

# deals

2X monthly!

March 25–April 14, 2026

Scan to download!



Bob's Red Mill Organic Flour  
selected varieties

**\$5.79**  
5 lb



Vital Farms Organic Pasture-Raised Large Eggs

**\$8.99**  
1 dz



## Fresh Savings in Full Bloom

St. Dalfour French Fruit Spread  
selected varieties



**\$3.99**

10 oz

Kerrygold Butter  
selected varieties



**\$5.29**

8 oz

Nancy's Organic Cream Cheese  
selected varieties



**\$3.79**

8 oz

Lundberg Family Farms Organic Rice Pouches  
selected varieties



**\$6.49**

2 lb

Califia Farms Organic Almondmilk



**\$4.79**

48 oz

SmartSweets Candy  
selected varieties



**2/\$5**

1.8 oz

If You Care Parchment Baking Paper



**\$4.99**

70 sq ft

ECOS Laundry Detergent  
selected varieties



**\$12.99**

100 oz

Annie's Organic Cheddar Cheesy Smiles



**2/\$7**

4 oz



Look for new deals on **April 15!**



We believe food has the power to impact the future of the planet and everybody on it.

From partnering with the farmers who grow our food to thoughtfully choosing the packaging it comes in, we've always had your family and our planet in mind.



**Annie's Mac & Cheese**  
selected varieties

**4/\$5**  
5.25 - 6 oz



**Annie's Organic Bunny Crackers**  
selected varieties

**2/\$6**  
7 - 7.5 oz



**Annie's Organic Fruit Snacks**  
selected varieties

**2/\$6**  
7 oz

**Carbone Pasta Sauce**  
selected varieties



**\$5.79**  
15 - 24 oz

**Napa Valley Naturals Organic Extra Virgin Olive Oil**



**\$17.99**  
25.4 oz

**Manitoba Harvest Organic Hemp Hearts**



**\$9.99**  
12 oz

**Dr. McDougall's Ramen**  
selected varieties



**2/\$4**  
1.8-1.9 oz

**Pacific FOODS.**

Stock your pantry with delicious organic soups and broths from Pacific Foods. Our soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



**Pacific Foods Organic Soup**  
selected varieties

**2/\$5**  
10.5 oz



**Pacific Foods Organic Broth**  
selected varieties

**\$3.29**  
32 oz

**Imagine Organic Soup**  
selected varieties



**\$3.99**  
32 oz

**Muir Glen  
Organic Tomatoes**

selected varieties

**2/\$5**

28 oz



**DR. BRONNER'S  
ALL-ONE!®**



**Dr. Bronner's  
All-One Toothpaste**

selected varieties

**\$5.49**

5 oz

**Westbrae Natural  
Organic Beans**

selected varieties

**2/\$5**

15 oz



**Dr. Bronner's  
Regenerative Organic  
Coconut Oil**

**\$6.99**

14 oz

**Divina  
Organic Olives**

selected varieties

**\$3.99**

4.9 - 6.0 oz



**Cascadian Farm  
Organic Potatoes**

selected varieties

**2/\$7**

16 oz



**Purely Elizabeth  
Granola**

selected varieties

**\$6.29**

12 oz



**Roasted Salmon and White Bean Spread**

15 MIN • SERVES 4 • GLUTEN-FREE

**INGREDIENTS**

- 1 15-ounce can white beans, drained and rinsed
- 4 tablespoons olive oil, divided
- 2 tablespoons lemon juice
- 2 large garlic cloves, minced
- ½ teaspoon sea salt
- ¼ teaspoon coarse ground black pepper
- 4-6 ounces smoked trout or smoked salmon, flaked
- 2 tablespoons chopped chives
- 2 tablespoons fresh oregano leaves or ¼ teaspoon dried oregano
- 1 tablespoon capers, drained
- Crackers or bread to serve

**DIRECTIONS**

- 1 In a food processor combine beans, 3 tablespoons of olive oil, lemon juice, garlic, salt, and pepper. Run processor until mixture is smooth.
- 2 Spread bean mixture onto a service plate creating swirls. Drizzle on remaining olive oil and top with flaked smoked fish, fresh herbs, and capers.
- 3 Serve with crackers or sliced artisan bread.





We're creating a wave of "Cascading Change" with cereal! Cascadian Farm is a pioneering supporter of farmers who use practices that regenerate our land and communities. Our Raisin Bran and Honey Oat Crunch cereals contain at least 1% Kernza grain, a plant that helps mitigate climate change, slow soil erosion, keep our water clean, and protect wildlife habitats. Let's build a more sustainable future!



