

deals

2X monthly!

August 26–September 8, 2026

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Late July
Organic Tortilla
Chips
selected varieties

2/\$7

6–10.1 oz



St. Dalfour
French Fruit Spread
selected varieties

\$3.79

10 oz

Fill up your cart with organic goodness

Cascadian Farm
Organic Cereal

selected varieties

2/\$6

8.6–13.5 oz



Organic Valley
Organic String Cheese

\$4.99

8 oz



Lundberg Family Farms
Organic Rice Cakes

selected varieties

\$3.29

8.5–11 oz



UnReal
Chocolate Snacks

selected varieties

\$4.49

3.5–5 oz



RXBAR
Protein Bar

selected varieties

\$1.79

1.8–1.9 oz



CHOMPS
Beef Snack Sticks

selected varieties

\$1.89

1.15 oz



cocojune
Organic Coconut Yogurt

selected varieties

\$5.99

16 oz



Alden's
Organic Ice Cream

selected varieties

\$8.99

48 oz



Lakewood
Organic Pure
Cranberry

\$10.49

32 oz



Look for new deals on September 9!



Bob's Red Mill Oats— One Whole Ingredient, Endless Possibilities

All our delicious oatmeal varieties start with 100% whole grain oat groats that are then rolled, cut, or ground. Learn how one first-class ingredient leads to endless possibilities!



**Bob's Red Mill
Organic Rolled Oats**
selected varieties

\$4⁹⁹

32 oz



**Bob's Red Mill
Organic Gluten Free Oats**
selected varieties

\$6⁷⁹

28–32 oz

Angie's BoomChickaPop Popcorn

selected varieties



2/\$5

4.4–7 oz

Terra Vegetable Chips

selected varieties



2/\$6

5–6 oz

Good Health Avocado Oil Potato Chips

selected varieties



\$3²⁹

5 oz

Food Should Taste Good Tortilla Chips

selected varieties



2/\$7

5.5 oz

Better with Buckwheat Crackers

selected varieties



\$3⁷⁹

4.25 oz

Larabar Fruit & Nut Bar

selected varieties



5/\$5

1.6–1.7 oz

Theo Organic Chocolate Bar

selected varieties



\$4²⁹

3 oz

Tate's Bake Shop Cookies

selected varieties



\$4²⁹

5.5–8 oz

YumEarth Organic Licorice

selected varieties



\$3⁹⁹

5 oz

PRIMAL KITCHEN

Add bold, crave-worthy flavor to the real foods you love with Primal Kitchen Organic Unsweetened Ketchup and Mayo with Avocado Oil. Our premium pantry staples are made with real ingredients like organic California-grown tomatoes and cage-free eggs for a classic taste that kids and parents love. No artificial sweeteners and no nonsense!



Primal Kitchen Organic Ketchup
selected varieties

\$4⁷⁹

11.3 oz



Primal Kitchen Mayo
selected varieties

\$7⁹⁹

12 oz

Green Mountain Gringo Salsa

selected varieties

\$4⁷⁹

16 oz



Muir Glen Organic Pasta Sauce

selected varieties

2/\$7

23.5 oz



Annie's Organic Mac & Cheese

selected varieties

2/\$6

6 oz



Seeds of Change Organic Rice & Grain Pouch

selected varieties

\$2⁷⁹

8.5 oz



Lotus Foods Rice Ramen

selected varieties

\$1⁶⁹

2.8 oz



Koyo Ramen

selected varieties

4/\$5

2 oz



Muir Glen Organic Tomatoes

selected varieties

2/\$3

14.5-15 oz



Independent and Proud.

When you shop local, you make your dollars count. Support your community today and every day by choosing your local independent grocer.



Wild Planet offers sustainably caught canned seafood bursting with clean, fresh flavors. Rich in protein and omega-3s, each serving provides a nutritious, convenient way to enjoy responsibly sourced ocean goodness.



