

deals

2X monthly!

November 11–December 1, 2026

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**Bonafide Provisions
Organic Bone Broth**
selected varieties

\$6⁹⁹
24 oz



**Simple Mills
Crackers**
selected varieties

2/\$7
4.25 oz

Celebrate Together With Fall Savings

**Farmer's Market
Organic Sweet Potato
Puree**

\$3²⁹

15 oz



**Dandies
Vegan Marshmallows**
selected varieties

\$3²⁹

10 oz



**Wholly Wholesome
Organic Pie Shells**
selected varieties

\$4⁷⁹

14 oz



**Once Again
Organic Peanut Butter**
selected varieties

\$5²⁹

16 oz



**Crofter's Organic
Fruit Spread**
selected varieties

\$4⁹⁹

16.5 oz



**Painterland Sisters
Organic Skyr Yogurt**
selected varieties

\$2²⁹

5.3 oz



**Alden's Organic
Ice Cream**
selected varieties

\$8⁹⁹

48 oz



**Immaculate
Organic Flaky Biscuits**

2/\$8

16 oz



**Zack's Mighty
Organic Tortilla Chips**
selected varieties

\$3⁷⁹

7.5 oz

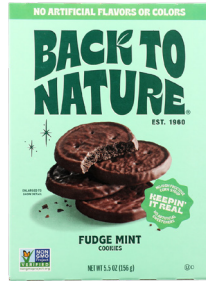


Look for new deals on **December 2!**



Tasty Snacks Since Way Back

Back to Nature has been crafting remakes of your fave snacks since 1960. Always Non-GMO Project Verified and plant-based, with no high-fructose corn syrup, no artificial flavors, and no synthetic colors.



Back to Nature Cookies
selected varieties

\$4²⁹

5.5–7.7 oz



Back to Nature Crackers
selected varieties

2/\$6

4–7 oz

Crunchmaster Crackers

selected varieties

2/\$7

3.54–4 oz



Mary's Gone Crackers Organic Crackers

selected varieties

2/\$7

4 oz



Annie's Organic Graham Crackers

selected varieties

2/\$7

14.4 oz



Boulder Canyon Kettle Potato Chips

selected varieties

2/\$6

5.25–6.5 oz



Schar Entertainment Crackers

2/\$7

6.2 oz



Cascadian Farm Organic Cereal

selected varieties

2/\$8

8.6–14.6 oz



Alter Eco Organic Chocolate Bar
selected varieties

\$3⁹⁹

2.65–2.82 oz

alter eco

Chocolate Worth Sharing

Gather, share, and savor something delicious. Alter Eco crafts irresistibly rich organic chocolate with thoughtfully sourced ingredients—making every bite a little better for people and the planet.



New look, same trusted quality. Bake up holiday traditions with Bob's Red Mill. Stock up on our best-selling flours and enjoy the quality home bakers count on for cookies, breads, pies, and all your favorite seasonal recipes.



Bob's Red Mill Organic Flour
selected varieties

\$6⁴⁹

5 lb



Bob's Red Mill Almond Flour
selected varieties

\$7⁹⁹

16 oz

Enjoy Life Chocolate Chips
selected varieties



\$6²⁹

9 oz

Chatfield's Carob Chips



\$4⁴⁹

12 oz

Graza Sizzle Extra Virgin Olive Oil



\$11⁹⁹

750 ml

La Tourangelle Grapeseed Oil



\$9⁹⁹

16.9 oz

Let's Do Organic Shredded Coconut
selected varieties



\$3²⁹

8-8.8 oz

Bragg Organic Apple Cider Vinegar



\$3²⁹

16 oz

Chosen Foods Avocado Oil Mayo
selected varieties



\$6⁴⁹

11.25-12 oz

Lundberg Family Farms Organic Rice
selected varieties



The Ginger People Organic Ginger
selected varieties



\$4⁹⁹

6.7 oz

Westbrae Organic Beans
selected varieties



2/\$5

15 oz

\$6⁹⁹

2 lb

**Kettle & Fire
Broth**
selected varieties

\$2⁷⁹

32 oz



**Pacific Foods
Organic Broth**
selected varieties

\$3²⁹

32 oz



**Edward & Sons
Bouillon Cubes**
selected varieties

\$2²⁹

2.2–3.1 oz



**Simply Organic
Gravy Mix**
selected varieties

\$1⁰⁹

0.85–1 oz



**Simply Organic
Dip Mix**
selected varieties

\$1⁵⁹

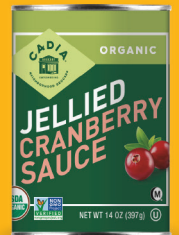
0.7–1.5 oz


**Simply
Organic®**

Celebrate the season with organic goodness. From Brown Gravy Mix to French Onion Dip Mix, Simply Organic® brings trusted organic flavor to every holiday table.

CADIA.

Organic cranberry sauce brings bright, tangy sweetness to any table. Effortless, festive & delicious.