**Cascadian Farm Organic Cereal**  
selected varieties

**2/\$6**  
8.6 -14.6 oz

**GoMacro Organic MacroBar**  
selected varieties



**\$2.29**  
2-2.3 oz

**CHOMPS Meat Snack Sticks**  
selected varieties



**2/\$4**  
1.15 oz

**Mamma Chia Organic Chia Squeeze**  
selected varieties



**2/\$3**  
3.5 oz

NATIONAL  
**VOLUNTEER MONTH**



**Aloha Organic Protein Bars**  
selected varieties



**2/\$4**  
1.98 oz

**Artisana Organics Organic Raw Almond Butter**



**\$13.99**  
14 oz

**KIND Nut Bar**  
selected varieties



**2/\$3**  
1.4 oz





Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days!

**Back to Nature Crackers**  
selected varieties

**Back to Nature Sandwich Cookies**  
selected varieties

**2/\$6**

4-7 oz

**\$3.69**

8.25 - 9 oz

**Solely Organic Fruit Jerky**  
selected varieties



**4/\$5**

0.8 oz

**Good Health Avocado Oil Potato Chips**  
selected varieties



**2/\$5**

5 oz

**Darrell Lea Licorice**  
selected varieties



**\$2.29**

7 oz

**Magic Organic Chocolate Bar**  
selected varieties



**\$3.79**

2.93-3 oz

**Mavuno Harvest Organic Chocolate Dipped Dried Fruit**  
selected varieties



**\$3.29**

3 oz

**Lovebird Organic Grain-Free Cereal**  
selected varieties



**\$5.99**

7 oz

**Annie's Organic Graham Crackers**  
selected varieties



**\$4.29**

14.4 oz

**Snack Factory Pretzel Crisps**  
selected varieties



**2/\$6**

5 - 7.2 oz

**Tate's Bake Shop Cookies**  
selected varieties



**\$4.29**

6.5 - 7 oz

**Popchips**  
**Popped**  
**Potato Snack**  
selected varieties



**2/\$6**

5 oz

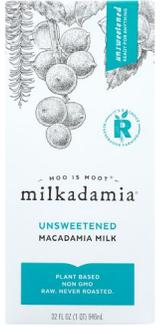
**Guittard**  
**Baking Chips**  
selected varieties



**\$7.99**

9 - 12 oz

**Milkadamia**  
**Macadamia Milk**  
selected varieties



**\$4.79**

32 oz

**Enjoy Life**  
**Chocolate Chips**  
selected varieties



**\$5.79**

9 oz

**Miss Jones Baking Co**  
**Organic Frosting**  
selected varieties



**\$4.79**

11.29 oz

**Spectrum Culinary**  
**Organic White Vinegar**



**\$6.29**

32 oz

**C2O**  
**Coconut Water**  
selected varieties



**\$2.29**

17.5 oz

**Nixie**  
**Organic Soda**  
selected varieties



**\$1.69**

12 oz

**R.W. Knudsen**  
**Juice Blend**  
selected varieties



**\$4.29**

32 oz

**Eternal**  
**Naturally Alkaline**  
**Spring Water**



**\$1.79**

1.5 lt

**Santa Cruz Organic**  
**Organic Juice Blend**  
selected varieties



**\$4.79**

32 oz

**Health-Ade**  
**Organic Kombucha**  
selected varieties



**2/\$6**

16 oz

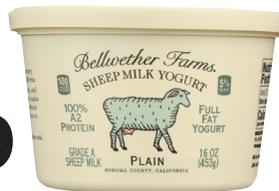
**Silk**  
**Organic Soymilk**  
selected varieties



**\$4.79**

64 oz

**Bellwether Farms**  
**Sheep Milk Yogurt**  
selected varieties



**\$4.79**

16 oz

**Chobani**  
**Greek Yogurt**  
selected varieties



**2/\$3**

5.3 oz



Delicious, easily digestible goat milk kefir is not only packed with probiotics, but also a good source of protein. And our creamy European-style butter will elevate even the simplest recipes. Meyenberg...bringing the goodness of goat milk to people since 1934.



