

# deals

2X monthly!

April 29–May 12, 2026

Scan to download!



Organic Valley Organic Shredded Cheese  
selected varieties

\$3.79

6 oz

Make this tonight!  
Recipe on back.



Perfect Bar Protein Bar  
selected varieties

2/\$5

1.94–2.5 oz

## Spring flavors, big savings!

Panda Licorice Chews  
selected varieties

2/\$7

7 oz



poppi Prebiotic Soda  
selected varieties

2/\$4

12 oz



Late July Organic Tortilla Chips  
selected varieties

2/\$7

10.1 oz



Chocolove Chocolate Bar  
selected varieties

2/\$7

3.1–3.2 oz



GimMe Health Foods Organic Seaweed Snack  
selected varieties

\$4.29

6 ct



Boulder Canyon Kettle Style Potato Chips  
selected varieties

2/\$6

5.25–6.5 oz



Quinn Snacks Pretzel Nuggets  
selected varieties

\$3.99

5.8–7 oz



Bachan's Japanese Barbecue Sauce  
selected varieties

\$6.79

16–17 oz



Stacy's Pita Chips  
selected varieties

2/\$6

7.33 oz



Look for new deals on **May 13!**

**Annie's  
Organic Mac & Cheese**  
selected varieties



**2/\$5**

6 oz

**Nick's Sticks  
Meat Snack Sticks**  
(selected varieties)



**2/\$5**

1.7 oz

**Lotus Foods  
Rice Ramen**  
selected varieties



**\$1.79**

2.8 oz

**Hippeas  
Chickpea Puffs**  
selected varieties



**\$3.29**

3.75-4 oz

**Crunchmaster  
Crackers**  
selected varieties



**2/\$6**

3.54-4 oz

**Ancient Harvest  
Organic Polenta**  
selected varieties



**\$2.79**

18 oz

**Made in Nature  
Organic Apricots**



**\$4.49**

6 oz



Celebrate culture and community gathered around the grill with Siete Foods! Enjoy delicious heritage-inspired foods made with thoughtfully selected ingredients like avocado oil, organic beans, and organic corn. ¡Buen Provecho!



