

Spotlight on



Zone 2

By Noreen Maynes
Zone 2 Representative

Montauk County Park

Suffolk County is an exceptionally diverse county consisting of urban, suburban, country, and beautiful beaches and waterfront. First time visitors are usually amazed at the rural beauty and difference of nearby New York City. Suffolk County is also the home to Zone 2 of The New York State Association of School Nurses.

Suffolk County occupies the eastern portion of Long Island, which also consists of Nassau County and The New York City boroughs of Brooklyn and Queens. Suffolk measures 86 miles in length, 26 miles wide, and is surrounded on three sides by water. The eastern end of the county splits into two forks locally known as the North and South forks. It consists of nearly 1,000 miles of shoreline on The Atlantic Ocean, Long Island Sound and numerous bays and wetlands. Suffolk is the second largest county in New York State and consists of ten towns.

People in Suffolk County are diverse in origin and ethnicity including two Native American reservations. There are 350 public schools within the 69 school districts in Suffolk County serving 249,258 students in grades Pre K through 12th grade. Minority enrollment is 36% of the student body (majority Hispanic). There are 103 private schools in Suffolk County serving 21,240 students with a minority enrollment of 20%. There are 2 public charter schools in

Suffolk County serving 361 students. Suffolk County Public Schools have a diversity score of 0.38, which is higher than the New York Average of 0.36. The Free and Reduced lunch percentage for Suffolk County is 24.17% as compared to our neighboring Nassau County, which has an 18.11%.

The students, parents, faculty and staff of Suffolk County schools are very fortunate that according to the 2013-2014 BEDS list there are 403 Registered Nurses working in their schools. The RN's represent 4,647 years of school nursing experience. Of the 403 nurses there are 107 nurses that are Zone 2 members. 32 of the Zone 2 members are also members of the NYSASN. Zone 2 BOD are advocating for all of its members to be NYSASN members. We will be working on ways to increase membership to the organization both local and state. The Zone 2 school nurses promote the physical, mental and emotional health



Noreen Maynes

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The New York State Association of School Nurses

HISTORY

The New York State Association of School Nurses (NYSASN) was organized in 1986, to maintain, promote, and improve quality school health services and health education throughout the state.

MISSION

The mission of NYSASN is to advance the practice of school nursing and to enhance the educational success of students by promoting quality health services.



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Are you interested in adding
something to our newsletter?
Contact the Editor before October 1, 2015
with your ideas for the
Fall 2015 issue.

Editor's Note

By Vicky Ruggiero, BSN RN

By way of introduction, my name is Vicky Ruggiero and I have assumed the position of Newsletter Editor. I have been a member of NYSASN for several years. Previously, I served as the Positions Chair on the BOD for NYSASN. I look forward to this new endeavor as Newsletter Editor. I am very fortunate to be a part of this wonderful organization consisting of very talented and hard-working women.



Vicky Ruggiero, BSN RN

As the school year comes to a close, it seems fitting to reflect on all the wonderful, yet often challenging issues school nurses face almost on a daily basis. Beginning with the immunization changes that came into effect in July of 2014, school nurses had to "hit the ground running" more than ever. Along with the numerous tasks for school nurses that begin with each school year, school nurses had the arduous task of reviewing immunization records and bringing children in compliance, which was certainly "no small feat". Obtaining medication orders, medications, and physical exams are some of the necessary tasks school nurses need to accomplish to maintain a well-functioning Health Office. Needless to say School Health Offices are very busy places. Yet, in spite of all the chaos, School Health Offices often represent a soothing, safe sanctuary for students and staff to flock to!

On another note, the New York State Association of School Nurses has been hard at work. One of the items on the agenda is promoting awareness on sepsis. Following the death of a 12 year old child from sepsis, we will be promoting awareness of preventing sepsis. Educating parents and students on the importance of thoroughly cleansing all wounds, is vital. Providing information on the signs and symptoms of sepsis is another important measure of delivering education to families. Statewide School Health Services continues to aid as an invaluable resource to school nurses.

If you are not a member of your local zone, I strongly encourage you to join. School nurses are somewhat isolated in their respective offices. Stepping out of your comfort zone and networking with other school nurses is not only intellectually stimulating, but very rewarding. In addition to the professional rewards, you have the opportunity to make new friends and develop close personal relationships!

After a long cold winter, I know we are all welcoming warm sunshine and relaxing summer days. Wishing all of you a relaxing and rejuvenating summer!

Notice of Disclaimer

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President's Message

Janice McPhee MSN, RN, NCSN

As we look toward the end of the 2014 – 2015 school year, we are all busy with reviewing our work and completing all forms, screenings, and reports that are left on the To-Do List. Hopefully, we enjoyed National School Nurse Day and survived testing days.

Contractually, many school nurses need to set goals each year and submit their progress toward their goals by the end of the school year. Whether that is a requirement for your job or not, it's a good time to think about next year's goals. Next school year may be the year that you implement new medication guidelines, immunization requirements, pre K guidelines, and more. Choose a topic, review it thoroughly, and share ideas with your fellow nurses. If the team of school nurses in your district collaborates, the message is the same and the work is shared. Maybe the most effective way to reach parents and school staff is through a newsletter article or PTA presentations. I believe working as team is effective whether it is on the district level or the state level.

NYSASN is looking for input from our members. We need to know your concerns and your ideas for solutions so we can work together. We are only effective with our members' help. Contact me or the zone representative from your area if you have concerns or successes to share. We are looking forward to communicating with our members.

Thank you for supporting your professional association. As a standard of professional practice, membership in NYSASN shows your commitment and support for school nursing.



*Janice McPhee MSN,
RN, NCSN*

Zone 2

Continued from page 1

and well-being of pupils in Suffolk County. They are a passionate group of nurses who take their role in the schools seriously. The nurses from Zone 2 rallied last year and hit the pavement meeting with their Legislators and Senators to successfully advocate for their students with diabetes.

Additionally, the RN's have a reputation for collaborating with many charitable organizations such as the American Heart Association, the GO RED FOR WOMEN campaign, American Cancer Society Making Strides, JDRE, Asthma Coalition of Long Island and the Epilepsy Foundation to name a few. They utilize community resources and work with outside agencies to provide the necessary care for their students and families. Over the years we have had several guest speakers from these organizations at our zone meetings. Several of the area hospitals and local physicians have reached out to the school nurses and have offered in-service and lecturers on various physical and mental health issues.

Zone 2 meets four times during the school year at the BOCESSherwood Center, which is centrally located in Holbrook. The zone sends out numerous email blasts to past and present members to alert them of the various educational opportunities and upcoming meetings. The BOD works very hard in getting speakers who are engaging with topics that are current and useful for the nurses to take back and utilize in their practice. The nurses perform valuable networking and enjoy a light dinner during the meeting. This year in an effort to support the advancement of the Nursing Profession the Zone is offering a scholarship to a graduating senior who plans on pursuing a career in nursing. We sold raffles at the meetings to support the scholarship. The recipient will be from our EISN award winner's senior class.

