Pursuant to your request regarding the self-administration of insulin in the school setting, the school's policy "Self-Medication" would apply. In accordance with the Board of Nursing’s Guidelines that defines Administration of Medication to include self-administration, the legal prescriber must provide directions for the administration. The school nurse should develop a protocol, based on the school’s policy, to determine the parameters for self-administration of insulin, such as:

♦ orders from a legal prescriber and permission from a parent authorizing the child to self-administer insulin to scale;
♦ insulin to scale orders;
♦ documented competency of the student’s ability to self-administer insulin by the registered school nurse;
♦ established parameters by the child’s physician that identifies the maximum insulin dose the child can self-administer and when the child’s parent, school nurse, or physician must administer the insulin;
♦ unlicensed school employees who are willing to supervise the self-administration, witness and document the dose of insulin administered by the child.

This is not intended to be an all-inclusive listing of critical elements to be addressed in the protocol but a sampling of critical items for your consideration.

Please contact me if you have any questions regarding this matter.

cc: file