

deals

2X monthly!

January 14–January 27, 2026

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**Health-Ade
Organic Kombucha**
selected varieties

2/\$6
16 oz



**Catalina Crunch
Keto Friendly Cereal**
selected varieties

\$6²⁹
8-9 oz

Start off Your Year with Savings!

**Mike's Mighty Good
Craft Ramen**
selected varieties

\$1⁹⁹
1.6-2.4 oz



**Muir Glen
Organic Tomatoes**
selected varieties

2/\$3
14.5-15 oz



**Once Again
Organic Tahini**

\$7⁴⁹
16 oz



**Barbara's
Cheese Puffs**
selected varieties

\$2⁷⁹
5.5-7 oz



**Mavuno Harvest
Organic Dried Fruit**
selected varieties

\$2⁷⁹
2 oz



**cocojune
Organic
Coconut Yogurt**
selected varieties

\$5⁹⁹
16 oz



**Westbrae
Organic Beans**
selected varieties

\$2¹⁹
15 oz



**So Delicious
Organic Coconut Milk**
selected varieties

2/\$5
32 oz



**Food for Life
Organic Ezekiel 4:9® Bread**
selected varieties

\$4⁴⁹
24 oz



Look for new deals on **January 28!**



We believe food has the power to impact the future of the planet and everyone on it.

From partnering with the farmers who grow our food, to thoughtfully choosing the packaging that our food is packaged in – we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties

4/\$5
5.25-6 oz



Annie's Organic Bunny Crackers
selected varieties

2/\$7
7.5 oz



Annie's Organic Fruit Snacks
selected varieties

2/\$7
7 oz

Bachan's Japanese Barbecue Sauce
selected varieties

\$6⁴⁹
15.5-17 oz



Muir Glen Organic Pasta Sauce
selected varieties

2/\$6
23.5 oz



Maya Kaimal Organic Everyday Dal
selected varieties

\$3²⁹
10 oz



Pacific FOODS.

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Broth
selected varieties

\$5²⁹
32 oz



Pacific Foods Organic Soup
selected varieties

\$3⁴⁹
16.1 oz

Rudi's Organic Bread
selected varieties

\$4⁴⁹
22 oz



Safe Catch Elite Wild Tuna

\$2⁹⁹
5 oz



**Cascadian Farm
Organic Cereal**
selected varieties

2/\$7

8.6-14.6 oz



**Jovial
Organic Brown Rice Pasta**
selected varieties



\$3.79

12 oz

**St. Dalfour
French Fruit Spread**
selected varieties

\$3.49

10 oz



**LesserEvil
Organic Popcorn**
selected varieties

2/\$6

4.6-6.4 oz



**Annie's
Organic Cheddar
Cheesy Smiles**

2/\$7

4 oz



**BACK TO
NATURE**
EST. 1960

Back to Nature is
remaking your favorite
snacks super tasty with
honest-to-goodness
ingredients. Simple
joys, no regrets,
happy days.



**Back to Nature
Crackers**
selected varieties



**Back to Nature
Cookies**
selected varieties

2/\$6

4-7 oz

\$3.79

7.5-9 oz

**Chosen Foods
Avocado Oil Mayo**
selected varieties

\$6.49

12 oz



**Bobo's
PB&Js**
selected varieties

\$3.79

8.4 oz



**Skinny Dipped
Chocolate Covered Almonds**
selected varieties

\$3.99

3.5 oz



**Uglies Kettle Chips
Kettle Chips**
selected varieties

2/\$6

5.5-6 oz



**Big Tree Farms
Organic
Coconut Sugar**
selected varieties

\$3.79

16 oz



**Spectrum Culinary
Organic White Vinegar**

\$6.29

32 oz



alter eco

Alter Eco offers rich, indulgent chocolate that satisfies cravings while meeting ethical and eco-friendly standards. Made with Fair Trade cocoa, organic ingredients, and regenerative agriculture practices, our chocolate provides the ultimate guilt-free treat for the family.



Alter Eco
Organic
Chocolate Bar
selected varieties

2/\$7
2.82 oz

Navitas
Organic Cacao Powder

\$8.99

8 oz



Nixie
Organic Sparkling Water
selected varieties

\$5.49

8/12 oz



Vita Coco
Coconut Water
selected varieties

2/\$5

500 ml



Milkadamia
Macadamia Milk
selected varieties

\$4.79

32 oz



Zevia
Zero Calorie Soda
selected varieties

\$5.49

6/12 oz



ROAR Organic
Organic
Enhanced Beverage
selected varieties

\$1.59

18 oz



Essentia
Alkaline Water

2/\$4

1.5 lt



R.W. Knudsen
Black Cherry Juice

\$5.49

32 oz



Four Sigmatic
Organic Coffee
selected varieties

\$12.99

10 oz





We believe feeling good starts with what you eat. That's why we use clean, simple, plant-based ingredients that are free from GMOs, synthetic colors, animal products, or added hormones. Because clean bodies start with clean, nutritious food and simple choices.