**Siete  
Corn Tortilla Chips**  
selected varieties

**\$3.79**

7.5 oz



**Siete  
Seasoning**  
selected varieties

**2/\$4**

1-1.31 oz



**Siete  
Refried Beans**  
selected varieties

**2/\$4**

15.5-16 oz

**Larabar**  
**Fruit & Nut Bar**  
 selected varieties



**5/\$5**  
 1.6-1.7 oz

**Jennies**  
**Organic Coconut Bites**  
 selected varieties



**2/\$7**  
 5.25 oz

**Enjoy Life**  
**Chocolate Chips**  
 selected varieties



**\$6.49**  
 9 oz

**Café Altura**  
**Organic Instant Coffee**  
 selected varieties



**\$10.99**  
 3.53 oz

**Vita Coco**  
**Coconut Water**  
 selected varieties



**2/\$5**  
 500 ml

**Essentia**  
**Ionized Alkaline Water**



**\$7.69**  
 1 lt

**Lakewood**  
**Organic Pure Pomegranate Juice**



**\$9.99**  
 32 oz

**GT's**  
**Kombucha**  
 selected varieties



**2/\$6**  
 16 oz

**West Life**  
**Organic Soymilk**  
 selected varieties



**\$3.29**  
 32 oz

**Malk**  
**Organic Oat Milk**  
 selected varieties



**\$4.79**  
 28 oz

**Forager Project**  
**Organic Cashew & Coconut Yogurt Alternative**  
 selected varieties



**\$5.29**  
 24 oz

**cocojune**  
**Organic Coconut Yogurt**  
 selected varieties



**\$5.49**  
 16 oz

**Canyon Bakehouse**  
**Gluten Free Bread**  
 selected varieties



**\$5.79**  
 18 oz

**Dr. Praeger's**  
**Veggie Burgers**  
 selected varieties



**\$4.29**  
 10-11 oz

**Bubbies  
Kosher Dill Pickles**

**\$6<sup>79</sup>**

33 oz



**Feel Good Foods  
Dumplings**

selected varieties

**\$5<sup>79</sup>**

10 oz



**Daiya  
Dairy Free Pizza**

selected varieties

**\$6<sup>49</sup>**

15.3-19.1 oz



**Van's  
Waffles**

selected varieties

**\$2<sup>99</sup>**

9 oz



**JonnyPops  
Organic Pops**

selected varieties

**\$4<sup>79</sup>**

14.8 oz



**Ultima Replenisher  
Electrolyte Mix**

selected varieties

**\$15<sup>99</sup>**

3.5-3.9 oz



**Renew Life  
3-Day Cleanse**

**\$6<sup>79</sup>**

12 ct



**BEYOND<sup>®</sup>**

We believe feeling good starts with what you eat. That's why we use clean, simple, plant-based ingredients that are free from GMOs, synthetic colors, animal products, or added hormones. Because clean bodies start with clean, nutritious food and simple choices.



**Beyond  
Beyond Burger**

**\$4<sup>49</sup>**

8 oz



**Beyond  
Beyond Sausage**

selected varieties

**\$6<sup>29</sup>**

14 oz

**HERITAGE  
EST. STORE 1969**

**Soul to Skin Beauty  
Since 1969.**

For over 50 years, Heritage Store has believed that beauty is more than skin deep—it emanates from within. We call that soul-to-skin beauty.