As advocates for their students the nurses take advantage of the educational opportunities that the Zone offers them. The Zone has had some enlightening speakers this past school year. The immunization changes that were instituted this school year proved to be very challenging for the area school nurses. With this in the forefront our first guest speaker MaryBeth Petraco DNP PNP_BC CPNP

FAANP Coordinator-ChildHealth Suffolk County Department of Health Services met with the zone to discuss the changes and offered helpful ways to get our students immunized. The Dept. of Health was a valuable resource for the nurses to utilize when dealing with the area pediatricians in coordinating student immunizations. The zone offers current topics that have an impact on our nursing practice. With cyberbullying at an all time high Mary Kanarvogel, RN MST SNT gave a wonderful presentation to the members in January 2015. We have all encountered that child with "the stomach ache" which was in reality a cry for help. She gave us insightful tips and strategies to utilize. In March Joe Wojnicki from the New York State Employee Retirement System met with the members for a well received discussion on retirement planning. On Saturday April 18th the President of Zone 2 Joan Verardo BSN RN CSN organized a educational conference in conjunction with Stony Brook University Hospital Dept of Pediatric Psychiatry, Pediatric Nurse Practitioner Program and School of Nursing Continuing Education Program on the Emotional and Behavioral Issues in the School Aged Child. The conference was engaging, informative and very well received.

On School Nurses Day we will meet and celebrate at our annual School Nurse Dinner. This years event will be held at the Sonoma Grill in Holtville. Our EISN award will be announced and we will have the installation of our new officers President-elect Claire McCarthy, President Teresa Ergul, Past President Joan Verardo and Secretary Jane Samuels.

The BOD will meet over the summer months to discuss and plan for next years meetings. If you have any suggestions or topics that you would like to be presented please let me know. Noreen Maynes at zone2@nysasn.org

Reference:

www.suffolkcounty.com
quickfacts.census.gov
www.newyorkschoools.com
www.publicschoolsreview.com

Adding Chocolate to Milk Doesn't Take Away Its Nine Essential Nutrients

All milk contains a unique combination of nutrients important for growth and development. Milk is the #1 food source of three of the four nutrients of concern identified by the 2010 Dietary Guidelines for Americans: calcium, vitamin D and potassium. And flavored milk contributes only 3% of added sugars in the diets of children 2-18 years.

5 Reasons Why Flavored Milk Matters

1 KIDS LOVE THE TASTE!

Milk provides nutrients essential for good health and kids drink more when it's flavored.

2 NINE ESSENTIAL NUTRIENTS!

Flavored milk contains the same nine essential nutrients as white milk - calcium, potassium, phosphorus, protein, vitamins A, D and B₁₂, riboflavin and niacin (niacin equivalents) – and is a healthful alternative to soft drinks.

3 HELPS KIDS ACHIEVE 3 SERVINGS!

Drinking low-fat or fat-free white or flavored milk helps kids get the 3 daily servings* of milk and milk products recommended by the *Dietary Guidelines for Americans*.

4 BETTER DIET QUALITY!

Children who drink flavored milk meet more of their nutrient needs; do not consume more added sugar or total fat; and are not heavier than non-milk drinkers.

5 TOP CHOICE IN SCHOOLS!

Low-fat chocolate milk is the most popular milk choice in schools and kids drink less milk (and get fewer nutrients) if it's taken away.



www.nationaldairycouncil.org/childnutrition

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*DAILY RECOMMENDATIONS – The 2010 Dietary Guidelines for Americans recommends 3 daily servings of low-fat or fat-free milk and milk products for those 9 years and older, 2.5 for those 4-8 years, and 2 for those 2-3 years.

Healthy Diet for Kids Allows Limited Sugar, Fat

School nurses play an important role in children's health at school. In addition to taking care of sick children, nurses work to prevent childhood obesity and promote overall health by encouraging kids to take up healthy eating habits. Cutting out all sugar and fat from a child's diet is not a realistic answer to reducing childhood obesity. In fact, pediatric guidelines released in March 2015, urge taking a more practical approach, with a focus more on what children should eat: a healthy overall diet, with only small amounts of sugar, fat, and salt to make healthy foods more appealing to kids.

Flavored milk is a good example of the balance needed to limit added sugars and yet promote nutrient-rich foods to children. Like regular milk, chocolate milk contains nine essential nutrients important to growth and development. Milk is a primary source of calcium, vitamin D, and potassium - three of the four nutrients of concern noted in the 2010 Dietary Guidelines for Americans. Though sweetened, chocolate milk is a better choice compared to other beverages, like soda, which have no nutritional value. "I

think it's great that children are getting that protein that they need and they're getting that nutritious milk, so if chocolate milk comes with a little bit of sugar, then so be it," said Erin Graupman, R.N., B.S.N, M.B.A, Coordinator of Student Health Services at Rochester City School District, "If that's what's getting them to drink milk than that's okay."

Studies have shown that drinking chocolate milk is not associated with weight gain or even higher total daily sugar intake in children. Drinking low-fat or fat-free chocolate milk can help children get their recommended three daily servings of milk. Plus, when kids drink nutrient-rich flavored milk, they improve their overall diets.

For more resources on Flavored Milk, visit the American Dairy Association and Dairy Council [Health & Wellness](#) page, or email registered dietitian [Michelle Barber](#) or call her at 315-692-8045.



Advocacy

Janice McPhee, MSN, RN, NCSN

One of the greatest and most rewarding opportunities of the school nurse's role is to advocate for students or causes that are important to our students or to us personally. Zone 2's representative, Noreen Maynes, mentions school nurses advocating for the American Heart Association, American Cancer Society, JDRF, and more. What great relationships among professional school nurses and the organizations that support our students and their families.

I had the honor to advocate for a family member this year. At our March regional conference in the capital district, I took the opportunity to share information with 130 school nurses about Congenital Diaphragmatic Hernia (CDH) Awareness Day on March 31.

CDH occurs when a hole in the diaphragm fails to close during prenatal development. The contents of the abdomen migrate into the chest, causing life threatening complications. The number of children born with this condition is similar to children born with spina bifida and cystic fibrosis but many of us are not aware of CDH. Information on CDH can be found at <http://www.chop.edu/conditions-diseases/congenital-diaphragmatic-hernia-cdh#.VUamL7lFDIU>

School nurses wore turquoise that day in honor of CDH Awareness Day and I thank them.

Additionally, at the NYSUT Professional Issues Forum on Health Care, NYSASN Past President Connie Griffin and I had the distinct honor to meet Ciaran Staunton, father of Rory Staunton. Rory was 12 years old when he died of sepsis which resulted from an abrasion to his elbow during gym class. We promised Rory's father that we would promote awareness of preventing sepsis. Please go to <http://rorystaunton.com/> for additional information.) NY Statewide School Health Services Center has developed informational forms to be used by school nurses when a student sustains an injury in school. http://www.schoolhealthservicesny.com/tool_kit.cfm?subpage=355

I have shared sepsis information with school nurses, parents, and my family. I will continue my advocacy in Rory's memory. As the health care professional in your school, please consider your views regarding health issues and be the advocate for your students and your personal convictions.



