



CASN 2019 Fall Conference Brochure  
November 1-3, 2019  
Embassy Suites  
Loveland, Colorado



## **Leading the Way**

**November 1, 2019**  
**Pre-Conference Sessions**  
**8:00 AM – 12:00 PM**

### Child Care Health Consultation (CCHC) 101- Katie Maldonado BSN, RN, NCSN

Katie serves as a Nationally Certified School Nurse. She serves as a coordinator for Healthy Child Colorado (HCC) and a School Nurse Consultant with Children's Hospital Colorado, caring for a large Denver metro school district, several community centers, preschools and school-aged camps. Katie's recent professional contributions include work with the National Resource Center as a subject matter expert for CCHC trainings and creating required state-level trainings. For CCHCs in Colorado, Katie has updated statewide competencies, created a peer mentor program, and launched a huddle to connect CCHCs monthly video conferencing. This training provides specific Child Care Health Consultation resources to nurses and physicians serving in this role in the Colorado childcare programs. The on-line Child Care Health Consultant (CCHC) training (found at [www.CO.Train.org](http://www.CO.Train.org)) is required as a prerequisite. Using lecture, scenarios, and interaction with colleagues, this training describes the role and competencies for this unique health role that will foster a deep understanding of health, safety, and wellness practices in childcare settings.

Applying Best Practice Asthma Care in Schools: A Standard Statewide Approach – Megan Murray RN, AE-C, and Anita Brodecky BSN, RN, NCSN, AE-C, Speakers. Jane Weber MA, BSN, RN, AE-C, and Kathy Reiner MPH, BSN, RN will assist with this session. Anita Brodecky has been a registered nurse for 15 years and a school nurse for 9 years. She has also been working with CDE as the Southeast Colorado Regional Nurse Specialist for two years. Megan Murray has been a registered nurse for 14 years, a school nurse for 12 years, and has been the West Central Regional Nurse Specialist with CDE for the past three years. Anita and Megan both have first-hand knowledge working with students who have students with asthma and have completed many asthma-specific trainings. In 2018, they both passed the certification exam to become Asthma Educator Certified. Colorado Department of Education (CDE) Regional Nurse Specialists are participating in a grant to enhance asthma awareness and best practice among school nurses in



the state. This presentation will be guided by four of the Regional Nurse Specialists and highlight tools developed as part of an online training for school nurse and for unlicensed assistive personnel.

**8:30 AM - 11:30 AM**

Understanding the School Nurse's Role in the IEP Process – Sarah Blumenthal MSN, RN, NCSN  
Sarah is the current Assistant Director of Student Health Services in the Health and Wellness Unit for the Colorado Department of Education (CDE) and State School Nurse Consultant. Sarah has worked as a registered nurse for 36 years, including 17 years as a school nurse. In her current role she provides guidance and technical assistance to school districts, charters and BOCES throughout Colorado. She has held several CASN Board positions including Secretary, President, and Conference Chair. This workshop will include a review of special education guiding frameworks and the essential role of the school nurse in the IEP process. Participants will have an opportunity to explore case studies and practice an IEP report.

**9:00 AM – 12 PM**

Skill-Based Approach to Managing Chronic Health Conditions in Schools, Kathleen Patrick BSN, MA, RN, NCSN, FNASN, Speaker

Kathleen was the Assistant Director of Student Health Services in the Health and Wellness Unit at the Colorado Department of Education from 2006-2018. She worked with school districts and school nurses around the state of Colorado by providing professional development and technical assistance until her retirement in 2018. She is active in both the National Association of School Nurses (NASN) and the National Association of State School Nurse Consultants. Kathleen is currently working as a consultant with CDE on a chronic disease grant from the CDC. Care Coordination for students with chronic health conditions is a vital role for the school nurse. During this session, we will translate strategies into actions to improve care coordination for these students while they are in your care. Space is limited and participants must register for this session.

**1:00 PM – 4 PM**

Nurse Leadership Meeting, CDE School Nurse Consultant, Sarah Blumenthal MSN, RN, NCSN, Facilitator/Speaker, Department of Education (CDE) and State School Nurse Consultant. Sarah has worked as a registered nurse for 36 years, including 17 years as a school nurse. In her current role she provides guidance and technical assistance to school districts, charters and BOCES throughout Colorado. She has held several CASN Board positions including Secretary, President, and Conference Chair. School nurse leaders will learn about current school health issues, discuss professional practices and share exemplary successes.

