

VSSNA COVID-19 Town Hall meeting with Sharonlee Trefry, MSN, RN, NCSN on March 30, 2020

Running commentary by Soph Hall, VSSNA President and Kelly Landwehr, VSSNA Secretary

Soph	Kelly
100 nurses are logged into this call!!	
Rubber hits the road with SN role in this pandemic	Sharonlee Trefry will discuss the role of the school nurse during school closure and the most up to date info on COVID -19
Coronaviruses, numerous, 7 can infect people	<p>Sharonlee intro-We are all in this together. No better time than now to highlight the role of our school nurses.</p> <p>Coronavirus has been identified since the 1960's. Goal is to correct misinformation and clarify the role of school nurses. Familiar with future of nursing 2030 and ANA national town halls. Slides are modified from some received by Breena Holmes</p>
Thanks to Breena Holmes, MD Future of Nursing 2030 ANA national town halls	Thank you slide-Self care is more crucial now than ever. Invited participants to take three deep breaths. Let these breaths bring you back to your spirit and zest for life so you can use your school nurse superpowers!
Self care is crucial--NOW MORE THAN EVER--3 deep breaths	<p>21st Century Framework slide</p> <p>Grateful for all you are doing now. Nurses ensuring meds are getting back home. LEA's in the Northeast Kingdom are reaching out to families, Essex nurses are working with food service directors. Nurses sharing info on proper handwashing and donning and doffing gloves, proper use of PPE. Rebecca McCRay getting nurses together to update policies and procedures.</p> <p>Standards of Practice-during emergency, need to really know scope of practice. North Country SU working on anti-bullying. Other nurses being used as COVID experts that they are, advising how to use health dept website, advising staff on when to connect with PCP</p>
21st Cent Framework Care coord--meds returned to kids/homes KESD--Interdisciplinary collaboration	Antibody slide-SN's will be boots on the ground needed during recovery phase

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<p>Essex-westford--food service directors--SN vetted with health ?s, gloving don & Doff, masks not needed for food preparation community/public health-SN self isolation housing in schools to be setup Leadership-letters by VSSNA to Dr Levine, Dr French, Gov P Scott to use SN to full extent of their role Standards of Care for Crisis--SN MUST know scope and standards of practice</p>	
<p>NC Supv Union--SN protection from bullying around C19 ____ Inform staff using C19 information from DOH Missed the duxbury comment Colchester SNS--new sources of PPE</p>	<p>Situational update-found on website. Please keep reaching out, using VDH website and using 211 for resources. Urged to study these. Looking at data, this is from yesterday. Chittenden county looks like a hotspot but this is representative of increased testing. This morning, 19 people were hospitalized with COVID-19. Others that are infected are isolated at home.</p>
<p>Antibodies from MERS is the image SN will be needed for recovery</p>	<p>Next slide-about 9% of tests are positive. Others are testing + for RSV or flu. Testing for other coronavirus as well. Studies from N.Korea who tested everyone showed children are less at risk for some reason</p>
<p>Situational update--DOH daily Available to all Urged to study command structure Chittenden spotting reflecting high testing rather than hotspot only 19 in hosp in VT with C19 Majority of people are at home, or offsite Children seem to be less risk</p>	<p>Next slide - Critical juncture. Change in testing process. PCPs are encouraged to order testing for all who are symptomatic. Must connect with a provider for referral for testing prior to going to the testing center. Health dept is a direct notifier of those who are positive.</p>
<p>Critical juncture--- PCP gives order for test, and directs where to go to get the test DOH will now direct notify if Pos C19 Give advice to care for self, household, contact guidance, vulnerable population. If not working in a high risk setting (ie Walmart) working more than 6ft distance from all, doesn't mean needs to be shut down, nor "everyone needs to know" in department. Guidance is written from VDOH. If ill, identifies someone who in contact with is in vulnerable pop, doh will directly contact that person</p>	<p>Next slide-Those testing +. VDH calls patients and advises on how to keep themselves and those in the household are safe. Guidance on those working with high risk populations. Health dept will make these determinations-if you have COVID 19 and not working with high risk individuals, worksite may not have to be shut down or all coworkers may not need to know. If working with those who are vulnerable, VDH will contact those vulnerable individuals</p>