Caption? IDs?

School District Name _____

Notification of Injury: Abrasions, Cuts or Puncture Wounds

Student Name _____ Date/Time of Injury _____

Dear Parents/Guardians:

Your child was seen in the school health office for an injury that caused an opening in their skin, or wound.

The wound type is a: ☐ Abrasion (scrape) ☐ Cut ☐ Puncture (skin pierced by object) to their _____

The wound was cleaned and covered with a dry bandage (bandaid or gauze). No problems were seen.

Openings in the skin such as abrasions (scrapes) or cuts need to be kept clean, dry, and covered until the skin is healed to keep the wound from becoming infected. Remind your child to wash their hands before or after touching the wound. The bandaid or gauze should be changed every day and more often if it becomes wet or dirty. It is normal for the wound to drain clear yellow or pink liquid in the beginning and to be sore when touched.

When changing the bandage it is important to look at the wound **every day** for signs of infection such as:

- Increasing redness of the skin around the wound
- Swelling of the area
- Liquid coming from the wound that is making the bandage very wet, is thick, turns green, or dark yellow, and/or smells bad
- Pain at the wound or in the part of the body where the wound is located
- Skin is very warm around the wound

If you see any of the above signs, or your child has a fever, call your doctor or health care provider!

A wound infection may not always start right away, and some infections may be from germs (bacteria) that can cause very serious illness. It is **VERY** important to call your doctor or health care provider **right away** if you see any of the following in your child:

- Fever (temperature at or over 101° on the thermometer) and/or chills
- Pain, swelling, redness and warmth where the injury occurred which gets bad very quickly
- Liquid coming from the wound that is making the bandage very wet, is thick, turns green, or dark yellow, and/or smells bad.
- Complaints of stomach pain, decreased appetite, nausea or vomiting
- Dizziness, light headed and/or headache
- Confusion and/or weakness, or sleeping a lot
- Rash anywhere on body

Please call the School Health Office if you have any questions or concerns at the contact numbers below:

School Nurse _____

Phone Number _____

Email _____

The sample resource may be found at www.schoolhealthservicesny.com in the SN Toolkit – created 11/12

Naloxone in New York's Schools

On April 8, 2015, Governor Andrew Cuomo announced \$272,000.00 in funding to provide Naloxone kits for schools state-wide and training for school personnel.

According to the press release from the Governor's office, this funding comes as a result of the need to address the increase in opioid use, addiction and accidental overdose among young New Yorkers. By training as many people as possible to identify and reverse opioid overdoses this funding will save lives.

Naloxone is also known by the trade name Narcan. It is an opioid antagonist, and, while it is a prescription drug it is not a controlled drug, and neither does it have any abuse potential.

Naloxone has a good safety profile - when administered in the absence of opioids, it exhibits essentially no pharmacologic activity. However, when used for an opioid overdose, it is a potent opioid reversal agent. It works by attaching to opioid receptors thus blocking the opioids for a period of time, reversing the respiratory depression that could otherwise lead to death from opioid overdose.

The regulations which will establish the program's implementation are currently being drafted by the New York State Education Department. When the regulations are in place, school nurses who receive naloxone training will receive naloxone kits in their schools.

Respectfully submitted by,
Mary Beirne RN-BC, NCSN
Legislation Chair

President-Elect and Secretary candidates being sought— NYSASN is looking for YOU!

NYSASN is actively seeking candidates for the offices of President-Elect and Secretary. The President-Elect office requires a three-year commitment consisting of one year as President-Elect, one year as President, and one year as Past-President. The Secretarial Office is for two-year term. Candidates for elected office must be active members of NYSASN for three consecutive years of membership. Candidates should possess the desire and commitment to help move NYSASN forward.

Do you possess that desire and professional commitment to help promote and support school nurse practice, to advocate for students health and safety, and to be a leader in your professional organization? Do you know someone who is an active member and would be willing to serve NYSASN?

If you are interested in being a part of NYSASN's dedicated board of directors, please contact me. A nomination form can be downloaded from the NYSASN website at www.nysasn.org. I am looking forward to receiving your nomination!

Constance F. Griffin, RN, AE-C, NCSN
Past-President
Chairperson of the Nominating Committee
pastpresident@nysasn.org



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2015 Excellence in School Nursing Award Winners

Constance F. Griffin, BS, RN, AE-C, NCSN

The Award for Excellence in School Nursing recognizes New York State school nurses who excel in their practice of school nursing as evidenced by exemplary performance in his or her practice relative to the standards of practice and standards of professional performance. The award recipient must be currently practicing as a full time school nurse, a member of NYSASN for the current and preceding 2 years, for a total of 3 years.

It is my honor to congratulate the following School Nurses who were recognized with the NYSASN Excellence in School Nursing Award on National School Nurse Day, May 6, 2015 and who will also be honored at the NYSASN fall conference in Corning, NY, November 6-8, 2015!

Zone 2— Noreen Maynes

Noreen is a leader among Suffolk County school nurses. She has served as president of the Suffolk County Association of School nurses most recently as the NYSASN Zone 2 representative. Last year the state organization mobilized the school nurses to fight a piece of diabetes legislation that they felt threatened the safety of our school children. Noreen spearheaded a grassroots effort among Suffolk County nurses to call, write and visit the local legislators to withdraw their support of this bill. The nurse's efforts were successful and alternate legislation acceptable to them was ultimately enacted. Her professionalism and service to the school nurses of New York make her an excellent candidate for recognition as Suffolk County's Excellence in School Nursing winner.

Zone 3— Kathleen Mulholland

Kathleen is an Administrative Public Health Staff Developer for the NYC office of School Health. She has come through the trenches and gained vast experience working as a school nurse and supervisor nurse in several boroughs of NYC. Thanks to her excellent practice, empathetic understanding of school nursing and the needs of our students and families, she has implemented timely and relevant in-service programs at the beginning and end of each school year. She also coordinates the placement of nursing students with school nurse preceptors. Thanks to her networking at national, state, and city levels, Kathleen has advanced the practice of nursing in school health.

Zone 4— Carol Bumbolow

Carol Bumbolow MSN, RN a resident of Putnam Valley has been a nurse for 37 years the last 18 years as a School Nurse at Walter Panas High School of the Lakeland Central School District. Carol is an extraordinary person and clinician who epitomizes nursing at its best. Carol has served on many committees to ensure the health and well-being of students and staff. On the County and State level Carol has served as the Zone 4 Representative in the past and is now the President-Elect of New York State Association of School Nurses. Carol has made a difference on many lives and is a deserving winner of the Zone 4's for Excellence in School Nursing award.

Zone 7— Gale Elfner

From the Shenendehowa school district in Saratoga County, Gale excels in her practice as a school nurse. She has, in her 23 years as an elementary school nurse, performed in an exemplary manner. She has consistently practiced in a professional manner and works very hard to promote the well-being and academic success of all students. Gale takes a proactive approach to those students with chronic health conditions, such as asthma, to ensure their attendance in school. She acts as a care provider to promote healthy students and create a safe haven by providing age appropriate guidance to cultivate inde-

pendent skills in regards to her student's health condition. She is an exemplary model of a school nurse to both students and staff, continually rising above the call of duty every day.

