

## Virtual Vermont State School Nurse Town Meeting #6 - May 7, 2020

9:30-10:30 am Zoom Platform

132 participants at the beginning of the meeting, 173 participants at 9:50 am, 178 participants at 10:09 am.

Agenda Item	Time allotted	Minutes
<b>Please send questions to <a href="mailto:COVID-19@vssna.org">COVID-19@vssna.org</a></b>		
Welcome and Announcements- Soph Hall	2	<p>School Nurse Day Celebrations General questions about Covid-19 (please email any ahead of time to <a href="mailto:covid19@vssna.org">covid19@vssna.org</a> )</p> <p>Soph Hall-Welcomed all nurses and thanked everyone for the work they do. Noted Governor Scott's recognition of May 6th as School Nurse Day. Cited the VPIRG interview the executive board participated in yesterday to discuss the important work school nurses are doing. Expressed thanks for having Laurie and Donna here with us today.</p> <p><i>“The COVID-19 pandemic has emphasized the essential school nurse role. Whether we are physically present in our health offices, or working virtually to support our students, the role of school nurses in public health, in policy development, in care coordination and education is essential,” said NASN President Laurie Combe, MN, RN, NCSN. “A professional school nurse is needed for every school because school nursing is the foundation for student physical and mental health.”</i></p> <p><i>“In this global Year of the Nurse, it is an honor to recognize our nation’s school nurses as we celebrate National School Nurse Day,” said NASN Executive Director Donna Mazyck, MS, RN, NCSN. “School nurses influence wellness and disease prevention practices in our communities now more than ever during these changing times.”</i></p>
Housekeeping - Becca McCray	2	<p>Please use the chat to type questions while the presentation is in progress and we will have our presenter answer those questions first.</p> <p>Please use the <a href="#">“raise hand”</a> feature under the participants’ function when you have a question during the Q&amp;A part of the agenda.</p>

<p>Introduction of Speakers - Clayton Wetzel</p>	<p>2</p>	<p>Laurie Combe, NASN President, and Donna Mazyck, NASN Executive Director introduced by Clayton Wetzel</p> <p><b>Laurie Combe – NASN President</b>  Earned BSN and Master’s of Nursing at LSU Medical Center and is a Nationally Certified School Nurse. Laurie currently works as an Independent School Nurse &amp; School Health Consultant providing professional development and resource discovery for school nurses, school nurse leaders and school communities. Prior to this, Laurie worked for Klein ISD for 25 years. She served as the Health Services Coordinator for 13 years, managing the healthcare for 50,000+ students and 49 schools staffed with a full time RN in each school. In her first 12 years with Klein ISD, Laurie served as a school nurse on the intermediate and high school campuses on intermediate and high school campuses. Other nursing experience prior to school nursing includes adolescent mental health, home health hospice and nursing education.</p> <p><b>Donna Mazyck – NASN Executive Director</b>  Donna earned her BSN from the University of Pennsylvania and a Master of Science degree in Counseling from Loyola University in Maryland and is nationally certified in school nursing and counseling. She is also a Certified Association Executive (this credential is the marker of a committed association professional who has demonstrated the wide range of knowledge essential to manage an association in today’s challenging environment). Donna was both an NASN Past Director and NASN Past President (2007-2009) . She began working at NASN in 2011. For 25 years, Donna’s practice focus has been school health – starting her school health career as a high school nurse. She worked for 13 years as a state school nurse consultant at the Maryland State Department of Education. Donna is also a licensed clinical professional counselor. She enjoys facilitating student well-being and success and connecting all the helpers (schools, students, families, agencies, communities) whose focus is on student health, safety, and learning.</p>
<p>Presentation by Laurie Combe, NASN President, and Donna Mazyck, NASN Executive Director</p>	<p>20</p>	<p><b>Laurie-See</b> presentation  President for almost a year. Since COVID-19 has arrived on the scene, such a joy to be interacting with more members and to be invited to meetings like this. It is very invigorating. We work in isolation and this is a new paradigm for us to work together as we are now. Hoping Zoom doesn’t go away. Nurses serve so many functions-meds at home, material distribution, food programs. Schools are looking to nurses to guide this work. They know you’re essential. This pandemic has driven home that school nurses are the experts and lead school health. Hoping we don’t lose that message and we will have to be proactive in keeping that seat at the table. Wishing all happy school nurses day, week and month.</p> <p>School nurses informed the work to provide all the resources we can utilize today to guide our work around COVID-19. Laurie and staff read through all member forum every day and it became clear that they needed to curate resources and share. Thanks to all nurses for this feedback and feedback from affiliate organizations. Shout out to Sharonlee Trefry who brings NASN to the table to collaborate on these documents. It’s important to see how we can collaborate so we’re not overlapping each other.</p>

