

Sweet moments, sweeter savings

2.9-3.2 oz


1.4 oz

Panda
Licorice
(selected varieties)


Siete
Tortilla Chips (selected varieties)


5 oz

## Native Forest

Organic Coconut Milk
13.5 oz

## (selected varieties) <br>  <br> \$279

The Good Crisp Company

## Oatly

Oatmilk
(selected varieties)


6402

Potato Crisps

## $\$ 329$

5.6-6 oz



5.8-7 oz


16 oz




At Amy's, we source the best organic ingredients and take the time to perfect our recipes to make sure each bite tastes delicious.



Rao's Homemade
Pasta Sauce


1 lb
Bionaturae

California Olive Ranch Extra Virgin Olive Oil (selected varieties)
\$1049
16.9 oz

Organic Artisan Pasta
(selected varieties)


Montebello


Wild Planet Wild Albacore Tuna

## $\$ 379$



5 oz

## Garden of Eatin'

Taco Shells

## \$349



12 ct



12 oz
Louisville Vegan Jerky Co. Vegan Jerky
490

Vegan Rob's
Puffs
$\$ 329$
3.5 oz


Woodstock Organic Pickles (selected varieties)


24 oz
Angie's
BoomChickaPop Popcorn
(selected varieties)
$\$ 279$
4.5-7 oz

Tate's Bake Shop Cookies
$\$ 479$
6-7 oz

The Ginger People
Organic Ginger
(selected varieties)
\$429
6.7 oz

Terra
Vegetable Chips
(selected varieties)


Crofter's Organic Organic Premium Fruit Spread (selected varieties)


## Warming Vegetable Soup with Ginger

35 MIN • SERVES 8•DAIRY-FREE, GLUTEN-FREE

## INGREDIENTS

2 tablespoons olive oil
1 medium onion, chopped
$11 / 2$ tablespoons ginger, minced
2 quarts chicken stock (boxed or homemade)
2 medium carrots, peeled and chopped
2 large russet potatoes, peeled and cubed

1 bunch kale, stemmed and chopped
2 cups cooked basmati rice
$21 / 2$ cups cooked wild rice
2 teaspoons sea salt
1 teaspoon coarse ground black pepper
1 tablespoon sriracha hot sauce

## DIRECTIONS

1 In a large stockpot, heat oil over medium heat. Add onion and sauté until tender. Add ginger and cook for a minute.
2 Add stock and carrots. Bring to a gentle simmer and cook for five minutes.
3 Add potatoes and kale and return to a simmer. Cook until potatoes are tender then stir in rice. Season soup to taste with salt, pepper, and sriracha.

Theo

Clif Bar
Energy Bar


C2O
Coconut Water (selected varieties)

## 2/37

 33.8 ozTony's Chocolonely
Chocolate Bar
(selected varieties)

6.35 oz

KIND
Nut Bar
(selected varieties)

1.4 oz

Olipop
Sparkling Tonic
(selected varieties)


12 oz

Dr. Bronner's Organic Chocolate Bar
(selected varieties)
$\$ 329$
2.93-3 oz

## Essentia Alkaline Water

## \$779

1 lt
Ripple
Plant-Based Milk (selected varieties)

## \$499

48 oz

## Chocolate Sea Salt Mandarin Oranges

$20 \mathrm{MIN} \cdot \mathrm{SERVES} 6 \cdot$ VEGETARIAN, GRAIN-FREE, GLUTEN-FREE

## INGREDIENTS

4 mandarin oranges, peeled and segmented
2 ounces chocolate
$11 / 2$ teaspoons avocado oil
Flake sea salt

## DIRECTIONS

1 Place chocolate and avocado oil in a microwave-safe bowl and heat at 30 second intervals until melted, stirring frequently.
2 Dip orange segments in melted chocolate and place on parchment paper.
3 Sprinkle flake sea salt over chocolate and chill in refrigerator for 10 minutes.
Rumiano
Organic Cheese
(selected varieties)

## |rive ${ }^{5} 399$

8 oz

## Brown Cow <br> 

Cream Top Whole Milk Yogurt

32 oz


Alexia
Organic Fries


Food For Life
Organic Sprouted Corn Tortillas

## \$349

10 oz

Good Culture
Organic Cottage Cheese
(selected varieties)


15-16 oz
Nuts for Cheese Organic Vegan Cheese (selected varieties)
${ }^{\$} 629$
4.2 oz
Earth Balance
Organic Vegan Whipped
Buttery Spread
?
13 oz


Organic Valley
Organic Shredded Cheese
(selected varieties)


## \$399

6 oz
Lightlife
Organic Tempeh
(selected varieties)


8 oz

## AURA CACIA



Embrace the essence of love this February with pure essential oils that provide true aromatherapy benefits. Whether it's the calming notes of lavender or the invigorating aroma of peppermint, you can trust our commitment to ethical practices, quality, and positive change.


Aura Cacia Peppermint Essential Oil

## \$599 \$829 <br> .5 oz



Natural Factors is a family owned, fully integrated company, controlling every aspect of the product line to ensure that each and every product is safe and effective. For more than 60 years, Natural Factors has been an industry leader in organic farming, sourcing, development of raw materials, research and development, and quality assurance.


## Floradix

Floravital Iron \& Her
8.5 oz

Boiron
Chestal Honey
6.7 oz


2 oz
Nordic Naturals Ultimate Omega

## \$2099

60 ct


Nature's Way Sambucus Gummies


60 ct
KAL
Magnesium Glycinate 350


160 ct
Nubian Heritage
African Black Bar Soap


## Alaffia <br> EveryDay Shea Body

 32 oz
## NATURAL FACTORS 

ACURE
Shampoo or Conditioner (selected varieties)
\$679
8 oz
Weleda
Skin Food
2.5 oz

16 oz
JASON
Toothpaste
(selected varieties)
\$579
4.2 oz

ACURE
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## PerioBrite Mouth

 at a great price．With Everyday，you can always save big on the products you rely on－from frozen fruits and veggies to pantry staples．
## Indulge in delicious moments together



Prices may vary by location


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