


**21<sup>st</sup> Century School Nursing  
Framework: From Paper to Practice**

**Nina Fekaris, MS, BSN, RN, NCSN  
NASN President**



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**PRESENTER**

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NASN President

nfekaris@nasn.org



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*I have no conflict of interest to  
declare.*



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### Learning Objectives

After attending this presentation, participants will:

- Articulate the 5 principles and related practice components of the framework for school nursing practice in the 21<sup>st</sup> century
- Recognize the importance of balance in school nurse practice
- Identify 3 practical ways this Framework can be applied in practice



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### Framework

Merriam-Webster

- an essential supporting structure
- a basic structure underlying a system, or concept
- a set of ideas or facts that provide support for something



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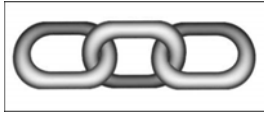
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- Set of concepts linked together in a distinctive way to provide guidance for achieving an overall goal

(Fawsett & Desanto-Madeya)



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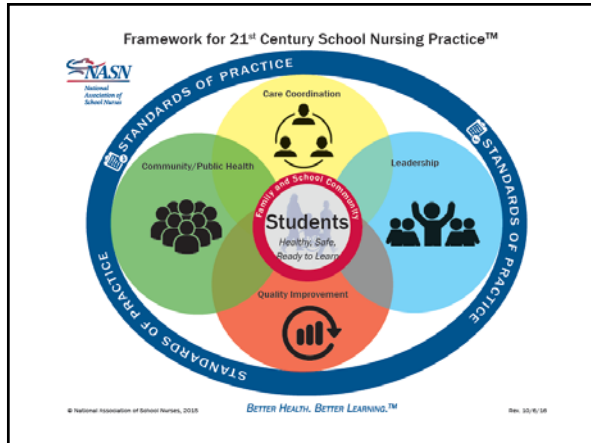
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(NASN, 2016)

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Framework for 21st Century School Nursing Practice™

**Balance Exercise**

Standards of Practice

Community / Public Health

Care Coordination

Leadership

Quality Improvement

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Students  
Healthy. Safe.  
Ready to Learn.

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**Standards of Practice**

- Clinical Competence
- Clinical Guidelines
- Code of Ethics
- Critical Thinking
- Evidence-based Practice
- NASN Position Statements
- Nurse Practice Acts
- Scope and Standards of Practice

School Nursing  
Scope and Standards of Practice

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INASN, 2016

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### Standards of Care/Practice

- **Standards of care or standards of practice in nursing are general guidelines that provide a foundation as to how a nurse should act and what he or she should and should not do in his or her professional capacity. Deviating from this standard can result in certain legal implications.**

<https://www.hg.org/article.asp?id=6237>

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**CODE OF ETHICS**

1. Preamble
2. Organizational Ethics
3. School Nurse Ethics
  - Child Well-Being      Innovation
  - Diversity              Integrity
  - Excellence             Leadership
  - Scholarship




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**Nurses Rank #1 Most Trusted Profession for 15th Year in a Row**

The American public has again ranked **nurses** as the **professionals** with the **highest** honesty and ethical standards, according to a Gallup poll released today. ... According to the poll, 84 percent of Americans rated **nurses'** honesty and ethical standards as “very high” or “high.”  
Dec 19, 2016

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**Diabetes Management in the School Setting** – Janet B. Wright, Traci Easterling, & Alicen Hardy  
**Medication Administration in Schools** - Elizabeth Hinkson, Elaine Mauter, Louise Wilson, Annette Johansen, & Erin D. Maughan

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**Care Coordination**

- Case Management
- Chronic Disease Management
- Collaborative Communication
- Direct Care
- Education
- Interdisciplinary Teams
- Motivational Interviewing/ Counseling
- Nursing Delegation
- Student Care Plans
- Student-centered Care
- Student Self-empowerment
- Transition Planning



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### Direct Care



<http://www.medscape.com/viewarticle/862258>

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### Care Coordination



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## Classroom Teaching



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### Leadership

- Advocacy
- Change Agents
- Education Reform
- Funding and Reimbursement
- Healthcare Reform
- Lifelong Learner
- Models of Practice
- Technology
- Policy Development and Implementation
- Professionalism
- Systems-level Leadership



(NASN, 2016)