**Wild Planet
Wild Pink Salmon**
selected varieties

2/\$11
6 oz



**Wild Planet
Wild Albacore Tuna**
selected varieties

2/\$8
5 oz



**Wild Planet
Organic Roasted Chicken**
selected varieties

2/\$8
5 oz

**Essentia
Alkaline Water**



2/\$4
1.5 lt

**Crown Prince Natural
Smoked Oysters**
selected varieties



\$3²⁹
3 oz

**ROAR
Organic Vitamin
Enhanced Beverage**
selected varieties



\$1⁶⁹
18 oz

**GT's
Synergy Kombucha**
selected varieties



2/\$6
16 oz

**Nixie
Organic Soda**
selected varieties



2/\$3
12 oz

**Zevia
Zero Sugar Soda**
selected varieties



\$5⁴⁹
6/12 oz

**San Pellegrino
Sparkling Water**



\$2²⁹
750 ml

Koia
Plant-Based Protein Shake
 selected varieties



2/\$6
 12 oz

Daiya
Dairy-Free Slices
 selected varieties



\$3.49
 7.8 oz

Bitchin' Sauce
Almond Dip
 selected varieties



\$4.49
 7-8 oz

Oatly
Oatmilk
 selected varieties



\$4.29
 64 oz

Vital Farms
Organic Pasture-Raised Large Eggs



\$7.99
 1 dz

Violife
Dairy-Free Cheese
 selected varieties



\$4.49
 5.29-8 oz

JUST
Plant-Based Egg



\$4.79
 8 oz

Beyond
Plant-Based Burger Patties



\$4.99
 8 oz

Almond Breeze
Almondmilk
 selected varieties



\$3.79
 64 oz

Forager Project
Organic Cashewmilk Yogurt
 selected varieties



\$5.29
 24 oz

Treeline Cheesemakers
French-Style Cashew Cheese
 selected varieties



\$5.99
 6 oz

Foodies Vegan
Pumfu
 selected varieties



\$4.29
 8 oz

wildbrine
Kimchi
 selected varieties



\$5.99
 18 oz

**Amy's
Pizza**
selected varieties

\$8⁴⁹

10.2-14 oz



**Dr. Praeger's
Veggie Burgers**
selected varieties

\$3⁹⁹

10-11 oz



**Cascadian Farm
Organic Potatoes**
selected varieties

2/\$7

16 oz



**Feel Good Foods
Mozzarella Sticks**



\$5⁷⁹

8 oz

**O'Doughs
Bagel Thins**
selected varieties

\$3⁷⁹

10.58-10.6 oz



**Vista Hermosa
7" Flour Tortillas**

\$3⁹⁹

12.8 oz



**GoodPop
Organic Dairy-Free Frozen Pops**
selected varieties

\$4²⁹

9 oz



**So Delicious Dairy Free
Non-Dairy Frozen Dessert**
selected varieties

\$4⁴⁹

16 oz



**Shop Smart. Eat Clean.
Choose Organic.**

*Shop organic this September and celebrate
the power of clean, conscious food!*

Whether you're shopping for produce, pantry
staples, or personal care, going organic is a simple
way to protect your health, nourish your family,
and support a more sustainable food system.

Nordic Naturals
Algae Omega

\$22⁹⁹

60 ct



Om
Organic Master Blend
Mushroom Powder

\$16⁹⁹

90 g



Yerba Prima
Psyllium Whole Husks

\$14⁹⁹

12 oz



Mrs. Meyer's Clean Day
Liquid Dish Soap

selected varieties



\$3⁷⁹

16 oz

Tom's of Maine
Toothpaste

selected varieties

\$5⁹⁹

4 oz



Himalaya
Toothpaste

selected varieties

\$5⁴⁹

4-5.29 oz



NOW
Peppermint Essential Oil

\$6⁹⁹

1 oz



All-Purpose Citrus Spray Cleaner

2 WEEKS INFUSION • MAKES 5 CUPS

INGREDIENTS

- 1 cup white vinegar
- Citrus peel from 4 oranges
- 4 cups water
- 1 teaspoon liquid castile soap
- 15 drops lemon essential oil

DIRECTIONS

- 1 Place citrus peel and vinegar in a glass jar, close and allow to infuse for two weeks.
- 2 Strain vinegar and discard citrus peel.
- 3 Combine infused vinegar with water, castile soap and essential oils.
- 4 Store finished cleaner in spray bottles.



Sweet Potato Burger Bowl

45 MIN • SERVES 2-4 • GLUTEN-FREE, TRADITIONAL

INGREDIENTS

- | | |
|---|---|
| 1 pound sweet potatoes, cut into 1-inch cubes | 1½ cups shredded sharp cheddar cheese |
| 3 tablespoons olive oil, divided | 2 medium beefsteak tomatoes, chopped |
| ½ teaspoon sea salt | 2 medium avocado, peeled, pitted, and chopped |
| 1 pound ground beef | 1 cup sliced dill pickles |
| 1 tablespoon olive oil | ½ small white onion, thinly julienned |
| ¾ teaspoon garlic powder | ½-1 cup prepared or homemade burger sauce |
| ¾ teaspoon paprika | |
| ½ teaspoon salt | |
| ½ teaspoon black pepper | |
| 1 romaine heart, shredded (about 4 cups) | |

DIRECTIONS

- 1 Preheat the oven to 375°F. Toss the sweet potatoes with 2 tablespoons of olive oil and sea salt. Spread them in a single layer on a baking sheet and roast for 35 minutes, or until tender and lightly browned.
- 2 While the sweet potatoes are roasting, heat the remaining 1 tablespoon of olive oil in a large skillet over medium heat. Add the ground beef and cook, breaking it up with a spoon, until no longer pink. Stir in the garlic powder, paprika, salt, and black pepper, and cook for 2–3 minutes more. Drain any excess fat if needed.
- 3 Divide the shredded romaine between bowls. Top with the seasoned beef, roasted sweet potatoes, cheddar cheese, tomatoes, avocado, pickles, and onion.
- 4 Drizzle each salad with a ¼ cup of the sauce, serving any extra on the side.

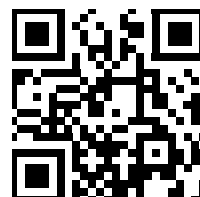


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



NE-A