



[Student Name, DOB, Student ID]

Diastat AcuDial Rectal Gel Instructions

For Use Only By Trained Staff

When to Use: *[EDIT FOR INDIVIDUAL ORDERS]* Administer Diastat AcuDial 10mg, using 1 device, if a convulsive seizure lasts longer than 5 minutes or if the student experiences a cluster of 3 or more seizures within 60 minutes, per provider instructions.

Medication Location: *[EDIT LOCATION FOR THIS STUDENT]* e.g., health room, classroom, student backpack if authorized for self-carry, etc).

Confirm the 6 Rights of Medication Administration: *[EDIT FOR INDIVIDUAL ORDERS]*

Right Student	Student Name
Right Medication	Diastat AcuDial (diazepam) rectal gel
Right Dose	10 mg dose delivered from 1 device
Right Route	Rectal
Right Time	Per health care provider prescription
Right Documentation	Document medication administration promptly and accurately on Medication Administration Record

Equipment:

- Prefilled Diastat AcuDial medication device(s) containing diazepam rectal gel
**If receiving an adjustable dose syringe, confirm the prescribed dose and the green "ready" band are visible and locked into place.*
- Gloves
- Lubricating Jelly

PROCEDURE

1. Put the person on their side where they can't fall.
2. Put on gloves.
3. Push Diastat cap up with thumb and pull to remove cap from syringe. **Be sure the seal pin is removed with the cap.**
4. Lubricate the rectal tip with lubricating jelly.
5. Turn the person on their side facing you. Pull their pants down below their buttocks.
6. Bend their upper leg forward to expose their rectum.
7. Separate the buttock to expose their rectum.



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8. Gently insert the Diastat AcuDial syringe into the rectum so that the rim of the syringe fits snug against the rectal opening.
9. Slowly count to 3 while gently pushing the plunger in until it stops.
10. Slowly count to 3 before removing the syringe from the rectum.
11. Slowly count to 3 while holding the buttocks together to prevent leakage..
12. Keep the person on their side facing you and note the time Diastat AcuDial was administered while continuing to watch them.

AFTER ADMINISTERING DIASTAT ACUDIAL

1. Record and monitor

- Note the time Diastat was administered.
- Remain with the student and closely observe breathing, responsiveness, and seizure activity

2. Call 911 (EMS) if any of the following occur *[CALLING FOR EMS AFTER MEDICATION ADMINISTRATION IS NOT A UNIVERSAL REQUIREMENT. EDIT FOR INDIVIDUAL ORDERS AND YOUR SETTING'S STANDARD OF PRACTICE.]*

- Seizure does not stop or does not respond to rescue medication
- Repeated seizures occur without full recovery between them
- Breathing is difficult, abnormal, or the student does not regain consciousness
- Seizure activity is significantly different from the student's typical pattern
- A serious injury occurs
- You are concerned about the student's condition for any reason

2. Notify

- parent/ guardian
- school nurse

3. Post-seizure disposition *[SENDING A STUDENT HOME AFTER MEDICATION ADMINISTRATION IS NOT A UNIVERSAL REQUIREMENT. EDIT FOR INDIVIDUAL ORDERS AND YOUR SETTING'S STANDARD OF PRACTICE.]*

- *The decision for return to class or dismissal is individualized, based on:*
 - *the student's recovery,*
 - *provider orders*
 - *and nurse/parent/guardian input.*

4. Clean up and documentation

- Dispose of the used device and packaging.
- Complete all required documentation, including time of medication administration, response, and notifications.

ADDITIONAL INFORMATION

- A second dose of diazepam rectal gel may be prescribed 4 -12 hours after the first dose if needed. ***[EDIT FOR INDIVIDUAL ORDER]***



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- Diastat AcuiDial should be used no more than every five days and no more than five times per month.



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ADMINISTRATION AND DISPOSAL INSTRUCTIONS

Diastat[®] (diazepam rectal gel) **Diastat[®] AcuDial[™]** **IV**

1 Put person on their side where they can't fall.

2 Get medicine.

3 Get syringe.
Note: Seal Pin is attached to the cap.

4 Push up with thumb and pull to remove cap from syringe. Be sure Seal Pin is removed with the cap.

5 Lubricate rectal tip with lubricating jelly.

6 Turn person on side facing you.

7 Bend upper leg forward to expose rectum.

8 Separate buttocks to expose rectum.

9 Gently insert syringe tip into rectum.
Note: Film should be snug against rectal opening.

10 Slowly count to 3 while gently pushing plunger in until it stops.

11 Slowly count to 3 before removing syringe from rectum.

12 Slowly count to 3 while holding buttocks together to prevent leakage.

13 ONCE DIASTAT[®] IS GIVEN
Keep person on side facing you, note time given and continue to observe.

14a DISPOSAL INSTRUCTIONS FOR DIASTAT[®] ACUDIAL[™]
 • Pull on plunger until it is completely removed from the syringe body.
 • Point tip over sink or toilet.
 • Replace plunger into syringe body, gently pushing plunger until it stops.
 • Flush toilet or rinse sink with water until gel is no longer visible.
 This step is for DIASTAT[®] ACUDIAL[™] users only.
 At the completion of step 14a:
 • Discard all used materials in the garbage can.
 • Do not reuse.
 • Discard in a safe place away from children.

14b DISPOSAL FOR DIASTAT[®] 2.5 MG
 At the completion of step 13:
 • Discard all used materials in the garbage can.
 • Do not reuse.
 • Discard in a safe place away from children.



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National Association of School Nurses, *School Nursing Evidence-Based Clinical Practice Guideline: Students with Seizures and Epilepsy—CPG Implementation Toolkit* (2023), 5.