²⁹

11.3 oz

Rule the BBQ with
condiments made with
delicious ingredients and
no high fructose corn syrup,
cane sugar, soy, or canola.



**Primal Kitchen
Dressing & Marinade
(selected varieties)**

\$4⁷⁹

8 oz

**Kettle
Potato Chips
(selected varieties)**

2/\$5

5 oz



**SpudLove
Organic Thick-Cut
Potato Chips
(selected varieties)**

\$2⁹⁹

5 oz



**LesserEvil
Organic Popcorn
(selected varieties)**

\$2⁷⁹

4.6-6.4 oz



**Barbara's
Cheese Puffs
(selected varieties)**



**The Good Crisp Company
Potato Crisps
(selected varieties)**

\$2⁴⁹

5.6 oz



\$2²⁹

5.5-7 oz

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**Catalina Crunch
Keto Friendly Cereal**
(selected varieties)



\$5.79

8-9 oz

**Barbara's
Cereal**
(selected varieties)



\$3.29

8-15 oz

**Purely Elizabeth
Granola**
(selected varieties)



\$5.49

8-12 oz

**Larabar
Fruit & Nut Bar**
(selected varieties)



5/\$5

1.6-1.7 oz

**Made in Nature
Organic Dried Fruit**
(selected varieties)



\$3.79

3-9 oz

**Peter Rabbit Organics
Organic Baby Food Pouch**
(selected varieties)



\$1.59

4-4.4 oz

**Happy Baby
Organic Superfood Puffs**
(selected varieties)



\$2.99

2.1 oz

**Justin's
Organic Peanut Butter Cups**
(selected varieties)



2/\$3

1.32-1.4 oz

**Panda
Licorice**
(selected varieties)



\$2.99

7 oz

**SmartSweets
Candy**
(selected varieties)



2/\$5

1.8 oz

**Chocolove
Chocolate Bar**
(selected varieties)



2/\$5

2.9-3.2 oz

**Theo
Organic Chocolate Bar**
(selected varieties)



2/\$5

3 oz

**Navitas
Organic Cacao Powder**



\$5.99

8 oz

**Essentia
Alkaline Water**



\$1.79

1 lt

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Alkaline88
Alkaline Water

\$3²⁹

1 gallon



De La Calle
Organic Tepache
(selected varieties)

\$2²⁹

12 oz



Steaz
Organic Iced
Green Tea
(selected varieties)

\$1⁴⁹

16 oz



Lakewood
Organic Pure Cranberry
Juice

\$7⁷⁹

32 oz



R.W. Knudsen
Organic Just Tart Cherry
Juice

\$5⁹⁹

32 oz



Nutpods
Dairy-Free Creamer
(selected varieties)

2/\$5

11.2 oz



Rice Dream
Rice Drink
(selected varieties)

\$3²⁹

32 oz



C2O
Coconut Water

\$3⁷⁹

33.8 oz



Harmless Harvest
Organic Coconut Water

\$3⁷⁹

16 oz



Califia Farms
Oat Barista Blend

\$2⁹⁹

32 oz



Cocojune
Organic Dairy-Free Coconut
Yogurt
(selected varieties)

\$1⁵⁹

4 oz



Forager Project
Organic Dairy-Free Cashewmilk
Yogurt
(selected varieties)

\$4²⁹

24 oz



Organic Valley
Organic Shredded Cheese
(selected varieties)

\$4²⁹

6 oz



Perfect Bar
Protein Bar
(selected varieties)

2/\$5

2.2-2.5 oz



Honey Mama's
Cocoa Truffle Bar
(selected varieties)

\$3⁷⁹

2.5 oz



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**Canyon Bakehouse
Gluten Free Bread
(selected varieties)**



