

Center for Disease Control Coordinated School Health Program

The CDC Coordinated School Health Program (CSHP) model consists of eight interactive components. School can provide a critical link and meeting place in which many agencies might work together to maintain the wellbeing of young people. The eight components of a coordinated school health program are:

1. Health Education
2. Physical Education
3. Health Services-School Nursing
4. Nutrition Services
5. Counseling, Psychological, and Social Services
6. Healthy School Environment
7. Health Promotion for Staff
8. Family/Community Involvement

RESPONSE Comprehensive High School-Based Suicide Awareness Program

RESPONSE is designed to increase awareness, heighten sensitivity to depression and suicidal ideation, change attitudes and challenge myths, and offer response procedures to refer a student at risk for suicide. The RESPONSE program is listed on the SPRC/AFSP Best Practices Registry for Suicide Prevention. The program includes a Student Component with four 50-minute lesson plans, a 2-hour staff training, and a 2-hour parent training.

Evidence Based Health Class Curriculum, PE, Nurses

Lincoln's health classes use an evidence-based curriculum. It addresses proper sleep, diet exercise, and sexual/physical health among other ODE health standards. LHS PE classes are provided for all students including students with disabilities. Lincoln's school nursing services are available every school day.

RESPECT OUR DIFFERENCES Anti-Bullying Program

Lincoln staff members and students are trained yearly in the Name It, Claim It and Tame It model. Lincoln saw a 50% drop in student-reported verbal abuse of GLBT youth in the first five years of staff training. Lincoln's student leadership team trains ninth and tenth grade students in safe, effective ways to intervene in bullying and how to seek help.

COLLABORATIVE PROBLEM SOLVING (CPS)

The most important theme of CPS is that students do well if they can rather than don't do well because they want to. Seeing through this lens, teachers can view student behavior as an opportunity to be responsive to student needs, work together for solutions, and establish positive and mutually respectful classrooms.