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at risk	
Mitigation phase Injury prevention--kids being seen in ER, ICU as home with less supervision	Next slide-Recovery phase will come at some point. Injury prevention right now is an issue with kids at home alone
Framework guides SN--whether school open or closed Roles still apply	Next slide-Lean on frameworks to guide our functions. Whether from the desk, school office or on phone.
The elephant in the room-- INAPPROPRIATE PPE JAMA publication yesterday--	Next slide-Elephant in the room...cloth masks are not appropriate PPE. Get to this later
Community/Public Health <u>Risk Reduction</u> <u>Health ed</u> <u>Population Based Care</u> <u>Surveillance</u>	Next slide-SN greatest responsibility is risk reduction. We are trying to help protect health people for the most part of our role. We all wear multiple hats. Correct info, health ed, and bigger thinking during this situation.
SAME MESSAGE to be given to everyone Slide titled Close contact with Covid 19	Next slide-Care coordination occurs whether in or out of school
Care Coordination--occurs in or out of school Medication and supplies sent home	Next slide-Figure out high priority students, get meds home
Standards of Practice BON website rules to statute that is VT Nurse Practice Act (slide) Read by SLT Response from Gabe Gilman--follow link: EO 01-20 KNOW YOUR SCOPE of PRACTICE--are you competent to do something you may be asked to do--do you have the required knowledge base? Can you learn? What do you need to be able to provide safe care	Next slide-In VT we go to the Board of Nursing website, "rules" gets you to our nurse practice act.
Lifelong Learning--Leadership Be confident...on demand webinar free to all Incident command (SLT thinks reasonable to require all RN school nurses to complete level one portion	Next slide-Sharonlee read slide. Click on executive order, you will see dates. Keep in mind. Know your scope of practice. If asked to do something above and beyond, what do you need to provide safe care
	Next slide-we are all life long learners
Long-time	Next slide-Use evidence based sources. Link is free,

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<p>Live with family members</p> <p>Sitting in a meeting for the day</p> <p>Filling out application for 20 minutes (NOT a long time)</p>	<p>one hour long and available to all. Nice job explaining studies on how spread happens, what is considered PPE, etc. Require all school nurses to do command training</p>
<p>Tasks-</p> <p>Fall under framework</p> <p>-update med rec, immun, prepare for special health needs</p> <p>Get list of what kids need re: health--for SELF to use for nursing intervention by YOU (the SN) not for distribution</p> <p>Set up virtual meeting with family</p> <p>SPED, team?</p> <p>Do families know how to use 211-food or home insecurity</p> <p>Essential worker childcare</p> <p>Workman's comp--211</p>	<p>Next slide-a whole lot we don't know.</p>
<p>Health surveillance</p> <p>WHAT do you need to know?</p> <p>Is it flu? Do Kids have RSV?</p> <p>7 co workers tested C19 but don't relate to school?</p> <p>Telemedicine--will not receive any statement from above--</p>	<p>Next slide-resources, contact info, public health nurses. A lot of questions from childcare.</p>
<p>Face to face activity--dont do screenings</p>	<p>What is def of long time-intimate partner, in a meeting with colleague who tests positive-you are there for the day that's a long time, there for 20 mins, not a long time</p>
<p>Are teachers essential?--per gov order--</p> <p>On site during this time--essential can go</p> <p>Are high touch areas cleaned?</p> <p>Access by teachers is being sought due to the directives from Dr French--thus they are seeking access to materials--healthy people are who can prevent illness</p> <p>Ill people must STAY OUT of</p>	<p>School nurse role and tasks-focus on framework. Update imms, medical records, focus on care coordination of students with special health needs, virtual meetings with families, interdisciplinary collaboration, referrals to 211, are families food insecure</p>
<p>Process? Should it be the same/similar to ensure working in the same direction as pub health??</p> <p>SLT doesn't think it'll ever happen in VT</p>	<p>Health surveillance-should it continue-what do you need to know? Are people getting COVID, flu, RSV</p>
<p>504 ? Yes, still due, can you do this remotely?</p> <p>Due--SLT not sure what this means. Are required to be done annually.</p>	<p>Telemedicine question-we are under declaration of state of emergency. Too busy protecting the most vulnerable. Know your scope and do what you feel</p>

