Iowa School Nurse Organization

Thursday, April 16th
5:30pm—7:30pm
Join other school nurses for social networking, collegial support, and fun. This year’s event will include wine and other hors d’oeuvres. Relax, treat yourself, and plan to attend this FREE event. Sponsor by:

Neighborhood Social: Wine, Food and SNOY Reception

Hotel Accommodations

Sheraton West Des Moines Hotel, 1800 50th Street, West Des Moines, IA is holding a block of rooms (under ISNO) at a rate of $134/night for single or double occupancy until March 26, 2020. Free continental breakfast and parking included with room reservation. Reservations may be made by contacting Sheraton at 515-223-1800.

ISNO Spring Conference
April 16-17, 2020

ISNO Member
Non-Member
$155 Thursday/Friday
$95 Thursday only
$95 Friday only
$205 Thursday/Friday
$125 Thursday only
$125 Friday only
$25 Thursday/Friday
$30 Thursday only
$30 Friday only
Add $20 late fee for registration April 1st and after

Student
$55 Thursday/Friday
$30 Thursday only
$30 Friday only

Join ISNO and save on conference registration

Register online at www.isno.org

REGISTER BEFORE APRIL 1, 2020 TO AVOID LATE FEES
RESERVE YOUR ROOM BY MARCH 26, 2020

For conference related questions contact:
Anna McKenna, ISNO Conference Planner
isno.conference@gmail.com

ISNO MISSION
The Iowa School Nurse Organization optimizes the health and academic success of all students through education and advocacy for school nurses.
**Purpose**

Participants will engage in learning current research-based practices for pediatric and school nursing through interactive teaching and learning strategies. Participants will also examine the importance of school nursing to the health of students, families, and communities.

**Objectives**

- Determine appropriate interventions and outcomes for students with ODD
- Demonstrate evidence based assessment techniques for orthopedic injuries
- Formulate strategies to engage students, families, schools and communities in research
- Determine change management methods to implement policies
- Determine appropriate proactive strategies and interventions for students with mental health challenges including suicidal ideation.
- Explore evidence based interventions for students with various acute and chronic respiratory concerns.
- Examine the impact of various substances on the health and academic success of students
- Suggest methods to establish safe school environments
- Describe sources of pesticide exposure within school settings
- Model individual and population based advocacy strategies
- Construct methods to collect, aggregate and disseminate school health data

### Conference Agenda

**Thursday, April 16, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Registration &amp; Exhibits</td>
</tr>
<tr>
<td>8:15am</td>
<td>Opening Comments</td>
</tr>
<tr>
<td>8:30am</td>
<td><strong>Oppositional Defiant Disorder: Patience &amp; Optimism</strong> – Sue Gehling, MSN, ARNP, FNP, PMHNP</td>
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<tr>
<td>10:00am</td>
<td>Break &amp; Exhibits</td>
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<tr>
<td>10:30am</td>
<td><strong>Ortho Assessment in School Health: Normal vs. Not Normal</strong> – Troy Kleese, LAT, ATC</td>
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<tr>
<td>11:30am</td>
<td><strong>Community Engaged Research: Networking the Neighborhood</strong> – Heather Reisinger, PhD</td>
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<tr>
<td>12:30pm</td>
<td>Lunch</td>
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<tr>
<td>1:30pm</td>
<td><strong>School Nursing Practice Update: Implementing Change</strong> – Melissa Walker, MSN,ARNP, FNP</td>
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<tr>
<td>2:30pm</td>
<td>Proactive Approaches to Mental Health Challenges – Stephanie McFarland, MSW, LISW</td>
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<tr>
<td>3:30pm</td>
<td>Break &amp; Exhibits</td>
</tr>
<tr>
<td>4:00pm</td>
<td><strong>Responding to Acute and Chronic Respiratory Concerns</strong> – Kathleen Gradoville, MA, ARNP, CPNP</td>
</tr>
<tr>
<td>5:00pm</td>
<td>Evaluation &amp; CE Recording</td>
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<td>Neighborhood Social: Wine, Food and School Nurse of the Year Reception</td>
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<td><strong>Pesticide Exposure: Environment &amp; Influence on Health</strong> – Audrey Tram Lam, MPH</td>
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<td>Lunch &amp; ISNO Annual Member Meeting</td>
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<td>Advocating for Students: Being a Hero for One and All – Mary Nelle Trefz, MPH</td>
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<td>Neighborhood Data Determines the Future – Melissa Walker, MSN, ARNP, FNP</td>
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**Continuing Education**

ISNO is Iowa Board of Nursing approved provider #68. Two full days of conference awards 11.5 contact hours. Thursday only awards 6.5 contact hours. Friday only awards 5 contact hours.

**Handouts**

There will be no paper handouts available at the conference. We request all speaker handouts in advance, however sometimes speakers are not able to provide handouts in advance regardless of several requests. Therefore, not all speaker handouts will be available prior to or after the conference. We will provide instructions to access all available handouts approximately one week prior to the conference via email. We can not guarantee and/or secure Wi-Fi access at the venue to view handouts electronically.

**Speakers**

- **Sue Gehling, MSN, ARNP, FNP, PMHNP**
  - Owner, Classroom Clinic
- **Troy Kleese, LAT, ATC**
  - Certified Athletic Trainer
  - UnityPoint Sports Medicine
- **Heather Reisinger, PhD**
  - Associate Director for Engagement, Integration, & Implementation, Institute for Clinical & Translational Science
  - University of Iowa
- **Melissa Walker, BSN, RN**
  - State School Nurse Consultant
  - Iowa Department of Education
- **Stephanie McFarland, MSW, LISW**
  - Behavioral Health Services Coordinator
  - Des Moines Public Schools
- **Kathleen Gradoville, MA, ARNP, CPNP**
  - Pediatric Nurse Practitioner
  - Blank Children’s Hospital—Pediatric Pulmonary/Cystic Fibrosis Clinic
- **Mary Nelle Trefz, MPH**
  - Health Policy Associate
  - Child and Family Policy Center

**Speakers**

- **Audrey Tram Lam, MPH**
  - Environmental Health Program Manager
  - University of Northern Iowa—Center for Energy & Environmental Education