**1:00 PM- 4:00 PM**

Child Care Health Consultation (CCHC) 201 – Theresa Rapstine MSN, RN, NCSN



Theresa Rapstine is a champion for children. As a pediatric nurse at Children's Hospital Colorado for 33 years, she has worked to ensure healthy and safe environments for children. Her experience in emergency nursing, leadership, coalition building, and advocacy has helped Colorado mandate booster seats, require immunization rate reporting, enhance the CCHC role, ensure safe sleep environments for infants, and improve child care licensing and sanitation rules. Since 2012, Theresa has served as a CCHC for the School Health Program at Children's and Coordinator for Healthy Child Care Colorado. She provides coaching and technical assistance to nurses and physicians working in the CCHC role, licensing specialists, childcare directors, local public health agencies, state agencies, and community partners. Theresa has a Master of Science in Nursing Leadership from Regis University. This training helps experienced childcare health consultants build their competencies through self-assessment, group discussion, reflection and scenarios. Participants will practice using a new Health, Safety, and Wellness Assessment designed to be used with programs.

**November 2, 2019  
Saturday Sessions**

**8:10 AM – 9:10 AM**

**Keynote: Sculpting Your Professional School Nurse Practice-** Laurie Combe MN, BSN, RN, NCSN NASN President, Laurie G. Combe earned her Bachelor of Science of Nursing and Master of Nursing degrees from Louisiana State University. Her nursing experience includes adolescent psychiatry, nursing education, home health hospice nursing, and her passion, school nursing. She served as a school nurse for 12 years. In her 13 years as Health Services Coordinator, she supported school health care for 53,000 students. Laurie is now an independent consultant for school nursing and school health services. The Learner will embrace lifelong school nurse professionalization with intentionality and accept responsibility for honing the school nurse public narrative that opens doors to resources, opportunities and professional respect.

**9:10 AM -10:25 AM**

**General Session: Human Trafficking: Informing Colorado's Healthcare Practice,** Kara Napolitano MS, MA, Speaker

Kara Napolitano holds a Master of Arts degree in International Development from the University of Denver. Before completing her education, she spent eight years working and volunteering in Africa, the Middle East, and Asia, working mostly with education-based NGOs in post-conflict areas. It was during this time that she was introduced to the crime of human trafficking. She has worked for Laboratory to Combat Human Trafficking for four years, currently as Research and Training Manager. Healthcare providers can play a critical role in identifying and referring people who may have been trafficked, and are integral to post-trafficking care. Since traffickers exert near complete



control over victims, points of contact with healthcare workers represent crucial opportunities for victim identification and intervention. This training will cover: 1) An overview of human trafficking as a basic healthcare issue in rural communities; 2) How to identify the clinical manifestations of the major forms of trafficking; 3) Integrating protocols and procedures to assess and respond to the needs of trafficked persons who present in the healthcare setting; 4) Service provider resources and referrals; 5) Mandatory reporting requirements.

#### **11:00 AM – 12:00 PM**

CDE Updates – Sarah Blumenthal MSN, RN, NCSN, Assistant Director of Student Health Services in the Health and Wellness Unit for CDE and State School Nurse Consultant. Sarah has worked as a registered nurse for 36 years, including 17 years as a school nurse. In her current role she provides guidance and technical assistance to school districts, charters and BOCES throughout Colorado. She has held several CASN Board positions including Secretary, President and Conference Committee Chair.

#### **Breakout Sessions**

#### **1:30 PM – 2:30 PM**

Pediatric Emergencies in the School Setting -Mobile Training Center from the Rocky Mountain Hospital for Children, Sue Kirelik M.D, Jenny Waken RN, and Stephanie Miller RN, will facilitate (location for this will be in the parking lot). PLEASE NOTE- this will be offered for all three breakout sessions

The Outreach Education team from Rocky Mountain Hospital for Children consists of a robust team of Pediatric experts, including Board Certified Pediatric Physicians and Certified Pediatric Nurses. The team loves to teach and is excited to run pediatric simulations for you to have the ability to practice hands on skills and increase your critical thinking.