Zone 8— Beth Besaw

Beth has been the NYSASN's Zone 8 representative for the past 2 years. She has worked as a school nurse for 21 years in the Saranac School district and continues to be motivated and excited about her position. She takes pride in her work and is always willing to go the extra mile for her students. Beth is a positive role model for both students and adults. She has presented topics in health classes regarding various health issues. She is professional in how she manages Zone 8 meetings and is always upbeat.

Zone 9— Debra Russell

She really makes a difference in the lives of our BOCES students in Watertown, NY. She does so much more than apply bandages and dispense doctor's prescriptions. She is caring and compassionate about the whole child, realizing that many factors can affect a child's illness and realizes that though their scraped knee may seem minor to an adult, it is a big deal to them. Deb does an excellent job communication with adults, including parents, teachers and administrators. She is diligent in follow up calls to parents. She delivers quality care on many levels and is the go-to person for ideas, information and a good laugh.

Zone 10— Diane Belton

For 19 years, Diane has spent her school nursing career caring for her students in the Cazenovia Middle School. She is patient, caring, but firm with the pre-teen population she serves. Diane is well versed in all aspects of policy that governs school nursing in New York State. We often discuss how best to handle a situation and Diane can quote a policy or procedure that sets rules for that situation. She is amazing at triaging her students and dispatching them home or back to class. She has top notch assessment and treatment skills. Diane is well deserving of this award for her hard work and dedication to her craft.

Zone 11— Annette Cobb

Congratulations Annette! See Zone 11 for full-report.

Zone 12— Carol DiCesare

Carol has 16 years experience in school nursing and is from the Greece Central school district. She is dedicated and committed to the health and well-being of her students along with her commitment to those in her community. She coordinates many programs at school for both students and staff including teaching students about dental health, the coordination of programs for professional development and writing grants to receive funding to promote health and nutrition. Carol is a liaison for many charitable and support organizations for families in need and in crisis. For these and many other reasons, Carol was chosen for this award.

Zone 13— Judith Wolanin

From the Lancaster Central School district, Judith is currently the lead nurse. Always enthusiastic and hard-working, she presides over the monthly nurses meetings. She has often been the "go-between" district administration and the nurses, resolving conflicts and handles other difficult situations with patience and tact. She oversees the health and wellness of her school's students and staff with knowledge and compassion. Judith is well deserving of this award.

NASN Director-NY Report to NYSASN Membership May 1, 2015

By Suzanne C. Smith BSN, RN, NCSN

NASN (16000 members strong) received >9500 participants in the most recent **2015 School Nurse Survey**. States that participated with at least 30% of their NASN membership have been provided state data to evaluate. This survey was open to non-NASN members as well. Thank you for participating in this survey. New York had >30% respondents to the survey-Going forward NASN will be conducting annual school nurse surveys to collect data on how school nurses are doing! This data is rich for school nurses to use when telling any of our stories.



Suzanne Smith

NASN Legislative Agenda 2015 for the 114th Congress Legislative session :

(NASN made pins to wear on Leg day "School Nurses Vote!")

1. School Nurse Grant Bill.

Based on title 1 designation (free and reduced lunch and breakfast) Grants would be paid for through the Prevention Fund under the ACA.

2. Children's Health Insurance Program (CHIP)

Reauthorization.

Runs out Oct 1, 2015. Started in 1997. Children who do not qualify for Medicaid. Request to extend through 2019. This bill has passed!!

3. Elementary and Secondary Education Act (ESEA)

Reauthorization/Specialized Instructional Support Personnel (SISP) inserting this language ensures the role of the Specialized Instructional Support Personnel(school nurses, school counselors, school psychologists, school social workers and other qualified professionals) in promoting student success. This is to eliminate confusion of wording "Pupil Services Personnel " in the NCLB(Sec. 9101, paragraph36) and Related Services Personnel) Individuals with Disabilities Education Act(IDEA, Sec.602,paragraph 22)

SISP term has been incorporated in many proposals and bills in Congress. It is an attempt to have a common term to consistently describe said parties. As professionals, this notation is important to school nurses.

National Specialized Instructional Personnel Week (SISP) was designated as April 13-April 17, 2015.

Recently, Representative Dave Loebsack D-IA sponsored a congressional resolution to honor National Specialized Instructional Personnel (SISP).

NASN Conference 2015 "Embracing Today Transforming Tomorrow" www.nasn.org

Place: Philadelphia, Pennsylvania.

Date: June 24-27, 2015

Preconference: June 23, 2015 Preconference

Communication boards are located near the NASN Information centers. Look for information from me for New York gatherings like the Affiliate Rally and an evening out for the New York Affiliate to get

together! (Twitter: @nursesuzi14 #nasn2015,#NYSASN, #healthyschoolnurse)

1. Earn Professional Development credit to maintain your expertise in School Nursing Practice and meet professional credit standards for re-certifications in NCSN.
2. Network with new colleagues from across the United States.
3. Be a part of the NYSASN State Affiliate Pep Rally for NYS before the Annual NASN Membership Meeting! Wear red, white and blue theme! Contact me: nasn@nysasn.org
4. Participate in the Purses for Nurses Silent auction. This is really a fun and engaging event, even if you do not win a purse! New York has traditionally always collected donations from each zone to place in the purse. Join us for the fun! Look for me on Social Media: Twitter @nursesuzi14 #nasn2015 #nationalschoolnurseday #healthyschoolnurse

NASN/NASSNC "Step Up and Be Counted Campaign"

Campaign: The NYSASN organization is encouraged to assist NYSSHCS, Linda Khalil and Gail Wold with this NASN research project (in conjunction with the National State School Nurse consultants(NASSNC) this year as a "pilot project". This research project is a start to provide data to support the school nurse role. Legislative efforts need some data to back up what school nurses are saying. If each zone could do 1-2 pilot studies this year, we could have a sampling of NYS.

Check the statewide website (NYSSHSC), for details and forms available for the pilot study. **It is not too late to participate.** Check it out on twitter! #stepupandbecounted

Should NYSASN Unify with NASN?

NYSASN Board of Directors continues to examine the merits of NYSASN unifying with NASN. After all, New York State is the cornerstone of School Nursing in the United States! NY is proud to proclaim the work of Lillian Wald in addressing infection control measures and education of families (and schools) as to when to stay home and when to go back to school. Her work was/is credited as improving attendance and the health of students in New York City. Hence, Lillian Wald's work is the cornerstone of school nursing in the United States. And we celebrate this every May (first week) with National School Nurse Day in the middle of National Nurse Week.