**Muir Glen
Organic Pasta Sauce**

2/\$7

23.5 oz



**Muir Glen
Organic Tomatoes**
selected varieties

2/\$6

28 oz



**San Pellegrino
Sparkling Water**



\$2⁷⁹

750 ml

**Elmhurst
Plant Milk**
selected varieties



\$4⁷⁹

32 oz

**Zevia
Zero Calorie Soda**
selected varieties



\$5⁷⁹

6/12 oz

**Rishi Tea
Organic Tea**
selected varieties



\$5⁹⁹

15 ct

**West Life
Organic Soymilk**
selected varieties



\$3⁷⁹

32 oz

**Lakewood
Organic Pure
Pomegranate**



\$9⁹⁹

32 oz

**Teeccino
Herbal Tea**
selected varieties



\$4⁹⁹

10-12 ct



**Organic Valley
Shredded Cheese**
selected varieties

\$3⁷⁹

6 oz



**Organic Valley
Butter**
selected varieties

\$7⁹⁹

16 oz



**Organic Valley
Cheese Blocks**
selected varieties

\$4⁴⁹

8 oz



Bring some small family farm goodness to your fall recipes with Organic Valley. All Organic Valley dairy products are made with milk from pasture-raised cows for an organically delicious flavor.



Bring Home the Taste of Ireland

From rich, creamy butter to deliciously bold cheese, Kerrygold brings the authentic taste of Ireland to your table. Made with milk from Ireland's lush green fields, every bite delivers rich, creamy taste you'll love.

Made with Goodness.
Loved for the Taste.



Kerrygold Butter
selected varieties

\$4.79

8 oz



Kerrygold Cheese Block
selected varieties

\$4.99

7 oz

4th & Heart Ghee

selected varieties

\$9.99

9 oz



Earth Balance Organic Whipped Plant Butter Spread

\$5.29

13 oz



Vital Farms Organic Pasture-Raised Large Eggs



\$7.99

1 dz

JUST Folded Plant Eggs



\$4.79

8 oz

Daiya Dairy-Free Slices

selected varieties

\$3.49

7.8 oz



Savory Onion and Squash Scones

45 MIN • MAKES 12 • VEGETARIAN

INGREDIENTS

- 3 cups all-purpose flour
- ¾ cup shredded asiago cheese
- 1 tablespoon cane sugar
- 1 tablespoon baking powder
- 1 teaspoon sea salt
- 1 stick unsalted butter, cold
- 1 cup buttermilk, plus 2 tablespoons
- ⅓ cup squash puree
- 1 large egg
- 4 tablespoons chopped chives

DIRECTIONS

- Preheat oven to 350°F. Combine flour, cheese, sugar, baking powder, and sea salt in a large mixing bowl.
- In a separate bowl, whisk together 1 cup buttermilk, squash puree, egg, and chives.
- Cut butter into the dry mixture until it resembles coarse cornmeal. Stir in wet ingredients until just combined.
- Turn dough onto a lightly floured surface, divide into two pieces and form each into 6-inch disks.
- Cut each disk into 6 wedges and place on a baking sheet lined with parchment. Brush scone tops with remaining buttermilk, and bake for 25 minutes or until edges are starting to turn golden.



Flax4Life Mini-Muffins

selected varieties

\$6.49

14 oz



Ice Cream for Bears Ice Cream

selected varieties

\$5.99

14 oz



Carlson
Cod Liver Oil
selected varieties

\$33⁹⁹

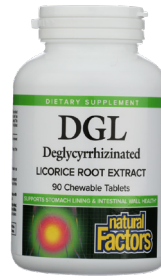
250 ml



Natural Factors
DGL Licorice Root Extract 400 mg

\$14⁹⁹

90 tab



NOW
D-Mannose 500 mg

\$18⁹⁹

120 vcap



Rainbow Light
Women's One+ Real Food Nutrients

\$15⁹⁹

60 ct



Renew Life
Cleanse More Overnight Formula

\$15⁹⁹

60 ct



Dr. Bronner's
Organic Toothpaste
selected varieties

\$5⁴⁹

5 oz



World Centric
Assorted Compostable Cutlery

\$14⁹⁹

24 ct



If You Care makes eco-friendly home and kitchen essentials with nothing unnecessary added and nothing sacrificed—just safe, reliable performance you can see and taste. Because when you're making holiday memories with the people you love, what you make them with matters, too.



If You Care
Large Baking Cups

\$17⁹⁹

60 ct



If You Care
Parchment Baking Paper

\$52⁹⁹

70 sq ft



If You Care
Coffee Filters
selected varieties

\$34⁹⁹

100 ct

Autumn Snack Board

25 MIN • SERVES 6 • VEGETARIAN

Celebrate the flavors of fall by creating a simple snack board featuring seasonal ingredients. Mix and match your favorite items to create a balance of sweet, savory, crunchy, and creamy flavors.

START WITH

3 Cheeses: Choose a variety of textures and flavors, such as seasonal goat cheese, aged Gouda, or cranberry cheddar. Aim for at least 3 ounces of each cheese. Cut at least half of each cheese into cubes or slices.

Crackers: Include a mix of crackers, such as dried cranberry-studded or whole-grain varieties.

Fresh Fruit: Add seasonal fruit like pears, blackberries, fresh figs, or grapes.

Crunch: Include nuts such as pistachios, candied pecans, or walnuts.

Something Sweet: Add maple cookies or another fall-inspired treat.

Spread: Pair with a spiced fruit butter, such as pumpkin or apple butter.

Garnish: Fresh sage or rosemary sprigs add a festive autumnal touch.

DIRECTIONS

Arrange ingredients on a board, mixing colors, textures, and heights to create an inviting presentation. Include cheese knives, mini tongs, and other serving implements. Enjoy with friends, family, or as an easy seasonal appetizer. Serve cheese at room temperature for the best flavor—remove from refrigeration about an hour before serving.

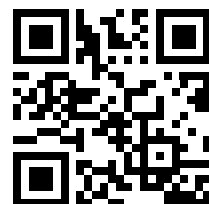


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



SE-B