Understanding Guidelines and Legal Frameworks in School Nursing - Sarah Blumenthal MSN, RN, NCSN, Speaker. Sarah is the Assistant Director of Student Health Services in the Health and Wellness Unit for CDE and State School Nurse Consultant. She has worked as a registered nurse for 36 years, including 17 years as a school nurse. In her current role, Sarah provides guidance and technical assistance to school districts, charters and BOCES throughout Colorado. She has held several CASN Board positions including Secretary, President and Conference Committee Chair. This session provides an overview of the legal frameworks and practice guidelines that will help school nurses navigate through the daily complexities of their role.



Anxiety 101: Identification to Brief Interventions – Scott Cypers BA, MS, Ph.D., Speaker  
Dr Cypers is the Director of Stress and Anxiety programs at the Helen and Arthur E. Johnson Depression Center. Dr. Cypers has worked for the past 15 years in various clinical roles including Director of Anxiety and Stress Programs at Children’s Hospital Colorado, Psychologist working with active duty military at Buckley Mental Health, as well as working for many Universities in student health services in various roles. At each place he has worked, Dr. Cypers has built innovative programs to address the range of mental health issues, most notably in the areas of stress, anxiety, and promoting help seeking behaviors. This presentation will better prepare you to catch anxieties that may show up in your office and understand ways to help those that you identify as anxious.

Food Allergy Management A Team Based Approach – Bruce J. Lanser MD has been an Assistant Professor in the Division of Allergy and Clinical Immunology, Department of Pediatrics, at National Jewish Health and the University of Colorado School of Medicine since 2015. He is currently completing coursework to obtain an MPH at CU. He serves, as the Director of the Pediatric Food Allergy Program at NJH, is a co-investigator for the NIH/NIAID- sponsored Consortium on Food Allergy Research (COFAR) and is the PI for several industry-sponsored peanut immunotherapy studies. Dr. Lanser’s clinical interests include food allergy and FPIES. He also serves as the Associate Director of the Pediatric Allergy and Immunology Fellowship Training Program. Following a review of food allergy basics, we will discuss current management guidelines, 504 plans, parent and student expectations, the role for schools, and future treatment options. We will also cover anxiety and bullying, emphasizing techniques to minimize this burden. Finally, we will analyze several common myths surrounding food allergy in an interactive format.

School Health Data- What’s in it For You? - Kathy Reiner MPH, BA, BSN, RN  
This presentation will utilize evidence-based resources to give school nurses the tools to identify questions that can be answered by school health data, potential sources of that data, and ways that data can be used to create desired change. Kathy has a 22-year career in school nursing as both a “boots on the ground” school nurse and in-management roles. Previously she worked in the public health arena in the student of communicable diseases and injury epidemiology. Currently she is a Regional Nurse Specialist for the Colorado Department of Education and the Colorado Director to the National Association of School Nurses (NASN). Kathy is the State Data Co-Coordinator for NASN’s National School Data Set: Every Student Counts.

**2:45 PM - 3:45 PM**

Pediatric Emergencies in the School Setting -Mobile Training Center from the Rocky Mountain Hospital for Children, Sue Kirelik M.D, Jenny Waken RN, and Stephanie Miller RN, will facilitate (location for this will be in the parking lot). PLEASE NOTE- this will go all three Breakout Sessions



The Outreach Education team from Rocky Mountain Hospital for Children, consists of a robust team of Pediatric experts, including Board Certified Pediatric Physicians and Certified Pediatric Nurses. The team loves to teach and is excited to run pediatric simulations for you to have the ability to practice hands on skills and increase your critical thinking.

The State of Immunization in Colorado and Resources to Support School Nurses – Elizabeth Abbott MPH, Speaker

Liz Abbott is the Director of Programs and Strategy at the Colorado Children’s Immunization Coalition where she leads initiatives to improve immunization education, access, delivery and policy. Since joining CCIC in 2013, Liz has worked to strengthen partnerships, expand program reach, and advance the utilization of immunization data to inform statewide immunization programs and policy. This session will provide an overview of the landscape of vaccination coverage in the state of Colorado, as well as a summary of current programmatic and policy efforts aimed to improve immunization rates and protect our communities from preventable disease through vaccination. A variety of new resources available for school nurses and parents will be highlighted, including CCIC’s custom, school district level immunization fact sheets as an example.