**Heritage Store  
Rosewater Facial Mist**

**\$9<sup>99</sup>**

8 oz



**Heritage Store  
Organic Castor Oil**

**\$17<sup>99</sup>**

16 oz

derma e  
Vitamin C  
Concentrated Serum

**\$20<sup>99</sup>**

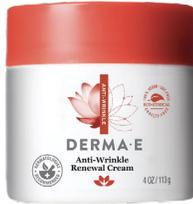
2 oz



derma e  
Anti-Wrinkle Renewal Cream

**\$16<sup>99</sup>**

4 oz



BIOptimizers  
Magnesium Breakthrough

**\$26<sup>99</sup>**

60 ct



ChildLife  
Liquid Multi  
Vitamin & Mineral

**\$13<sup>99</sup>**

8 oz



NOW  
D-Mannose 500 mg

**\$18<sup>99</sup>**

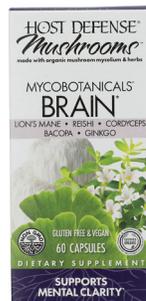
120 vcap



Host Defense Mushrooms  
Mycobotanicals Brain

**\$23<sup>99</sup>**

60 ct



Aura Cacia  
Lavender Essential Oil

**\$7<sup>99</sup>**

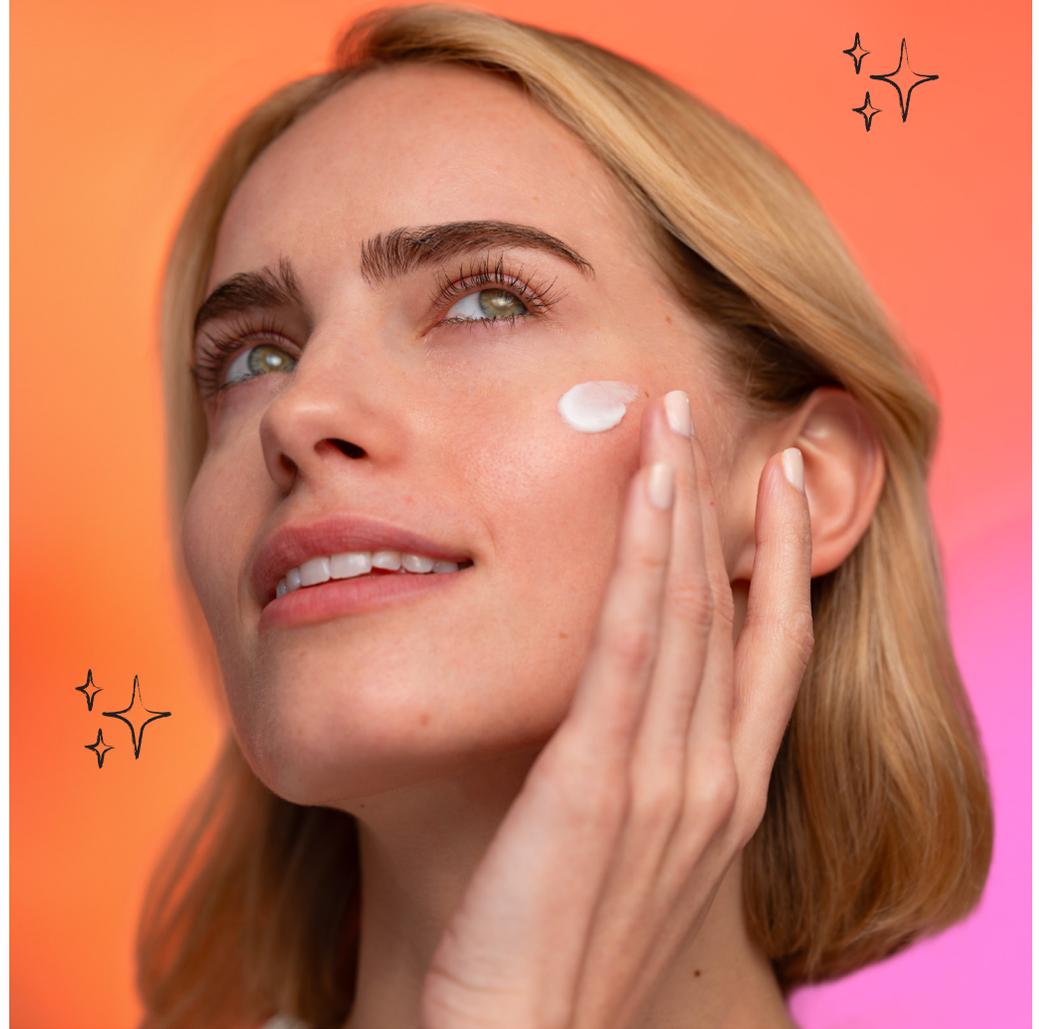
0.5 oz



**DERMA·E**

Break free from what's trending.  
Reach for what's clinically proven.

**CLEAN. EFFECTIVE.  
DERMATOLOGIST RECOMMENDED SKINCARE.**



# Easy Chicken Enchiladas

45 MIN • SERVES 4-6 • GLUTEN-FREE, TRADITIONAL

## INGREDIENTS

- |                                  |   |
|----------------------------------|---|
| 1 rotisserie chicken, pulled     | ¼ teaspoon red pepper flakes                            |
| 1 teaspoon chili powder          | 16 ounces shredded Mexican cheese blend                 |
| ½ teaspoon dried oregano         | 18 taco sized corn tortillas                            |
| ½ teaspoon sea salt              | 2 15-ounce cans red enchilada sauce                     |
| ¼ teaspoon black pepper          | 1 15-ounce can black or pinto beans, rinsed and drained |
| 3 tablespoons olive oil, divided |   |
| 1 red bell pepper, julienned     |   |
| 1 green bell pepper, julienned   |   |
| 1 small onion, julienned         |   |

## DIRECTIONS

- 1 Preheat oven to 350°F. Toss pulled chicken with chili powder, oregano, salt, pepper and 2 tablespoons olive oil in a large bowl.
- 2 In a large skillet, sauté bell peppers, onions, and red pepper flakes with remaining olive oil over high heat until tender crisp and starting to char. Season with salt and pepper to taste. Set aside to cool.
- 3 To assemble, place a quarter of the sauce on the bottom of a 9"x13" baking dish. Layer ingredients as follows: 6 tortillas, half of the chicken, beans, and cooked pepper and onions. Pour on a quarter of the sauce followed by a third of the cheese and repeat one more time. Top with the remaining tortillas, sauce, and finish with the rest of the cheese.
- 4 Cover assembled enchilada with foil and bake for 30 minutes. Remove foil and continue to bake until bubbling and cheese is starting to brown.

Serve with sour cream if desired.



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**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

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