2X monthly! December 31, 2025-January 13, 2026







poppi **Prebiotic Soda** selected varieties

12 oz



Bitchin' Sauce Almond Dip selected varieties

New Year, New Deals!

Solely **Organic Fruit Jerky** selected varieties

.8 oz



Simple Mills Organic Seed Flour Crackers

selected varieties

4.25 oz



Good Health Avocado Oil Potato Chips

selected varieties

5 oz



Manitoba Harvest Organic Hemp Hearts

12 oz



Purely Elizabeth Granola

selected varieties

8-12 oz



Primal Kitchen Dressing & Marinade

selected varieties

8 oz



Yogi **Organic Tea**

selected varieties

16 ct



Lakewood **Organic Pure Aloe**

32 oz



Harmless Harvest Organic Coconut Water





Wild Planet Wild Albacore Tuna

selected varieties



\$379

5 oz

Seeds of Change Organic Rice & Grains

selected varieties

\$279

8.5 oz





Eat well, feel vibrant, and live fully with Bragg®. The original wellness brand bringing you products grounded in science and guided by nature since 1912. From our famous Apple Cider Vinegar to NSF-certified supplements, your wellness routine needs what's real.



Bragg Nutritional Yeast



Bragg Organic Apple Cider Vinegar

\$479

4.5 oz

\$329

16 oz

Lundberg Family Farms Organic Rice Pouches

selected varieties

\$699

2 lb



Amy's Organic Soups

selected varieties

\$379

13.65-14.5 oz



Kettle & Fire Bone Broth

selected varieties

\$529

16.9 oz



Tasty Bite Organic Indian Entree

selected varieties



¡Buen Provecho!

Taco Night essentials for the whole familia.



Siete Seasoning selected varieties

\$759

1-1.31 oz



Siete Tortilla Chips selected varieties

\$329

5 oz



10 oz



Ancient Harvest Organic Polenta

selected varieties



\$279

Napa Valley Naturals Organic Extra Virgin Olive Oil

selected varieties

25.4 oz

Coconut Secret Organic Coconut Aminos



8 oz





GoMacro MacroBars® are organic, plant-based nutrition bars made from simple, sustainably sourced ingredients. All MacroBars are Certified Organic, Vegan, Gluten-Free, Kosher, Non-GMO, C.L.E.A.N., and Soy-Free.



GoMacro Organic MacroBar

selected varieties

2-2.4 oz

Green Mountain Gringo Salsa

selected varieties

16 oz



Garden of Eatin Taco Shells

selected varieties

5.5 oz



Late July Tortilla Chips

selected varieties

7.8 oz



Food Should Taste Good Tortilla Chips

selected varieties

5.5 oz



RW Garcia Organic Corn Chips

selected varieties

7.5-8.25 oz





At Perfect Bar, we believe real food tastes better—that's why our ingredient list is filled with recognizable, whole-food ingredients you can actually pronounce! Every bar is made with high-quality ingredients for a deliciously fresh taste in every bite.



Perfect Bar Protein Bar

selected varieties

1.94-2.5 oz



Pirate's Booty Aged White Cheddar Puffs





selected varieties











Bob's Red Mill Oats-One Whole Ingredient, **Endless Possibilities**

All of our delicious oatmeal varieties start with 100% whole grain oat groats that are then rolled, cut, or ground. Learn how one first-class ingredient leads to endless possibilities!



Bob's Red Mill Organic Gluten Free Oats

selected varieties



Bob's Red Mill

Muesli

28-32 oz

18 oz

Terra **Vegatable Chips**

selected varieties

5-6 oz



Barnana Organic Plantain Chips

selected varieties

5 oz



Boulder Canyon Potato Chips

selected varieties

5.25-6 oz



GimMe Health Foods Organic Seaweed Snack

selected varieties

0.35 oz

Harvest Snaps Green Pea Snacks

selected varieties

3.3 oz



gimme



Step into the new year with Justin's. From creamy spreads to crave-worthy treats, every product is made with highquality, responsibly sourced ingredients. Delicious, they're the perfect way to fuel fresh starts that bring balance, joy, and better choices to every snacking moment.



Justin's Nut Butters Organic Nut Butter Cups

selected varieties

1.4 oz



Justin's Nut Butters Peanut Butter

selected varieties

EPIC Snack Strip

selected varieties



0.8 oz

MadeGood **Organic Crispy Squares**

selected varieties

6 ct



selected varieties

8 oz

Goldthread Plant Based Tonic

selected varieties





From The Ground Up **Cauliflower Crackers**

selected varieties

RXBAR Protein Bar

selected varieties

1.8 oz



Larabar Fruit & Nut Bar

selected varieties

1.6-1.7 oz



Made in Nature Organic Dried Fruit

selected varieties

6 oz



One Degree Organics Organic Sprouted Oatmeal

selected varieties

24 oz



SweetLeaf Liquid Stevia

selected varieties

2 oz



REBBL Organic Protein Shake

selected varieties

12 oz



GT's

Alive Ancient Mushroom Elixir

selected varieties



C20 **Coconut Water**

selected varieties





Nixie Organic Soda

selected varieties



Vive Organic Organic Wellness Shot

selected varieties

\$229





selected varieties



64 oz





Almond Breeze non-dairy almondmilk is delicious in everything, from cereals and smoothies to cooking and baking. Your classic go-to plant-based almondmilk made from the best Blue Diamond almonds.