**Meyenberg Goat Kefir**  
selected varieties

**\$5.79**

32 oz



**Meyenberg Goat Milk Butter**

**\$5.99**

8 oz

**BelGioioso Fresh Mozzarella Cheese Ball**

selected varieties



**\$2.99**

8 oz

**Immaculate Organic Flaky Biscuits**



**\$3.99**

16 oz

**Koia Plant-Based Protein Shake**

selected varieties

**2/\$6**

12 oz



**Ripple Plant-Based Milk**

selected varieties

**\$4.49**

48 oz

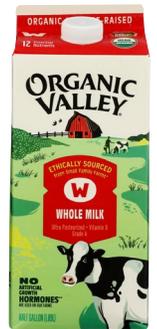


**Organic Valley Organic Milk**

selected varieties

**\$4.99**

64 oz



**Harmless Harvest Organic Coconut Water**

**\$3.99**

16 oz



**Uncle Matt's Organic Orange Juice**

selected varieties

**\$7.99**

52 oz



**Nuts for Cheese Organic Dairy-Free Cheese**

selected varieties

**\$5.99**

4.2 oz

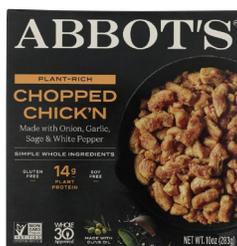


**Abbot's Plant-Based Meat Alternative**

selected varieties

**\$5.49**

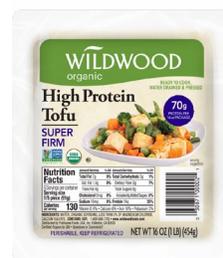
10 oz



**Wildwood Organic High Protein Super Firm Tofu**

**\$2.79**

16 oz



**Ithaca Hummus**

selected varieties

**2/\$7**

10 oz



**Vive Organic  
Organic  
Wellness Shot**  
selected varieties



**2/\$5**

2 oz

**Pitaya  
Organic Smoothie Packs**  
selected varieties



**\$5.29**

14-16 oz

**Bluebonnet  
Liquid Calcium  
Magnesium Citrate**  
selected varieties



**\$15.99**

16 oz

**Boiron  
AllergyCalm Meltaway  
Tablets**



**\$11.99**

60 tab

**WishGarden Herbs  
Kick-Ass Immune  
Activator**  
selected varieties



**\$21.99**

2 oz

**Floradix  
Floravital Liquid Iron  
& Herbs**  
selected varieties



**\$23.99**

8.5 oz

**Nordic Naturals  
Ultimate Omega**



**\$21.99**

60 ct

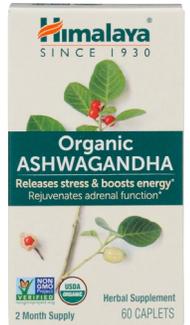
**MegaFood  
Magnesium 300 mg**



**\$12.99**

60 ct

**Himalaya  
Organic  
Ashwagandha**



**\$17.99**

60 ct

**THE GOOD  
COLLECTIVE™**



**Good For You.  
Good For All.**

At The Good Collective, we believe in providing clean and trustworthy wellness essentials that are good for people, planet, and community. Goodness and intentionality guide everything we do—from our clean label promise to our commitment to independent retailers.

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[ShopTheGoodCollective.com](http://ShopTheGoodCollective.com)



Gaia Herbs  
Turmeric Supreme  
Extra Strength

**\$20<sup>99</sup>**

60 vcap



Natural Factors  
Women's 50+  
Multivitamin & Mineral

**\$27<sup>99</sup>**

60 ct



Garden of Life  
Organic Women's  
Multi Fruit &  
Vitamin Chews

**\$24<sup>99</sup>**

120 ct



Badger Daily Mineral  
Sunscreen 30 SPF

**\$17<sup>99</sup>**

4 oz



Davids  
Premium Toothpaste  
selected varieties

**\$5<sup>99</sup>**

5.25 oz



Mrs. Meyer's Clean Day  
Liquid Dish Soap  
selected varieties

**\$3<sup>79</sup>**

16 oz



Repurpose  
Compostable 9"  
Plates

**\$3<sup>29</sup>**

20 ct



**gaia<sup>®</sup>**  
HERBS

*We Get The Most  
Out of Plants,  
So You Can Get The Most  
Out of Life*

# Crispy Sheet Pan Ramen

40 MIN · SERVES 4 · TRADITIONAL

## INGREDIENTS

- 2/3 cup teriyaki sauce or your favorite stir fry sauce
- 2 teaspoons sriracha hot sauce
- 1 teaspoon chicken bouillon, optional
- 6 tablespoons avocado oil
- 4 packages ramen noodles
- 1 pound boneless, skinless chicken breast, sliced into 1/4" thick pieces and halved
- 1/2 pound broccoli, cut into 1/2" pieces
- 6 ounces sugar snap peas, trimmed
- 1/4 pound carrots, peeled and sliced into 1/8" slices
- 4 scallions, cut into 1" pieces

## DIRECTIONS

- 1 Preheat oven to 450°F. Whisk together teriyaki sauce, sriracha, optional chicken bouillon, and oil until smooth.
- 2 Cook ramen noodles based on the package instructions. Drain and rinse.
- 3 Place chicken, broccoli, snap peas, carrots, scallions, cooked noodles and half of the sauce mixture in a mixing bowl and toss to combine.
- 4 Evenly spread mixture on one or two unlined sheet pans. Rearrange chicken pieces so they are on the top of the noodles and veggies.
- 5 Bake for 15 minutes then turn the broiler on high and continue to cook until chicken has cooked through, approximately 3–5 minutes, and to desired crispness.
- 6 Remove from oven and drizzle with remaining sauce as needed.



\*Chicken can be substituted for another protein of choice. Proteins should be cut into 1/4" slices for fast cooking.

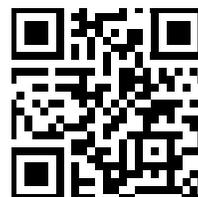


## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

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SW-A