Attendance and the School Nurse – We Make a Difference! Christy Haas-Howard has been a school nurse with Denver Public Schools since 2005. Since 2013, she has been guiding the implementation of school-based asthma management programs. In 2016, she began working with the Colorado Department of Education (CDE) to support asthma programs across the state. During the 2017-2018 school year, Christy led a yearlong professional development offering for school nurses, psychologists, and social workers to support attendance strategies at the school level. In this presentation, we will discuss chronic absenteeism and its effects on our students. We will access resources and review effective strategies that can positively affect the attendance of our students, especially those with chronic conditions. Attendees will be encouraged to identify a strategy to implement in their school.

Interventions for Students with ADHD – Rob Rosenthal Psy.D., Licensed Psychologist, Speaker  
Dr. Rob Rosenthal is a licensed psychologist based in Denver, Colorado. He is an Assistant Clinical Professor and the Director of Psychological Assessment in Student and Resident Mental Health at the University of Colorado Anschutz Medical Campus. He has a private practice in which he provides psychotherapy and psychological testing to children, adolescents, and adults. He has also run an ADHD Skills Group for several years. This presentation provides an overview of ADHD and the challenges experienced by people who have ADHD. It also addresses several interventions that can help this population.



Persistent Symptoms after Pediatric Concussion: Contributing Factors and a Cognitive Behavioral Approach to Intervention – Tess S. Simpson Ph.D., Licensed Psychologist, Speaker

Dr. Simpson is an Assistant Professor of Physical Medicine and Rehabilitation at the University of Colorado School of Medicine. She is a rehabilitation psychologist who provides outpatient behavioral health services to patients with acute and/or chronic medical conditions and consultation/intervention services in a multidisciplinary spinal defect's clinic. Dr. Simpson's research interests include treatment development for youth with persistent post-concussive symptoms and evaluation of patient and family psychosocial functioning for youth with neural tube defects.

I Think my Student is Having a Seizure- Now What? - Safety Needs and Protocols– Christi Wayne CPN, BSN, RN, Speaker

Christie has worked as a neurology nurse at the Neurology Clinic, Children's Hospital Colorado, for seven years. She is the only pediatric Non-Epileptic Spells Coordinator for a seven-state region. She partners with the Epilepsy Foundation of Colorado to plan and volunteer at the epilepsy summer camps for kids. This presentation will discuss Safety Needs and Protocols for students with seizures.

**4 PM – 5 PM**

Pediatric Emergencies in the School Setting -Mobile Training Center from the Rocky Mountain Hospital for Children, Sue Kirelik M.D, Jenny Waken RN, and Stephanie Miller RN, will facilitate (location for this will be in the parking lot). PLEASE NOTE- this will go all three Breakout sessions The Outreach Education team from Rocky Mountain Hospital for Children, consists of a robust team of Pediatric experts, including Board Certified Pediatric Physicians and Certified Pediatric Nurses. The team loves to teach and is excited to run pediatric simulations for you to have the ability to practice hands on skills and increase your critical thinking.

The Multiple Strains of Youth Marijuana Prevention – Michel Holien MSW, LCSW and Lauren Dodge MSW, LCSW, LAC, Speakers

Michel manages Denver Public Schools' (DPS) Prevention Services Program. She is a licensed clinical social worker who brings with her a unique blend of direct service experience as well as a public health background. She has a passion for upstream prevention (addressing problems before they start) rather than trying to fix things after the fact. Michel's expertise is in program management and development, as well as social emotional program implementation in school settings.

Lauren is a School Health Professional in Denver Public Schools' Prevention Services Program. She is a licensed clinical social worker and licensed addictions counselor who brings with her a well-rounded experience in substance use prevention and intervention. Lauren is passionate about



providing youth with skills and resources to be healthy, happy and successful young adults. Lauren's expertise is in substance use and social emotional skill building in schools and individual intervention.

The purpose of this presentation is to educate participants about effective prevention strategies for youth substance use/abuse prevention. Included will be information about the various evidence-based programs utilized by DPS as well as effective outcome measures to demonstrate program success.

