

**INDIVIDUALIZED HEALTHCARE PLAN (IHP)  
SEVERE ALLERGIES**

**STUDENT NAME:** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Student Address:**  
**Home Phone:**  
**Parent/Guardian:**  
**Day/Work Phone:**  
**Healthcare Provider:**  
**Provider Phone:**  
**IHP Written By:**

**School:**  
**Teacher/Counselor:**  
**Grade:**  
**IHP Date:**  
**IEP Date:**  
**Review Date(s):**  
**ICD-9 Codes:**

**Parental/Guardian statement:** *I/We have read this plan and agree to its implementation.*  
**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
	Ineffective breathing pattern related to: _ bronchospasm _ inflammation of airways	The student will identify symptoms of allergic reaction.  The student will participate in development and implementation of healthcare plans at school.  The student will be safe in all school environments.	Provide necessary health counseling opportunities for student to participate in self-care (depending on the student's cognitive and/or physical ability). -Review symptoms and sources of allergen(s). - Review treatment methods, including how/when to report allergic symptoms to school personnel. - Teach proper technique of self-administration of epinephrine. - Continuously monitor school environment for potential allergens.	The student will identify his or her symptoms of an allergic reaction (from mild to severe) and share information with appropriate school personnel.  The student will actively participate in healthcare management and ECP at school.

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Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
	Effective therapeutic regimen management related to: - ability to seek help from others - ability to self-medicate when appropriate	The student will be safe in all school environments.  The student will develop self-medication skills when appropriate.  The student will prevent allergic reactions from occurring.	Provide in-service for school staff (including school bus driver, if appropriate) about allergic reaction/anaphylaxis. - Identify student's known food or insect allergen(s). - Discuss symptoms of mild to severe allergic reactions, including anaphylaxis. - Develop specific guidelines for treatment (from mild to severe) - ECP. - Document each episode of allergic reaction. - Request that classroom teacher alert room mothers about food allergy and need for alternative party treats. - Make field trip modifications as needed (e.g., medication must be taken along on all field trips). - Make extracurricular activities (e.g., dances, carnivals) modifications that are needed. - Continuously monitor school environment for potential allergens.	The student will describe steps to take if an allergic reaction occurs.  The student will inform school personnel when treatment for an allergic reaction is necessary.  The student will actively participate in healthcare management and ECP at school.  The student will identify school personnel responsible for helping carry out the healthcare management and ECP.