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## Advocacy

Ability to support a cause or interest on one's behalf

Karen Tomajan, MS, RN, NEA-BC



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### Advocacy



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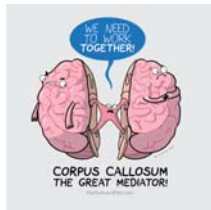
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### Change Agent



arzhk.wordpress.com



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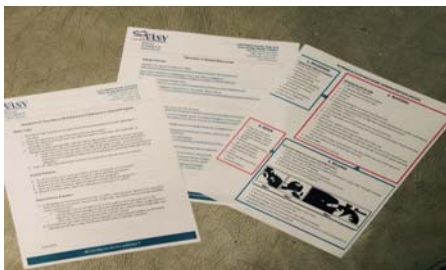
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### Naloxone tool kit



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**Step Up & Be Counted!**  
A Joint NASSN and NASSNC Initiative

**Quality Improvement**

- Continuous Quality Improvement
- Documentation/Data Collection
- Evaluation
- Meaningful Health/Academic Outcomes
- Performance Appraisal
- Research
- Uniform Data Set

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**Revised State Template for the Consolidated State Plan**  
The Elementary and Secondary Education Act of 1965, as amended by the Every Student Succeeds Act



**U.S. Department of Education**  
Issued: March 2017

OMB Number: 1810-0576  
Expiration Date: September 30, 2017

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**Every child, prepared for success in college, a career or the military**

<b>Strategic priorities</b>	 <b>Recruit, support, and retain teachers and principals</b>	 <b>Build a foundation of reading and math</b>	 <b>Connect high school to career and college</b>	 <b>Improve low-performing schools</b>
	 <b>Increase transparency, fairness and rigor in district and campus academic and financial performance</b>			
	 <b>Ensure compliance, effectively implement legislation and inform policymakers</b>			
	 <b>Strengthen organizational foundations (resource efficiency, culture, capabilities, partnerships)</b>			

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**TEXAS EDUCATION AGENCY**  
 Division of Health and Safety  
 Educator Performance and Student Affairs

**School Health and Related Services Program  
 (SHARS)**

**Compliance Review Guide**

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**Health Services of the  
 Coordinated School Health  
 Model**

Texas school districts offer health services that appraise, protect, and promote health among their students. These services are provided by qualified professionals such as physicians, nurses, dentists, health educators, and other allied health personnel. These services ensure access or referral to:

primary health care services,

- prevent and control communicable disease and other health problems,
- provide emergency care for illness or injury,
- promote and provide optimum sanitary conditions for a safe school facility and school environment, and
- provide educational and counseling opportunities for promoting and maintaining individual, family, and community health.

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**QI Basics**  
 (according to Nina)

- Establish a culture of quality in your practice.
- Determine and prioritize potential areas for improvement.
- Collect and analyze data.




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**“If you cannot measure it, you cannot improve it.”**  
**- W. Edward Demings**



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<https://decipheryourmind.wordpress.com/>

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### QI Basics

(according to Nina)

- Establish a culture of quality in your practice.
- Determine and prioritize potential areas for improvement.
- Collect and analyze data.
- Communicate your results.
- Commit to ongoing evaluation.



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Although the problems are big and daunting, we resolve to approach them with optimism grounded in rigorous science, hard work, and a relentless drive for results.

*Institute for Healthcare Improvement.*  
<http://www.ihl.org/Pages/default.aspx>



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**Community/  
Public Health**

- Access to Care
- Cultural Competency
- Disease Prevention
- Environmental Health
- Health Education
- Health Equity
- Healthy People 2020
- Health Promotion
- Outreach
- Population-based Care
- Risk Reduction
- Screenings/Referral/  
Follow-up
- Social Determinants  
of Health
- Surveillance



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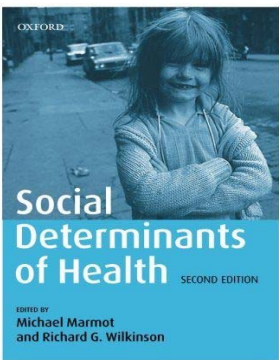
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OXFORD

**Social  
Determinants  
of Health** SECOND EDITION

EDITED BY  
Michael Marmot  
and Richard G. Wilkinson

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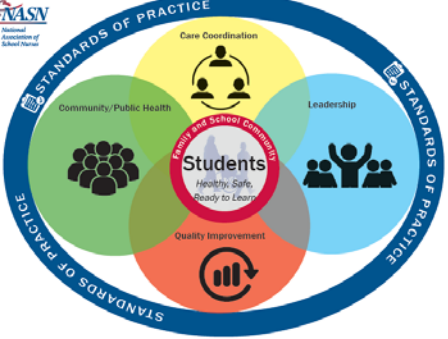
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Framework for 21<sup>st</sup> Century School Nursing Practice™



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© National Association of School Nurses, 2016 **BETTER HEALTH. BETTER LEARNING.™** Rev. 10/16/16

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**Balance**



<http://www.momsteam.com/team-experts/physical-therapy-injured-athlete-body-symmetry>



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**Practice Balance Exercise**

1. Think about what you spend time on everyday.
2. Take one day or one week and list your activities / the things you spend your time on, in the appropriate principal column.
3. Are your columns equal?