New York State has a large school nurse workforce (5000) with enormous capabilities to voice power, strength and advocacy for New York as well as for the Nation. Recently this was exemplified by the rallying behind an issue of proposed administration of insulin to children by unlicensed personnel in New York State in 2014. This unified NYS school nurses to react and advocate for the safety of New York students. **The NYSASN organization got the job done with your help.**

There are numerous other issues and passions for student safety that **should** rally NY school nurses to have a "Vision for the Future"! Issues never end, the need for the "School Nurse Voice(s)" at the state level (NYSASN) and national level (NASN) will never cease. Unfortunately, NYSASN is not drawing membership among the 5000 NYS school nurses. The NYSASN membership was >1000 school nurses in 2005. Today, NYSASN membership seems to be at a plateau -around 600 school nurses out of 5000.) NYSASN is the state level "voice" for NYS School Nurses. NASN is the national

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2014 NYS State Affiliate Pep Rally : Suzie Smith, Connie Griffin, and Diane Lightfoote along with additional NYSASN members! Looking for more NYS School Nurses this year 2015 to join us!

level “voice” for NYS school nurses. Social media (twitter, face book, NASN- all member forums website on school nurse net) is one of our best friends. The idea of reaching out to school nurses and get responses quickly) is one of our best friends to enhance interactive communication. Issues re: practice and advocacy.

I propose to you, my colleagues in school nursing, that it is ongoing, unrelenting “Advocacy, Advocacy, Advocacy” that is needed at all levels (in the health office, in the school, in the school district including with administrations and the Boards of Education, with parents and the PTA organizations, and stakeholders at the town hall, county, state and national levels for the “Role of the School Nurse.” Such is the solid base that the National Association of School Nurses can provide to the state of New York School Nurses. New York School Nurses are leaders with “potential power” that could lead the change for school nurses to be recognized as professionals. Professionals with a right to be at the table in the schools for discussion re: education of the whole child (ie.CSE meetings) as well as being paid a professional wage (with to name only two issues facing school nurses today.

NASN has 16000 school nurses from 43 affiliates out of 50 Affiliates. It is growing. NYSASN is not growing but rather has a declining membership. Only a few states have remained as an “Affiliate Status” like New York. The NASN organization offers an interactive website, legislative activity at the federal level (with increasing visibility of the School Nurse impact on student wellness) and a bombardment of advocacy approaches and materials supporting the school nurse role while offering educational opportunities enhancing knowledge on practice issues. www.nasn.org

School Nurse Net (SNN) is an interactive forum on the NASN website among all NASN members. Are you participating? Sign-up information is located on the NASN website. Practice issues and new trends are discussed interactively. In addition to this interactive website, some NASN Affiliates have additional state-only all member forums to discuss state issues. Going forward, enhanced commu-

nication among New York School nurses is appealing. This is a feature a unified affiliate would enjoy.

Dues Increase- last change 10 yrs ago!! Effective April 1,2015 across the board 5%dues increase. Annual NASN dues for a New York School Nurse will increase from \$100 to \$105. NYSASN dues are \$55.00. A combined dues rate would be started if NYSASN decides to unify with NASN. Some school nurses belong to NASN only. Some school nurses belong to NYSASN only. Some school nurses belong to both NYSASN and NASN. Many NY School Nurses do not belong to either organization.

Unification would bring New York state school nurses together and bring more attention to how each state practices school nursing and the different challenges each state experiences. There is much to learn and to learn from.

Unification would combine the dues structures of both organizations (NYSASN and NASN) and the cost of annual membership would be negotiated by your NYSASN Board of Directors. Unification means every school nurse has increased dues. Would we, NY School Nurses, pay more to join NASN to be a unified affiliate? The NYSASN organization would continue with the usual operations as do other state

school nurse organizations. Other Professions evolved just as School Nursing is evolving. Teachers in NYS initially were normal school grads. Overtime, more degrees and certifications were required as in other professions like occupational therapy and physical therapy.

Reach out to your zone representative or the NYSASN Board of Directors, or me!

What are your thoughts on NYSASN and Unification with NASN?. Your voice is important. Share your thoughts with me (nasn@nysasn.org) and on twitter: @nursesuzi14#newyorkschoolnursesmatter

The NYSASN Board meets again in July and for the Annual Fall Meeting in November 2015. Unification remains a topic of discussion.

*Respectfully submitted by Suzanne C. Smith BSN, RN, NCSN
NYSASN Director-NY to the NYSASN Membership*

National Board For Certification of School Nurses/NBCSN News

Questions/Concerns: Toll Free Number: 1-844-808-6276 website: (www.nbcsn.org) Fall 2014 Newsletter.

Highlights included:

1. Open exam dates for 2015: Feb. 22-March 07; July 12-August 07; Oct. 18-Oct 31 2015);
2. 2020 Eligibility Requirements for taking the NCSN exam changes for alignment with the IOM, “Future of Nursing: Leading Change, Advancing Health “(2010) workforce recommendations: Client will have a BSN or an MSN to be eligible to take exam.
3. New “Emeritus “Status for retired NCSN members- details are not yet provided by the board.



The New York Statewide School Health Services Center (NYSSHSC) housed at Monroe 2-Orleans BOCES in Spencerport, NY, is now in the fifth and final year (ending 12/31/15) of our five year contract. We continue to provide resources and support to NYS school health professionals.

In an effort to stop filling up your email, we have now stopped doing our Monday Morning FAQs and SN Tools. Instead, we are creating a weekly "News You Can Use" to incorporate the recent news from NYSED and NYSDOH. When something of importance is released, we will continue to send out a listserv note.

Immunization Requirements

On March 18th, the NYSDOH posted a **Notice of Proposed Rule Making** in the NY State Register with public comment being received for 45 days. Since the new requirements are posted, we can comment on them. These "proposed" new requirements have some significant changes for the 2015-2016 School Year which will impact school nurses who will need to communicate these changes to parents and administration. We sent out a listserv note which highlighted the most significant changes. These changes are

Assessing Intervals and Timing

- Students in grades 8-12 whose immunization status met the requirements of regulations which were in effect on June 30, 2014, will be considered to be in compliance for the 2015-2016 school year and subsequent years until the last grade of that cohort graduates in 2020. Additionally they will not need to have the intervals between their immunizations assessed.
- NYSSHSC will provide the resources needed to determine if students meet the requirements of the regulations.
- Beginning in the 2020-2021 school year, all students in Pre-K through 12 must meet the requirements of these revised regulations.

Vaccine Specific Information

- **MMR:** Students in grades K-12 will require 2 doses of measles and mumps vaccines and 1 dose of rubella vaccine upon entry. This removes the option of waiting until a student is age 7 to meet the requirement.
- **DTaP:** Students in grades K-5 will require 5 doses upon entry (unless the 4th dose was given after age 4, then they only require 4 doses). This removes the option of waiting until a student is age 7 to meet the requirement.
- **Polio:** In 2015-2016 school year students in grades K, 1, 6, 7 will require 4 doses (unless the 3rd dose was given after age 4, then they only require 3 doses).
- **Varicella:** In 2015-2016 school year students in grades K, 1, 6, 7 will require 2 doses.

The Center will revise the Immunization subpage, the FAQs and the Letters to Parents on our SN Toolkit page to help communicate the new requirements when the final requirements are released.

