

1 Practice Hand Hygiene often. Teach children WHEN and HOW to wash their hands thoroughly with soap and water. Role model behavior and provide positive reinforcement.



2 Understand WHO should wear a mask and WHEN and HOW to wear it. Discuss these factors with your children and practice appropriate putting on and taking off to avoid touching the inside of the mask.



3 Update Medical Plans and Medications. Visit your doctor if you have a chronic health issue such as asthma. Update your prescriptions and Asthma Action Plan before school begins.



4 Know when your child needs to stay home. Review Exclusion Criteria and understand when to keep your sick student home. Purchase a thermometer to ensure that your child is not sent to school with a fever.



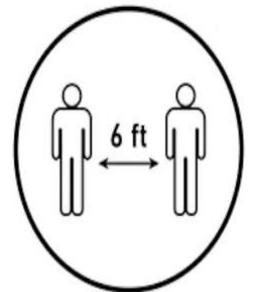
5 Update Immunizations. Immunizations are a requirement for enrollment and an important way to limit transmission of other communicable diseases. Have your child's immunization updated prior to school.



6 Verify and Update Emergency Contacts. It is crucial to be able to reach parents or family contacts in the event of an emergency in the school setting. If children present with excludable symptoms, students will need to be picked up immediately.



7 Practice Physical Distancing. As physical distancing becomes an expected norm in public settings. Provide your children examples of what this means. Provide markers at home that might simulate markers at school. Have them practice at home to provide a smoother school transition.



8 Practice Respiratory Etiquette. Reinforce measures with your kids around covering coughs and sneezes, and washing hands after blowing nose. Role model and provide positive reinforcement.



9 Understand Stay at Home Measures when your child or a household member or close contact has tested positive for COVID-19. Follow public health guidelines. Do not return to school until clearance is given.



10 Stay Informed. Educate yourself on current, reliable information in regards to COVID-19. Be sure to subscribe to school messaging and check district communications.

