



3SquaresVT
=
**MORE FOOD
AT HOME**
+
**FREE FOOD
AT SCHOOL**

Two great programs in our community work hand in hand:

3SquaresVT helps eligible families put more food on the table, and supports strong and healthy school meal programs at school!

Apply for 3SquaresVT today! If you receive a benefit:

- Your family will have more money to pay bills, buy school supplies and more.
- It strengthens our school meal program, which means all students are healthier and ready to learn.
- Our community is strengthened because when we feed our students, we feed our future.

Participating in 3SquaresVT supports families, schools, and our community.

Apply for 3SquaresVT today
to support your family, school, and community!



Dial 2-1-1
for more information
and to be connected
with help in your
community.