



charlie health

Personalized treatment for teens, young adults, and their families.

Charlie Health's Intensive Outpatient Program (IOP) is designed for those who need more than one-time-per-week therapy. Our IOP consists of curated and customized groups, individual therapy, and family therapy. With our virtual and accessible platform, healing is possible, all from the comfort and safety of home.

- ✓ Highly curated groups
- ✓ Video-based, accessible sessions
- ✓ Flexible after school/work scheduling
- ✓ Skills-based & creative arts therapy
- ✓ Trauma-informed curriculum
- ✓ Free support groups

To learn more, reach out:

(866)-491-5196

<http://charliehealth.com>

