

**ISNO Spring Conference**  
**April 16-17, 2020**

**ISNO Member**

- \$155 Thursday/Friday
- \$95 Thursday only
- \$95 Friday only

**Non-Member**

- \$205 Thursday/Friday
- \$125 Thursday only
- \$125 Friday only

**Student**

- \$55 Thursday/Friday
- \$30 Thursday only
- \$30 Friday only

**Add \$20 late fee for registration April 1st and after**

**Join ISNO and save on conference registration**



Name (first, last):		
Address:		
City:	State:	Zip:
Email Address:		
Phone ( )	Nursing License # (Required for Continuing Education)	
Place of Employment:	Job Title	
Address:		
City	State:	Zip:
AEA region of your school:	NCSN Certified: Y / N	
ISNO Member Number:		

- Do not list my name on conference attendee list
- I plan to attend the Thursday evening social event

**Please register online at**  
[www.isno.org](http://www.isno.org)

If paying by check, make payable to:  
**Iowa School Nurse Organization**

**Mail payment to:**  
**Sharon Guthrie**  
**ISNO Executive Director**  
**220 Coach Street**  
**Robins, IA 52328**

**If school district is supporting your attendance please confirm who will complete registration process and register yourself if needed.**

**Neighborhood Social: Wine, Food and SNOY Reception**

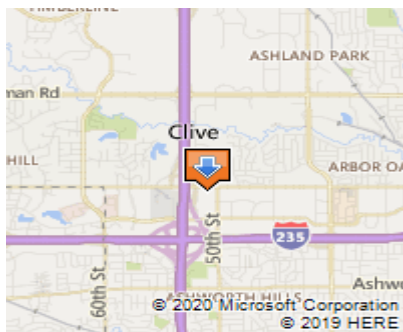
**Thursday, April 16th**  
**5:30pm—7:30pm**

Join other school nurses for social networking, collegial support, and fun. This year's event will include wine and other hors d'oeuvres. Relax, treat yourself, and plan to attend this FREE event. Sponsor by:



**Hotel Accommodations**

Sheraton West Des Moines Hotel, 1800 50th Street, West Des Moines, IA is holding a block of rooms (under ISNO) at a rate of **\$134/night** for single or double occupancy until March 26, 2020. Free continental breakfast and parking included with room reservation. Reservations may be made by contacting Sheraton at 515-223-1800.



For conference related questions contact:  
 Anna McKenna, ISNO Conference Planner  
[isno.conference@gmail.com](mailto:isno.conference@gmail.com)

**CANCELLATION POLICY:** Registration fee, less \$25 handling fee, will be refunded for cancellations up to 72 hours prior to conference. No refunds will be given for cancellations less than 72 hours prior to conference. Full refunds will be returned to all registrants should the conference be canceled due to lack of sufficient registrations.

Iowa School Nurse Organization

Sharon Guthrie—ISNO Executive Director  
 220 Coach Street  
 Robins, IA 52328



Register online at [www.isno.org](http://www.isno.org)

**REGISTER BEFORE APRIL 1, 2020 TO AVOID LATE FEES**  
**RESERVE YOUR ROOM BY MARCH 26, 2020**

**2020 Annual ISNO Spring School Nurse Conference**

**School Nurses: Essential in the Neighborhood**



**April 16-17, 2020**  
**Sheraton West Des Moines Hotel**  
**1800 50th Street**  
**West Des Moines, IA**  
**50266**



**ISNO MISSION**

*The Iowa School Nurse Organization optimizes the health and academic success of all students through education and advocacy for school nurses.*

## Purpose

Participants will engage in learning current research-based practices for pediatric and school nursing through interactive teaching and learning strategies. Participants will also examine the importance of school nursing to the health of students, families, and communities.

