

deals

2X monthly!

January 14–January 27, 2026

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**Health-Ade
Organic Kombucha**
selected varieties

2/\$6
16 oz



**Catalina Crunch
Keto Friendly Cereal**
selected varieties

\$6²⁹
8-9 oz

Start off Your Year with Savings!

**Mike's Mighty Good
Craft Ramen**
selected varieties

\$1⁸⁹
1.6-2.4 oz



**Muir Glen
Organic Tomatoes**
selected varieties

2/\$3
14.5-15 oz



**Once Again
Organic Tahini**

\$6⁹⁹
16 oz



**Barbara's
Cheese Puffs**
selected varieties

\$2⁷⁹
5.5-7 oz



**Mavuno Harvest
Organic Dried Fruit**
selected varieties

\$2⁷⁹
2 oz



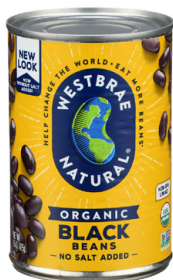
**cocojune
Organic
Coconut Yogurt**
selected varieties

\$6⁷⁹
16 oz



**Westbrae
Organic Beans**
selected varieties

\$2¹⁹
15 oz



**So Delicious
Organic Coconut Milk**
selected varieties

2/\$5
32 oz



**Food for Life
Organic Ezekiel 4:9® Bread**
selected varieties

\$4⁹⁹
24 oz



Look for new deals on **January 28!**



We believe food has the power to impact the future of the planet and everyone on it.

From partnering with the farmers who grow our food, to thoughtfully choosing the packaging that our food is packaged in – we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties

4/\$5
5.25-6 oz



Annie's Organic Bunny Crackers
selected varieties

2/\$7
7.5 oz



Annie's Organic Fruit Snacks
selected varieties

2/\$6
7 oz

Bachan's Japanese Barbecue Sauce
selected varieties

\$6²⁹
15.5-17 oz



Muir Glen Organic Pasta Sauce
selected varieties

2/\$6
23.5 oz



Maya Kaimal Organic Everyday Dal
selected varieties

\$3²⁹
10 oz



Safe Catch Elite Wild Tuna

\$3²⁹
5 oz



Pacific FOODS.

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Broth
selected varieties

\$4⁹⁹
32 oz



Pacific Foods Organic Soup
selected varieties

\$3⁴⁹
16.1 oz

Delallo Gluten Free Mini Gnocchi

\$4²⁹
12 oz



Chosen Foods
Avocado Oil Mayo
 selected varieties

\$6⁴⁹

12 oz



Annie's
Organic Cheddar
Cheesy Smiles

2/\$7

4 oz



Explore Cuisine
Organic Pasta
 selected varieties

\$4⁴⁹

8 oz



Jovial
Organic Brown Rice Pasta
 selected varieties

\$3⁹⁹

12 oz



Ocean's Halo
Organic Broth
 selected varieties

\$5⁴⁹

32 oz



St. Dalfour
French Fruit Spread
 selected varieties

\$3⁴⁹

10 oz



Cascadian Farm
Organic Cereal
 selected varieties

2/\$6

8.6-14.6 oz



Mary's Gone Crackers
Organic Crackers
 selected varieties

\$3⁶⁹

4 oz



Bobo's
PB&Js
 selected varieties

\$3⁷⁹

8.4 oz



Yellowbird
Hot Sauce
 selected varieties

\$5⁴⁹

9.8 oz



Skinny Dipped
Chocolate Covered Almonds
 selected varieties

\$3⁹⁹

3.5 oz



BACK TO NATURE
 EST. 1960

Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days.



Back to Nature
Crackers
 selected varieties

2/\$6

4-7 oz



Back to Nature
Cookies
 selected varieties

\$3⁷⁹

7.5-9 oz

alter eco

Alter Eco offers rich, indulgent chocolate that satisfies cravings while meeting ethical and eco-friendly standards. Made with Fair Trade cocoa, organic ingredients, and regenerative agriculture practices, our chocolate provides the ultimate guilt-free treat for the family.



Alter Eco
Organic
Chocolate Bar
selected varieties

2/\$7
2.82 oz

**LesserEvil
Organic Popcorn**
selected varieties



2/\$6
4.6-6.4 oz

**Inka Crops
Plantain Chips**
selected varieties



\$2.29
4 oz

**Sesmark
Rice Thins**
selected varieties



\$2.79
3.5-4.25 oz

**Uglies
Kettle Chips**
selected varieties



\$3.29
5.5-6 oz

**Big Tree Farms
Organic
Coconut Sugar**
selected varieties



\$3.79
16 oz

**Namaste Foods
Gluten Free Flour Blend**
selected varieties



\$10.99
48 oz

**Navitas
Organic Cacao Powder**



\$8.99
8 oz

**Spectrum Culinary
Organic White Vinegar**



\$6.29
32 oz

**Nixie
Organic Sparkling Water**
selected varieties



\$5.49
8/12 oz



We believe feeling good starts with what you eat. That's why we use clean, simple, plant-based ingredients that are free from GMOs, synthetic colors, animal products, or added hormones. Because clean bodies start with clean, nutritious food and simple choices.



