## Before a WORD is Spoken...

### Expressions
- anxious
- scared
- mad
- sad
- nervous
- embarrassed
- worried
- happy
- drowsy
- cranky
- hostile
- nauseated
- wary
- spacey

### Clothes
- appropriate
- dirty
- odorous
- ripped/torn
- worn
- inappropriate

### Breathing
- calm
- labored
- hyperventilation
- stridor
- nasal
- flaring
- shallow
- panting
- retractions

### Nose
- red
- mucous
- clear
- drainage

### Eyes
- watery
- ptosis
- crying
- clear
- sclera
- conjunctivitis
- matted/crusty
- eyelashes
- squinting
- swollen
- eyelid

### Mouth
- smiling
- grimace
- frown
- chapped
- lips
- pinched
- lips
- swollen
- halitosis
- bloody
- breathing
canker
- sore
- choking

### Skin
- pallor
- clammy
- flushed
- sweaty
- bruising
- swelling
- lesions
- acne
- dry
- intact
- blisters
- hives
- piercings
- horripilation

### Hair
- matted
- clean
- dirty
- stringy
- disheveled
- combed

### Hands
- relaxed
- clenched
- shaky
- bloody
- swollen

### General Appearance
- obese
- underweight
- posture
- slouching
- slumped
- presence
- of
- bandages/casts/crutches

### Hands
- relaxed
- clenched
- shaky
- bloody
- swollen

### Skins
- pale
- clammy
- flushed
- sweaty
- bruising
- swelling
- lesions
- acne
- dry
- intact
- blisters
- hives
- piercings
- horripilation

### Hands
- relaxed
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### Designed by Texas School Nurses Organization
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**The School RN has made 101 Assessments!**