

Supplies for Instruction/Training the UDCA

1. Glucometers (at least one per two trainees)
2. Testing Strips (Expired if possible to reduce costs)
3. Alcohol wipes
4. Autolets with lancets
5. Sharps containers
6. Injecting cushions (alternative cushion could be made out of 1" thick foam squares covered in old nylons or other stretchy material)
7. Insulin Syringes (30u, 50u, 100u if possible for viewing)
Individual syringes for practice injections
8. Samples of glucose gel, glucose tabs, cake gel
9. Vials of NS or vials filled with water
10. Disposable gloves
11. Expired Glucagon kit to show trainees an actual kit)
12. Expired Ketostix in container for viewing
13. Empty Insulin vial for viewing
14. Empty Insulin Pen if available for viewing