## Objectives

- Determine appropriate interventions and outcomes for students with ODD
- Demonstrate evidence based assessment techniques for orthopedic injuries
- Formulate strategies to engage students, families, schools and communities in research
- Determine change management methods to implement policies
- Determine appropriate proactive strategies and interventions for students with mental health challenges including suicidal ideation.
- Explore evidence based interventions for students with various acute and chronic respiratory concerns.
- Examine the impact of various substances on the health and academic success of students
- Suggest methods to establish safe school environments
- Describe sources of pesticide exposure within school settings
- Model individual and population based advocacy strategies
- Construct methods to collect, aggregate and disseminate school health data

## Conference Agenda

### Thursday, April 16, 2020

7:30am	Registration & Exhibits
8:15am	Opening Comments
8:30am	<i>Oppositional Defiant Disorder: Patience &amp; Optimism</i> – Sue Gehling, MSN, ARNP, FNP, PMHNP
10:00am	Break & Exhibits
10:30am	<i>Ortho Assessment in School Health: Normal vs. Not Normal</i> – Troy Kleese, LAT, ATC
11:30am	<i>Community Engaged Research: Networking the Neighborhood</i> – Heather Reisinger, PhD
12:30pm	Lunch
1:30pm	<i>School Nursing Practice Update: Implementing Change</i> – Melissa Walker, MSN, ARNP, FNP
2:30pm	Proactive Approaches to Mental Health Challenges – Stephanie McFarland, MSW, LISW
3:30pm	Break & Exhibits
4:00pm	<i>Responding to Acute and Chronic Respiratory Concerns</i> – Kathleen Gradoville, MA, ARNP, CPNP
5:00pm	Evaluation & CE Recording
5:30pm	Neighborhood Social: Wine, Food and School Nurse of the Year Reception

### Friday, April 17, 2020

7:30am	Registration & Exhibits
8:15am	Opening Comments
8:30am	Influence of Drugs on Safe Environments – Special Agent with Iowa Department of Public Safety
9:30am	Break & Exhibits
10:00am	Influence of Drugs on Safe Environments – Special Agent with Iowa Department of Public Safety
11:00am	Pesticide Exposure: Environment & Influence on Health – Audrey Tram Lam, MPH
12:00pm	Lunch & ISNO Annual Member Meeting
1:00pm	Advocating for Students: Being a Hero for One and All – Mary Nelle Trefz, MPH
2:00pm	Neighborhood Data Determines the Future – Melissa Walker, MSN, ARNP, FNP
3:00pm	Evaluation & CE Recording

## Continuing Education

ISNO is Iowa Board of Nursing approved provider #68. Two full days of conference awards 11.5 contact hours. Thursday only awards 6.5 contact hours. Friday only awards 5 contact hours.

## Handouts

**There will be no paper handouts available at the conference.** We request all speaker handouts in advance, however sometimes speakers are not able to provide handouts in advance regardless of several requests. Therefore, not all speaker handouts will be available prior to or after the conference. We will provide instructions to access all available handouts approximately one week prior to the conference via email. We can not guarantee and/or secure Wi-Fi access at the venue to view handouts electronically.

## Speakers

*Sue Gehling, MSN, ARNP, FNP, PMHNP*  
Owner, Classroom Clinic

*Troy Kleese, LAT, ATC*  
Certified Athletic Trainer  
UnityPoint Sports Medicine

*Heather Reisinger, PhD*  
Associate Director for Engagement, Integration, & Implementation, Institute for Clinical & Translational Science  
University of Iowa

*Melissa Walker, BSN, RN*  
State School Nurse Consultant  
Iowa Department of Education

*Stephanie McFarland, MSW, LISW*  
Behavioral Health Services Coordinator  
Des Moines Public Schools

*Kathleen Gradoville, MA, ARNP, CPNP*  
Pediatric Nurse Practitioner  
Blank Children's Hospital—Pediatric Pulmonary/Cystic Fibrosis Clinic

*Special Agent with Iowa Department of Public Safety*

*Audrey Tram Lam, MPH*  
Environmental Health Program Manager  
University of Northern Iowa—Center for Energy & Environmental Education

*Mary Nelle Trefz, MPH*  
Health Policy Associate  
Child and Family Policy Center