Almond Breeze Almondmilk

selected varieties

\$229

32 oz

Malk Organic Almond Milk

selected varieties

\$_479

28 oz



Califia Farms Organic Almondmilk

\$479

48 oz



Forager Project Organic Cashew & Coconut Yogurt

selected varieties

\$579

24 oz



Treeline Cheesemakers French-Style Cashew Cheese

selected varieties

\$579



Organic Valley Organic String Cheese

\$499

8 oz



Violife
Dairy Free Shredded Cheese

selected varieties





8 oz

24 oz

Little Sesame Hummus

6 oz

selected varieties

\$329



Wildbrine Kimchi

selected varieties



18 oz



Bonafide Organic Bone Broth

selected varieties





4th & Heart Ghee

selected varieties

9 oz



Canyon Bakehouse Gluten Free Bread

selected varieties





10.4 oz





4-2.5 oz

Lightlife **Organic Tempeh**

selected varieties

8 oz













selected varieties



7.5-12 oz



Red's **Organic Burrito**

selected varieties



4.5 oz



It's Butter. Clarified.™

4th & Heart ghee (clarified butter) is a rich, creamy, gut-friendly alternative to traditional butter and other cooking oils. Made from grass-fed, pasture-raised New Zealand and Australian butter, the water and milk solids (lactose) are removed to create 100% pure butterfat. It is packed with Vitamin A, is naturally lactose-free, and has a high smoke point of 485°F, making it a versatile tool for your favorite types of cooking and baking.















Cascadian Farm **Organic Potatoes**

selected varieties



12-16 oz

Wyman's Wild Blueberries



3 lb

Sunwarrior Organic Protein Powder

selected varieties

375 g



Om **Organic Lion's Mane Mushroom Powder**

ANCIENT NUTRITION

Ancient Nutrition has a

clear goal: harness history's most powerful superfoods

to help fill the gaps in the

everyday diet. Beyond

supplements, we lead the

regenerative agriculture

revolution, using forward-

thinking methods that foster richer soil, cleaner air, and healthier ingredients.

100 g





32 oz



Ancient Nutrition Multi Collagen **Protein Powder**

selected varieties

16-16.7 oz 15.7-17.8 oz



BONE BROTH

PROTEIN

Ancient Nutrition

Bone Broth

Protein

selected varieties



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days during the promotion window. Proud member of **infra**

Bluebonnet Liquid Calcium Magnesium Citrate

16 oz



Urban Moonshine Clear Chest Herbal Syrup

4.2 oz



\$3199

Collagen Generator

60 ct

MegaFood

BioSil



Sovereign Silver **Bio-Active Silver Hydrosol Natural Nasal Spray**

2 oz



MaryRuth Organics Kids Multivitamin Gummies

60 ct



Magnesium 300 mg

60 ct

Wiley's Finest



Jarrow Saccharomyces **Boulardii + MOS**

90 ct



Solaray Higher Absorption Magnesium Glycinate 350 mg

120 vcap

Gaia Herbs



Seventh Generation

Wild Alaskan Fish Oil

Easy Swallow Minis

60 ct



Flora Super 8 Hi-Potency Probiotic

30 cap

Floradix





60 ct



Dr. Bronner's **Organic Castile Liquid Soap**

selected varieties



Dishwasher Detergent Powder

Floravital Iron & Herbs

8.5 oz



16 oz



Detox Salad

35 MIN · SERVES 4 · PLANT-BASED

INGREDIENTS

34 pound green cabbage

½ pound broccoli florets

½ bunch dino or lacinato kale

½ pound carrots

½ cup roasted almonds

1/3 cup sunflower seeds roasted

Maple-Tahini Dressing

½ cup tahini

5 tablespoons water

4 tablespoons apple cider vinegar

3 tablespoons maple syrup (or to taste)

2 tablespoons olive oil

34 teaspoon sea salt

DIRECTIONS

1 Thinly slice cabbage and broccoli. Remove kale from stems and roughly chop. Peel and grate carrots. Add vegetables to a mixing bowl.

2 In a separate bowl, whisk together dressing ingredients until smooth and creamy. Adjust seasoning to taste.

3 Pour ⅓ of the dressing over the salad and toss to combine, adding more dressing as needed.

4 Roughly chop the roasted almonds. Top salad with almonds and sunflower seeds.





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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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NE-A