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<p>New documents came out last week re: this-- Links are present under this slide--(CW)</p>	<p>competent doing. You have to document and protect confidentiality.</p>
<p>Supt to get notice? SLT laughed! Would be nice, but.... Would be a non nurse directing rn--can't happen ...and other duties as necessary... must discuss with sup</p>	<p>Vision and hearing-not to worry, can't occur since we cannot work face to face.</p>
<p>Community as RN Released time? Med Reserve Corp or Am Red Cross are perfect fit for SN</p>	<p>Are teachers essential? Should they go on site? Can go on site. Sick people should be staying home, and high touch areas being cleaned. Sec'y French-"thou shalt ensure distance learning". May need access to materials to facilitate learning. Maintain physical distancing</p>
<p>School open in fall YES C19 will be active--</p>	<p>504s-If they are due and you have time/virtual capacity, get them updated if able. Executive order-documents came out that get into this.</p>
<p>Med back? Call up and find out how they want to do it</p>	<p>Superintendent notice from VDH of all appropriate tasks-it would be nice, but it would be a non-nurse directing RN duties and this shouldn't happen.</p>
<p>Child care Use health dept website everyday Changes frequently Specific schools are doing childcare SN perfect teacher of prevention of illness --asthma, occ cough, regular part of their presentation, they are ok to be in child care. Ill people need to be HOME</p>	<p>How can SN help in community-Red Cross medical reserve corp. Release time? VSSNA reaching out to NEA with questions about SN doing other work in addition to school related work..trying to get guidance and will share.</p>
<p>>60 years should not be providing care? YES! That is the rule! May be difficult to work with this, but it is what is being stated over and over</p>	<p>When schools open back up, can we assume COVID will be active-can't answer yet.</p>
	<p>Meds back to families-call them</p>
<p>school/childcare during pandemic Exclude for 72 hours FEVER FREE without medicine</p>	<p>Child care center role of SN-what does the State say? Guidance changes daily. Document on VDH website. SN can teach how to screen-taking temp, helping families and staff understand medical issues, education. Ill people should be home..all illnesses</p>
<p>Why do you as SN need to be the one asking</p>	<p>Should those over 60 not provide care? Yes, that is</p>

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<p>questions Thou shalt... doesn't need to be 100.4 degree--goes home</p>	<p>the rule</p>
<p>Anyone C19 dx must be isolated til 7 days without sx 90% kids will be sick with something else</p>	<p>Will guidance on fever, etc change from 24 hours. It's now 72 hours fever free for exclusion.</p>
<p>Child care facility Kids in space. Toys Unavoidable, essential workers must have way to keep kids safe Children will be sharing space and toys-inevitable Wipe bathroom after every use Wipe toys</p>	<p>Will nurses be expected to oversee health of childcare participants? Do not need to, childcare providers can screen. Send home over 100.4. Anyone dx with COVID-19 should isolate until sx free and 72 hours of completely well. If staff become sick-need to go home. Remember 90%+ will be something other than COVID-19. Children in the childcare space are going to share toys-this is inevitable. Wash bathrooms between use, wash toys.</p>
<p>If not tested ? Masks to wear as "proactive" PPE is reserved for those expecting ill people-- No value to wearing masks</p>	<p>Should childcare workers wear PPE? No value to this</p>
<p>Come to ctr--if mom or dad is a healthcare worker caring for c19 kids--can we care for the child? If testing appropriately, wearing PPE , you are not coming in contact with c19</p>	<p>Childcare-is parent in contact with those with COVID-19 can we still care for the child? Not entirely clear. If a parent is a healthcare worker wearing PPE, you are not truly coming in contact with COVID.</p>
<p>No to the question of requiring documentation the parent is essential worker, working, needing to have childcare SLT--essential workers have different roles See the gov info</p>	<p>Require documentation of essential worker status for child care-NO. Link to legal definition who is essential.</p>
<p>Mandatory for school nurse in child care center SLT says this is important role for education/health info If resp for own children or vuln adult--you should not be in the community Use your nursing superpowers if you are able to do so--critical thinking, knowledge,</p>	<p>SN responsibility, documentation, etc in childcare-You should not be out in the community if you are caring for your own family, children. If you're able, then share your knowledge, nursing superpowers. Meeting adjourned</p>