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**Balance Exercise**

**Students**  
Healthy. Safe.  
Ready to Learn.

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Standards of Practice	Community / Public Health	Care Coordination	Leadership	Quality Improvement
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Are we out of balance?



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**Evaluation Tool**

Standards of Practice		Care Coordination	
Standard	Level	Standard	Level
1.1	1	1.1	1
1.2	1	1.2	1
1.3	1	1.3	1
1.4	1	1.4	1
1.5	1	1.5	1
1.6	1	1.6	1
1.7	1	1.7	1
1.8	1	1.8	1
1.9	1	1.9	1
1.10	1	1.10	1
1.11	1	1.11	1
1.12	1	1.12	1
1.13	1	1.13	1
1.14	1	1.14	1
1.15	1	1.15	1
1.16	1	1.16	1
1.17	1	1.17	1
1.18	1	1.18	1
1.19	1	1.19	1
1.20	1	1.20	1
1.21	1	1.21	1
1.22	1	1.22	1
1.23	1	1.23	1
1.24	1	1.24	1
1.25	1	1.25	1
1.26	1	1.26	1
1.27	1	1.27	1
1.28	1	1.28	1
1.29	1	1.29	1
1.30	1	1.30	1
1.31	1	1.31	1
1.32	1	1.32	1
1.33	1	1.33	1
1.34	1	1.34	1
1.35	1	1.35	1
1.36	1	1.36	1
1.37	1	1.37	1
1.38	1	1.38	1
1.39	1	1.39	1
1.40	1	1.40	1
1.41	1	1.41	1
1.42	1	1.42	1
1.43	1	1.43	1
1.44	1	1.44	1
1.45	1	1.45	1
1.46	1	1.46	1
1.47	1	1.47	1
1.48	1	1.48	1
1.49	1	1.49	1
1.50	1	1.50	1
1.51	1	1.51	1
1.52	1	1.52	1
1.53	1	1.53	1
1.54	1	1.54	1
1.55	1	1.55	1
1.56	1	1.56	1
1.57	1	1.57	1
1.58	1	1.58	1
1.59	1	1.59	1
1.60	1	1.60	1
1.61	1	1.61	1
1.62	1	1.62	1
1.63	1	1.63	1
1.64	1	1.64	1
1.65	1	1.65	1
1.66	1	1.66	1
1.67	1	1.67	1
1.68	1	1.68	1
1.69	1	1.69	1
1.70	1	1.70	1
1.71	1	1.71	1
1.72	1	1.72	1
1.73	1	1.73	1
1.74	1	1.74	1
1.75	1	1.75	1
1.76	1	1.76	1
1.77	1	1.77	1
1.78	1	1.78	1
1.79	1	1.79	1
1.80	1	1.80	1
1.81	1	1.81	1
1.82	1	1.82	1
1.83	1	1.83	1
1.84	1	1.84	1
1.85	1	1.85	1
1.86	1	1.86	1
1.87	1	1.87	1
1.88	1	1.88	1
1.89	1	1.89	1
1.90	1	1.90	1
1.91	1	1.91	1
1.92	1	1.92	1
1.93	1	1.93	1
1.94	1	1.94	1
1.95	1	1.95	1
1.96	1	1.96	1
1.97	1	1.97	1
1.98	1	1.98	1
1.99	1	1.99	1
1.100	1	1.100	1

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### Resources

1. Fawsett & Desanto-Madeya
2. Standards of Nursing Care, HG legal resources. <https://www.hg.org/article.asp?id=6237>
3. Tomajan, K., (January 31, 2012) "Advocating for Nurses and Nursing" *OJIN: The Online Journal of Issues in Nursing* Vol. 17, No. 1, Manuscript 4.
4. Dr. William Edwards Deming
5. *Institute for Healthcare Improvement.* <http://www.ihl.org/Pages/default.aspx>



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Thank you for what you do everyday  
for the students and families of Texas  
schools!

*Nina*



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