Since the outbreak of COVID, media outreach to NASN has increased. Doing several interviews each week. Media wants to know how school nurses are supporting their communities. We want to continue to leverage our influence. Huge shout out to NASN staff who worked to build the coronavirus page and update weekly. Return to school guidance updated just yesterday. Liz Clark working to get return to school docs on our website. Pivoted NASN conference to a virtual format.

**Donna**

We understood right away the need to communicate and that communication is bidirectional. With COVID, an important addition to our website is a live chat. Respond to all questions and it's important that we hear from nurses. Implementing NASN strategic plan implemented by board of directors. Online learning is part of this. Focusing on Framework for 21st century practice. Advocacy, data projects. We are still working on your behalf in the midst of COVID. NASN depends on CDC to inform the work that we do. Early on with COVID, the executive committee had a visit scheduled with CDC. Last Thursday, NASN was able to develop guidance you see on our website. Sent this to colleagues at CDC. CDC does have guidance on re-entry to schools and has not been completely vetted to be posted at this time.

**Laurie**

We have learned the situation is rapidly changing so need to be flexible and have a plan to update guidance on a daily basis. Concerned about nurses who have not been invited to the table for planning. Concerning to be expected to carry out a plan not based on evidence-ie. Isolating suspected cases, managing aerosolized procedures, all the things that create risk. Use the "letter" template to send to administrators to get yourself a seat at the table. Sometimes you just need to invite yourself, but once you arrive you have to be prepared to offer the resources and evidence. Can email Laurie for guidance at [lcombe@nasn.org](mailto:lcombe@nasn.org).

Montana has started planning for returning to school using a stepwise approach. Students will return Monday with social distancing, staggered arrival times. It will be important to watch what is happening in these states and what the lessons are in these situations. Good news is that state school board organizations are utilizing NASN guidelines for re-entry. Missouri has NASN guidelines linked.

[Virtual conference-two options](#).. See slide for info. All CME's are available for 90 days after the conference. If you've registered, you should have received an email. If you've already registered for live conference you can receive a full refund of the balance or you can donate to the endowment fund. Annual meeting will be open to all members whether registered or not up to a certain number. There will be scholarship winner awards, virtual exhibit hall-passport and if you visit all vendors, NASN draws a card for free registration to next year's conference. Endowment-Becca has last year's conference scarf on and Laurie is wearing the 2020 scarf. Funds from sales of scarf go to the endowment fund. Florence Nightengale's birthday-she was a data champion. Challenge you to donate to support school nursing research.

Petition to federal gov't to fund 10,000 school nurses to serve underserved communities. Nurse Act. Extended

		<p>deadline to May 11th at 11:59pm. Link on NASN website-invite all to sign the petition to support student health and the increased need we know students will have when schools reopen. Laurie holds gratitude dear. When you look for moments of gratitude in each day, you find joy. There's always some little thing we can be grateful for even in these challenging times. Look for tiny moments of gratitude. Thankful for school nurses and opportunity to be here today.</p>
<p>Questions that come up in the chat - Allison will copy and paste from the chat Soph will read the questions</p>	<p>10</p>	<ol style="list-style-type: none"> <li>1. What recommendations do you have to those of us over 60/65 regarding returning to work/school in August?  <i>Laurie-Be concerned with if you have health conditions that put you at risk and each person needs to make that assessment based on your situation. What access would you have to PPE to protect your health. What accommodations could your employer make for you. Discuss with PCP and school district.  Donna-this is where the school nurse voice is so important in re-entry plans. Have to look at respecting health and wellness and consider every person, existing health conditions, same for all ages and looking at vulnerabilities. Revitalizing property and workplace accommodations.</i> </li>   <li>2. What temperature monitoring technology is recommended as we head back to school? My superintendent wants me to research <b>walk through thermo scanners</b> but I can't find any evidence based research to support this. Are there any brands or models of no touch scanners that are more accurate than others?  a. <i>Comment posted from Jlyon: Having recently been using the infrared thermometers, they are not consistent or reliable. I have been using them outside, and they seem to be sensitive to the environmental temperatures.</i> </li>   <li>3. Who will provide the temperature screenings?This is something the Nurse could help coordinate but lots of Nurses work one day a week.  <i>Answer to question 2 and 3 combined: Laurie-heard this question many times including from the media. So I went to the School Nursing textbook. Page 214/215-electronic oral thermometer has good evidence in both normal and febrile temperatures, tympanics not recommended, temporal artery good quality for both, temporal infrared scan not recommended, chemical dot not recommended, axillary not recommended for febrile patients. Temporal artery scan or electronic oral are best options-how do we keep these sanitized. Not enough thermometers to take everyone's temperature, likely they can't get enough. Can we have self-checks and rely on this-hard question to answer. These sources are from 2014 and 2015.</i> </li>   <li>4. Is there any information on States receiving funds to hire more School Nurses?  <i>Laurie-have not heard of states providing more funds to hire more school nurses. Have heard concern that due to downturn in economy, school budgets are down and this is of great concern  Donna-NYC added new nurses in response to legislation that dovetailed with the timing of COVID. Unsure if they were able to move on this</i> </li> </ol>

