

deals

2X monthly!

March 25–April 14, 2026

Scan to download!



Bob's Red Mill Organic Flour
selected varieties

\$5.49

5 lb



Vital Farms Organic Pasture-Raised Large Eggs

\$8.99

1 dz



Fresh Savings in Full Bloom

St. Dalfour French Fruit Spread
selected varieties



\$4.29

10 oz

Kerrygold Butter
selected varieties



\$5.29

8 oz

Nancy's Organic Cream Cheese
selected varieties



\$3.79

8 oz

Lundberg Family Farms Organic Rice Pouches
selected varieties



\$6.79

2 lb

Califia Farms Organic Almondmilk



\$5.49

48 oz

SmartSweets Candy
selected varieties



2/\$5

1.8 oz

If You Care Parchment Baking Paper



\$4.99

70 sq ft

ECOS Laundry Detergent
selected varieties



\$12.99

100 oz

Annie's Organic Cheddar Cheesy Smiles



2/\$7

4 oz



Look for new deals on **April 15!**



We believe food has the power to impact the future of the planet and everybody on it.

From partnering with the farmers who grow our food to thoughtfully choosing the packaging it comes in, we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties

4/\$5
5.25 - 6 oz



Annie's Organic Bunny Crackers
selected varieties

2/\$6
7 - 7.5 oz



Annie's Organic Fruit Snacks
selected varieties

2/\$6
7 oz

Delallo Gluten Free Mini Gnocchi



\$4.29
12 oz

Napa Valley Naturals Organic Extra Virgin Olive Oil



\$17.99
25.4 oz

Manitoba Harvest Organic Hemp Hearts



\$9.99
12 oz

Divina Organic Olives
selected varieties



\$3.99
4.9 - 6.0 oz

Pacific FOODS.

Stock your pantry with delicious organic soups and broths from Pacific Foods. Our soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Soup
selected varieties

2/\$5
10.5 oz



Pacific Foods Organic Broth
selected varieties

\$3.29
32 oz

Imagine Organic Broth
selected varieties



\$3.29
32 oz

**Muir Glen
Organic Tomatoes**

selected varieties

2/\$5

28 oz



**Westbrae Natural
Organic Beans**

selected varieties

2/\$5

15 oz



**Lovebird
Organic
Grain-Free Cereal**

selected varieties

\$6.29

7 oz



**DR. BRONNER'S
ALL-ONE!®**



**Dr. Bronner's
All-One Toothpaste**

selected varieties

\$5.49

5 oz

**Dr. Bronner's
Regenerative Organic
Coconut Oil**

\$6.99

14 oz



**Cascadian Farm
Organic Potatoes**

selected varieties

2/\$7

16 oz



**Aloha
Organic
Protein Bars**

selected varieties

2/\$4

1.98 oz



Roasted Salmon and White Bean Spread

15 MIN • SERVES 4 • GLUTEN-FREE

INGREDIENTS

- 1 15-ounce can white beans, drained and rinsed
- 4 tablespoons olive oil, divided
- 2 tablespoons lemon juice
- 2 large garlic cloves, minced
- ½ teaspoon sea salt
- ¼ teaspoon coarse ground black pepper
- 4-6 ounces smoked trout or smoked salmon, flaked
- 2 tablespoons chopped chives
- 2 tablespoons fresh oregano leaves or ¼ teaspoon dried oregano
- 1 tablespoon capers, drained
- Crackers or bread to serve

DIRECTIONS

- 1 In a food processor combine beans, 3 tablespoons of olive oil, lemon juice, garlic, salt, and pepper. Run processor until mixture is smooth.
- 2 Spread bean mixture onto a service plate creating swirls. Drizzle on remaining olive oil and top with flaked smoked fish, fresh herbs, and capers.
- 3 Serve with crackers or sliced artisan bread.





We're creating a wave of "Cascading Change" with cereal! Cascadian Farm is a pioneering supporter of farmers who use practices that regenerate our land and communities. Our Raisin Bran and Honey Oat Crunch cereals contain at least 1% Kernza grain, a plant that helps mitigate climate change, slow soil erosion, keep our water clean, and protect wildlife habitats. Let's build a more sustainable future!



