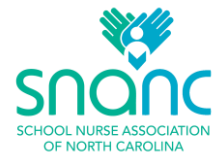


March 2019

School Nurse Advocate



SNANC Mission Statement: The school nurse association of North Carolina exists to support professional school nurses in the promotion of optimal student health.

President's Note

Spring is here, and we are once again coming to the end of another school year. Have you had an opportunity to reflect on your practice? Are you able to be an advocate for the role of the school nurse? On the NASN website, you can find advocacy resources to help you articulate the importance of your role. One of my favorite tools to use is the infographic, 5 ways a School Nurse Benefits the School: attendance, academics, times, staff wellness, and

accountability. Consider using these resources in May on National School Nurse Day, **Wednesday, May 8, 2019.**

The SNANC executive board was busy in the month of February visiting our legislators in Raleigh. See Legislative Report for details and more information how you can be advocate for yourself and school nurses across our state.

Amy Widderich, President SNANC

Legislative News

The night with the legislature(reception) was well attended both by nurses and legislators. Our executive board spent their time educating members of the school nurse role and need to follow up with the recommendations of the legislative study about school nurses.

The day following the reception, members of the executive board and other SNANC members visited their representative and other key legislators to continue the discussion. The group started the morning with a briefing from NCNA and our lobbyist. Bills that we need to monitor: House Bill 74 and 76 regarding school safety. We have verbal information that the Governor's budget does include monies for additional school nurses. We have verbal information that the DPI budget request is for additional school support personnel that would include school nurses, but we are unsure how these funds would be distributed. There is not a specific bill addressing the school nurse funding based on the legislative study.

Liz Newlin, Legislative Chair

Congratulations !



2018SN

2018 SNAOY

Kim Ragan RN BSN NCSN

Kim Ragan is the current Director of School Engagement for the Cabarrus Health Alliance and brings 34 years of nursing experience to this award. Her practice as a school nurse began back in 1997 and she has expanded her reach to cover many aspects of student health while remaining in touch with the independent practice of school nursing. She has been a supervisor for 14 years.



2018 SNOY

Twila Ingwersen RN BSN NCSN

Twila Ingwersen is a current school covering three schools in Avery County and has been a Lead Nurse since 2008. She brings 37 years experience, 17 of those in school nursing. According to her nominators she is a leader in her ability to meet diverse needs in her community. She is also founder of the county's SHAC program.

Executive Board

President-Amy Widderich
President elect- Jennifer Sharpe
Secretary-Alice Elio
Treasurer- Cheryl Herberg
Membership Chair-Amy Phillips
Nominations Chair- Cheryl Blake
Marily H. Assay- Wendy Harsch
Legislative/Preesident Emeritus
Liz Newlin
Marketing Chari- Jennie Arnold
Website Chair- Jennifer Sharpe
Communications Chair- Dallas Picard
Professional Practice/Standards
Mary Elaine Knight
Continuing Education – Linda Byrd



SchoolNurseNet
community is a place for
us to share success
stories, ask questions and
to stay connected as a
group.

Not sure how to join?

Go

to: <https://www.nasn.org>

Click on

**SchoolNurseNet, then
select all communities,
then find School Nurse
Association of North
Carolina, click on Join.**

SNANC awards the Marilyn H. Asay scholarship annually to assist with educational expenses.

Congratulations to 2018 Marily Asay Scholarship Winners!

Cheryl Herberg and Elizabeth Shook

For more information on Marilyn Asay, the pioneering work that she did for school nursing in NC and the scholarship application packet please go to:
http://www.snanc.org/images/Marilyn_Asay_Scholarship_Application_Packet_2014.pdf

The deadline for applications is May 14 each school year. (If you are working on an application and are not sure if it will be delivered on time please email Wendy Harsch, Marilyn Asay Scholarship Chairman wendy.harsch@cabarrushealth.org)

Continuing Education Opportunities

Check out the vast opportunities available for school nurses.

National Association of School Nurses 51st Annual Conference

June 28 -July 1, 2019 (preconference June 27, 2019) Gaylord Rockies in Denver, Colorado.

Click link below for more information:

<https://www.nasn.org/nasn/programs/conferences/annual-conference>

School Nurse Certification Examination Review

Same 8-week course, 6 different start dates in 2019!

Series Dates

Series 3: April 6, 2019–May 31, 2019

Series 4: May 4, 2019–June 28, 2019

Series 5: August 10, 2019–October 4, 2019

Series 6: September 7, 2019–November 1, 2019

CDC Healthy Schools E-Learning Series: Training Tools for Healthy Schools

https://www.cdc.gov/healthyschools/professional_development/e-learning/P4HS/index.html

☐ **School Health Guidelines to Promote Healthy Eating and Physical Activity**

https://www.cdc.gov/healthyschools/professional_development/e-learning/shg/index.html

☐ **School Health Index: A Self-Assessment and Planning Guide**

https://www.cdc.gov/healthyschools/professional_development/e-learning/shi.html

You can't educate a student
who isn't healthy . . .



and you can't keep children healthy
who aren't educated!