5. Do you have advice about how to advocate for more school nurses in districts where one nurse is responsible for multiple schools? (*Laurie mentioned during presentation to use template letter, invite yourself to the table*)  
*Laurie-answer is in the data. A colleague who was going to be replaced with unlicensed individual-provided data on number of students with medical concerns, time spent on health plans, time spent on screenings, medication management. Interim superintendent realized they had to have a school nurse. Data and stories that drive data home are important. How many clock hours are you in your car if you are travelling from campus to campus-is this a good use of funds? NASN's data page has a training page on how to use your data. Good way that VSSNA can support nurses.*
  
6. From the Vermont health department meeting yesterday with the health providers it has been noted in the research that kids...do not spread the coronavirus even when they are positive in the nares. No one knows why? Another interesting fact is the kids that have tested positive in Vermont have only been kids who have been with an adult who was tested positive first. Kids are considered 0 to 18. There is one child age 5 who tested positive and about 5 teenagers- More of a comment from Iflore.  
*Laurie-We won't know until we bring kids together. More testing is needed to understand what the burden of disease is in our communities. Data is likely skewed. Children are showing signs of Kawasaki disease-no clear evidence it's directly related. We will likely know more when we bring kids back together*  
*Donna-staying close to info from health dept and real time feedback will guide how to proceed with children*
  
7. What about this new concern about link to Kawasaki disease like syndrome? Kids with covid-19. It was in the news about cases in NY and MA.
  
8. What temperature will be the cut off?
  
9. Won't the screening have to occur at the time the children board the busses as well?  
*Answer to 8 & 9-Laurie: Do schools have capacity to screen temperature before students walk through the door, large # of students. Local decisions have to be made. Temp cutoff is still 100.4. During H1N1 it was 100 degrees.*
  
10. Why do we keep talking about temperatures when it's 1-3 days late (and definitely a dollar short) in terms of time and money, and not necessarily useful information? I would hope most of us would assess signs, symptoms and include other data which would include temperatures for any student, for any reason, everyday, COVID or not.  
*Laurie-We utilize temp because it's in CDC case definition. If we report to the health dept, they want to know does it meets case definition. Also need to look at the entire picture. Self-check is a review of symptoms. Google form created by a colleague with QR code access-complete survey and then told if they can access the building or not. Not actually taking temperature. It's a bit of a conundrum at this point.*

		<p>11. Please share the states that are opening up for quick reference/ any states that you recommend we watch?- Soph referenced NASN forum</p> <p>12. <i>Follow up to 11:</i> Was that process in Texas? I would like to research the details of that process with the QR code and google form</p> <p>13. Will there be any guidance for independent schools like Baird School at Howard Center that employ TCI strategies and daily have to engage in restraints, escorts etc...bringing staff and students into very close contact.</p> <p>14. Any possibility of getting Dr. Levine next?</p>
Thank You and Goodbye - Soph Hall	5	<p>Reminder that invitations to Thursday town meetings go out earlier in the week. Please keep an eye on your inbox and flag it so you have the link to join ready for Thursday morning. We will do our best to send it out again on Thursday morning, but it would be most helpful if you can flag the email when we first send it out.</p> <p>Mention membership :)</p>