

INDIVIDUALIZED HEALTH PLAN (IHP)

<p>What is an Individual Health Plan?</p>	<p>The Individual Health Plan (IHP) documents:</p> <ul style="list-style-type: none"> • the student’s needs for school health services and school nurse services, • the steps of the nursing process, and • the student outcomes/goals to promote student health, prevent disease, and enhance academic achievement. <p>The IHP includes:</p> <ul style="list-style-type: none"> • assessment, • nursing diagnosis, • goals, • interventions, • expected outcomes, • and evaluation.
<p>Who Develops the Individual Health Plan?</p>	<p>The licensed registered school nurse develops the IHP with the student, family, health care provider, and school team to coordinate health and nurse services at school, to and from school, at home, and in the community.</p>
<p>Assessment</p>	<p>Assessment is the collection and evaluation of pertinent information that serves as the basis for development of the IHP and establishes the baseline for measurement. Sources of information include, but are not limited to:</p> <ul style="list-style-type: none"> • Health History; • Current Health; • Any ADL challenged or altered; • Health Care status; • Any area of school setting affected; and • Physical Measures (Vital assessments) <p>The licensed registered school nurse determines the appropriate nursing diagnosis(es) by gathering, analyzing, and interpreting the information using professional knowledge and expertise to indicate how the student’s health affects academic achievement, participation, and attendance.</p>
<p>Nursing Diagnosis</p>	<p>Nursing diagnosis is a method of organizing and summarizing assessment data to define the student’s health needs and establish the plan of care. A complete nursing diagnosis is composed of at least a diagnostic label and related factors. It provides the basis for the selection of nursing interventions to achieve outcomes for which the licensed registered nurse is accountable.</p>

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Goals	The goals are broad overarching component that you want the student to accomplish.
Nursing Interventions	<p>Planning and implementation of interventions details the delivery of health services to achieve the desired student outcomes/goals. During this process, the nurse considers the educational implications and selects nursing interventions that support the student’s psychological, behavioral, and safety needs, family needs, and health system functioning.</p> <p>Components of the documented intervention statements include:</p> <ul style="list-style-type: none"> • therapeutic actions; • the designated qualified personnel completing the intervention; and • The time, duration, and frequency of the intervention.
Expected Outcomes	<p>The expected outcomes direct the planning and priorities for action and are derived from the nursing diagnosis.</p> <p>Outcomes are statements of what the student is expected to do, experience, or learn as a result of implementing the IHP. Key outcomes center on attendance, participation, and academic achievement. They are content and time specific, measurable, realistic, and achievable.</p>
Evaluation	<p>Evaluation requires ongoing systematic analysis of the student’s response to the IHP interventions and is done in collaboration with the student, family, and school team.</p> <p>Decisions about plan modifications, additions, or deletions are based on the data collected during the implementation of the IHP. Evaluation also includes at least an annual review of the student’s current health status and progress toward meeting the identified outcome(s) /goal(s).</p>
Emergency Action Plan	<p>Students with life threatening conditions should have an Emergency Action Plan (EAP). This plan can either be written in the intervention portion of the IHP or in a separate document referenced in the IHP. The EAP is a concise step-by-step process that provides specific directions about what to do in a specific emergency situation. It is written in language that can be understood by persons with limited medical knowledge. The EAP must be shared with all appropriate staff members.</p> <p>The IHP may or may not be shared with staff members. It is primarily a nursing document.</p>

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GUIDELINES: The first step should be an assessment of health needs that may indicate the need for an Individualized Healthcare Plan (IHP). The following is an assessment checklist.

Do Health Problems Require:	YES	NO
• Special training of school personnel	_____	_____
• Change in school environment	_____	_____
• Added safety measures	_____	_____
• Measures to relieve pain	_____	_____
• Self-care assistance	_____	_____
• Rehabilitation measures	_____	_____
• Medications	_____	_____
• Special diet	_____	_____
• The addition of health maintenance care	_____	_____
• Adaptation of health education program	_____	_____
• Adaptation of health screening procedures	_____	_____
• Special orders for care needed from doctor	_____	_____

CARE/EDUCATIONAL GOALS

Student will:

- Maintain health, safety and well-being necessary for learning and consistent school attendance.
- Increase/maintain independence in a safe school environment.
- Cooperate with medical treatment plan during the school day.
- Increase independence and responsibility for management of own health care needs at school.
- Increase independence in safely and responsibly self-administering medication/treatments ordered during the school day so that the student may attend school.
- Maintain health/state of wellness that enhances educational potential/school attendance.
- Participate in instruction/health education/health counseling to promote effective self-health care management at school.
- Assist in reduction of risk of injury/medical emergency at school and during off campus school activities.
- Increase socialization skills/self-image/attention/alertness necessary for optimum participation in total school program.
- Increase availability to learning/instructional time necessary to meet educational objectives.
- Participate in collaborative health services to facilitate optimum health and safety necessary for educational progress.
- Cooperate with local district policy for control of communicable disease/collection of up to date medical information necessary for optimum health and well being at school.
- Provide current medical orders/medical reports for all health conditions/medications/treatments required during the school day.