Cascadian Farm Organic Cereal
selected varieties

2/\$7
8.6 -14.6 oz

GoMacro Organic MacroBar
selected varieties



\$2.29

2-2.3 oz

CHOMPS Meat Snack Sticks
selected varieties



2/\$4

1.15 oz

KIND Nut Bar
selected varieties



2/\$3

1.4 oz

Vegan Crispy Bars

20 MIN PREP + 1 HR CHILL · SERVES 6-8 · GLUTEN-FREE, VEGAN

INGREDIENTS

- 1 cup smooth peanut butter, unsalted
- 2/3 cup brown rice syrup
- 1/3 cup maple syrup
- 1 1/2 teaspoon vanilla extract
- 5 cups rice cereal
- 1 1/2 cups vegan bittersweet chocolate chips
- 1 tablespoon neutral oil
- 3 tablespoons shredded coconut

DIRECTIONS

- 1 In a 6-quart pot, melt together peanut butter, syrups, and vanilla on medium low heat. Stir in cereal.
- 2 Spread mixture in a parchment-lined 9" by 9" pan and press down flat.
- 3 Melt chocolate with oil and spread over bars. Sprinkle with coconut and chill until set, about 1 hour.





Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days!



Back to Nature Crackers
selected varieties

2/\$6
4-7 oz



Back to Nature Sandwich Cookies
selected varieties

\$3.69
8.25 - 9 oz

Magic Organic Chocolate Bar
selected varieties

\$3.79
2.93 - 3 oz



Solely Organic Fruit Jerky
selected varieties

4/\$5
0.8 oz



Good Health Avocado Oil Potato Chips
selected varieties

2/\$5
5 oz



ChocXO Organic Chocolate Cups
selected varieties

\$4.99
3.45 oz



Vermont Smoke & Cure Seasoned Meat Snack Stick
selected varieties

2/\$3
1 oz



Mavuno Harvest Organic Chocolate Dipped Dried Fruit
selected varieties

\$3.49
3 oz



Annie's Organic Graham Crackers
selected varieties

\$4.29
14.4 oz



Purely Elizabeth Granola
selected varieties

\$6.29
12 oz



Spectrum Culinary Organic White Vinegar

\$6.29
32 oz



Santa Cruz Organic
Organic Pure Lemon
Juice



\$5.99

32 oz

Frontier Co-Op
Organic
Garlic Powder



\$5.79

2.33 oz

Nixie
Organic Soda
selected varieties



\$1.69

12 oz

Enjoy Life
Chocolate Chips
selected varieties



\$5.79

9 oz

Miss Jones Baking Co
Organic Frosting
selected varieties



\$5.49

11.29 oz

Milkadamia
Macadamia Milk
selected varieties



\$5.49

32 oz

C2O
Coconut Water
selected varieties



\$2.29

17.5 oz

R.W. Knudsen
Juice Blend
selected varieties



\$4.29

32 oz

Steaz
Organic Iced
Green Tea
selected varieties



2/\$3

16 oz

Jolly Llama Frozen
Dessert Cones
selected varieties



\$3.99

3 ct

Health-Ade
Organic Kombucha
selected varieties



2/\$6

16 oz

Vive Organic
Organic
Wellness Shot
selected varieties



2/\$5

2 oz

Immaculate
Organic Flaky Biscuits



\$3.99

16 oz

poppi
Prebiotic Soda
selected varieties



\$6.49

4/12 oz

Koia
Plant-Based
Protein Shake
selected varieties



2/\$6

12 oz



Delicious, easily digestible goat milk kefir is not only packed with probiotics, but also a good source of protein. And our creamy European-style butter will elevate even the simplest recipes. Meyenberg...bringing the goodness of goat milk to people since 1934.