Education Law – Article 19 §901-921*2 addresses 3 key health issues - Diabetes, Asthma and Life-Threatening Allergies which are effective 2/27/2015 and 7/1/2015. § 902 a § 902 b § 916 a § 916 b § 921 (already effective) § 921*2

These laws address the ability of licensed personnel to administer medication, train unlicensed people to administer epi-auto-injectors and glucagon to students with orders and the ability of students to carry and self-administer their own medications. While these have always been in policy and guidelines, they will be in law, effective 7/1/2015.

§ 921 On-site Epinephrine Auto-Injector effective 2/27/2015 says:

Any type of PreK-12 school MAY purchase & administer EAI's if they have the required elements in place:

- It is optional to provide EAI's
- Schools will determine how many EAI's are needed
- EAI's may be used for students and staff who have a severe allergic reaction
- Public health law 3000-c allows the training of unlicensed school staff
- Previously only RNs could administer

What Is Required To Implement This Law?

- A collaborative provider
- A written collaborative agreement signed by the collaborative provider, filed with the appropriate regional medical emergencies Services Council (REMS)
- Willing employees who have completed approved training (designated personnel)
- Stock epinephrine auto-injectors

Both NYSED and NYSSHSC have website resources for these required elements.

[NYSED – Resources for Implementing Education Law Article 19 - § 921 On-site Epinephrine Auto-Injectors](#)

[NYSSHSC – EAI Training for School Personnel - Toolkit](#)

Guidelines currently under revision are:

NYSED Guidelines for Medication Administration

- Should be out this summer
- Will include new names for non-self-directed, self-directed and self-carry/self-administer
- Will include new guidance for epinephrine, administering IV medications in schools and many other clarifications

Pre-Kindergarten Manual

Has been written, being reviewed, probably released later this summer

Commissioner's Regulations

- Will be re-opened and updated
- §136.6 Authorized use of epinephrine auto-injector has been added
- §136.7 out for comment to establish standards for the self-administration by students of certain prescribed medications on school property and at school functions; and to establish standards for the training of unlicensed school personnel to administer prescribed epinephrine auto injectors and glucagon to specific students under specified conditions, consistent with Chapter 423 of the Laws of 2014.

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SNO in August!!!

At the Welch Allyn Conference Center in Skaneateles NY

While this past winter provided an abundance of the white stuff, “SNO” (NYSASN’s 27th Annual School Nurse Orientation) is again falling... into place for August 2015! Registrations are being accepted now for the August 17-20, 2015 conference. Register before July 18, 2015 to receive the early-bird rates! Members of NYSASN also receive reduced registration rates!

Presented by a faculty of experienced school nurses and guest presenters from the NYS Education Department and Statewide School Health Services Center, School Nurse Orientation (SNO) prepares the Registered Professional Nurse for the specialty practice of school nursing. During this four-day conference, the role of the school nurse will be explored via a variety of topics including state mandated screenings, medication administration, documentation, chronic disease management, physical assessment, concussion

management, emergency preparedness... and much, much more.

While registration preference is given to school nurses with less than three years of school nursing experience, nurses with more experience are welcome if there is room! SNO is an action-packed experience that provides plenty of opportunity for networking among colleagues, hands-on learning and the development of best practices in school nursing.

Share this information with any new school nurses you know. The 2015 SNO brochure is available for download on the NYSASN website www.nysasn.org (click on the education tab). For more information, contact SNO Program Coordinator, Joanne Reynolds MSN, RN, NCSN at www.snoorientation.org or 518-275-2004 (c) or 518-386-4312 (w).

The New York Statewide School Health Services Center

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Athletic Placement Process (APP)

The Athletic Placement Process (APP) provides a protocol for districts that choose to do so to allow students in grades **7 and 8 to move up**; or for students in grades **9-12 to move down**, allowing them to participate safely at an appropriate level of competition *based upon physical and emotional readiness and athletic ability* rather than age and grade alone. This new guidance will become effective for the 2015 Fall Season. The main differences with the previous Selective Classification and the new APP, is the role of the medical director is highlighted with no Special Approval Request allowed. **The process STOPS if student is not at a comparable physical maturity or size in relation to average age and sex of students against whom he or she will compete.** The Athletic Placement Process has been placed on our website on the A-Z Index page, under Athletics and Health Examination and on the Laws and Guidelines page, under NYSED Guidelines and Memos.

NYSSHSC/CDC Survey Administration

We are well on the way with our 2015 YRBS Survey administration! We are working collaboratively with NYSDOH in administering the YRBS. We really appreciate all the assistance school nurses have provided and anticipate have weighted data for New York!

2015 Update Conferences: School Nurses— Supporting Student Success

We had a great turn out at each of our 4 sites. The presentations are posted on our website under the Professional Learning Tab. You may print out the outlines for yourself. This summer we will create webinars for each topic. Topics for this year’s conference included:

- Seek & Solve the Latest Updates from NYSED, NYSSHSC & NYSDOH
- Sharpen Your Skills— Clinical Review of Seizure Disorder, Diabetes, Asthma and Anaphylaxis
- School Nurses— Champions of Breakfast
- Supporting Students with Brain Injury— The Silent Epidemic

Step Up and Be Counted

Step Up and Be Counted is a NASN/NASSNC Initiative for col-



lecting standardized data for School Health Services in the US. NASN and NASSNC are working together to develop a national standardized data set for all school nurses to collect specific data points the same way regarding the

number of nurses in schools. This national project is being piloted by NYSSHSC in NYS for the 2014-15 school year to educate school nurses and obtain feedback on the tool. Resource links are available on our Data Reporting page under Step Up and Be Counted! What is Step Up? Chronic health conditions have a significant impact on student achievement and affect professional nurse staffing. Professional school nurse assessments determine whether students stay in school, go home with parents or require emergency transport. Nurses can use this information at the local level to validate the impact of their services which support student attendance, safety and health.

In July 2014, the Center created a NYS specific data collection page and data collection tool on our data reporting tab of the website, to allow school nurses to pilot a data collection tool for NYS. The process is modeled after Weight Status Category reporting so that a school nurse collects data for their school, and then provides it to one school reporter who would submit at a state level.

Visit our website for almost daily additions @ www.schoolhealth-servicesny.com

Please feel free to Contact us @

Linda Khalil	lkhalil@monroe2boces.org	585.617.2381
Gail Wold	gwold@monroe2boces.org	585.617.2382
Debbie Karpowich	dkarpowi@monroe2boces.org	585.617.2380

Zone Meetings & News **Continued**

1 Nassau County Association of School Nurses

Happy Spring! Zone 1 had a well attended conference March 4th at our usual meeting location, North Bellmore Library. The presenter was Susan Antelis, MPS ,BCB,BCN,LMHC. The topic was "Soothing Stressed Students" and addressed ways to use bio-feedback techniques to help calm students in the Health Office. We are preparing for our final meeting which will be Wednesday, May 6th, to celebrate School Nurse Day. It will be a dinner event, held at Angelina's Restaurant in Williston Park, beginning at 5PM. Lots of fun, good company, and great raffle prizes including membership to NYSASN (dues for a year) for several lucky winners! We wish everyone a joyous School Nurse Day celebration for all you do for your students, staff, and community!