**Beyond
Beyond Sausage
Plant-Based Links**
selected varieties

\$6²⁹
14 oz



**Beyond
Beyond Beef
Plant-Based Ground**

\$6⁷⁹
16 oz

**Vita Coco
Coconut Water**
selected varieties

2/\$5
500 ml



**Milkadamia
Macadamia Milk**
selected varieties

\$5⁴⁹
32 oz



**Zevia
Zero Calorie Soda**
selected varieties

\$5⁴⁹
6/12 oz



**ROAR Organic
Organic
Enhanced Beverage**
selected varieties

2/\$3
18 oz



**R.W. Knudsen
Black Cherry Juice**

\$5⁴⁹
32 oz



**Four Sigmatic
Organic Coffee**
selected varieties

\$12⁹⁹
10 oz



**Celestial Seasonings
Tea**
selected varieties

\$3²⁹
20 ct





Amy's delicious meals and burritos are made with organic ingredients and real care to satisfy every craving.



**Amy's
Macaroni & Cheese**

2/\$7

9 oz



**Amy's
Burrito**
selected varieties

2/\$6

5.5-6 oz

**Essentia
Alkaline Water**



\$2.79

1.5 lt

**Organic India
Organic Tea**

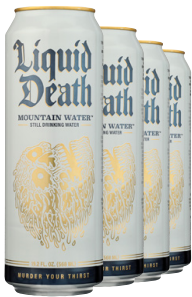
selected varieties



\$3.79

18 ct

**Liquid Death
Spring Water**



4/\$5

19.2 oz

**Clean Cause
Organic Yerba Mate**

selected varieties



2/\$4

16 oz

**Teeccino
Herbal Tea**

selected varieties



\$4.79

10 ct

**Brown Cow
Cream Top Whole Milk Yogurt**

selected varieties



5/\$5

5.3 oz

**Califia Farms
Better Half Creamer**



\$3.29

16.9 oz

**nutpods
Dairy-Free Creamer**

selected varieties



2/\$5

11.2 oz

**Painterland Sisters
Organic Skyr Yogurt**

selected varieties



\$2.29

5.3 oz

**siggi's
Icelandic Yogurt**

selected varieties



\$1.39

5.3 oz

**Olli
Snack Pack**

selected varieties



\$2.79

2 oz

Tofurky
Plant-Based Deli Slices
 selected varieties

\$3.79

5.5 oz



Wildwood
Organic High Protein
Super Firm Tofu

\$3.29

16 oz



Vital Farms
Pasture Raised Eggs

\$6.79

1 dz



Actual Veggies
Veggie Burger
 selected varieties

\$4.99

12 oz



Savory Onion and Squash Scones

45 MIN • MAKES 12 • VEGETARIAN

INGREDIENTS

3 cups all-purpose flour
 ¾ cup shredded asiago cheese
 1 tablespoon cane sugar
 1 tablespoon baking powder
 1 teaspoon sea salt
 1 stick unsalted butter, cold

1 cup buttermilk, plus 2 tablespoons
 ⅓ cup squash puree
 1 large egg
 4 tablespoons chopped chives

DIRECTIONS

- 1 Preheat oven to 350°F. Combine flour, cheese, sugar, baking powder, and sea salt in a large mixing bowl.
- 2 In a separate bowl, whisk together 1 cup buttermilk, squash puree, egg, and chives.
- 3 Cut butter into the dry mixture until it resembles coarse cornmeal. Stir in wet ingredients until just combined.
- 4 Turn dough onto a lightly floured surface, divide into two pieces and form each into 6-inch disks.
- 5 Cut each disk into 6 wedges and place on a baking sheet lined with parchment. Brush scone tops with remaining buttermilk, and bake for 25 minutes or until edges are starting to turn golden.