Start the Conversation: How to Talk to Young People about Vaping – Madeline Morrissey MPH, Certified Prevention Specialist II, Speaker

Madeline Morrissey is a Lead Professional Learning Facilitator at RMC Health. She leads substance use prevention projects, including a partnership with Jefferson County School District to implement behavioral health initiatives in schools, a project to build systems in schools that prevent marijuana disciplinary infractions, and a project to support the capacity of public health agencies to prevent tobacco use. Prior to joining RMC Health, Madeline taught high school and spent years coaching and developing teachers. In this workshop, participants will practice the principles of trusted adult conversations using the topic of vaping and scenarios to build their skills.

How Can You Tell That's Not a Seizure? – Christi Wayne CPN, BSN, RN, Speaker

Christie has worked as a neurology nurse at the Neurology Clinic, Children's Hospital Colorado, for seven years. She is the only pediatric Non-Epileptic Spells Coordinator for a seven-state region. She partners with the Epilepsy Foundation of Colorado to plan and volunteer at the epilepsy summer camps for kids. This presentation will discuss seizures and non-epileptic spells.

*You are invited to our CASN Annual Awards Banquet  
as we recognize our nominees and  
distinguished award recipients this year.  
Delicious food, Great company and  
Wonderful music & entertainment!  
Banquet is included in two-day Conference Registrations  
6:30 P.M. - 10:30 P.M. - You MUST RSVP*

**November 3, 2019  
Sunday Sessions**



### **8:00 – 9:00 AM**

CASN General Meeting – Lindsay Albanese M.Ed, BSN, RN, NCSN, President CASN  
Lindsay is the current President of CASN. She has been a registered nurse for the past twelve years with a focus in school nursing during the last eight years. Lindsay currently works as a Resource Nurse Coordinator for the Cherry Creek School District and is a Diabetes Resource Nurse.

2019 Legislative Session: Banner Year for Progressive Proposals – Diana Protopapa MSW, Speaker

Diana is a Partner with Frontline Public Affairs. She is a strong, collaborative leader with 20 years' experience in health care policy and government relations. Diana has a Master's in Social Work from University in Denver. She will discuss health care policy legislation specific to nurses and children that passed in the 2019 Legislative Session.

### **9:15 PM – 10:15 PM**

Diabetes Support Groups in the School Settings – Haley Houtchens BSN, RN, CPN, AE-C  
Haley is a school nurse consultant for Children's Hospital Colorado in the 27J school district. She also maintains competencies and works in the urgent care/ED at Children's North Campus. Prior to becoming a school nurse consultant, she worked in both the Emergency Department and the Pediatric Cardiology Step Down Unit. She has a passion for teaching and mentoring and is a recent recipient of the DAISY Award for Excellence in Nursing, in large part due to the diabetes support group that she started in Brighton. Haley will bring two to three high schoolers with Type 1 diabetes who helped her create and sustain a diabetes support group in the Brighton 27 J School District. They will discuss how the group formed, what has been done so far and where they see the group going. They will also discuss the group gatherings as well as the lunch buddy program that developed.

### **10:30 AM – 11:30 AM**

Panel Discussing Diabetes, Linda Doniger parent of a child with type 1 Diabetes and a Health Tech at Cherry Creek School District, BS and Diabetes Resource Nurses (DRN): Jodi Stroh Kelly Driver, Carrie Lee, and Glenda Kaufman

**The Diabetes Resource Nurse** program connects highly qualified school nurses and public health nurses to school districts throughout Colorado to provide consultation, technical assistance, resources to support standardized health services for children with diabetes in the schools. They do not provide direct care.



Kelly Driver BSN,RN,NCSN, School Nurse Douglas County School District  
DRN 6 years.

Carrie Lee DNP RN, Coordinator Health Services, Boulder County School District and District  
Diabetes Resource Nurse

Glenda Kauffman MSN, RN Cherry Creek Diabetes Resource Nurse

Jody Stroh RN, BSN, AE-C , Diabetes Resource Nurse, and CDE Regional Nurse Specialist SW

**Nationally certified school nurses can use these contact hours to  
renew certification!**

**Conference participants will receive their evaluations via Survey  
Monkey Please register with the email you access the most.**