Welcome Aboard Jill McCarney, NYSASN Zone 1 Representative

by Gail Hall, RN Zone Coordinator

Jill McCarney, MS, BSN, RN, is the new representative for Zone 1 (Suffolk County), taking over for Lois Haque, who retired from her school nursing position.

We asked her to tell us about herself.

I grew up on the North Jersey Shore and worked as a candy striper and nurse's aide. These positions sparked my interest in pursuing a career in nursing. I attended Georgetown University and graduated with a BSN, then moved home and worked at a local hospital where I "got my feet wet!" I eventually moved into Manhattan, working at Mount Sinai Medical Center, exclusively in Pediatrics for 7 years. I also went to graduate school and received my MS in Nursing Administration from NYU. My husband and I have been married since 1984, we have 3 daughters and now live in Manhasset, Long Island for the past 20 years.



Jill McCarney, MS,
BSN, RN

When and how did you get into school nursing?

I began to work as a school nurse substitute in a grammar school in Manhasset then took a part time position which led to a full time position at St. Mary's Elementary School in Manhasset. I was named as the Lead Nurse for the school district last year.

What do you like most about school nursing?

Diversity, never knowing what each day will bring! Being independent and the "go to" medical person in the building.

Anything else you would like to share?

I love to travel and to sail!

Jill can be reached via email at: zone1@nysasn.org.

Contact: Jill McCarney, RN
Zone 1 Representative
Zone1@nysasn.org

2 Suffolk County Association of School Nurses

See Front Cover Story

Contact: Noreen Maynes, BSN, RN
Zone 2 Representative
nmaynes@millerplace.k12.ny.us
zone2@nysasn.org

3 Metropolitan Association of School Nurses

The Metropolitan Nurses held a meeting March 26th at PS/IS 178 in Jamaica, Queens. Discussion was held and suggestions offered on how to increase members and maintain involvement. Stacey Marye will be the new president and Mary O'Leary the treasurer. State legislation was reviewed and all were happy to hear of NYSASN's success on diverting legislation for non-licensed personnel to administer insulin. For those who actively participated by writing and visiting representatives a job well done be proud of your efforts.

Mary O'Leary shared that she was selected to represent her school and run in the NYC marathon November 1st, 2015. She will be supporting the Mighty Milers, a program sponsored by the NYC Road Runners Association to help encourage students to run and exercise. Mary works with students with special needs and will be thinking of them as she runs 26.2 miles. We are so proud of her and plan on being there when she crosses the finish line!

We will be holding our School Nurse Day celebration with a dinner at Monahan & Fitzgerald in Bayside Queens May 6th. Please contact me or visit the website for information. Please join us; we are looking forward to a wonderful evening!

There will be raffles, musical entertainment and the EISN winner will be announced at the dinner!

Contact: Mary Fitzpatrick, BSN, RN
Zone 3 Representative
zone3@nysasn.org
516-220-5186

4 Westchester / Putnam Association of School Nurses

Following this difficult winter the School Nurses of Zone 4 enjoyed two educational opportunities both locally and with our colleagues in Zone 7. On March 19th Dr Mark Sinnet, PharmD, FASHP, Director of Clinical & Educational Services at Montefiore/Einstein College of Medicine presented on Psychotropic Medication and the school age child. A number of our zone members attended the March Conference for School Health Professionals at NYSUT in Latham. And greatly enjoyed all presentations.



EISN Winner,
Carol Bumbalow

Continued next page

Zone Meetings & News **Continued**

Looking forward to an educationally productive Spring! Zone 4 has the following evening events planned:

“The Effect of Brain Injury on Pituitary Function” will be presented at Ruth Chris Steakhouse in Tarrytown sponsored by Genetech. This presentation will be offered on two separate dates, April 8 & 16.

Zone 4 members are invited to the next DINE AROUND scheduled for April 28th at Maria Fereri Children’s Hospital. At the Dine Around Zone members have dinner with select specialists and have an opportunity to ask questions regarding health issues in the school age population. This session the select specialists include: Child Neurology, Pediatric Endocrinology & Pediatric Speech and Language.

Our plans for School Nurse Day Celebration are being finalized. Look out for an invitation to Celebrate School Nurse Day on May 6th at CASA RINA of Thornwood.

Please save the date and plan to celebrate with school nurses from Zone 4.

Looking forward to seeing Zone Members during our SPRING Events.

Contact: Mary Beth Guyett BSN, RN
Zone 4 Representative
zone4@nysasn.org

5 Southeastern Association of School Nurses

Zone 5 is planning an end of the year dinner to celebrate the School Nurses of Zone 5 in June. We are still looking for a location to accommodate the members but our topic is going to be “Immunizations” presented by the Orange County Department of Health. As soon as we have our location finalized, flyers with the details will be sent out.

Contact: Joanne Bardin, RN
Zone 5 Representative
jbardin@poughkeepsieschools.org
(w) 845-451-4810

6 Northeastern Association of School Nurses

Zone representative needed.

Interested?

Contact: Gail Hall at zone11@nysasn.org

7 Capital Association of School Nurses

March 28, the Capital District School Nurses in collaboration with the New York State Association of School Nurses and New York State United Teachers presented the March Conference for School Health Professionals. It was held at the NYSUT conference center in Latham, New York. There were over 130 school nurses in attendance. They came from all over New York State. Speakers shared their expertise on Legal and Contract Issues, Trends in Infectious Diseases, ENT Assessment, Playing it Safe the School Nurses role in Planning and Promoting Safe Physical Activity and Athletic Spring 2015

Participation for Students with Chronic Health Conditions and Addressing Aggressive Student Behavior in Schools. From the feedback we received everyone enjoyed the conference and took away lots of great information. There needs to be a special shout out to Betsy Williams, conference planner extraordinaire, Janice McPhee, Joanne Reynolds, Abbie Breen, Holly Hebb, Tammy Anderson, Stacey Simeon, everyone from NYSUT and the New York State Association of School Nurses. They make a great team and put together a fantastic conference.

May 6, was Zone 7’s School Nurse Dinner. There were 42 school nurses in attendance. The Excellence in School Nurse Award was presented to Gale Elfner. Gale is a school nurse in the Shenendehowa School District at the Skano Elementary School. Gale has 23 years in school nursing. Congratulations Gale thanks for making school nurses proud.



EISN Winner Gale Elfner (center), Janice McPhee, NYSASN President (left), Abbie Breen CRSNA President (right)

Planning for next year will occur over the summer. If any Zone 7 member is interested in joining the planning committee please contact me.

Contact: Ann Lanoue, RN
Zone 7 Representative
Zone7@nysasn.org
518-674-7103

8 Northern Association of School Nurses

Zone 8 nurses gathered December 5th at the Butcher Block Restaurant in Plattsburgh. Our agenda included updates from the Fall NYSASN conference including discussion /explanation of the new legislation regarding care of students with diabetes in the classroom. Attendees were given packets of handouts from other topics covered at the Fall conference.

Much discussion followed concerning the direction of Zone 8. A new representative is needed allowing Beth to assume the position of Public Relations Committee Chair.