Strawberry Lemonade Cupcakes

1 HR 30 MIN • MAKES 18-20 • VEGETARIAN

INGREDIENTS

3 cups all-purpose flour or cake flour
 4 teaspoons baking powder
 ½ teaspoon sea salt
 12 tbsps (1 ½ sticks) unsalted butter, softened
 1 ½ cups cane sugar
 3 egg whites
 1 cup buttermilk

Zest and juice of 2 medium lemons
 1 lb unsalted butter, softened
 2 cups confectioner's sugar, sifted
 ¾ cup strawberry jam, divided
 10 ripe strawberries, halved

DIRECTIONS

- 1 Preheat oven to 350°F. In a medium bowl, whisk together flour, baking powder, and salt.
- 2 In a large mixing bowl or the bowl of a stand mixer, cream butter and cane sugar together until pale in color. Whisk in egg whites until batter is smooth.
- 3 Fold in half the dry ingredients, then half the buttermilk and repeat. Fold in lemon zest and juice.
- 4 Line two cupcake pans with cupcake liners and fill ¾ full of batter. Bake for 20 minutes (rotating pans halfway through baking) or until a toothpick inserted in the centers come out clean. Set aside to cool completely.
- 5 Cream butter and add sifted confectioner's sugar. Beat frosting until smooth then mix in ½ cup of strawberry jam. Place in a piping bag fitted with a star piping tip.
- 6 To decorate cupcakes, pipe frosting in a circular pattern over the top of the cupcake leaving a well in the center. Place a teaspoon of strawberry jam in the center of the frosting. Top cupcakes with a strawberry half.

Cupcakes can be stored in an airtight container in the refrigerator. Before serving, allow cupcakes to sit at room temperature for 15 minutes.



25 MIN • TRADITIONAL

- Select a mixture of soft, semi-soft, firm and hard cheeses

- Cured meats work great. Select salami, prosciutto, calabrese, etc.

- Various crackers (plain, seeded, fruit studded)
- Breads such as baguettes or sourdough

- 1 On a large platter, cutting board, or even directly on a butcher paper wrapped table, display the charcuterie board elements. Slice cheeses and meats if they don't come presliced.
- 2 Shingle them so guests can pick them up one at a time. Arrange all the meats and cheeses, keeping them separated by type.
- 3 Then, mix the breads, crackers, and fruit into the remaining space. Feel free to put the salty, briny elements into small bowls to place around the board. Don't forget small tongs or knives and small plates to make it easy to serve.

- Popular Fresh Fruit: Red and green grapes, apples, figs
- Popular Dried: apricots, figs

- Olives, cornichons, pickled vegetables, caperberries

- Complementary jams, preserves, or marmalade
- Savory spreads and pates



Gardein
Meatless Meat
selected varieties



\$3.79

8.1-13.7 oz

Siete
Grain Free Tortillas
selected varieties



\$5.29

8 ct

Desert Essence
Dental Floss
selected varieties



\$3.29

1 ct

Renew Life
Ultimate Flora
Extra Care
Probiotic 50 Billion



\$33.99

30 ct



Vibrant Health
Green Vibrance 30 Days



\$48.99

11.68 oz

Everyone
Hand Soap
selected varieties



\$3.79

12.75 oz

Andalou Naturals
Shampoo or Conditioner
selected varieties



\$6.99

11.5 oz

Himalaya
Toothpaste
selected varieties



\$5.49

5.29 oz

Boiron
Oscillococcinum



\$11.99

6 dose

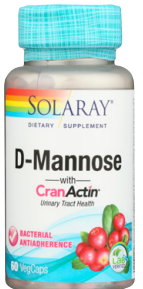
Beekeeper's Naturals
Propolis Immune Support
Throat Spray



\$9.99

30 ml

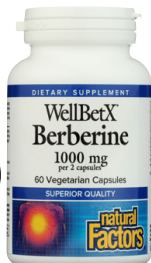
Solaray
D-Mannose with
CranActin



\$24.99

60 vcap

Natural Factors
WellBetX® Berberine
1000 mg



\$20.99

60 vcap

Orgain
Organic Vegan
Nutritional Shake
selected varieties



\$2.99

11 oz



Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

- | | |
|---------------------------------------|--|
| 3 tablespoons olive oil | 2 cups frozen corn |
| 1 large yellow onion, diced | 1 cup half and half
(or alternative) |
| 1 tablespoon minced garlic | 1 large baked potato, peeled
and roughly mashed |
| 2 4-ounce cans diced green
chiles | 1 tablespoon sriracha hot
sauce |
| 1 quart vegetable stock | ½ cup cilantro, chopped
(optional) |
| 1 15-ounce can pumpkin
puree | 1 ½ teaspoons sea salt |
| 1 teaspoon ground cumin | |
| ½ teaspoon dried thyme | |
| ½ teaspoon dried savory
(optional) | |

DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5-10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

Make it plant-based by replacing half and half with a plant-based creamer.

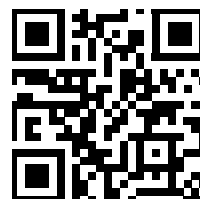


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



NW-B