**Beyond
Beyond Sausage
Plant-Based Links**
selected varieties

\$6²⁹
14 oz



**Beyond
Beyond Beef
Plant-Based Ground**

\$6⁷⁹
16 oz

**Organic India
Organic Tea**
selected varieties



\$3⁷⁹
18 ct

**Califia Farms
Better Half Creamer**



\$2⁷⁹
16.9 oz

**nutpods
Dairy-Free Creamer**
selected varieties



2/\$5
11.2 oz

**Brew Dr. Kombucha
Organic Kombucha**
selected varieties



2/\$4
14 oz

**Guru
Organic Energy Drink**
selected varieties



\$2²⁹
12 oz

**Brown Cow
Cream Top Whole Milk Yogurt**
selected varieties



\$0⁸⁹
5.3 oz

**Painterland Sisters
Organic Skyr Yogurt**
selected varieties



\$2²⁹
5.3 oz

**Tofurky
Plant-Based Deli Slices**
selected varieties



\$3⁷⁹
5.5 oz

**Wildwood
Organic High Protein
Super Firm Tofu**



\$3²⁹
16 oz



Amy's delicious meals and burritos are made with organic ingredients and real care to satisfy every craving.



**Amy's
Macaroni & Cheese**

2/\$7
9 oz



**Amy's
Burrito**
selected varieties

2/\$6
5.5-6 oz

**Vital Farms
Pasture Raised Eggs**



\$6.99

1 dz

**Siete
Grain Free Tortillas**
selected varieties



\$5.29

8 ct

**Gardein
Meatless Meat**
selected varieties



\$3.79

8.1-13.7 oz

**Desert Essence
Dental Floss**
selected varieties



\$3.29

1 ct

**Everyone
Hand Soap**
selected varieties



\$3.79

12.75 oz

Mini Wild Albacore Tuna Sweet Potato Cakes

1 HR • SERVES 2

INGREDIENTS

- | | |
|--|------------------------------------|
| ½ medium sized sweet potato | ¼ cup shredded carrot |
| 1 can (5 ounces) Wild Planet Wild Albacore Tuna , undrained | 1 teaspoon lemon zest |
| 1 egg | 1 tablespoon chopped fresh parsley |
| ¼ cup breadcrumbs | Ground black pepper, to taste |
| 2 tablespoons finely chopped green onion | 1 teaspoon olive oil |

DIRECTIONS

- 1 Preheat oven to 400°F. Line a baking sheet with parchment paper. Cut a sweet potato in half lengthwise and place one half flat side down on the parchment paper.
- 2 Bake for about 40 minutes or until the sweet potato half is soft when tested with a fork.
- 3 Scoop out the inside of the sweet potato half into a bowl and add the **Wild Planet Wild Albacore Tuna**, egg, breadcrumbs, green onion, carrot, lemon zest, parsley, and black pepper. Mix until combined, lightly breaking up the tuna while mixing.
- 4 Heat olive oil in a frying pan over medium heat. Shape about ¼ cup of the tuna mixture into a small round cake and cook in the heated frying pan for two to three minutes on each side or until golden brown. Repeat with the rest of the tuna mixture.



**Andalou Naturals
Shampoo or Conditioner**
selected varieties

\$6⁷⁹

11.5 oz



**Beekeeper's Naturals
Propolis Immune Support
Throat Spray**

\$9⁹⁹

30 ml



**Himalaya
Toothpaste**
selected varieties

\$5⁴⁹

5.29 oz



**Solaray
D-Mannose with
CranActin**

\$24⁹⁹

60 vcap



**Orgain
Organic Vegan
Nutritional Shake**
selected varieties

\$2⁹⁹

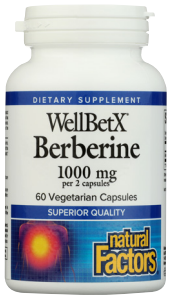
11 oz



**Natural Factors
WellBetX® Berberine
1000 mg**

\$20⁹⁹

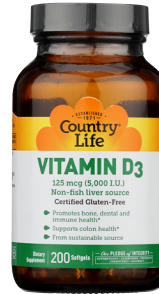
60 vcap



**Country Life
Vitamin D3 5000 IU**
selected varieties

\$15⁹⁹

200 sgel



**Boiron
Oscilloccoccinum**

\$11⁹⁹

6 dose



**Quantum Health
Super Lysine Immune
Support**

\$8⁹⁹

90 tab



**Renew Life
3-Day Cleanse**
selected varieties

\$6⁷⁹

12 ct



**Tiger Balm Ultra
Strength Pain
Relieving Ointment**

\$6⁹⁹

0.63



**Herbatint
Permanent Haircolor Gel**
selected varieties

\$13⁹⁹

5.75 oz



Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

- | | |
|---------------------------------------|--|
| 3 tablespoons olive oil | 2 cups frozen corn |
| 1 large yellow onion, diced | 1 cup half and half
(or alternative) |
| 1 tablespoon minced garlic | 1 large baked potato, peeled
and roughly mashed |
| 2 4-ounce cans diced green
chiles | 1 tablespoon sriracha hot
sauce |
| 1 quart vegetable stock | ½ cup cilantro, chopped
(optional) |
| 1 15-ounce can pumpkin
puree | 1 ½ teaspoons sea salt |
| 1 teaspoon ground cumin | |
| ½ teaspoon dried thyme | |
| ½ teaspoon dried savory
(optional) | |

DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5-10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

Make it plant-based by replacing half and half with a plant-based creamer.

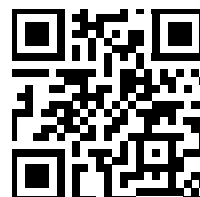


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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