Meyenberg Goat Kefir
selected varieties

\$579

32 oz



Meyenberg Goat Milk Butter

\$599

8 oz

Ripple Plant-Based Milk
selected varieties

\$449

48 oz



Organic Valley Organic Milk
selected varieties

\$499

64 oz



Silk Organic Soymilk
selected varieties

\$479

64 oz



Nuts for Cheese Organic Dairy-Free Cheese
selected varieties

\$599

4.2 oz



Harmless Harvest Organic Coconut Water

\$429

16 oz



BelGioioso Burrata Mozzarella Cheese Balls

\$399

8 oz



Uncle Matt's Organic Orange Juice
selected varieties

\$799

52 oz



Wildwood Organic High Protein Super Firm Tofu

\$329

16 oz



Ithaca Hummus
selected varieties

2/\$7

10 oz



MyForest Foods Farm-Grown Meatless Bacon

\$699

6 oz



Olli Snack Pack
selected varieties

\$319

2 - 2.3 oz



NATIONAL VOLUNTEER MONTH



Nordic Naturals Ultimate Omega



\$21.99

60 ct

Bluebonnet Liquid Calcium Magnesium Citrate

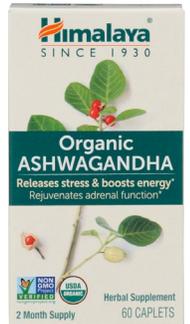
selected varieties



\$15.99

16 oz

Himalaya Organic Ashwagandha



\$17.99

60 ct

Boiron AllergyCalm Meltaway Tablets



\$11.99

60 tab

WishGarden Herbs Kick-Ass Immune Activator

selected varieties



\$21.99

2 oz

THE GOOD COLLECTIVE™



Good For You. Good For All.

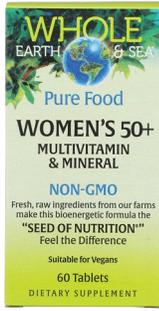
At The Good Collective, we believe in providing clean and trustworthy wellness essentials that are good for people, planet, and community. Goodness and intentionality guide everything we do—from our clean label promise to our commitment to independent retailers.

Find The Good Collective at an independent retailer near you.

ShopTheGoodCollective.com



Natural Factors
Women's 50+
Multivitamin & Mineral



\$27⁹⁹

60 ct

MegaFood
Magnesium 300 mg



\$12⁹⁹

60 ct

Garden of Life
Organic Women's
Multi Fruit &
Vitamin Chews



\$24⁹⁹

120 ct

Gaia Herbs
Turmeric Supreme
Extra Strength



\$20⁹⁹

60 vcap

Booda Organics
Organic Booda Butter
Daily Moisturizer



\$9⁹⁹

2.3 oz

Davids
Premium Toothpaste
selected varieties



\$5⁹⁹

5.25 oz

Mrs. Meyer's Clean Day
Liquid Dish Soap
selected varieties



\$3⁷⁹

16 oz

gaia[®]
HERBS

*We Get The Most
Out of Plants,
So You Can Get The Most
Out of Life*

Crispy Sheet Pan Ramen

40 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

⅔ cup teriyaki sauce or your favorite stir fry sauce
2 teaspoons sriracha hot sauce
1 teaspoon chicken bouillon, optional
6 tablespoons avocado oil
4 packages ramen noodles
1 pound boneless, skinless chicken breast, sliced into ¼" thick pieces and halved
½ pound broccoli, cut into ½" pieces
6 ounces sugar snap peas, trimmed
¼ pound carrots, peeled and sliced into ¼" slices
4 scallions, cut into 1" pieces

DIRECTIONS

- 1 Preheat oven to 450°F. Whisk together teriyaki sauce, sriracha, optional chicken bouillon, and oil until smooth.
- 2 Cook ramen noodles based on the package instructions. Drain and rinse.
- 3 Place chicken, broccoli, snap peas, carrots, scallions, cooked noodles and half of the sauce mixture in a mixing bowl and toss to combine.
- 4 Evenly spread mixture on one or two unlined sheet pans. Rearrange chicken pieces so they are on the top of the noodles and veggies.
- 5 Bake for 15 minutes then turn the broiler on high and continue to cook until chicken has cooked through, approximately 3–5 minutes, and to desired crispness.
- 6 Remove from oven and drizzle with remaining sauce as needed.



*Chicken can be substituted for another protein of choice. Proteins should be cut into ¼" slices for fast cooking.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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