



2021 CASN Virtual Spring Workshop

We Are in This Together

ST Standards of Practice	QI Quality Improvement	CC Care Coordination	LD Leadership	CO/PH Community/ Public Health
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March 6, 2021 - Saturday

9:00 AM **Welcome**: CASN President-Elect Linda Patterson BSN, RN, NCSN

9:10 AM **Experience Matters!**

This session addresses the importance of experience through the “I”s of the beholder. School nurses will have a chance to understand varying viewpoints which will empower them to increase their ability to work alongside families and staff experiencing daily life with a student who has a mental health condition. **CC** **CO/PH**

Jen Ellerbroek MSN, RN, APRN, AE-C, NCSN, CPNP-PC

has been a school nurse in the Cherry Creek School District for 13 years as well as a Pediatric Nurse Practitioner in the Emergency Department at Children’s Hospital Colorado for the past 7 years. She recently volunteered with her local public health department on the COVID-19 case investigation/contact tracing team where she became a Team Lead in order to help fight the pandemic and decrease the spread. She has a passion for supporting those who live in the shadow of their loved one with a mental health diagnosis.

Ashley M. Tunstall MPA, MA, LPC has served as the Director of Behavioral Health & Medical Services for the Colorado Division of Youth Services since 2009. She has 28 years of experience working in multiple capacities with both those who have criminally offended and those who have been victimized. Ashley’s expertise is in the areas of family systems, risk assessment, mental health, trauma, and policy work in youth services. She also conducts research on the intersection of trauma and aggression and is passionate about helping systems transform cultures to be trauma-responsive.



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Ashley and Jen have been collaborating through personal and professional experiences over the past 8 years. In the last 2 years, they have created an answer to one of the greatest needs in our battle against the stigma of mental health challenges--addressing *all* in the circumference of support. Through their approach, they hope to reach the many family, friends, and loved ones who live alongside those who battle mental health conditions daily and provide tangible steps to protect their health.

10:20 AM **How Do You Want to Lead During COVID-19?**

The COVID-19 pandemic has challenged school nurses in ways that we never could have imagined a year ago. While there are no blueprints for school nurses on how to lead through a pandemic, there are foundational frameworks that can help us navigate through the complexities and uncertainties. **LD, CO/PH, CC**

Sarah Blumenthal MSN, RN, NCSN is the current Assistant Director of Student Health Services in the Health and Wellness Unit for the CDE and State School Nurse Consultant. Sarah is a Nationally Certified School Nurse. She has worked as a registered nurse for 38 years, including 17 years as a school nurse. In her current role, Sarah provides guidance and technical assistance to school districts, charters, and BOCES throughout Colorado. She has held several CASN Board positions, including Secretary, President, and Conference Committee Chair.

11:05 AM **Colorado COVID-19 Updates - Applications to Schools**

This presentation will cover the most recent updates on school health-related COVID-19 information, including testing, outbreaks, and COVID-19 Vaccinations. **LD, CO/PH, CC**

Dr. Brian Early is a physician and medical epidemiologist at the CDPHE. He completed his MPH at the University of Arizona and his medical degree at Case Western Reserve University. He completed his residency in Preventive Medicine at the University of Colorado. Dr. Early's research has included investigations of procedural outcomes in interventional radiology, crowd forecasting of geopolitical events, and barriers to assisted treatment access. He is currently part of the COVID-19 response, supporting schools, understanding hospitalization trends, and monitoring wastewater to predict disease rates.



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12:30 PM COVID-19 and Children's Mental Health: What We Need to Know and How to Help Them

Dr. Lee will discuss the impact of COVID-19 on children's mental health and how school nurses can help them. **CC** **CO/PH**

Jin Lee PsyD, MSCP, BCB is a licensed clinical and pediatric psychologist specializing in working with children and adolescents. She is a concussion psychologist at Rocky Mountain Pediatric OrthoONE Center for Concussion and has her own private practice focusing on working with children and adolescents with medical conditions.

1:30PM 2021 Revised Colorado Asthma Care Plan Roll Out

Christy and Megan will review the 2021 Colorado Asthma Care Plan, highlighting differences from the 2018 plan. Changes were made by a group of stakeholders based on feedback from Colorado school nurses and providers. We will also discuss implementation and dissemination. **CC** **LD**

Christy Haas Howard MPH, BSN, AE-C, NCSN is a Nationally Certified School Nurse and an Asthma Educator. She has been a school nurse in Denver Public Schools since 2005. Since 2013, Christy has been guiding the implementation of school-based asthma management programs and has been working with the Colorado Department of Education (CDE) as the Asthma Specialist to support asthma programs across the state. She has co-authored/ contributed to two articles regarding asthma, that were published in the NASN School Nurse.

Megan Murray BSN, RN, AE-C has been a school nurse for 14 years and a regional nurse specialist for the Colorado Department of Education (CDE) for five years. She has a Bachelors degree in Human Development and Family Studies and has been a nurse for 17 years. She has worked in Pediatrics, Medical Surgical, Oncology and General Surgery. She has been a Nationally Certified School Nurse and is currently a Certified Asthma Educator.



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2:10PM Environmental Hazards and Clinical Implications on Child Health **Advancing School Nurse Engagement**

Christy and Kathy will share an overview of the current state of knowledge regarding known and potential environmental hazards to child health. Participants will learn about the clinical implications of exposure to these hazards and prevention and health promotion interventions that school nurses can implement in the practice. **LD** **CO/PH**

Christy Haas Howard MPH, BSN, AE-C, NCSN is a Nationally Certified School Nurse and an Asthma Educator. She has been a school nurse in Denver Public Schools since 2005. Since 2013, Christy has been guiding the implementation of school-based asthma management programs and has been working with the Colorado Department of Education (CDE) as the Asthma Specialist to support asthma programs across the state. She has co-authored/ contributed to two articles regarding asthma, that were published in the NASN School Nurse. Christy has pursued learning more about and engaging in climate change and health issues.

Kathy Reiner MPH, BA, BSN, RN is the CDE Northwest Region School Nurse Specialist. She has 23 years of experience as a school nurse, both as a site-based and consultant school nurse working at all levels Pre K-12. She has presented at the state and national level on multiple topics and has authored and contributed to articles and position statements regarding child maltreatment, delegation, climate change, head injury, and infectious diseases. Kathy is a former Colorado Director to the National Association of School Nurses, (NASN) and the NASN liaison to the Nursing Collaborative on Climate Change and Health.

Save the Date!
CASN Fall Conference October 22-24, 2021

**Nationally Certified School Nurses (NCSNs) Can Use
These Contact Hours to Renew their NCSN**