

## Questions? We've Got Answers! Puberty and Reproduction and the NC Course of Study for Healthful Living Education

May 24, 2019  
7:45 am – 1:45 pm

Northwest Region SNANC  
Spring Meeting

### Location

Blue Ridge Energy - Conference Room  
2491 US Hwy 421 South  
Boone, NC 28607



### Program Overview and Objectives

This half-day activity is designed for school nurses who assist in educating students about puberty and reproductive health needs, in the health room and/or classroom.

**Upon completion of this knowledge-based program, participants should be better able to:**

- Review reasons for school nurses to teach about puberty and reproductive health.
- Explain the clarifying objectives in the Healthful Living Standards from the NC Standard Course of Study.
- Explore core content and skills necessary in puberty and development education.
- Demonstrate activities for reproductive student instruction.

### Who Should Participate

Any school nurse in North Carolina.

continued ►

## Faculty

### **Terri Mitchell PhD**

Associate Professor, Health and Physical Education  
Appalachian State University  
Boone, NC

## Credits

4.0 Continuing Nursing Education (CNE) Contact Hours

Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

(#AP006-190524)

Participants must attend 90% of the activity and complete the online evaluation to receive credit.

## Agenda

- 7:45 am **Registration and Light Continental Breakfast**
- 8:15 am **Welcome and Housekeeping**
- 8:30 am **Puberty and Reproduction and the NC Course of Study for Healthful Living Education**
- 10:30 am **Break**
- 12:40 pm **Lunch**
- 1:15 pm **SNANC Business Meeting**
- 1:45 pm **Adjourn**

## Registration

\$35 — SNANC Members

\$55 — Non-members

### **Make Checks payable to "Northwest SNANC"**

#### **Mail to:**

Ashley Greene  
160 Parkway School Drive  
Boone, NC 28607  
greeneas@wataugaschools.org  
Registration deadline: May 14, 2019

# Registration Form

## Puberty and Reproduction and the NC Course of Study for Healthful Living Education

May 24, 2019

Please select registration fee:

- \$35—SNANC Member  
 \$55—Non-member

All registrations due by May 14, 2019, register early! Limit of 60, minimum of 15.

If you have not done so already, you will need to create a MyAHEC account at [www.myahec.net](http://www.myahec.net) using the preferred email address and primary phone number you have listed. If you already have an existing account, please login to your account and verify or update your information to match what is listed below to insure you receive your evaluation and certificate in a timely manner.

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First Name MI Last Degrees (e.g. MD)

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Occupation Job Title

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Home Address City State Zip County

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Home Phone Cell Phone

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Employer

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Employer Address City State Zip County

---

Employer Phone Employer Fax

---

preferred  Home Email  Work Email

### Payment and Registration Instructions:

Make Checks payable to "Northwest SNANC" and mail, with registration form, to:

Ashley Greene  
160 Parkway School Drive  
Boone, NC 28607  
[greenas@wataugaschools.org](mailto:greenas@wataugaschools.org)