\$4.99

18 oz

**Hope
Organic Hummus
(selected varieties)**



\$2.79

8 oz

**Wildwood
Organic High Protein Tofu**



\$2.49

16 oz

**Alex's Awesome Sourdough
Pizza
(selected varieties)**



\$6.49

11.4-13.2 oz

**Alden's Organic
Organic Ice Cream
(selected varieties)**



\$6.99

48 oz

**NadaMoo!
Dairy-Free Frozen Dessert
(selected varieties)**



\$4.29

16 oz

**Cosmic Bliss
Organic Dairy-Free
Frozen Dessert
(selected varieties)**



\$4.49

14 oz

**GoodPop
Organic Dairy-Free Frozen Pops
(selected varieties)**



\$3.49

10 oz

**Castor & Pollux
Organix Organic Dog Cookies
(selected varieties)**



\$6.29

12 oz

**Ultima Replenisher
Electrolyte Drink Mix
(selected varieties)**



\$13.49

30 serv

**Garden of Life
Raw Organic Protein Powder
(selected varieties)**



\$34.99

560-660g

**Carlson
The Very Finest Fish Oil**



\$39.99

500 ml

**Boiron
SinusCalm Tablets**



\$9.99

60 tab

**Solgar
Gentle Iron®**



\$7.79

90 cap

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**ChildLife Essentials
Multi Vitamin & Mineral**

\$10⁴⁹

8 fl oz



**Rainbow Light
Women's One
Multivitamin**

\$15³⁹

60 tab



**MegaFood
Blood Builder**

\$12⁴⁹

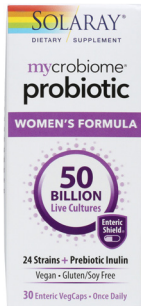
30 tab



**Solaray
Mycrobiome Probiotic
Women's Formula**

\$30⁹⁹

30 cap



**Natural Factors
BioSil® Hair, Skin, Nails**

\$29⁹⁹

60 vcap



**Aura Cacia
Peppermint Essential Oil**

\$5⁴⁹

.5 oz



**MyChelle Dermaceuticals
Sun Shield Liquid SPF 50
(selected varieties)**

\$17⁹⁹

1 oz



**Andalou Naturals
Age Defying Resveratrol
Q10 Night Repair Cream**

\$17⁴⁹

1.7 oz



**Jason
Toothpaste
(selected varieties)**

\$3⁴⁹

4.2-6 oz



**Dr. Bronner's
All-One Toothpaste
(selected varieties)**

\$4⁴⁹

5 oz



**Better Life
All-Purpose Cleaner
(selected varieties)**

\$3⁹⁹

32 oz



**Badger
Aloe Vera Gel** **Badger
Mineral Sunscreen Cream**
(selected varieties)



\$5²⁹

4 oz

\$11⁹⁹

2.9 oz

Caring for our planet is a core guiding principle at Badger, and that same care goes into every product we make. Formulated with just a few clean ingredients, our reef-friendly sunscreens are safer for people and the planet. Expert-crafted, ocean-approved.



BADGER®
CULTIVATE GOOD

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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

CALIFORNIA

Alameda Natural Grocery
Berryvale Grocery
Bi-Rite Market
Cal Mart
Canyon Market
Castro Valley Natural Grocery
Chautauqua Natural Foods
Community Market
Cream of the Crop
Dahlia & Sage Community Market
Encinal Market
Frazier Farms Market
Gather Natural Market
Good Earth Organic & Natural Foods
Harvest Market
Jimbo's...Naturally!
Lassens Natural Food & Vitamins
Mission Square Market

The Market
Molsberry's Market
Mother Truckers & Natural Selection
The Natural Grocery Company
New Earth Market
New Frontiers Natural Marketplace
New Moon Natural Foods
Oceana Market
Pacific Market
Palace Market
Piazza's Fine Foods
Rainbow Acres Natural Food
Ramona Family Naturals Market
Real Food Company
Seaside Market
Sheri's Sonshine Nutrition Center
Staff of Life
Stehly Farms Market
Sunshine Foods Market

Surf Market
Village Market
The Whole Wheatery
Wildberries Marketplace
Wild Roots Market
COLORADO
Zuma Natural Foods
HAWAII
Down To Earth Organic & Natural
HealthGo Market
Healthy Hut Market & Cafe
Hoku Foods Natural Market
Papaya's Natural Foods & Cafe
NEVADA
Dixie Nutrition
UTAH
Dixie Nutrition