Our next meeting is scheduled for School Nurse Day. No guest speaker has been determined yet.

Continued next page

Zone Meetings & News **Continued**

I continue to use any and all opportunities to encourage non-NYSASN members to join our organization citing its many perks. Many of our fellow school nurses are entering contract negotiations this year so this is a perfect time to convey the importance of belonging to our professional organization.

Zone 8 Happenings

Zone 8 nurses will gather May 7th at the Ground Round Restaurant in Plattsburgh. Our agenda includes review of SSH update conferences, membership, and discussion /explanation of pending legislation.

Our guest speaker for the evening will be Deputy Mark Boyer, Clinton County Sheriff Dept. Drug Task Force. He will discuss trends in local drug use and use of nasal Narcan.

Contact: Beth Besaw, RN
Zone 8 Representative
zone8@nysasn.org

9 North Central Association of School Nurses

NYSASN Zone 9 Celebrated School Nurses' Day on May 6th with ten nurses representing the three counties of Zone 9. We met at South Jefferson Central High School in Adams, New York for dinner. Our guest speaker for the evening was Barbara Trainham, Licensed Massage Therapist from "A New Attitude" in Watertown, New York. She spoke to the group about the importance of uncluttering our lives, eating healthier, allowing ourselves to have a quiet time, making sure we get enough rest, and gave some helpful ideas on how to take better care of ourselves. More than half of the group took advantage of the opportunity to receive a very relaxing chair massage during the evening. We also recognized Debra Russell as our recipient of the Zone 9 Award for Excellence in School Nursing. Debra is a Jefferson-Lewis BOCES School Nurse. Debra was presented her award on May 5th at the Cinco de Mayo Dinner Fundraiser for the South Jefferson Central Backpack Program, where she and her husband Dave had dinner with Lou Ann Gleason, Zone Representative and her husband, Michael. She was unable to be present at the School Nurses' Day Celebration that was held on School Nurses' Day.



Debra Russell and Lou Ann Gleason

Contact: Lou Ann Gleason, BSN, RN
Zone 9 Representative
zone9@nysasn.org

10 Central Association of School Nurses

Our Zone 10 has been busy so far this year. There was a Zone BOD meeting on November 15, 2014. We planned a workshop for January 24, 2015 that was a success with about 35 people attending. It was entitled "Understanding & Supporting Transgender Youth in Our Schools" which was presented by a parent and behavioral specialist, Mrs. Terri Cook. She authored the book *Allies and Angels* about her personal story regarding transgenderism, along with her colleague Mr. Tyler Sliker. We are sponsoring another workshop on March 24, 2015 with a tour of the McMahon/Ryan Child Advocacy Center in Syracuse and interaction with Dr. Alicia Pekarsky, Pediatric Specialist for Child Abuse and Neglect. Our BOD will be meeting after the workshop. Our School Nurse Day Dinner, is in the planning stages, which will be held in May. At that time, we will be installing a new slate of officers along with presenting to our Zone 10 recipient the EISN Award. Thank you to our outgoing officers for their hard work and dedication. You did an outstanding job.

Contact: Concetta Carcone, RN
Zone 10 Representative
Zone10@nysasn.org

11 Southern Association of School Nurses



*EISN Winner Annette Cobb, RN
AD Horseheads CSD*

The Elmira Riverview Holiday Inn was the site for Zone 11's School Nurses Day celebration. Horseheads CSD School Nurse, Annette Cobb, was named the recipient of this year's Zone 11 Excellence in School Nursing Award. Annette has always been supportive of Zone 11 activities. She is quick to respond to requests for information or assistance for other school nurse colleagues. She has a wonderful sense of humor in all situations even through the most difficult



Zone 11 Banquet

moments, days and year! She maintains an efficient and organized health office for approximately 500 elementary students and numerous staff. Her gentle spirit is evident when she finds

Continued next page

Zone Meetings & News **Continued**

time to counsel each individual and family member during crisis. Congratulations, Annette!

Contact: Gail Hall, RN
Zone 11 Representative
Zone11@nysasn.org
gailhall124@aol.com
607-589-7128

12 Central Western Association of School Nurses

Zone 12 is finishing up plans for our School Nurse Day celebration. We are meeting at Geneseo Central School on Wednesday May 6th. Our topic is who we are, what we do. Shh...it's really Public Health Nursing. This is being presented by Victoria Cunningham BSRN. Zone 12 co-reps are making plans for the end of June for our members and non-members to hopefully get together.

Contact: Donna Ryan, RN and Diane Houseknecht, RN
Zone 12 Co-Representatives
Zone12@nysasn.org

13 Western Association of School Nurses

Greetings from Western New York! Members of the WNYASN (Western New York Association of School Nurses) will soon be enjoying our annual banquet where we will:

1. Induct the new officers for the 2015-2016 school year, including the new Zone 13 representative, Elaine Herberger!
2. Introduce the winner of our scholarship (each year we award a scholarship to a graduating high school senior who is planning to attend a baccalaureate program in the fall-majoring in

nursing, of course!),

3. Recognize our EISN (Excellence in School Nursing) nominee!

AND

4. **Celebrate our 40th Anniversary!** It is hard to believe that our local organization was started **40 years** ago!

I am happy to announce that I am retiring! School nursing has been a wonderful, rewarding experience! WOW! A little over 20 years! 18 of them at a wonderful Catholic School that, sadly, closed last year. Serving as the Zone 13 representative was also a great experience! I will miss the "amazing" school nurses I have met from all over New York State! I know they will continue to do all they can for school nurses and their "children"!

Contact: Debbie Kampff, RN
Outgoing Zone 13 Representative
zone13@nysasn.org

14 Southwestern Association of School Nurses

2015 Zone 14 Spring Dinner Meeting **"Caring for the Caregiver"**

Wednesday, May 6, 2015

The Main Landing, 142 Boulevard Ave,
Holiday Harbor Marina, Celoron, NY
Meet and Greet starting at 5:30. Dinner at 6:00.
Speaker, Carol Colarco will follow dinner

Contact: Joetta Pollock
Zone 14 Representative
jpollock@pval.org
716-988-3291 Ext 3325

News from the Zone Coordinator

Gail Hall, RN

SAVE THE DATE!

The Corning Radisson is the site for NYSASN's 2015 Fall Conference for the school nurse. This conference, held November 6th-8th, 2015, will provide up to date information on diabetes management and hands on pump practice, being on the alert for contagious diseases in the school setting, information on the role of the school nurse for students with 504 and IEP's, stress management, how not to get sued in the school setting, Statewide Health updates and a whole

lot more! Attendees will also have the opportunity to learn first-hand how to perform an accurate assessment and triage students with a variety of ailments, including emergency situations, head, neck or abdominal injuries and medical situations.

Corning is home to Corning Glass. The town is full of great shopping and interesting sites. It is also in the heart of the Finger Lakes wine country.

More information, including the conference brochure, will be made available on the nysasn.org website in the near future!



Gail Hall, RN

Contact: Gail Hall, RN,
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2015 Fall Conference Chairperson

